

TRACKS



July/August 2014

Volume 27, No. 4

On the web: <http://angeles.sierraclub.org/gls/>

Memorial Day Weekend at Death Valley

By Susan Campo, story and photos

Heather Sargeant saves the day! Not only was she the first to reach Mahogany Flats in Death Valley National Park, but she saved us four wonderful camping sites together. We camped on a high ridge where

we could get views EAST and WEST. Heather was my Assistant. Leader and did all the planned hikes with me. Ten very congenial participants showed up.

Friday we did our first hike after exploring the charcoal kilns. The charcoal kilns are 10 unusual beehive looking man-made rock structures used 1877-1879 to make charcoal for smelting the ore found in local mines. The charcoal went by wagons back to the treeless mining sites. Because they are so remote and were only used for three years, the kilns are considered to be the best preserved charcoal kilns in the

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Left: Hikers going to Telescope Peak, main goal of the weekend.

Right: Looking north from Wildrose Peak, past Rogers Peak to Telescope Peak.



Dawson Saddle to Mt. Baden-Powell

By Tanya Frank

Two days after my 49th birthday, my partner Nance and I joined the May 24 hike up Mount Baden-Powell. It wasn't our first time. We had journeyed up the trail and bagged the gorgeous peak back in 2011, when the Angeles Crest Highway was reopened after the Station Fire. The main difference was that this time we had the marvelous company of the Gay and Lesbian Sierrans.

My friend Sylvia, who introduced us to the idea of joining the Sierra Club and this particular section, invited us for the



On the slope below Mt. Burnham, on the way to Mt. Baden-Powell. Photo Jeff Johnson

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Saturday adventure, and knowing that we had got to the top once before—albeit when we were three years younger, fitter, and slimmer—we agreed.

We met up with the group at La Cañada, swapping shoes for boots, grabbing hiking poles and generally waking up. Down on the ground, the day

was overcast and unappealingly grey. I dabbed a little sunscreen on my nose. Wishful thinking.

We caravanned in carpools over an hour up the Angeles Crest Highway to Dawson Gap, the starting point for our ascent. Just a few switchbacks up and the

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Message from the GLS Chair

The weekly Wednesday night hikes have been a long-standing GLS tradition. Unfortunately, it has been increasingly difficult to find, every week, two Sierra-Club qualified leaders who are not stuck at work, in traffic, or in a sling or brace. Heaven knows the healthy leaders have been doing their best to fill in the gaps, but every time we make the schedule we have to hold our breath and hope it will all work out. So far we've been lucky, but lucky people make their own luck by planning for the day when their luck runs out.

I am calling upon all members, including leaders, to consider either becoming a leader at the basic level to help out with this hike, or, if you are a leader, to commit to helping with the hike at least a couple of times a year if possible. I know many of you live far from the park and it may not be feasible, but I would greatly appreciate your considering it. I know it could well be a sacrifice for many of you.



And I'd like to thank ALL of our leaders for their continuing dedication to GLS. Each and every one of you is a valuable member of our community, and we would be nowhere without you.

I would also appreciate hearing from everyone regarding changes to the Wednesday schedule. Would a hike every other week be okay? What about taking a break in the summer time to accommodate leaders who go away on hiking/backpacking vacations to gain knowledge they will later bring to our schedule of activities? What about monthly hikes? Shorter hikes? Please brainstorm this problem and get back to me with any

constructive thoughts or for information on becoming a leader: ammermanm@yahoo.com. Be assured that the board will be working on this problem, too.

The Wednesday night hikes have been an important venue for meeting new members, identifying and training potential leaders, and giving GLS a face in the wider hiking community. I believe they are still valuable in many ways, but we must admit the changing times and work with those changes. I appreciate your support and help as the board and I work to steer a course for GLS in tomorrow's new world.

Marie Ammerman

25th Anniversary GLS T-Shirts!

The GLS 25th Anniversary logo has been printed on heather gray T-shirts, like the ones shown in the photo. T-shirts are \$15 each, available in unisex sizes Small/Medium/Large/X-Large.

To order a T-shirt, please make a check payable to "GLS" and mail to: Amanda Smith, 831 Kodak Drive, Apt. 1/2, Los Angeles, CA 90026. Please be sure to include the size of T-

shirt you are requesting along with your phone number and/or email address in case we need to get in touch with you. If you need the T-shirt shipped to you out-of-town, please contact Amanda with the details first so we can estimate shipping costs before you write a check.

Questions? Email Amanda at amandajillsmith@gmail.com.



Information about GLS

General questions about GLS, call Marie at 818-406-3529 or Mike at 818 399-4035.

Questions about a specific event, please call the leaders listed in the schedule. Contact info is inside the back page.

Sign up for the FREE GLS email list, with a weekly email digest of GLS events, go to: <<http://angeles.sierraclub.org/news/MailingLists.asp>>. Your email address remains confidential and is not displayed to others.

GLS Mission

The Gay & Lesbian Sierrans Section of the Angeles Chapter fosters the purposes of the Sierra Club by making available a wide range of events for gays, lesbians, and their friends. These activities include conservation, education, hikes, bike rides, beach walks, car camps, boat trips, social gatherings and fundraising.

GLS Newsletter

The GLS newsletter, TRACKS, is published six times a year. Annual subscriptions are \$15 for issues sent by US mail, \$10 for issues sent in PDF format by email, \$25 for both. Three year subscriptions are, respectively, \$35, \$20, and \$55. Send subscription requests and related membership correspondence to: GLS, P.O. Box 1300, South Pasadena CA, 91031-1300.

Next GLS Management Comm. Meeting

The next GLS management committee meeting is not currently scheduled.

GLS management committee meetings are held about every two months, on weeknight evenings, by conference call. All GLS subscribers are welcome.

You may call one of the committee members to confirm meeting time, how to call in, or ask about the agenda, or for other information.

Mgmt. Comm. 2014

Marie Ammerman,
Chair
Tim Vo,
Co-Chair
Amanda Smith,
Secretary
SK Chiou,
Treasurer
Dawn Wilson,
Member at Large

Other GLS Volunteers

Membership,
Jeff Cuevas
Conservation,
Tom Molloy
Webmaster,
Alan Schimpff
TRACKS Editor,
Jeff Johnson

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Our outing volunteers are listed on page 11.



Nancy Beverly

Dawson Saddle - Baden Powell

(Continued from page 1)

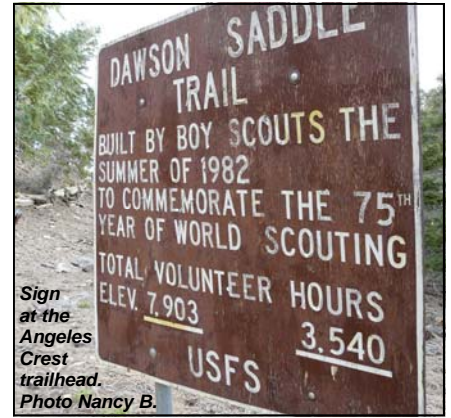
sun god decided to grace us. The higher we climbed, the warmer it shone, and soon the clouds were far below us.

Most of the trail we took up Mount Baden-Powell is a well-maintained section of the Pacific Crest Trail and the Silver Moccasin Trail. Just having my feet on the soil made me think of the writer Cheryl Strayed and all the other brave through-hikers of our past. It made me determined too, because there is really nothing like making your way up to the top of the world again and again, each time anew.

The mountain originally known as East Twin or North Baldy was named for Lord Baden-Powell in 1931, after the British founder of the World Scouting Movement. I was chuffed to see the commemorative plaque on the top of the mountain. Not only am I from the U.K., but I grew up just a couple of miles from Gilwell Park, the International Scout Training Centre, which also served as the site of my childhood Brownie Guide camping trips.

Here on this Southern California mountain far from Gilwell Park, I took in the scent of Jeffrey Pine and Incense-cedar. Just before the final ascent there lies an ancient forest of Limber Pine, some of which are more than 2,000 years old. I breathed deeply. Nancy, one of the leaders for the day told us that breathing through the nose is a good way of conserving water and energy.

At the top of the mountain, 9,407



Sign at the Angeles Crest trailhead.

Photo Nancy B.

feet in elevation, we rested, ate our lunch, shared sandwiches, trail mix, and a 360-degree view. We spotted a glider soaring in the expanse of blue, as stealthy and silent as a bird of prey.

As we headed back, the trail was surprisingly uphill at least to begin with, and my partner decided she would like to summit Mt. Burnham. I followed her lead, as did some other members of the group. The rest of the party carried on down the trail and met up with us at a later junction before the final descent.

The Sierra Club leaders really know these trails—the short cuts, the safer routes, the time it will take to deviate or continue.

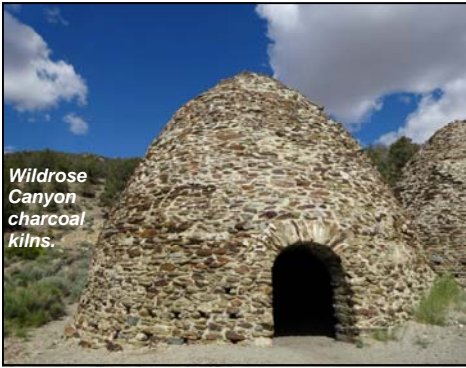
What better celebration than to be in this forest, enjoying the vistas and the glorious breezes of the mighty San Gabriels, surrounded by friends old and new, comrades and stewards of nature? This I realized was the main difference between our two separate hikes up Baden-Powell. Now we were part of something bigger: the Sierra Club.



Nancy Beverly



The view south from Mt. Baden-Powell over the marine layer in the coastal basin. Photo Jeff Johnson



Wildrose Canyon charcoal kilns.

Death Valley

(Continued from page 1)

West. From there we began our beautiful hike to Wildrose Peak, 8060 feet in elevation and 8.4 miles RT. It was a moderate and fun day for the five of us that started this outing early.

Saturday more folks joined us. We hiked a restful five mile loop over Roger Peak with lunch on top. We saw our first tiny patch of snow and the great Limber Pines that only grow over 9000 feet. The group safely completed a bit of scree practice, and we trooped back to camp through a forest of Limber Pines and Pinon Pines. We had a great HAPPY HOUR that evening as everyone put out some goodies to fatten us up for the next day's big hike. Tom and Alan were sitting in camp when 2



View over Death Valley from the top of Telescope Peak



At the summit of Telescope Peak



Ancient pines by the trail.



Co-leader Heather in the roots of a pine.

lost young men drove up and asked if they could help them find Las Vegas. SERIOUSLY! They sure had wandered a long way off course...even if they did plan to drive through Death Valley National Park on the way. Our guys were very helpful, of course, to send them back in the right direction!

Sunday all 10 of us were up early and off to Telescope Peak by 7:30 am. Telescope Peak is the highest peak in Death Valley and Susan Campo's favorite hike in Southern California. You get so many beautiful views of the Panamint Mountains...and farther to the Sierra where we could barely make out Mt. Whitney, the highest peak in the USA. On the eastern side we could see Badwater, the lowest point in the USA, below sea level. The weather couldn't have been better. We all lounged on the top for an hour and a half and signed the summit register book. What a nice place to meet for lunch! Down again was not a bad chore because we got to walk through a large Bristlecone Pine forest. In this Bristlecone Pine forest, scientists have dated a tree that is at least 4000 years old. Their life span can reach 5000 years and that makes them the oldest trees on earth. After another lovely

evening, we all departed for home on Memorial Day. Hurray for a great trip!

I must add that this was a repeat event for me, 4-5 times. I had last climbed it in 2002, but I promise to do it again sooner than that! Next Memorial Day 2015 I hope to relive Boundary Peak that everyone has loved as well. ALSO I must apologize if I scared anyone off due to the stories about the last mile up to the camp sites. I remembered my camper shell sliding back 4 inches because it was so steep. I couldn't see over the hood of my 4x4 truck. Well, the ranger still only recommends high clearance vehicles, but it is GREATLY IMPROVED....The road up is well-graded, with some wide spots for passing. It is nowhere as steep and some gutsy types could even drive up in a sedan...BUT DON'T QUOTE ME OR THE RANGER! There were "new" picnic tables, expanded sites, modernout house, and even trash containers! WOW! I have to go there more often! THANK YOU AGAIN TO HEATHER SARGEANT FOR BEING SO HELPFUL AND MY FUN HIKING BUDDY!



More photos next page

Mount Wilson at Mid-Week

by Susan Campo, photos Jim Angus

Many people thought a mid-week hike would be a good idea. But we never dreamed that our Mt. Wilson hike (approx. 14 mi RT) would fall during an unusual triple digit heat wave! Nevertheless, five of us showed up May 15 for the challenge.

This was a bittersweet hike for us because Jerry Kaye came to say good-bye. This would be his last GLS hike due to recently selling his home and moving out of state. We also were surprised by seeing one huge brown bear loping up a hill in front of us. Poor fellow must have been HOT in that huge coat! There were many blooming flowers, and we enjoyed our lunch watching the antics of hummingbirds.

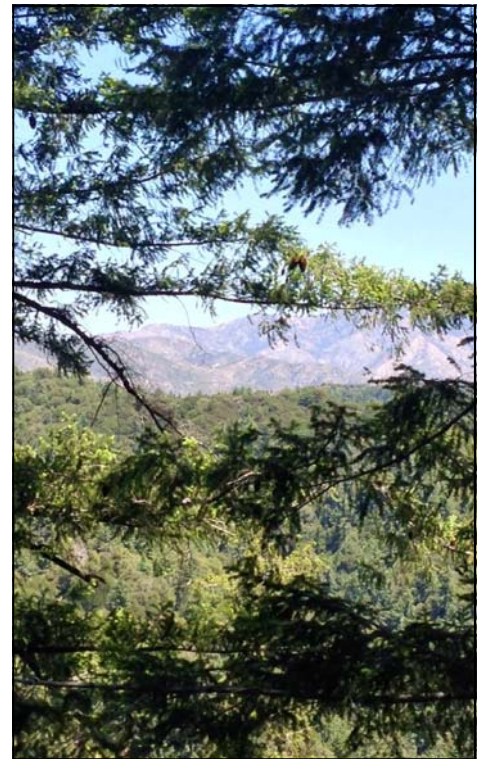
So HOW DID WE SURVIVE THE EXTREME HEAT WAVE THAT DAY?



A big brown bear passing in a hurry.

I am particularly sensitive to heat, but I had a few tricks up my sleeve to help me cope AND maybe they could help you too. I wore very thin clothing. I can strip off the layers and protect the naked skin by using an umbrella. I sometimes carry a small spritzer bottle to put a cool mist around myself. My frozen-solid ice tea was still refreshing in the middle of the afternoon. I also carried plenty of drinking water plus making good use of an occasional stream for wetting clothes, hat and body!!! Lunch and snacks provided salt and natural sweetness. I favor moisture-loaded items like cucumbers, grapes, pre-cut grapefruit, and tangerines. Whenever I hike in extremely hot weather, I try to pick a trail where I know I can find some stretches of shade and water.

MENTAL PREPARATION for heat is important too. Never exert yourself...walk slowly as if you were floating along...not pushing yourself UP a mountain! Think of a car when it gets over-heated. It may take a long time to cool down so do not let your body OVER-HEAT. On a cool day, you can exert yourself to get up that hill, but on a hot day that attitude can be a killer. Some people even try to hike faster through the sunny spots hoping to jump from shade to shade. Big mistake! "Stroll gently" through the sunny parts. You will get a lot more mileage in the long run!



Death Valley photos, continued

Far left: The approaching hiker's view up toward the summit of Telescope Peak.

Center left: Looking down on hikers approaching the summit of Telescope Peak.

Below: Leaders Susan and Heather with the register at the summit of Telescope Peak.



Conservation Notes

By Tom Molloy

Second Large Acquisition of Remaining Open Space Now in Progress

Just months ago I got to write with good news about the acquisition of land in and around Decker Canyon, right before right before bulldozers and subdivisions might have gone in. That land creates a link between Charmlee Park and the Leo Carrillo / Nicholas Flats area in Malibu. Now, another key acquisition has just

been announced. Puerco Canyon, one of the last undeveloped canyons of Malibu is now slated to remain open space. The Puerco Canyon Trail is Mike Brostoff's favorite hike, taking you from the beach to the Backbone Trail. On June 2nd, the L.A. County Board of Supervisors combined forces with California's Wildlife Conservation Board and the California State Coastal Conservancy to purchase the land from filmmaker James Cameron for \$12,000,000. Due to agency efforts and efforts by Supervisor Zev Yaroslavsky, a handful of other parcels have been saved recently, totaling 2000

acres. That is 2000 acres of critical habitat preserved for oaks, sycamores, native grasses, chaparral, coastal sage, willow, mountain lion, bob cats, grey fox, and for the people who appreciate them. These new acquisitions get us closer to the elusive goal of what Congress intended when it enacted the Santa Monica Mountains National Recreation Area in 1978. Closer, but a very long way to go still. Many huge tracts for still sale to the highest bidder, so let's do

what we can to motivate elected officials to complete the purchases originally anticipated.

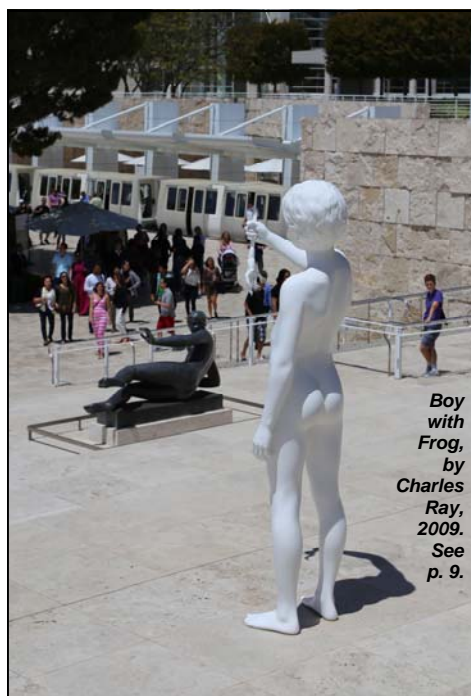
Getty Museum

By Nancy Beverly

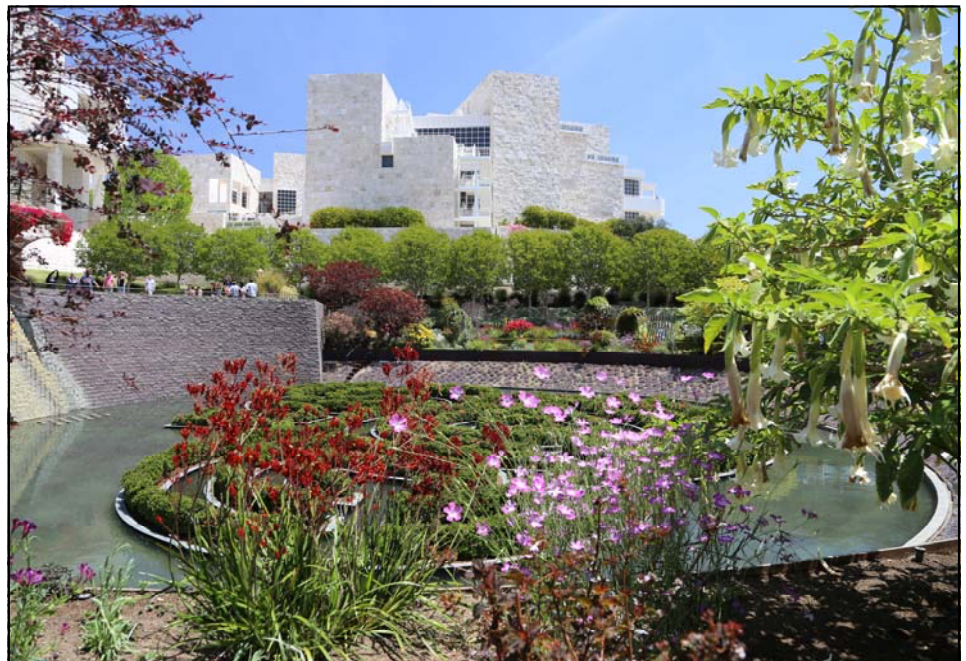
It was an art mash-up like no other: Ansel Adams, Jackson Pollock and Queen Victoria. Not all in the same gallery, but all in the same museum, nonetheless. A merry band of four of us visited The Getty Museum May 10, 2014. It was observed that Queen Victoria scratched out her face on an early photo of herself. Photography was in its infancy and women were already unhappy with the way they looked in snapshots. Sigh. We learned Jackson Pollock was THRILLED to have been paid \$2000 by Peggy Guggenheim for his Mural -- this was a real step up because he'd been working as a security guard at a museum until she commissioned him to do a painting for her. Of course the Mural, which has been painstakingly restored by curators at The Getty, is worth millions

now. And then there was Ansel's work, which was sublime. He created collections of 25 classic photos -- 15 were standard, 10 were chosen by the buyers, and then the deal was, you had to donate the collection to a museum. Some old favs were on display -- Moonrise over Hernandez, New Mexico, to name one -- and we got to see two prints of it, as Ansel fiddled with the print to make the blacks blacker, thus making the white crosses and moon really pop. I kept staring at souvenirs in the many gift shops at the Getty, thinking I really need to take home something to extend the experience. But truth be told, I already own

a Van Gogh Iris magnet, two framed Ansel posters and multiple postcards of his work. And what I ACTUALLY wanted to do was create more art of my own, so excuse me while I get back to that.



Boy with Frog, by Charles Ray, 2009. See p. 9.



Outings & Events

July 2014

Fireworks on Signal Hill, potluck before July 4, Friday Jeff Johnson, Karen Lovett

Fireworks at the Queen Mary in Long Beach, seen from the lawn at Hilltop Park in Signal Hill. We will meet at Carol Jeffcoate's home in the Artcraft Manor neighborhood of Long Beach for a potluck around 5 pm. Email Carol for directions, cjeffcoate@yahoo.com. After dinner, we will amble the 1.6 miles with 300 ft. gain to Hilltop Park, where we will settle on the lawn to watch the fireworks, perhaps with coffee and dessert. Sunset is at 8:07 pm, fireworks start at 9:00 pm.

Bring a dish for the potluck, footwear for walking on sidewalks, layers to put on in case there is a cool breeze on the hill, perhaps a headlamp for the walk back down. Car access to the hill is blocked in the evening. If you arrive late, park at the Home Depot/Costco parking lot at Cherry and Willow. From there walk south on Cherry to Hilltop Drive, then up Hilltop Drive to Hilltop Park, 0.3 - 0.4 mile walk. Questions? Call Jeff at 562-434-8473.

July 13, Sunday O: Echo Mountain Grace Hengst, Gail Wise

Moderately paced historic hike on the Sam Merrill Trail to Echo Mountain. We'll stop for about 20 minutes at the top for a

snack, and to visit the ruins of the old Echo Mountain House hotel, and look at the old Mt. Lowe Railway's huge bull wheel and remnants of the big steel cable used to pull the railcars up the mountain. Then we'll retrace our steps down the mountain. 5 miles RT with 1400' elevation gain & loss. Meet at 8am sharp in front of the iron gate of the old Cobb Estate at the top of Lake Ave.

Directions: From the 210 Freeway in Pasadena, exit on Lake Ave. and travel North 3.5 miles to its end at Loma Alta Drive. Park along Lake Ave. Bring 2 liters of water (more if it's hot), snacks, sunscreen. Lugsoles recommended. Rain cancels. Well-behaved dogs on leash welcome. Questions? Contact Grace @ gracehikes@roadrunner.com or phone: 323-697-6886.

July 14, Monday O: Outfest Film: *Letter to Anita* Nancy Beverly

Join us at Outfest to see the new documentary *Letter to Anita*, which profiles Dr. Ronni Sanlo, a divorced mother of two (later she became the Director of the UCLA LGBT Center) who lost custody of her children after coming out as a lesbian in the late 1970s. The film explores Ronni's journey as an activist and the painful legacy of singer Anita Bryant's infamous "Save Our Children" campaign and the unjust ramifications of anti-gay parenting legislation.

The film starts at 7:15 p.m. (there's also a short on the bill, *Mockingbird Sings*). Be at the Harmony Gold Theatre, 7655 W.

Sunset Blvd., 90046 by 6:45 – find us in line for pre-show schmoozing. Free underground parking at the theatre or overflow parking on Stanley Avenue. Please buy your ticket ahead of time (\$14 for non Outfest members) on-line: [http://www.outfest.org/tixSYS/2014/filmguide/Title/LL Questions? Nancy](http://www.outfest.org/tixSYS/2014/filmguide/Title/LL%20Questions%20Nancy) – 818-681-5192

Jul 19 - Jul 20, Sat - Sun O: Mt. San Jacinto Backpack Kirk Olsen, Dora Olea

This moderately strenuous trip is a great introduction to backpacking for beginners while still being fun for those with more experience. On Saturday we'll ride the Palm Springs Aerial Tramway to the Mountain Station (8,516 ft. elev.) followed by a leisurely 2-3 mile backpack (600 ft. gain) to our campsite. After preparing camp we'll have plenty of time to explore, play games or just relax. Sunday we'll do a 6 mile RT day hike to the peak (10,804 ft. elev., 1,700 ft. gain/loss) where we'll enjoy a spectacular view encompassing much of Southern California. After breaking camp we'll backpack down to the Mountain Station (600 ft. loss) where we'll board a tram and ride to the desert below.

To reserve your spot mail a \$12 check payable to "GLS" to the attention of Kirk Olsen, 3350 E 7th St., Ste 301, Long Beach, CA 90804. Include your contact information (incl. e-mail, telephones) and a summary of your hiking experience (including elevation) and fitness level.

Registered participants will receive gear

(Continued next page)

Weekly Griffith Park Conditioning Hikes

What: Every Wednesday night, join us for a moderate (strenuous if you are out of shape) hike to Mt. Hollywood, 6 miles, 1145' gain/loss. This is a great mid-week workout. Lug-soled boots are best for traction, but some hikers wear sneakers. Bring a quart of water, snacks if you like, and a flashlight if not used to hiking in the dark. We have a few tiny breaks on the way up, stop at the top, gawk at the city lights until we get a chill, and then

return to our cars by approx. 9:30 p.m. Dogs are welcome; bring a leash and extra water. Rain cancels.

When: Every Wednesday, (except holidays) 7 p.m. sharp, end by 9:30 p.m.

Where: By the flagpole near the vending machines at the Crystal Springs Griffith Park HQ/Visitors Center, 4730 Crystal Springs Drive, LA.. (Note: Mapquest, Google Maps, etc. may be misleading.)

Directions: (1) From I-5 north,

exit at Griffith Park exit, 0.25 mi. beyond Los Feliz Bl. Make a right turn at the 3-way stop sign. Proceed 0.6 mi. and turn in the driveway just before the Ranger Station. If you miss the driveway, proceed 0.1 mi, turn right at the stop sign, drive 0.15 mi. to the parking lot. (2) From Los Feliz Bl., turn north on Crystal Springs Dr. Proceed 0.5 mi. to the 3-way stop sign, go straight, and then follow (1) above directions to the Ranger Station. (3) From Fwy. 134 East, exit Victory Bl. Turn right at the stop sign, then

immediately left onto Zoo Dr. Wind around about 2 miles and turn onto Crystal Springs Dr. south. There may be detours. Proceed approx 1 mi. Turn left at the 4-way stop sign at the Ranger Sta./Crystal Springs area. Drive 0.15 mi and park. (4) From Fwy. 134 West, keep to your right coming out of Glendale. Exit at Zoo Dr, just past San Fernando Rd. Wind around past the Western Heritage Museum to Crystal Springs Dr. Turn left, and proceed as in (3) above.

Signal Hill Conditioning Walks

What: Up, over and around Signal Hill. 3-4 miles, 500-750 ft. gain/loss. Easy if you are in good shape, moderate and

maybe even strenuous if you are out of shape. Walking on pavement and gravel. Sensible walking shoes,

water, layers for cool evening breezes. Drizzle goes, rain cancels. Questions? Call Jeff 562-434-8473.

When: Every *last* Wednesday of the month (except

holidays), at 7:00 pm. Back at the cars around 8:30 pm.

Where: Meet on Industry, just west of intersection with Redondo, in Signal Hill. Plenty of street parking.

Outings and Events

list and time/location specifics. Permit is limited to 12 participants. Questions? Contact Kirk Olsen at kso@kirkolsen.com.

O: Arroyo Seco: Brown Mountain Dam Sunday, July 27 **Jim Angus, Dora Olea**

This is an easy hike along the wooded Arroyo Seco Canyon. The stream generally flows year round so expect numerous stream crossings. We'll start near JPL, the NASA lab that coordinates the Mars rover missions, and head up the Gabrielino Trail. Shortly into the hike, we'll pass Gould Mesa Campground honoring Will Gould who homesteaded here in the 1890s. This area was once extensively built up with bridges, cabins and campgrounds, most of which are now ruins. Although burned in the Station Fire, the area is mostly recovered and you'll see lots of live oaks, wildflowers, cacti, blooming yucca and birds. We'll break at the dam before returning. If the water is flowing, you'll be able to walk behind the waterfall that cascades down the side of the dam and cool down before returning. Bring lunch, 2 liters of water, sun protection and decent shoes. Although trail is easy, there are lots of loose stones. Dogs on leash OK.

Meet at the west end of W. Altadena drive in Altadena where the street terminates at 7:45 AM. This is a residential neighborhood and there should be plenty of parking. From the I-210 W, exit Lincoln Ave. Turn left onto W. Altadena Drive and park at the end of the street. Distance: 9 miles RT. Elevation gain: 800 ft. Questions? Jim Angus, jim@jimangus.com or text/call 323-895-0001, and Dora Olea, chamacasister@gmail.com.

August 2014

August 9, Saturday **O: Marathon Beach Bike Ride & Activities** **Mike Brostoff, Susan Campo**

A 45 mile round-trip bike ride along the coast from the Palisades to Palos Verdes. This trip is a series of beach activities strung together by biking. We will meet at 8:00 AM in the Palisades. We will bike for one mile and eat a leisurely breakfast at Back to the Beach, a restaurant with tables outside on the sand. We will then bike 20 miles through many beach communities until we reach Torrance where we will relax, lay out in the sun, swim, or whatever. Afterwards we will turn back and head to

El Segundo where we will catch a 2:30 matinee at the Old Town Music Hall. The Old Town Music Hall is like walking into a movie theater from the 1930s. They have a Wurlitzer Organ complete with a wall full of neon pipes and other instruments. The movie is usually preceded by a sing-along and a Laurel and Hardy short. After the film, we will head to Venice for dinner at



At Hilltop Park in Signal Hill. Photo Cynthia.

the C&O Trattoria. Following dinner, we will ride the Ferris Wheel on the Santa Monica pier in memory of Kathy Brizzard who suggested adding this event to the journey. We will complete our final leg of the journey returning to the Palisades with a magnificent view of the sunset over the Pacific.

Bring: a bike; bike lock; spare tire and/or patch kit; bike pump; helmet; headlight; bathing suit and change of clothes if you plan to swim; beach towel; water (we can refill along the way); money for breakfast (about \$12.00), movie (\$8.00), dinner (about \$15.00) and extra for snacks along the way; library books you want to return (we pass the Marina Del Rey Public Library). For more information and to reserve a spot, contact Mike Brostoff, mbros4162@yahoo.com.

August 16, Saturday **O: Huntington Beach Walk** **Jeff Johnson, Nancy Beverly**

A hike with at least two personalities. We will start at Shipley Nature Center in Huntington Beach, walk through parts of Huntington Beach Central Park and some of the weird and unexpected suburban oil lands of Huntington Beach, cross the bluffs south of Bolsa Chica to the beach, then

walk south at the surf line to the Santa Ana River. About 10 miles altogether, possibly 100 feet gain/loss. A few stops for snacks, lunch, photos, and split breaks (when we pass a rest room). Bring food, layers for sunny and breezy weather, sunblock, hat, water (we will pass some water fountains) suitable footwear for dirt paths, sidewalks, and beach. Meet at 9:00 am, in the parking lot of the Shipley Nature Center, 17851 Goldenwest St., Huntington Beach, CA 92647. Exit 405 at Goldenwest, drive south about 3 miles to the nature center parking lot. To get a good head count, so we can set up a car shuttle ahead of time, RSVP to Jeff, 562-434-8473.

August 23, Saturday **O: Solstice Canyon hike** **Tom Molloy, Anna Baum**

10 miles RT, 2,000-ft altitude gain/loss. This invigorating hike is steep in parts, and pays off with a stunning view of Pt. Dume and the Malibu coastline. We will be doing the Rising Sun-Sostomo Loop, with its climbs up and down canyon walls, alternating shade and exposed road. Along the way we rest at the romantic ruins of Tropical Terrace, once the most idyllic home in Malibu. Meet at the Solstice Canyon trailhead lot at 8:30 am sharp. From PCH, turn on to Corral Canyon Road, drive 0.2 mile to Solstice Canyon Park gateway. There's overflow parking at the entrance, and a more spacious lot 0.3 mile farther inside at the main trailhead where we'll meet. Bring 10 essentials, 2-3 qts water, lunch, snacks, lugsoles, hiking poles. Questions? Call Tom at 310-589-9125.

Eastern Sierra Carcamp and Day Hikes **Saturday, Aug. 23 and Sunday, Aug. 24**

Join us for two days of hiking in the high country of the Eastern Sierra (see descriptions below). Hikers will need to arrive in the Big Pine area on Friday night in order to participate in Saturday's hike. Be prepared for a late arrival. The drive from Los Angeles to the area is 3.5 to 4.5 hours depending on where you choose to spend the night. Hikes will leave promptly at 8 am from the trailhead. I plan to camp at the Big Pine Creek Campground and have reserved site 012. August is a popular time and the campgrounds and motels will fill up early. I recommend you make a reservation soon at any of these campgrounds: Big Pine Creek, Palisade/Clyde, Upper Sage and Sage Flat. Additional sites are available on a first come/first served basis but I'd suggest attempting this only if you're able to depart

Outings and Events

LA early Friday morning. The trailhead is less than 1 hour from the town of Big Pine. If you're not up to camping, stay in town or another nearby location and simply meet us at the trailhead at 7:45 am. This trip entails a long drive in the evening from LA but trust me, it is worth it to spend two days in this spectacular location. Those who are camping are welcome to gather Saturday evening. We can coordinate at my campsite (Big Pine Creek site 012). Others who simply wish to camp and not participate in the official hikes are welcome to coordinate at my campsite. I'll leave a note pad for messages at the site. Hikes may be modified by the leaders. Please RSVP to Jim. Let me know when you're arriving, if you're camping and which hikes you plan to attend. Questions? Jim Angus, jim@jimangus.com or text/call 323-895-0001 and Dora Olea, chamacasister@gmail.com. Map of area: http://www.fs.usda.gov/Internet/FSE_DOCUMENTS/stelprdb5337640.pdf. Car Pooling: The Sierra Club and the GLS cannot be involved in carpool arrangements. That said, you may use this link to find potential ride shares: <http://www.groupcarpool.com/t/f7bqis>

Saturday, August 23

**O: Big Pine Creek North Fork
Jim Angus, Dora Olea**

This is a 13 mile RT, uphill loop to beautiful alpine lakes, filled with glacial melt waters that color the lakes a turquoise blue. Steady uphill climb, first through forested hills along Big Pine Creek. The trail then traverses a along the side of a ridge above the creek valley, offering wide open views of the area. At 2.2 miles, the trail enters the John Muir Wilderness. Big Pine Creek falls from upper valleys in a beautiful cascading waterfall ahead. At 2.9 miles in, you will come to Lon Chaney's cabin, built in 1929 and now a Forest Service building. Continue uphill to the beginning of the Lakes loop at about 5 miles. About this trail: strenuous 13.1 mile RT loop, 3000 ft of elevation gain, starting at 7,800 ft. Duration 7 - 9 hours. Directions to trailhead: In Big Pine, turn west of 395 at the sign for Big Pine Creek (left on West Crocker Street then continue on Glacier Lodge Road). Meet by 8:00 am at the trailhead day-use parking (10.6 miles in). Well-behaved dogs on leashes permitted.

Sunday, August 24

**O: Big Pine Creek South Fork
Jim Angus, Dora Olea**

This is a 8.4 mile, uphill loop to beautiful alpine lakes with views of the Sierra's largest collection of glaciers. The hike is exceptional because it transitions between a beautiful dry valley filled with wild flowers to alpine meadows and lakes. Most of the hike is gentle but a moderate climb is required to reach the lakes. About this trail: moderate 8.4 mile loop, 2,700 foot elevation gain, starting at 7,800 ft. Duration 5 - 6 hours. Directions to trailhead: In Big Pine, turn west of 395 at the sign for Big Pine Creek (left on West Crocker Street then continue on Glacier Lodge Road). Meet by 8:00 am at the trailhead day-use parking (10.6 miles in). Well-behaved dogs on leashes permitted.

Aug 29 - Aug 31, Fri - Sun

**O: White Mountain hiking
Susan Campo, Heather Sargeant**

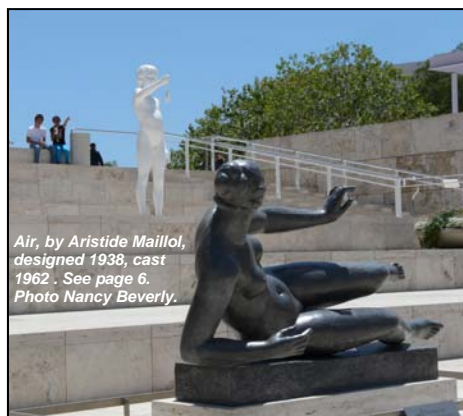
This is a classic hike on trail to a 14,252 foot peak, near Big Pine, CA. On Sunday there will be an Open House at the USC Research Station which means we can drive up a bit more to the higher trailhead making this hike 10 mi RT and 2000 ft gain/ loss. Do not underestimate this hike as the elevation can make it extremely difficult. NO BEGINNERS! Please do not attempt this hike if you are inexperienced with altitude and its effect on your body!

Aug. 29, Friday: Drive up from LA and meet at a primitive site for camping.

Aug. 30, Saturday: We will acclimatize with a moderate hike in the interesting Bristlecone forest and re-group at a remote primitive location.

Aug. 31, Sunday: At dawn drive up the 13 mi gravel road to the gate of the research facility and start at the highest possible trailhead to climb WHITE MOUNTAIN.

After the hike you are free to depart....for home or continue on the next adventure with Susan (see Mt. Tom below). No fee is charged for this trip, but you will



Air, by Aristide Maillol, designed 1938, cast 1962. See page 6. Photo Nancy Beverly.

be expected to "chip in" for carpooling to the trailhead if needed or for some group supplies, happy hour, or snacks. Questions to Susan, susanlucillecampo@yahoo.com.

November 1, Saturday

**O: Vasquez Rocks
Dora Olea, Grace Hengst**

Save the date.

November 7 - 10, Fri. - Mon.

**O: JoshuaTree – carcamp
Dora Olea, Grace Hengst**

Save the date.

Other Outings

The following are privately sponsored and administered trips. The Sierra Club takes no responsibility and makes no representations or warranties about the quality, safety, supervision or management of these trips. They are published as a reader service because they may be of interest to recipients of this publication.

8/29/2014, Martha, the Last Passenger Pigeon

September 1 is the 100th anniversary of the death of Martha, the last passenger pigeon. Passenger pigeons were a ubiquitous American species, once the most abundant bird in the world, whose distinct place in American natural and cultural history is seldom remembered today.

GLS longtimer Murray Aronson will say a few words on the significance of the extinction of passenger pigeons at the Shabbat service on Friday, August 29, at Congregation Beth Chayim, at 6090 W. Pico Blvd. in Los Angeles. GLSers and friends are invited to attend.

9/2/2014, Climb Mount Tom, 13652 ft. elevation from the locked gate below Horton Lake near Bishop

I am looking for a few companions that are very experienced with peak bagging, hiking up and down steep scree, and in moderately good shape, willing to stick together and (optionally, possibly, have already bagged this peak previously?!) Mt Tom for us would be 11 miles RT, one day, 3800 ft gain/loss. We will do the last mile of scree ascent slowly and steadily. After the White Mt. GLS trip Aug 29-31, I will drive to Bishop for the luxury of motel living and fatten up for this event (at least 2 nights of rest). If you are not on the White Mt. hike, then we could meet no later than the evening prior to our Mt. Tom hike. Call or email Susan Campo for discussion.

July and August 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JUNE 29	30	JULY 1	2 Griffith Park Nancy, Dora	3	4 Signal Hill Fireworks Jeff J., Karen	5
6	7	8	9 Griffith Park Gail, Dora	10	11	12 full moon 
13 Echo Mountain Grace, Gail	14 Outfest Film: <i>Letter to Anita</i> Nancy	15	16 Griffith Park Grace, Mike	17	18	19 San Jacinto Backpack Kirk, Dora <i>through Sunday</i>
20 <i>end San Jacinto backback</i>	21	22	23 Griffith Park Nancy, Dora	24	25	26
27 Arroyo Seco Brown Mtn. Dam Jim, Dora	28	29	30 Griffith Park Dora, Nancy Signal Hill	31	AUGUST 1	2
3	4	5	6 Griffith Park Gail, Nancy	7	8	9 Marathon Beach Bike Ride & Activities Mike, Susan
10 full moon 	11	12	13 Griffith Park Dora, Grace	14	15	16 Huntington Beach Walk Jeff J., Nancy
17	18	19	20 Griffith Park Anne, Nancy	21	22	23 Solstice Canyon Tom, Anna Big Pine Creek, North Fork Jim, Dora
24 Big Pine Creek, South Fork Jim, Dora 31 <i>end White Mountain</i>	25	26	27 Griffith Park Anne, Dora Signal Hill	28	29 White Mountain hiking Susan, Heather <i>through Sunday</i>	30

GLS Leader Contact Information

Please call after 9 AM and before 9 PM

Alan Schimpff	310-589-9125	alanschimpff@netscape.net
Amanda Smith	323-646-0771	amandajillsmith@gmail.com
Anna Baum	310-990-0610	ambaum@dslextreme.com
Anne Mullins	323-522-6640	hike2thepeak@gmail.com
Asher Waxman	323-876-2889	amuirman@yahoo.com
Barbara Edwards	310-839-0593	greyhound@sbcglobal.net
Beth Epstein	562-439-0646	b.epstein@verizon.net
Dawn Wilson	612-384-0180	dawnxwilson@gmail.com
Diane Ru	626-688-8642	zappydz@gmail.com
Dora Olea	213-200-0239	chamacasister@gmail.com
Gail Wise	310-433-2298	gailwise2@gmail.com
Grace Hengst	323-697-6886	gracehikes@roadrunner.com
Heather Sargeant	909-336-2836	heathercsoo@aol.com
Jeff Bates	310-452-4929	jbatesla@aol.com
Jeff Cuevas	626-644-9879	cuevas777999@yahoo.com
Jeff Johnson	562-434-8473	jjgj@cheerful.com
Jim Angus	323-895-0001	jim@jimangus.com
Judith Demarah	818-451-8403	
Karen Lovett	562-438-3418	klovett2000@hotmail.com
Kirk Olsen	562-434-8675	kso@kirkolsen.com
Laura Rainey	562-438-3418	geowmn@verizon.net

Marie Ammerman	818-406-3529	ammermanm@yahoo.com
Mary Conte	213-810-3939	maconte@hotmail.com
Mike Brostoff	818-399-4035	mbros4162@yahoo.com
Nancy Beverly	818-681-5192	nancybeverly@sbcglobal.net
S. K. Chiou	714-554-9513	skchiou@yahoo.com
Susan Campo	626-688-8642	susanlucillecampo@yahoo.com
Teresa Nick	612-384-0421	teresa.nick@me.com
Tom Molloy	310-589-9125	tomsmolloy@yahoo.com

GLS Outings Volunteers

Mike Brostoff, Outings Schedule
Contact Mike about scheduling outings, to check for available dates, and to submit write-ups.

Dawn Wilson, Outings Liaison to Angeles Chapter
Contact Dawn about questions of leadership requirements and Sierra Club

Outings Policy. Dawn is the primary person to read the communications from the Angeles Chapter regarding outings and inform the other leaders.

Laura Rainey, Weekly Reminder
Laura sends out the weekly email announcing upcoming events. If an event must be altered or canceled after publication, e-mail Laura and cc Mike.



Important Outing Information

Waiver

To participate in a Sierra Club outing, you must sign a liability waiver. If you would like to read a copy of the waiver before the outing, go to: <http://www.sierraclub.org/outings/chapter/forms/>, or call 415-977-5630.

Rating Codes

These codes indicate the technical difficulty, not the strenuousness.

O Applies to uncomplicated outings such as hikes on trails or the equivalent (with minimal navigation skills).

I Includes outings that involve cross-country travel where navigation is necessary. Rougher ground than "O" outings may be traversed, and use of hands for balance may be necessary. Climbing level: 2nd class terrain.

C Events under external

control of a non-Sierra Club entity, (i.e. ranger, guide, concessionaire).

Outing Reservations

Reservation fees of from \$5-\$15 are refunded only when you show up and if they aren't needed to offset costs.

Cancellation policy on more expensive trips is as follows: Cancellation within 30 days, no refund without replacement. If your spot is filled, 90% will be refunded. This policy is in effect unless the leader states otherwise in writing. Always send two SASEs, contact and drive/carpool information. Make checks payable to "GLS".

Dogs

For most people, the presence of a well-behaved dog can be entertaining, or at worst a mild annoyance. However, this is not true for everyone. Some people suffer from various

levels of fear of dogs. Because of this, and the potential intrusion on wildlife, the Sierra Club policy is that dogs are not allowed on Club outings unless the write-up states DOGS OK. Make sure you bring adequate food, water, a bowl, and a long leash.

Seller of Travel Notice

CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

Adventure Pass

National Forests in Southern California (Los Padres, San Gabriel, San Bernardino, and Cleveland) require parked cars to display an Adventure Pass. The pass is available from ranger stations, sporting goods stores, and other local merchants and costs \$5 per day or \$30 per year. Plan on getting it before your outing, as most outlets do not open early. Many Sierra Club members dispute this user fee and

protest it by not buying a pass, possibly incurring a ticket. The choice is yours.

Carpooling

To facilitate the travel logistics for outings, participants often make carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride-sharing, or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

Rideshare Points

Directions to all rideshare points in the Angeles Chapter Schedule of Activities or at: http://angeles2.sierraclub.org/get_outdoors/know_you_go/rideshare_meeting_places

La Canada Rideshare Point

Exit 210 at Rte 2 / Angeles Crest Hwy. Go N (uphill) 1/4 mi on Rte 2, park at curb on right, on long uphill.

TRACKS

SIERRA CLUB/GLS
P.O. BOX 1300
SOUTH PASADENA, CA 91031-1300

TRACKS

Subscribe to TRACKS, the GLS newsletter, and find out about all the GLS outings and events every month. You do not need to be a Sierra Club member to subscribe.

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- Send print and email TRACKS \$25 - 1 yr; \$55 - 3 yr

Fill in this form and send it with a check made out to GLS to:
GLS
P.O. Box 1300
South Pasadena, CA 91031-1300



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Name: _____

Address: _____

City, State, Zip _____

Category:	Individual	Joint	Mail to:
Introductory	\$25		Sierra Club
Regular	\$39	\$47	Membership Dept.
Supporting	\$75	\$100	P.O. Box 52968
Contributing	\$150	\$175	Boulder, CO 80322
Life	\$1000	\$1250	
Senior	\$24	\$32	
Student	\$24	\$32	
Limited Income	\$24	\$32	

When you join the Sierra Club, please use this form. The FRIP no. on the form brings part of your membership dues to GLS

FRIP#
F94QW04721