

TRACKS



July/August 2015

Volume 28, No. 4



On the web: <http://angeles.sierraclub.org/gls/>



Descending the Devil's Backbone in the afternoon

GLS Information	2
Leaders Meeting Notice.....	2
Outing Reports.....	3-6, 9
Outings & Events	7-9
Calendar.....	10
Leader Contact Info	11
Important Outing Info	11

Hiking on Mount Baldy



Climbing in the sunshine in the morning

by Nancy Beverly, story and photos

June gloom, hot sun, pine trees, vast vistas, wallflowers, and hail (yes, HAIL) were all part of our trek to Mt. Baldy on June 13. Dora got us on the trail early – 7:45 – and we needed all morning and into the afternoon to make it to the peak at 10,064'. Yours truly has done this hike before and

(Continued on page 4)

Leaders Meeting, Griffith Park, August 23

This meeting for all GLS outings leaders will cover new technologies and new outings submittal processes, as well as a review of safety procedures. It is not mandatory but all leaders are strongly encouraged to attend as we will discuss important changes.

We are starting early in the morning to beat the heat and to be sure of snagging a picnic site. Please bring a potluck item; it

does not have to be a traditional breakfast food. Chocolate is okay.

Location: Griffith Park, in the site below the Old Zoo, or upstairs in the Old Zoo—it will depend on what is available. Time: 8:30 a.m.

Please RSVP to Marie at ammermanm@yahoo.com; if you can help with saving picnic sites, set up, clean up, please let her know that, too. Thanks to all our leaders for all they do.



GLS Mgmt. Comm. Meeting, May 19, 2015

The board met on May 19th, all members were present except Dawn & SK. The board discussed the transition of the GLS chapter web pages as it was migrated from the old Sierra Club server to the new one. The transition is complete; some updates to the GLS pages are ongoing. The board

continued the discussion of the future of TRACKS and the possibility of a web edition. In addition, the possibility of setting up OARS training for interested GLS leaders was broached. The next meeting is planned for June 16, 6:30 p.m.

*Kyla Hjertstedt and
Tammie Barta*

GLS Mgmt. Comm. Meeting, June 16, 2015

The board met on June 16th, all members were present. The board confirmed Aug. 23 as the date for a GLS Leaders Meeting which will focus on reviewing safety protocols and introducing up and coming digital GLS resources. The board revisited ways in which the GLS chapter web pages can be improved as

well as the status of the GLS members list migration. In addition, the board continued the discussion of a leader's' pilot program for OARS. S.K. reported GLS treasury continues to be in good standing. The next meeting is planned for July 7th @ 6:30 p.m.

*Kyla Hjertstedt and
Tammie Barta*

25th Anniversary GLS T-Shirts!

The GLS 25th Anniversary logo has been printed on heather gray T-shirts, like the ones shown in the photo. T-shirts are \$15 each, available in unisex sizes Small/Medium/Large/X-Large.

To order a T-shirt, please make a check payable to "GLS" and mail to: Amanda Smith, 831 Kodak Drive, Apt. 1/2, Los Angeles, CA 90026. Please be sure to include the size of T-

shirt you are requesting along with your phone number and/or email address in case we need to get in touch with you. If you need the T-shirt shipped to you out-of-town, please contact Amanda with the details first so we can estimate shipping costs before you write a check.

Questions? Email Amanda at amandajillsmith@gmail.com.



Information about GLS

General questions about GLS, call Marie at 818-406-3529 or Mike at 818 399-4035.

Questions about a specific event, please call the leaders listed in the schedule. Contact info is inside the back page.

Sign up for the FREE GLS email list, with a weekly email digest of GLS events, go to: <<http://angeles.sierraclub.org/news/MailingLists.asp>>. Your email address remains confidential and is not displayed to others.

GLS on Meetup: www.meetup.com/GLS-Gay-and-Lesbian-Sierrans

Next GLS Management Comm. Meeting

The next GLS management committee meeting is scheduled for July 7, at 6:30 PM.

GLS management committee meetings are held about every two months, on weeknight evenings, by conference call. All GLS subscribers are welcome.

You may call one of the committee members to confirm meeting time, how to call in, or ask about the agenda, or for other information.

GLS Mission

The Gay & Lesbian Sierrans Section of the Angeles Chapter fosters the purposes of the Sierra Club by making available a wide range of events for gays, lesbians, and their friends. These activities include conservation, education, hikes, bike rides, beach walks, car camps, boat trips, social gatherings and fundraising.

GLS Newsletter

The GLS newsletter, TRACKS, is published six times a year. Annual subscriptions are \$15 for issues sent by US mail, \$10 for issues sent in PDF format by email, \$25 for both. Three year subscriptions are, respectively, \$35, \$20, and \$55. Send subscription requests and related membership correspondence to: GLS, P.O. Box 1300, South Pasadena CA, 91031-1300.

Mgmt. Comm. 2015

Marie Ammerman,
Chair
Tim Vo,
Co-Chair
**Kyla Hjertstedt and
Tammie Barta**,
Secretary
SK Chiou,
Treasurer
Dawn Wilson,
Member at Large

Other GLS Volunteers

Membership,
Jeff Cuevas
Conservation,
Tom Molloy
Webmaster,
Alan Schimpff
TRACKS Editor,
Jeff Johnson

.....
**Our outing volunteers
are listed on page 11.**

Mount Waterman

Gail and Nancy took us up Mt. Waterman on May 2, one of the staples of the GLS itinerary. We started near Buckhorn on the Angeles Crest Hwy., climbing to the ridge that separates the north and south sides of the San Gabriels, then continuing up to the main peak of Mt. Waterman. The open spots where you can look over to Twin Peaks are highlights of the hike on this trail. This time, we also passed a number of red snow plants poking through the needles on the ground by the trail. At the bottom of the trail, we realized that we



Right: *Nancy leading on the trail to Mt. Waterman.*
 Below left: *Snow plant by the trail.*
 Below center: *The ridge descending from the western peak of Twin Peaks into Devil's Canyon.*
 Below right: *GLS hikers' rainbow shirts.*



Strawberry Meadows

Susan and Diane took GLS hikers up to Strawberry Meadows off the Angeles Crest on May 9. Susan came back with pictures showing flowers in bloom and mist blowing over the mountains.



Above: *Red paintbrush, yellow paintbrush, white clematis, & purple lupine.*
 Left: *Clouds over the San Gabriels.*
 Below left: *Big cone spruce, the Douglas fir relative that is native to the San Gabriels.*
 Below center: *GLS hikers on the trail.*
 Below: *A small waterfall trickling down the rock face even in a drought year.*





Mount Baldy

(Continued from page 1)

knew it was challenging, but my goodness, the steepness after the ski hut is not to be underestimated. Pass the oxygen, please.

Fourteen of us made it to the top – in fact, six first-timers were in our group, plus Heather S., the veteran hiker of the group, impressed everyone with her stamina and was christened Rock Star of our hike. The hail near the top and during our topside lunch break (no lightning or thunder) did not break the spirits of anyone, old-timers or newcomers alike. I serenaded the group with an off-key rendition of “Walking in a Winter Wonderland,” just to add humor to the pea-sized pelting of white we were getting.

After lunch we carefully inched our way down the eastern flank, trekked across Devil’s Backbone, and then some of us bought ski lift passes for the final descent while some continued on foot. Everyone made it back in good time. All in all, an excellent and breath-taking (literally) day.!



Top left: View from the first view point on the trail from Manker Flat, showing Potato Mountain, left, and Sunset Peak, right, in the distance. Top right: On the steep trail above the San Antonio Ski Hut. Above: At the summit of Mt. Baldy. Below left and right: Tree skeletons by the trail. Below center: Taking a break while descending from the top of Mt. Baldy toward the ski lift.



Getty Revisited

by Jeff Johnson

GLS went back to the Getty Museum in Los Angeles this year. Some of us were particularly interested in the show of late J.M.W. Turner paintings and the “reinventing photography” exhibit. Here’s my report on those.

The Turner paintings were what I’ve always heard about Turner: romantic atmospheric light and darkness and color. The surprise was that it was so much as expected.

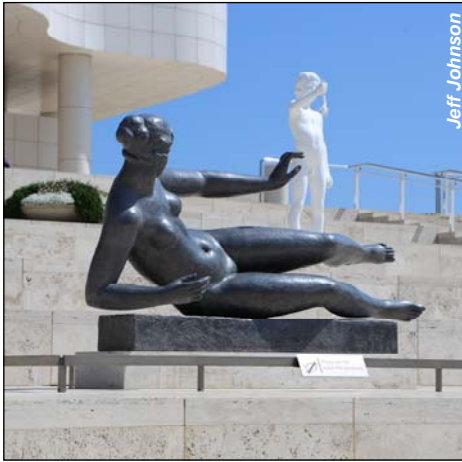
The reinventing photography show was about playing with photographic processes and materials much more than about what you saw on the wall at the end. Now that most photography is all digital, this show was about going wrist-deep into physical processes and physical materials, and the artifacts created.

There’s always a lot to revisit and admire at the Getty Museum, including the garden. I like furniture and the ancient sculpture.

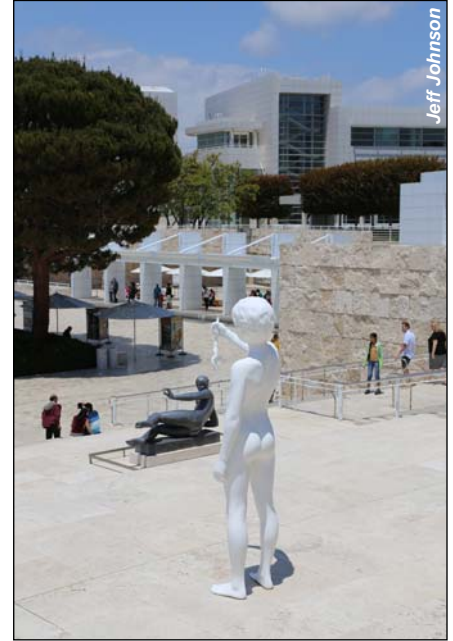
Two sculptures in front of the museum, recently juxtaposed, seem to be joking with each other, and everyone was taking that picture.



Heather McN



Jeff Johnson



Jeff Johnson



Jeff Johnson



Nancy Beverly

Top center: **A lizard peeking out from the sweet peas in the flower garden.**
 Above left: **“Air” by Maillol. The sign says: “Please do not touch the sculpture.”**
 Above: **“Boy with Frog” by Charles Ray. But what is Air saying about that frog?**
 Far left: **The GLS group gathering at the museum entrance.**
 Near left: **Flowers blooming in the garden below the museum.**

Echo Mountain

by Gina Masequesmay, story and photos

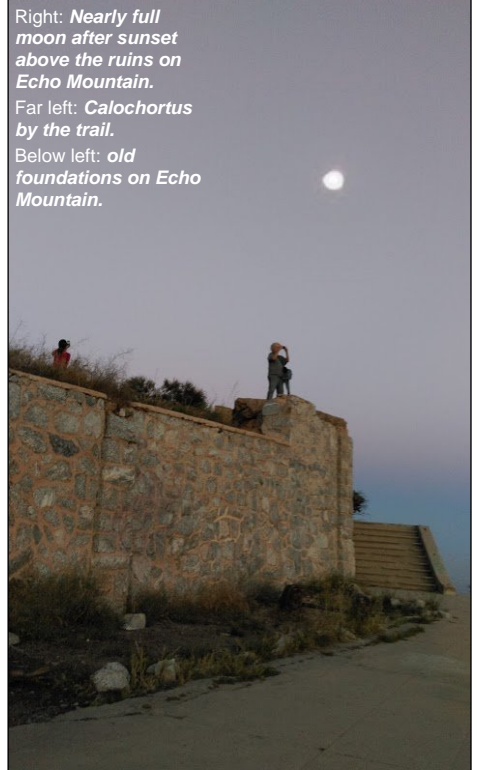
We had seven people show up for the Echo Mountain Sunset hike on May 30, including the two co-leaders, Gina and Gail.

The heat at 5:30 pm made for a slow start ascending Echo Mountain at 80+ Fahrenheit. One hiker was training for backpacking and carried weights that slowed her down. Thanks to Gail and Meghan for

help lightening her load. With a bit of adjustment, a few of us made it to the top exactly at 7:58 pm to witness the end of sunset.

We had a nice, cool descent with an almost full moon. Fearing snakes, though, some of us had our lights on. We all made it down safely by 10:15 pm.

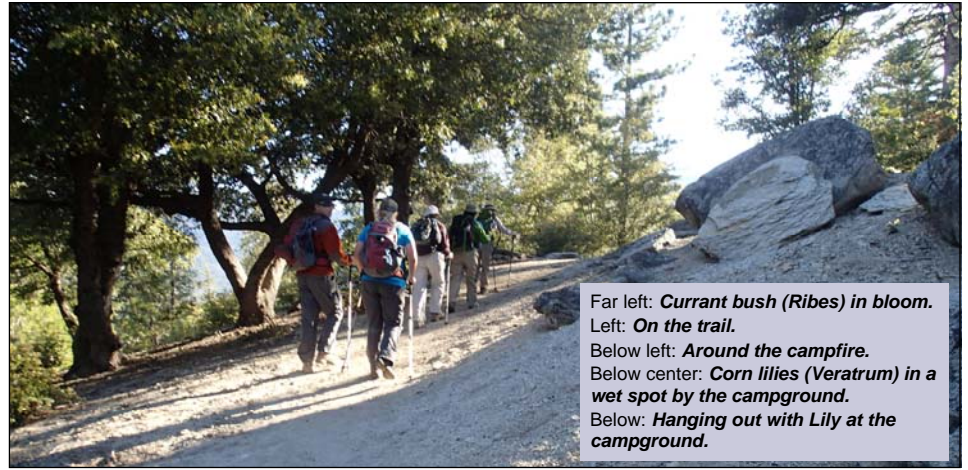
Highlights of the hike were the purple, red, and orange sunset sky with the marine layers and fog creating an ocean-like seascape with islands (mountains) and shimmering water (city lights). Marie’s keen ears alerted us to listen to the popping and crackling of trees from the sun’s heat. Some of us were also graced by sighting of glow worms, a garden snake and a medium sized rattler!



Right: **Nearly full moon after sunset above the ruins on Echo Mountain.**
 Far left: **Calochortus by the trail.**
 Below left: **old foundations on Echo Mountain.**

Marion Mountain

This car camp over the first weekend in June included a hike up San Jacinto. Here are some pictures from co-leader Teresa of that hike and of the weekend.



Far left: *Currant bush (Ribes) in bloom.*
 Left: *On the trail.*
 Below left: *Around the campfire.*
 Below center: *Corn lilies (Veratrum) in a wet spot by the campground.*
 Below: *Hanging out with Lily at the campground.*



Onion Valley and Kearsarge Pass

Here are some of Nancy's pictures from the long weekend, mid-June carcamp and hike to Kearsarge Pass in the Sierra Nevada.



Flowers
 far left: *rock fringe*
 left: *red mountain heather*
 below: *Sierra wallflower*



Outings & Events

July

Jun 28 - Jul 4, Sun - Sat

O: New Mexico: North of Taos
Mike Brostoff, Grace Hengst

Spend a week in Northern New Mexico at Takoja Retreats. Nestled on 40 acres, 28 miles north of Taos, the Takoja Retreat Center is surrounded by tall mountains and wide expanses of sage and cedar. There are many activities to suit everyone from exploring unlimited hiking trails and mountains, (including Wheeler Peak, the highest mountain in New Mexico standing at over 13,000 feet) to Taos with its pueblo and diverse artist scene. The mountains offer much more wildlife viewing than we are accustomed to in California. Bighorn sheep, black bears, and marmots are common, with an occasional mountain lion or porcupine sighting for the off-trail adventurer, and don't forget, the coyotes will sing you to sleep every star-filled night. There will be a few group activities, but most of the week is left free to spend the time as you wish. You have your option of camping on the property or staying in the two Adobe domes complete with kitchen, bathrooms and showers. They've added authentic New Mexico cuisine to complement the full buffet breakfasts served every day. In addition, there are three complete evening dinners and one supper of gourmet leftovers. Price for the trip varies depending on the accommodations you choose:

- Dome: Two person loft with private

bathroom: \$410 (per person)

- Dome: Communal sleeping area: \$375
- Camping: \$325

Since the acoustics of the domes can generate a lot of noise, we are encouraging people to camp. Campers will have access to the bathrooms and showers. Please send check payable to GLS, phone number, address and email address to Mike Brostoff 11220 Moorpark #110 North Hollywood, 91602. If interested in the loft, please contact Mike first to check for availability.

July 11, Saturday

O: Twin Peaks: Eastern Twin (7761'), Western Peak (7596')
Dora Olea, Kyla Hjertstedt, Grace Hengst

This strenuous hike involves the summit of both peaks. We will be hiking at a moderate pace. Around 12 miles r/t, 3200' gain/loss. The last two miles up next to the peaks might involve some steepness. We may be able to see: L.A. Basin, Santa Catalina Island, Santa Anas, Mount Palomar, Santa Rosa Peak, San Jacinto Peak, Old Baldy, and Bighorn sheep. According to the summit registers on both peaks, more than 100 hikers climb the east peak every year, while only about a dozen make the west peak. Must bring 3 liters of water, own lunch, hat, sunscreen, hiking poles strongly recommended, lug soles shoes and ten essentials. Rain cancels. Must RSVP. Meet at La Canada rideshare at 6:20 am sharp for carpooling. We will take off at 6:30 am sharp. For more info and RSVP, contact Dora at 213-200-0239 or chamacasister@gmail.com.

July 18, Saturday

O: Dominguez Wetlands, Long Beach
Jeff Johnson, Laura Rainey

Visit some hidden urban green spots and wetlands in northwest Long Beach. Easy pace, 4 miles, 100 gain/loss. We cross Scherer Park, follow the Sleepy Hollow Greenbelt, skirt the Virginia Country Club by drainage channels until we reach the Dominguez Wetlands by the Los Angeles River. We circle the wetlands on two miles of paths, then we return the way we came. Expect to see birds in and around the wetlands. Bring water and maybe a snack, wear sensible shoes for walking on streets, grass, dirt, and gravel. Directions: exit 405 at Atlantic, go north 2 miles to Del Amo. Left on Del Amo, then first left on 49th Street, then immediate left into the parking lot for Scherer Park. Meet at 10:00 AM. Questions? Call Jeff Johnson at 562-434-8473.

July 25, Saturday

O: Marathon Beach Bike Ride & Activities
Mike Brostoff, Nancy Beverly

A 45-mile round-trip bike ride along the coast from the Palisades to Palos Verdes. This trip is a series of beach activities strung together by biking. We will meet at 8:00 AM in the Palisades. We will bike for one mile and eat a leisurely breakfast at Back to the Beach, a restaurant with tables outside on the sand. We will then bike 20 miles through many beach communities until we reach Torrance where we will relax, lie out in the sun, swim, or whatever. Afterwards we will turn back and head to El Segundo where we will catch a 2:30 matinee at the Old Town

(Continued next page)

Weekly Griffith Park Conditioning Hikes

What: Every Wednesday night, join us for a moderate (strenuous if you are out of shape) hike to Mt. Hollywood, 6 miles, 1145' gain/loss. This is a great mid-week workout. Lug-soled boots are best for traction, but some hikers wear sneakers. Bring a quart of water, snacks if you like, and a flashlight if not used to hiking in the dark. We have a few tiny breaks on the way up, stop at the top, gawk at the city lights until we get a chill, and then return to our cars by approx. 9:30 p.m. Dogs are

welcome; bring a leash and extra water. Rain cancels. **When:** Every Wednesday, (except holidays) 7 p.m. sharp, end by 9:30 p.m.

Where: Near the flagpole and picnic tables at Crystal Springs Griffith Park HQ/Visitors Center/ Ranger Station, 4730 Crystal Springs Drive, LA. (Note: Mapquest, Google Maps, etc. may be misleading.)

Directions: (1) From Los Feliz Blvd. (which you can reach from I-5 or coming from Hollywood), turn

north on Crystal Springs Dr. Proceed 0.5 mi. to the 3-way stop sign, go straight, and proceed 0.6 mi. and turn right in the driveway just after the Ranger Station. Drive around behind the Ranger Station to Park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda machine, big tree). (2) From Fwy. 134 East, exit Victory, turn right at bottom of ramp. Make immediate left onto Zoo Drive. Drive through the park, passing the zoo on your right and the Gene Autry Museum on your left. Curve

around and pass the golf course. You'll come to a stop sign at Griffith Park Drive & Crystal Springs Road (which is the road you're on now, it changes names). Proceed one more block to the next stop sign at the Ranger Station and turn left. Drive all the way around behind the Ranger Station to park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda machine, big tree). (3) From Fwy. 134 West, take the Zoo Drive exit, turn left onto Zoo Drive and proceed as above (directions 2).

Signal Hill Conditioning Walks

What: Up, over and around Signal Hill. 3-4 miles, 500-750 ft. gain/loss. Easy if you are in good shape, moderate and

maybe even strenuous if you are out of shape. Walking on pavement and gravel. Sensible walking shoes, water, layers for

cool evening breezes. Drizzle goes, rain cancels. Questions? Call Jeff 562-434-8473.

When: Every *last* Wednesday of the month (except holidays), at 7:00 pm. Back at the cars

around 8:30 pm.

Where: Meet on Industry, just west of intersection with Redondo, in Signal Hill. Plenty of street parking.

Outings and Events

Music Hall. The Old Town Music Hall is like walking into a movie theater from the 1930s. They have a Wurlitzer Organ complete with a wall full of neon pipes and other instruments. The movie is usually preceded by a sing-a-long and a Laurel and Hardy short. After the film, we will head to Venice for dinner at the C&O Trattoria. Following dinner, we will ride the Ferris Wheel on the Santa Monica pier in memory of Kathy Brizzard who suggested adding this event to the journey. We will complete our final leg of the journey returning to the Palisades with a magnificent view of the sunset over the Pacific. Bring: a bike; bike lock; spare tire and/or patch kit; bike pump; helmet; headlight; bathing suit and change of clothes if you plan to swim; beach towel; water (we can refill along the way); money for breakfast (about \$12.00), movie (\$10.00), dinner (about \$18.00) and extra for snacks along the way; library books you want to return (we pass the Marina Del Rey Public Library). For more information and to reserve a spot, contact Mike Brostoff, 818-399-4035.

August

August 1, Saturday

O: Westridge Meditation Evening Hike Nancy Beverly, Gina Masequesmay

Join us for a silent, walking meditation hike in the Santa Monica Mountains. We'll meet at 5:00 p.m. at the top of paved Westridge where the fire road of the same name begins. After some brief instructions and a little centering exercise, we'll head off. This is an easy to moderate 7.4 mile out 'n' back hike with some modest hills along the way (the first two miles are uphill, but it's gradual). Bring lugsole boots, water, snacks, and layers in case it gets chilly. No dogs please. There is a little park at the turnaround spot – which has picnic tables, a restroom and a water fountain (none of those are at the trail head). We'll break the silence to check in and see what insights people have had along the way. The sun sets at 7:54, the moon at 8:51, so we'll have light at the start, but it'll be dark on part of the return (probably be back between 9 & 9:30). As with Griffith Park, which we hike in darkness much of the year, we're on a wide fire road and the bounce from the city lights should be enough to illuminate the way back. Bring a light for emergency purposes if you like but we won't turn them on otherwise. Directions: go west on Sunset Blvd. from the 405. At the light at Mandeville Canyon Rd., turn right. At the first stop sign (Mandeville Lane is on the right), roll forward a few feet to Westridge and turn left. Stay on Westridge all the way

to the top – ignore the many turn offs along the very steep way including the one to Banyon (the hike isn't nearly as steep as the drive up!). Park on the paved street, the little dirt lot at the top is a bit tight on space. Questions? Contact Nancy, nancybeverly at sbcglobal.net.

August 16, Sunday

O: Dawson's Saddle (7900') - Mt. Throop Junction (8790') - Mt. Baden-Powell (9,400)

Gail Wise, Jeff Johnson

From the Dawson's Saddle trailhead on Angeles Crest, with hike up a narrow ridge we'll have expansive views both east and west. Below Mt. Throop, we connect with the PCT running along the summit ridge of the San Gabriels toward our goal, Mt. Baden-Powell. There's a good chance of seeing gliders along the way. Near the summit, we'll come to the Wally Waldron tree, which, at 1,500 years old, is one of the oldest living trees in the San Gabriels. We'll enjoy lunch near the summit where we will have the entire Angeles National Forest to gaze upon in panoramic splendor before returning the way we came. This 8.8 mile hike with 1,500' elevation gain is challenging for the weekend day-hiker as almost all of it is above 8,000 feet. Sun screen is a must and a hat is highly recommended due to the strength of the sun at that elevation. Bring layers and at least two liters of water (three liters are even better). Lug soles are mandatory. We'll start in the morning to avoid afternoon thunderstorms, but bring a waterproof shell/poncho/garbage bag just in case. Meet at 8:00 a.m. at the La Canada rideshare point. Plan on the hike and the drive there and back taking all day. For questions contact Gail at gailwise2@gmail.com or 310-433-2298.

August 22, Saturday

O: Sandstone Pk. via Mishe Mokwa loop Tom Molloy, Alan Schimpff

6 miles RT, 1400 ft altitude gain/loss, approximately 4 hours hiking. This moderately paced hike takes us on a lovely loop through a shady canyon and past stunning sandstone rock formations then on to the highest peak in the Santa Monica Mountains, Sandstone Peak (3,111'). Great views of the ocean, and a breezy cool location for the late summer. The middle part of this hike is shaded, but the rest of it is exposed so please bring plenty of water (3 liters at least), sunscreen, hat, snacks/lunch. Dogs on leash are welcome; remember to bring extra water for them too! Rain cancels. Meet at Sandstone Peak trailhead parking lot at 9 AM. From Malibu: Take Pacific Coast Highway (1) north past the Ventura County

line. Turn east on Yerba Buena. The Sandstone Peak trailhead parking lot is approximately 5.5 miles from PCH, on the left side, about 1/2 mile after Circle X Ranch. An alternate route from Westlake Village and the 101: exit on Westlake Blvd from the 101 Freeway, and follow it south for several miles as it merges with Mulholland highway. Turn right onto Little Sycamore Canyon and it will become Yerba Buena Road as you cross the county line. Proceed on Yerba Buena Road for about 4+ miles to trailhead to the 2ND (!!!) parking lot on the right side. If you see the Circle X Ranch, you've gone too far. A note to those who suffer from motion sickness: the Malibu route is slightly less curvy than the Westlake village route. Also, please be aware that there are 2 parking lots (!!!) for this loop trail. We will meet at the Sandstone Peak lot, which is the first parking lot on the left, (1/2 mile past Circle X Ranch) as you are coming up Yerba Buena from Malibu/Pacific Coast Highway. Please RSVP to Tom or Alan, 310-589-9125.

August 23, Sunday

O: Leader's Meeting

Marie Ammerman, other GLS leaders

This meeting for all GLS outings leaders will cover new technologies and new outings submittal processes, as well as a review of safety procedures. It is not mandatory but all leaders are strongly encouraged to attend as we will discuss important changes. We are starting early in the morning to beat the heat and to be sure of snagging a picnic site. Please bring a potluck item; it does not have to be a traditional breakfast food. Chocolate is okay. Location: Griffith Park, in the site below the Old Zoo, or upstairs in the Old Zoo—it will depend on what is available. Time: 8:30 a.m. Please RSVP to Marie at ammermanm@yahoo.com; if you can help with saving picnic sites, set up, clean up, please let her know that, too. Thanks to all our leaders for all they do.

August 29, 2015

O: Little Jimmy Camp (7482') – Throop Summit (9126') -- Mt. Islip (8239') **Gina Masequesmay, Dora Olea**

This is a beautiful, moderate to strenuous, 13.2-mile roundtrip hike at high altitude and an elevation gain and loss of 2826'. The hike begins at the closed gate to Little Jimmy Camp (7048') off the Angeles Crest Hwy. We hike up 1.7 miles to Little Jimmy Camp where we have a chance to rest, use the pit toilet, and enjoy our snacks. We then head east 3.7 miles to Throop Summit. We can have lunch there and head down the same trail for 3.3 miles to a junction with Mt. Islip trail. We will hike up to Mt. Islip for another 1.2 miles to enjoy the view there. Then, we

Outings and Events

head down 1.6 miles to Little Jimmy Camp and another 1.7 miles to the Gate. Please bring 10 hiking essentials. Musts are: Lug sole shoes, hat, sunscreen, ~4 L of water, lunch, snacks, and layers in case it gets cool. There are sections of the hike that are very windy. Please note that the only restrooms are at Little Jimmy Camp and there is no water source on the trail. Meet at 7:00 am at the La Canada rideshare point. The drive to the Gate to Little Jimmy Camp will be about an hour and 10 minutes or about 40.8 miles. We expect the hike and rests to be about 10.5 hours and another 2 hours and 20 minutes of driving to and from the rideshare

point. Rain cancels. For questions contact Gina at 818.835.1059 or Masesquesmay.Gina@yahoo.com.

Future Outings

November 8, Sunday

O: Three T's: Thunder Mt. (8587'), Telegraph Peak (8985'), Timber Mt. (8303) from Baldy Notch to Icehouse Canyon Loop

Dora Olea, Heather Sargeant

We will start at the Mount Baldy ski lift parking area (6320'), take the chair lift up to the Baldy Notch (7840') then we will hike the Three T's. From Timber Mountain, we will descend

through Icehouse Canyon. We will be hiking at a moderate pace. Around 8.5 mi, 2700' gain/3400' loss. This trip requires a car shuttle back to the starting point. If chair lift is not working, this will add an additional 1500' gain. Must be comfortable hiking long distances at altitude. Moderately strenuous daylong hike with possible spectacular views of the mountains. Bring hat, jacket, sunscreen, hiking poles are strongly recommended, lunch, 3 liters of water, 10 essentials, \$ for lift (approximately \$20). Rain cancels. Adventure Pass must be displayed. Space limited by permit; leaders will provide wilderness permit. Registration required before October 31. For more info and RSVP, contact Dora at chamacasister@gmail.com.

Bolsa Chica

GLS returned to Bolsa Chica in Huntington Beach on June 7. Jennifer Minnett gave us, and her group of traveling friends, a bit of local history and pointed out lots of birds.



Jennifer Minnett



Jennifer Minnett



Jennifer Minnett



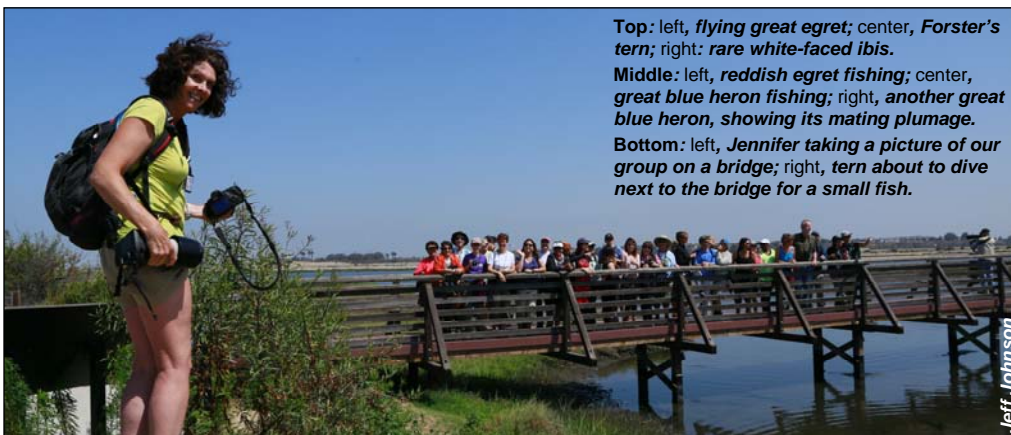
Jennifer Minnett



Jennifer Minnett



Jennifer Minnett



Jeff Johnson

Top: left, *flying great egret*; center, *Forster's tern*; right, *rare white-faced ibis*.
Middle: left, *reddish egret fishing*; center, *great blue heron fishing*; right, *another great blue heron, showing its mating plumage*.
Bottom: left, *Jennifer taking a picture of our group on a bridge*; right, *tern about to dive next to the bridge for a small fish*.



Jeff Johnson

July and August 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JUNE 28 New Mexico Mike, Grace Through July 4	29	30	JULY 1  full moon Griffith Park Gail, Dora	2	3	4 <i>End New Mexico</i>
5	6	7	8 Griffith Park Dora, Gina	9	10	11 Twin Peaks Dora, Kyla, Grace
12	13	14	15 Griffith Park Gail, Gina	16	17	18 Dominguez Wetlands Jeff J., Laura
19	20	21	22 Griffith Park Nancy, Jan	23	24	25 Marathon Beach Bike Ride & Activities Mike, Nancy
26	27	28	29 Griffith Park Dora, Nancy Signal Hill	30	31  full moon	AUG 1 Westridge Meditation Evening Hike Nancy, Gina
2	3	4	5 Griffith Park Dora, Gail	6	7	8
9	10	11	12 Griffith Park Nancy, Dora	13	14	15
16 Dawson's Saddle, Mt. Throop Junction, Mt. Bade- Powell Gail, Jeff J.	17	18	19 Griffith Park Dora, Jan	20	21	22 Sandstone Peak, Mishe Mokwa Trail Tom, Alan
23 Leaders Meeting Marie, GLS leaders	24	25	26 Griffith Park Nancy, Dora Signal Hill	27	28	29  full moon Little Jimmy, Mt. Throop, Mt. Islip Gina, Gail
30	31					

GLS Leader Contact Information

Please call after 9 AM and before 9 PM

Alan Schimpff	310-589-9125	alanschimpff@netscape.net
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Asher Waxman	323-876-2889	amuirman@yahoo.com
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Beth Epstein	562-439-0646	b.epstein@verizon.net
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Dawn Wilson	612-384-0180	dawnxwilson@gmail.com
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Susan Campo	626-688-8642	susanlucillecampo@yahoo.com
Teresa Nick	612-384-0421	teresa.nick@me.com
Tom Molloy	310-589-9125	tomsmolloy@yahoo.com

Outings Volunteers

Mike Brostoff, Outings Schedule

Contact Mike about scheduling outings, to check for available dates, and to submit write-ups.

Dawn Wilson, Outings Liaison to Angeles Chapter

Contact Dawn about questions of leadership requirements and Sierra Club Outings Policy. Dawn is the primary person to read the communications from the Angeles Chapter regarding outings and inform the other leaders.

Laura Rainey, Weekly Reminder

Laura sends out the weekly email announcing upcoming events. If an event must be altered or canceled after publication, e-mail Laura and cc Mike.

Leaders

Are you listed here the way you want to be listed?

If you should be removed from this list, please let me know.

If you are not listed here and should be, let me know.

If you are not sure of your leadership status, please get in touch with the Leadership Training Committee to find out.

Jeff Johnson

Important Outing Information

Waiver

To participate in a Sierra Club outing, you must sign a liability waiver. If you would like to read a copy of the waiver before the outing, go to: <http://www.sierraclub.org/outings/chapter/forms/>, or call 415-977-5630.

Rating Codes

These codes indicate the technical difficulty, not the strenuousness.

O Applies to uncomplicated outings such as hikes on trails or the equivalent (with minimal navigation skills).

I Includes outings that involve cross-country travel where navigation is necessary. Rougher ground than "O" outings may be traversed, and use of hands for balance may be necessary. Climbing level: 2nd class terrain.

C Events under external

control of a non-Sierra Club entity, (i.e. ranger, guide, concessionaire).

Outing Reservations

Reservation fees of from \$5-\$15 are refunded only when you show up and if they aren't needed to offset costs.

Cancellation policy on more expensive trips is as follows: Cancellation within 30 days, no refund without replacement. If your spot is filled, 90% will be refunded. This policy is in effect unless the leader states otherwise in writing. Always send two SASEs, contact and drive/carpool information. Make checks payable to "GLS".

Dogs

For most people, the presence of a well-behaved dog can be entertaining, or at worst a mild annoyance. However, this is not true for everyone. Some people suffer from various

levels of fear of dogs. Because of this, and the potential intrusion on wildlife, the Sierra Club policy is that dogs are not allowed on Club outings unless the write-up states DOGS OK. Make sure you bring adequate food, water, a bowl, and a long leash.

Seller of Travel Notice

CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

Adventure Pass

National Forests in Southern California (Los Padres, San Gabriel, San Bernardino, and Cleveland) require parked cars to display an Adventure Pass. The pass is available from ranger stations, sporting goods stores, and other local merchants and costs \$5 per day or \$30 per year. Plan on getting it before your outing, as most outlets do not open early. Many Sierra Club members dispute this user fee and

protest it by not buying a pass, possibly incurring a ticket. The choice is yours.

Carpooling

To facilitate the travel logistics for outings, participants often make carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride-sharing, or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

Rideshare Points

Directions to all rideshare points in the Angeles Chapter Schedule of Activities or at: http://angeles2.sierraclub.org/get_outdoors/know_you_go/rideshare_meeting_places

La Canada Rideshare Point

Exit 210 at Rte 2 / Angeles Crest Hwy. Go N (uphill) 1/4 mi on Rte 2, park at curb on right, on long uphill.

TRACKS

SIERRA CLUB/GLS
P.O. BOX 1300
SOUTH PASADENA, CA 91031-1300

TRACKS

Subscribe to TRACKS, the GLS newsletter, and find out about all the GLS outings and events every month. You do not need to be a Sierra Club member to subscribe.

Name: _____

Address: _____

City, State, Zip: _____

Email: _____

- New Renewal Gift Change of Address
- Send print TRACKS by US mail \$15 - 1 yr; \$35 - 3 yr
- Send email TRACKS (pdf file) \$10 - 1 yr; \$20 - 3 yr
- Send print and email TRACKS \$25 - 1 yr; \$55 - 3 yr

Fill in this form and send it with a check made out to GLS to:
GLS
P.O. Box 1300
South Pasadena, CA 91031-1300



Contributions, gifts and dues to the Sierra Club are not tax-deductible; they support our effective citizen-based advocacy and lobbying efforts. Of your dues, \$7.50 goes for a subscription to *Sierra* magazine, and \$1 for your chapter newsletter.

Name: _____

Address: _____

City, State, Zip _____

Category:	Individual	Joint	Mail to:
Introductory	\$25		Sierra Club
Regular	\$39	\$47	Membership Dept.
Supporting	\$75	\$100	P.O. Box 52968
Contributing	\$150	\$175	Boulder, CO 80322
Life	\$1000	\$1250	
Senior	\$24	\$32	
Student	\$24	\$32	
Limited Income	\$24	\$32	

When you join the Sierra Club, please use this form. The FRIP no. on the form brings part of your membership dues to GLS

FRIP#
F94QW04721