

TRACKS



January/February 2010

Volume 23, No. 1

On the web: <http://angeles.sierraclub.org/gls/>

Eva's Provisional

By Eva Eilenberg, photos by Jeff Cuevas

On Dec. 5, thirteen of us intrepid hikers took a challenging cross-country route through the snow in the San Bernardino National Forest to make a loop trip to an obscure summit with gorgeous views. At 9,465 ft., this unofficially named peak – Lightning Gulch Point – is only 489 ft. shorter than its more famous neighbor to the west, Sugarloaf Mountain, and it is over 350 ft. taller than its second most famous neighbor to the east, Onyx Peak. And it was the perfect trip, with the

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Jeff Cuevas' Provisional

By Marie Ammerman, most photos by Jeff C.

The eeriest thing about Jeff C's provisional on Halloween was Jeff's worry that no one would show up. Instead, twenty-five people came out to support Jeff and enjoy the Sostomo and Deer Valley trails in Solstice Canyon in Malibu on the last day of October.

Jeff himself set the fun and friendly tone by wearing bunny ears and a cottontail. Others in costume included Kevin, completely kitted-out as a dashing

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Kathy Brizzard Memorial Hike



Kathy's friends share memories at the "Ultimate Destination," with the San Gabriels in the distance.

By Susan Campo

The people who attended the Memorial hike on Nov. 8 made it a successful tribute to Kathy Brizzard. Forty-eight people showed up!!! Several of the participants had never been on a hike before, but gave it their heart's best for Kathy (literally and figuratively). The leader, Susan, could count on keeping the sweep, Diane, on the same path with the help of Alan, positioned in the middle of our parade.

The hike itself, was a nice sampling of four different trails in the park. We all reached the peak of Cerro Negro overlooking both Glendale and La Canada with its backdrop of mountains. We had fun guessing where the city had designated "The Ultimate Destination" in this wild space park. The group had lunch at an unusual, hidden spot with shade and green grass. By that time, the people thought that

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At the trailhead after the hike, people gathered for a group picture. More on that on page 5.



Message from the Chair

This is the end of my year as Chair of the GLS Management Committee. It's been interesting, but I am happy to hand the reins to Nancy Beverly, who has been on the Management Committee before and is full of energy and good ideas, and

has volunteered to be the new Chair.

Karen, who's an accountant and has been our Treasurer for four years, is retiring from the Committee and passing her responsibilities to SK.

The new Mgmt. Comm. will meet the first time after the trail maintenance day Jan. 9. I hope to see you there, at whatever interesting place we go to this time.

Jeff Johnson

Kathy's Bench Update

The GLS members who have been working to have a memorial bench placed by a path in Griffith Park along the Wednesday night hike route now expect the bench to be in place by March. A dedication ceremony is being planned for March 14, starting at the old zoo parking lot in the morning, with potluck brunch, possible hike after. Details will be published in the next issue of Tracks.

GLS Management Committee Meeting, November 24, 2009

Members present: SKC, Jeff J, Karen L, Christy V. Nancy B is also present.

For GLS Holiday Party: Party prizes: Jeff J will bring certificates and prizes. Karen L will shop for supplies and food. There was an earlier sidewalk meeting at which some of the council members talked about categories for this year's merit prizes, which will be given out at the party.

GLS treasury: The Angeles Chapter's general funds have been cut back for 2010, and it is asking contributions from each section.

How much does GLS contribute to the chapter? Nancy will read the bylaws to see if the chapter can take GLS's entire bank account. Jeff J will contact the Chapter to bring a speaker to the Holiday party to tell us about its workings and recent financial situation.

Treasury Report: Karen L reported that GLS has consistently donated funds for conservation to the Chapter. The chapter has asked for annual financial statements in the past. Now they are asking for quarterly reports.

Election ballots: Nancy B, SK C and Jeff J will be on it.

Sincerely,

SK

2009 GLS Holiday Party, Awards, and Photo Contest

Grace and Mary once again hosted the GLS holiday party at their hillside home with the view from the porch toward Mt. Lukens and the Verdugos. In the cool and rainy weather, we were glad to be able to huddle under the new awning over the deck. As ever, the first matter of business was usually to fill one's plate, and the potluck was as good as ever.

Ron Silverman was our guest speaker. Ron is the Senior Chapter Director of the Angeles Chapter. He came to talk to us about the resources available to us and other Angeles Chapter groups and sections through the Chapter, and to let us know

about the tightening financial situation this year for the Angeles Chapter.

Several awards were given at the party:

Laura Rainey: *Wettest Sleeping Bag*, recognizing Laura's sacrifice to the river gods in Bishop while Laura and Karen were leading the July 4th carcamp.

Judy Demarah: *Achievement in Navigation*, recognizing a year of safe arrivals, including timely arrival at the holiday party.

Tom Molloy: *Gay and Environmental Activist Who Drinks to European Standards*, recognizing Tom's bibulatory predilections.

Jeff Cuevas: *Mr. Nice Guy*, recognizing his general helpfulness as banker, mailbox

checker, and volunteer where needed.

Alan Schimpff and Grace Hengst: *Separated At Birth* status, for their similarly unflaggingly optimistic and helpful attitude toward GLS things that come their way.

Dawn Wilson and Teresa Nicks: *August 15, 2010 Relocation Deadline*, to return

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Information about GLS

General questions about GLS, call Grace at 323-227-6444 or Mike at 818-763-5799

Questions about a specific event, please call the leaders listed in the schedule. Contact info is inside the back page.

Sign up for the FREE GLS email list, with a weekly email digest of GLS events, go to: <<http://lists.sierraclub.org/archives/angeles-gls-news.html>>. Your email address remains confidential and is not displayed to others.

Next GLS Management Comm. Meeting

The next GLS management committee meeting is scheduled for **Saturday, Jan 9**, at the end of the scheduled GLS Trail Maintenance activity listed in the outings, p. 9.

GLS management committee meetings are (usually) held an evening of a weeknight early in of odd-numbered months. All GLS members are welcome.

You may call one of the committee members to confirm meeting time or to ask about the agenda. Contact a committee member for the conference call number.

GLS Mission

The Gay & Lesbian Sierrans Section of the Angeles Chapter fosters the purposes of the Sierra Club by making available a wide range of events for gays, lesbians, and their friends. These activities include conservation, education, hikes, bike rides, beach walks, car camps, boat trips, social gatherings and fundraising.

GLS Newsletter

The GLS newsletter, TRACKS, is published six times a year. Annual subscriptions are \$15 for issues sent by US mail, \$10 for issues sent in PDF format by email, \$25 for both. Three year subscriptions are, respectively, \$35, \$20, and \$55. Send subscription requests and related membership correspondence to: GLS, P.O. Box 1300, South Pasadena CA, 91031-1300.

Mgmt. Committee

Jeff Johnson,
Chair
Barbara Edwards,
Co-Chair
S.K. Chiou,
Secretary
Karen Lovett,
Treasurer
Christy Varni
Member at Large

Other GLS Volunteers

Membership,
Chair
Jeff Cuevas
Conservation,
Tom Molloy
Webmaster,
Alan Schimpff
TRACKS Editor,
Jeff Johnson

.....
Our outing volunteers are listed on page 11.



home to LA from the hinterlands.

Mike Brostoff: *Sierran of the Year*, recognizing his years as our Outing Chair, outing database manager, co-membership database manager, receiver of telephone inquiries, and GLS Memory Specialist.

Alan sold over \$300 dollars of tickets for the half and half raffle, and our past repeat winner Diane struck again! Diane told us she plans to make a sizable donation to the humane society in Pasadena.

Judy managed the silent auction, bringing in well over \$100.

One new thing this year was the photo contest. GLS members had submitted pictures they took on GLS outings this past year. Members voted for their favorites, and here they are, or see them at:

<www.flickr.com/photos/43971315@N03/>.

Favorite Fauna & Flora: Desert Bighorn, Anza Borrego, by Jamie Nixon (top left)

Favorite Landscape and Scenery: Bright Angel Trail, Grand Canyon by Alan Schimpff (center left)



Favorite GLS in Action: Phantom Hikers, Grand Canyon, by Susan Campo (top right)

Favorite Humor: Wind Wolves Look, by Heather McNaught (bottom center)

Favorite Overall: Desert Bighorn, Anza Borrego, by Jamie Nixon (top left)

Second Favorite Overall – four way tie!

- Queen of the Canyon, by Susan Campo/ Dave Gebert (right, second from top)
- Smokey at Trail Maintenance, by Jeff Cuevas (right, third from top)
- Wind Wolves Through Alan's Eyes, by Laura Rainey (page 2)
- Bright Angel Trail, Grand Canyon, by Alan Schimpff (center left)

Next GLS outing, don't forget to bring your camera!



Blueprint for Change

by Darryl Anka, and read by Nancy Beverly at the memorial hike.

"Love is the primary vibration out of which everything has been created by the Infinite Creator. It is the very substance, the very fabric you all experience as your manifestable reality. For each and every one of you is made of love, and thus in a fundamental sense everything you do is an act of love."

"... feel it within you first, or you will never see it out there. Know that you cannot change anything out there; you can only allow other people and situations to change. If you wish to see anything in your world change, change yourself."

The Group Photo

One of the wonderful things that happened spontaneously on the memorial hike on November 8 happened at the very end, as we were getting into our cars to drive home.

A banner made for the GLS table at future pride festivals was unrolled for people to take a look at. The picture on the banner (below) was the picture from the cover of the Sept/Oct 2008 issue of Tracks, showing Heather Sargeant and Marie Baca crossing Bishop Creek at the foot of Blue Lake while on the GLS July 4th Table Mountain campout that year. That outing had the largest attendance of any outing that year, and the Blue Lake hike was just one of many hikes taken.

Marie and Heather were both there. Someone asked them to hold up the banner so they held it and people took pictures. Hikers walked back over and gathered around. Soon, most of the hikers were around the banner and in the picture. The last and best picture is on page 1. How many of the people there do you recognize? Has there ever been a larger GLS group photo?



...And I Must Go

by Marie Ammerman, and read by Marie at the memorial hike

Where do we go, when the deep losses have shattered our lives, to regain our wholeness, and our peace?

To the mountains.

To the breathless blue skies and the bleached, wooded slopes; to the joyous swoop of a crow's flight on the singing wind.

But were do we go when it is the mountain that takes our peace away? When a single, simple slip spins the soul sideways, the colors snap to gray, and mind and heart blink, go numb, uncomprehending, until, at last, sleepless night comes to cover the shattered heart. Where do we go?

To the mountains.

Because it is not the mountains fault. The mountain does not shrug and shake us off. It just is. Like life is. Like death is. Like love and dreams and hope and faith are, and never really die away. The mountain just is. It is there for all who seek it, and we do. For Mother Nature knows what she is about.

She calls, and we come, seeking healing and wisdom, comfort and peace, finding unity with all life in her vast embrace. We come again and again, until we hear her voice so clearly we can never return home, for the call becomes the summons, and the simple sunset gives way to an everlasting dawn.



Pausing on the steepest uphill section of the trail.

Kathy Memorial Hike

(Continued from page 1)

the “Ultimate Destination” may be in one’s mind. After lunch we reached the real spot; an official sign stood as proof. Would Kathy lie? NO! Would she pull you leg? YES!

It was here that the group circled up to voice memories and feelings about our dearly departed. The messages and stories shared by people were up-beat and ultimately joyful.

Susan brought Kathy’s favorite hiking treat, Gummy Bears. Diane gave out a coupon for free coffee to the first to mention Kathy’s favorite type of coffee. Marie A. read her exceptional poem, and Nancy B. read some significant quotes. Actually, many contributed something about what Kathy meant to their life. It was wonderful to bring together such a diverse group from all the parts of Kathy’s life. It was impressive that so many people from so many diverse groups had been influenced by her twinkling eyes, bubbly laugh, successful struggles and life experiences. Kathy was REAL! She completed her job HERE. We all missed her, and she will be remembered dearly.



At Cerro Negro, a good place for a photo, but not the Ultimate Destination.



Pausing for a rest and a snack at a spot that was not the Ultimate Destination. Photo Susan.



Leader Susan at a photo op with dogs on Cerro Negro.



Photo Susan

Eva's Provisional

(Continued from page 1)

perfect group, for me to complete the last of my requirements to become an "I" rated leader.

In the days leading up to outing, there was some to'ing and fro'ing regarding the snow conditions. One ranger said the snow level from the big storm over Thanksgiving weekend was down around 6,000 ft, which was lower than our car-parking/meeting spot. A few days later, on the afternoon before the hike, a different ranger said they didn't get any snow at all and that everything was dry and clear in this area. (Yes, Shirley, the both knew *exactly* where I was talking about. Go figure.) Because the second ranger was more senior and authoritative sounding, I decided to tell people not to bring snowshoes. As you can imagine, my heart was burrowing up into my throat as we drove up CA-38 and there was snow all over the place.

As it turns out, there was plenty of the white stuff. But it was fluffy and lovely and easy to walk in. It just made the area that much prettier than it had been when I scouted the route a few weeks earlier. And there is something so special about being somewhere the only tracks you see, other than your own, are a bunny's.

The weather was also a bit iffy when we first started out: cold (in the 30s most of the day), with gusts of wind expected (up to 30 mph), and overcast. "Heck," I thought, "it could be a bit demoralizing to hike all the way up to this peak, which I advertised as having "amazing views of the western Mojave, Big Bear Lake peaks, and the San Bernardino high country," only to



An enormous old tree passed on the hike.



Skirting the snow on a steep slope.

be freezing and socked in.

But luck was on our side. The whole way up, we had terrific views of Grinnell and San Geronio Mountains to the south, and by the time we got to the summit, the skies were crisp and clear, so we were able to enjoy the blue of Big Bear Lake and the dusty-pink of the Mojave Desert spread out before us from our snowy white perch. Yeah, it was bit windy up there, but fortunately there were some majestic and freaky looking trees – a mixture of Sierra Juniper Woodland, Pinyon, Limber, and Lodgepole Pine – to help shelter us from the wind.

I couldn't have asked for a better group to join me for this provisional outing. Co-leader Adrienne B. was incredible throughout the whole process. My WTC pal and nav guru Dave S. was steadfast as always. My old friend Todd W. and new friend Will S., both of whom aren't Sierra Club regulars, were terrific participants. And best of all, my pals from GLS really came through for me! Anne M. scouted the route with me, Jeff C. and Mike B. re-arranged their schedules to come along, Alan S. joined up at the last minute, Lisa L. brought two wonderful friends, Gail H. and Judi M., and Winnie L. got in shape esp. for the event ;-> And, of course, Amanda S., who is the dear friend who introduced me to GLS and the Sierra Club a few years ago, was there, as always to support me.

It was a great day.



Descending on snow.



Eva looks like things are working out well.





A beautiful sunny day for a hike in the Santa Monica Mountains.

Jeff C.'s Provisional

(Continued from page 1)

killer bee; Janet in a pirate wig and bandana; and Teddy the dog, dressed as a honeybee. Many folks wore t-shirts with Halloween themes to show their spirit.

From the parking area, we walked along the stream to the ruins of Tropical Terrace, an old mansion that burned years ago, where some rested while others went a little further to see the waterfall just beyond. From there, we took steeper Deer Valley trail that led us up into the high, grassy hills where we found a place to eat lunch and watch the sparkling ocean. We did meet other hikers on our travels, whom Jeff greeted with "Trick or Treat!" He never did get any candy, though. I guess a 6-foot-plus bunny is a bit intimidating.

We all got treats at the end of the hike, however. Jeff had brought a cooler full of cold sodas and bottles of water, along with a batch of homemade red-velvet cupcakes. Not only have we gained a great new leader, but there will be more great food at our potlucks, I'm sure!

Congratulations, Jeff!



The hikers included rapacious pirates...

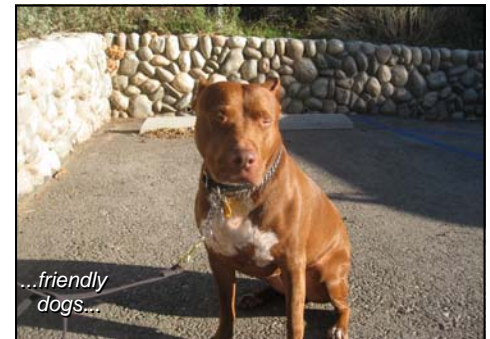


...cottontail bunny rabbits...

Photo from Amanda



...giant killer bees...



...friendly dogs...



...and dogs dressed as bees.



A really big group showed up for Jeff's provisional. Right, Jeff gets his T shirt at the end of the hike.



Some Outings Items

Leaders: Signin Sheets on Multi-day Trips

All participants must sign a waiver when attending a multi-day trip. Once signed in they are the responsibility of the leaders for the duration of the outing; they cannot be signed out temporarily even if they decide to do their hikes — so the leaders are advised to know what they plan and make sure they get back safely. Of course they can sign out and leave early, like Sat evening on a Fri-Sun car camp trip — but from then on they cannot be a part of the outing. More on this topic in the "free days" FAQ at: http://clubhouse.sierraclub.org/outings/faq/free_days.asp. (Read the hints on that page for the username and password.)

Hikers: 10 Essentials

Many outing announcements tell you to bring the 10 Essentials. But what exactly are the 10 Essentials? The Angeles Chapter website give two lists, and here they are:

To Carry With You

1. Map
2. Compass
3. Flashlight (with spare batteries & bulb)
4. Extra food and water
5. Extra clothing
6. Pocket knife
7. Fire starter
8. Matches (in waterproof container)
9. Sunglasses and sunscreen
10. First aid kit

To Keep in the Car

1. Water, pack, boots
2. Spare motor oil and tools
3. Spare clothes and personal items
4. Extra car keys outside car
5. Jumper cables
6. Car jack
7. Tow cable and shovel
8. Maps
9. Alarm clock
10. Blanket or tarp to cover visible items

Outdoor Leadership Training, April 10

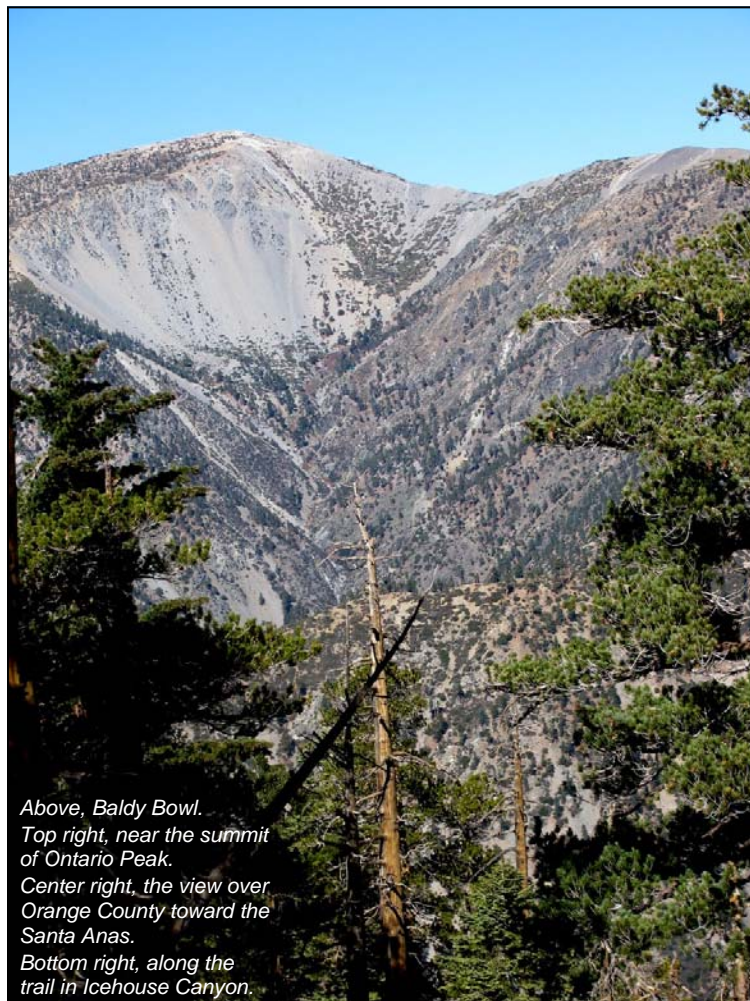
Interested in becoming an outings leader for the Club? You can take the first step on Saturday, April 10, by attending a class sponsored by the chapter's Leadership Training Comm.

The class will cover all the basics of leading, from planning a trip to proper safety and conservation practices. The class is required for everyone seeking a leadership rating from the Chapter.

The all-day class at the Eaton Park Nature Center in Pasadena costs \$25. The application is online at angeles.sierraclub.org/ltc.

Mail the application and check, payable to Sierra Club, to Steve Botan, LTC Registrar, 18816 Thornwood Circle, Huntington Beach 92646. You also can reach Botan by phone (714-321-1296) or email (lctr registrar@hundredpeaks.org).

Applications and checks are due March 27.

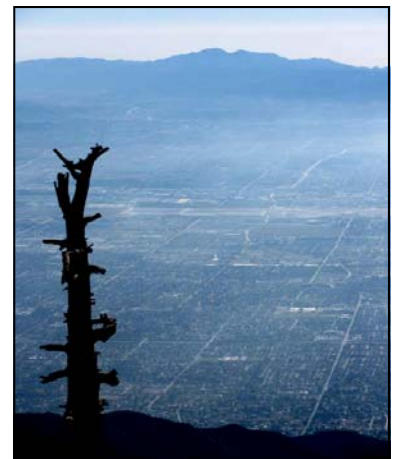


Above, Baldy Bowl.
Top right, near the summit of Ontario Peak.
Center right, the view over Orange County toward the Santa Anas.
Bottom right, along the trail in Icehouse Canyon.

Ontario Peak Hike

By Susan Campo, story and photos

The hike Ontario Peak on November 15 provided us great views. Seven women showed up at the trailhead by 7:30 AM for a brisk walk up along the bubbly stream of Icehouse Canyon. After passing Kelly's Camp, we got a terrific view north to the whole Baldy Bowl area. Later, after reaching the ridge, we peered down across the whole metropolis all the way south to Santiago Peak in Orange County. The north facing slopes held the early season snow in spots, but the ridge was sunny and warm when the wind stopped. The 13 miles passed quickly, and we were glad we could still drive home in the daylight.



Outings & Events

January

January 9, Saturday

O: All GLS Trail Maintenance Day
Anne Mullins, Mike Brostoff

Here's a chance to give back to the environment, have fun with the rest of the GLS, and find something good to eat, too! All members are encouraged to come out and help. There will be a range of activities available, from picking up trash to hard digging - there's something for everyone. Potluck lunch follows, with a special treat from Porto's Bakery to be provided (please don't bring a dessert!) Please take this opportunity to come out and make a difference. What to bring: work gloves (if you have them), water, lug soles, potluck item. Due to the Station Fire, we are unsure where our trail maintenance work will be this time, but it will be in the Angeles National Forest. Anne will have a better idea when the date approaches. Most likely, we will be meeting at the La Canada rideshare point at 8:30 AM, then carpool to our spot. Clean up starts at 9:00 and will continue for 2 -3 hours, after which we will then have a potluck and then a leaders meeting. RSVP to Anne Mullins, 323-522-6640, so she can tell the ranger how many to expect, and then call a day or two ahead to confirm where we are to meet.

January 16, Saturday

O: Bolsa Chica
Christy Varni, Jeff Johnson

The Bolsa Chica is one of the Sierra Club's success stories in helping to protect Southern California's vanishing coastal wetlands from pressures of real estate development. The Reserve is a rare ecosystem where salt water from the ocean and freshwater from the land meet and mix, forming an unusually rich diversity of habitats, including freshwater wetlands, coastal bluff scrub, grasslands, and a eucalyptus stand that provides critical nesting habitat for raptors and herons. Expect to see any

of the 321 species of migratory and permanent resident birds that have been sighted here in the past decade. We will walk approximately 5 miles, zero elev gain/loss. Bring 2 quarts of water, lunch, binoculars, comfortable walking shoes, sunscreen, hat and windbreaker/light jacket. Dogs are not allowed. Rain cancels. Meet at 9 AM in front of the Interpretive Center, 3842 Warner Ave., Huntington Beach. From the 405 or 22 Freeways, take the Bolsa Chica Rd exit south to Warner Ave. Turn right on Warner Ave., and then left into parking lot before PCH.

January 17, Sunday

O: Backbone Trail from Malibu Canyon Road to Kanan Dume Road
Tom Molloy, Alan Schimpff

Join us for hiking 13 miles and 3200' gain on the Santa Monica Mountains Backbone Trail. Weather permitting, we'll have wonderful ocean and mountain views. This hike is quite strenuous in places. Call leader to RSVP. Meet at the Backbone Trailhead on Malibu Cyn. Rd (Las Virgenes) at 7:45 a.m. We'll leave promptly at 8:00 a.m. There is a pay parking area at the trailhead. Directions: Exit 101 in the San Fernando Valley at Las Virgenes Road and drive south, OR drive north from Pacific Coast Hwy. into Malibu Cyn. The trailhead is South of Tapia Park which is approx. halfway thru Malibu Cyn. on the west side of the road. What to bring: Lunch 2 liters of water minimum, 10 essentials, sun screen. See you there!

January 23, Saturday

O: Pool (as in Billiards) night
Nancy Beverly, Ginger Baker

Eight ball in the side pocket! Join us on our first GLS pool hall outing as co-leader and aspiring pool shark Ginger B. offers insider tips (leader Nancy B. has no tips but can offer witty commentary...). RSVP to Nancy before Jan. 22. Cost is \$7.50 per hour, two people per table, \$1 for each additional player. We plan on staying a couple of hours, so bring enough cash to cover your bets, er, time on the table. Meet at 4:30 p.m. at Charles Billiards, 244 N. Brand,

Glendale, 91203, just south of California St. Street parking is available although can be tough to find, so give yourself time to find a spot and bring money for the meters (plus extra \$ if you'd like to join the gang for dinner afterwards).

January 24, Sunday

O: Topanga Canyon: Los Lioness-Trippet Ranch
Anna Baum, Alan Schimpff

13 miles round-trip, strenuous in parts, 1,300 feet elevation gain. After a short, steep, 1.5-mile climb up lovely shaded switchbacks through chaparral (including ceanothus), we'll follow a steep winding fire road that affords stunning coastline vistas and beautiful views of Santa Ynez and Topanga Canyons on either side. We'll pass the turnoff to the Parker Mesa Overlook (hikers may walk out to the Overlook, another half mile), then continue on East Topanga Fire Road another 2.6 miles, mostly level, to Trippet Ranch Visitor Center. We will eat lunch there and return the way we came. Directions: From Hwy 1/Pacific Coast Hwy in Pacific Palisades, turn north on Sunset Boulevard. Drive 0.3 mile and turn left on Los Lioness Drive. Follow Los Lioness Drive to its end in about a half-mile and park in the lot across from a church or on the street. Hike begins at 9 a.m. sharp. Wear sturdy shoes, bring at least two quarts water, 10 essentials, lunch, snacks, sunscreen. Heavy rain cancels.

January 30, Saturday

O: Disc Golf (Frisbee Golf)
Christy Varni, Nancy Beverly

Come out and challenge yourself to a game of disc golf. It doesn't matter if you have never played before or have never heard of it. Meet 9 am at the disc course at El Dorado Park in Long Beach. It is located next to the library. Address: 2800 N Studebaker Rd, Long Beach 90815. You can bring your own disc (you can buy a pack for around \$30) or rent them at the tennis center for around \$2 (the tennis center also sells them for \$12-\$18 a piece). If you buy the disc you will

(Continued next page)

Weekly Griffith Park Conditioning Hikes

What: Every Wednesday night, join us for a moderate (strenuous if you are out of shape) hike to Mt. Hollywood, 5 miles, 1145' gain/loss. This is a great mid-week workout. Lugsoled boots are best for traction, but some hikers wear sneakers. Bring a quart of water, snacks if you like, and a flashlight if not used to hiking in the dark. We have a few tiny breaks on the way up, stop at the top, gawk at the city lights until we get a chill, and then return to our cars by approx. 9:30 PM Dogs are welcome; bring a leash and

extra water. Rain cancels.

When: Every Wednesday, (except holidays) 7 PM sharp, end by 9:30 PM

Where: By the flagpole near the vending machines at the Crystal Springs Griffith Park HQ/Visitors Center, 4730 Crystal Springs Drive, LA. (Note: Mapquest, Google Maps, etc. may be misleading.)

Directions: (1) From I-5 north, exit at Griffith Park exit, 0.25 mi. beyond Los Feliz Bl. Make a right turn at the 3-way stop sign. Proceed 0.6 mi. and turn in the driveway just before the Ranger Station. If you miss the driveway, proceed 0.1 mi, turn right at the stop sign, drive 0.15 mi. to the parking lot. (2) From Los Feliz Bl.,

turn north on Crystal Springs Dr. Proceed 0.5 mi. to the 3-way stop sign, go straight, and then follow (1) above directions to the Ranger Station. (3) From Fwy. 134 East, exit Victory Bl. Turn right at the stop sign, then immediately left onto Zoo Dr. Wind around about 2 miles and turn onto Crystal Springs Dr. south. There may be detours. Proceed approx 1 mi. Turn left at the 4-way stop sign at the Ranger Sta./ Crystal Springs area. Drive 0.15 mi and park. (4) From Fwy. 134 West, keep to your right coming out of Glendale. Exit at Zoo Dr, just past San Fernando Rd. Wind around past the Western Heritage Museum to Crystal Springs Dr. Turn left, and proceed as in (3) above.

Outings and Events

need a driver and a putter disc. There is no course fee and parking is free by the tennis center, other parking lots will cost between \$6-\$8 a day. Please let Christy know if you will be joining us so we will not start without you: cvarni2001@yahoo.com or cell 562 489-4599

January 31, Sunday

O: Bedford Peak

Susan Lucille Campo, Jeff Johnson

Bedford Peak is located in the Santa Ana Mountains, 3800 ft. elevation. Our hike will be 7 mi. RT with 2100 foot gain. It is often hiked in January because this peak is low enough so that the trail is clear while offering a view of 3 major mountain ranges which may be snow covered at this time of year. However, if we have had recent rain there may be a small creek crossing near the start of the hike or it may be dry. Meet at 8:30 am at the end of Silverado Cyn. Road at the gate. If the gate is open, drive 200 yards more to the parking area, need Adventure Pass. Bedford TH is on the left. Please bring water, lunch, lug sole boots and some spare water shoes for possible steam crossing. You MUST call or e-mail Susan with your contact info. prior to this outing so she can keep you abreast of any weather concerns or changes. If you wish to carpool from Pasadena, contact Susan. If you prefer carpooling from Long Beach, contact Jeff.

February

Feb 6, Saturday

O: Wildacre/Fryman & Coldwater Cyns Barbara Edwards, S.K. Chiou

Nestled between Beverly Hills and Studio City is a network of hiking trails through lush canyons and ridges. We will hike 5 miles, 500 ft gain/loss, through shaded forests, stream crossings, sweeping views of the San Fernando Valley, the Verdugos and the San Gabriel Mtns, and finally a yurt village. Yes, yurts!! Bring lunch, water, hat and hiking boots. Dogs on leash welcome. Meet at 9 a.m. for bagels and coffee at the TreePeople headquarters in Coldwater Cyn. Park (not the little park on Beverly Dr.), located on the ridgeline between Beverly Hills and Studio City. The entrance is at the intersection of Coldwater Cyn. Ave., Franklin Cyn. Dr. and Mulholland Dr. (West). 12601 Mulholland Drive, Beverly Hills, CA 90210, (818) 753-4600. Our hike will start promptly at 9:30 AM. Rain cancels.

February 7, Sunday

O: San Jacinto Snowshoe Hike

Kirk Olsen, Dora Olea

Join us for a leisurely snowshoe hike on groomed trails near the Palm Springs Aerial Tramway Mountain Station (elevation 8,516 ft.). Meet at the Valley Station at 10:30 am. Please allow time to park and ride bus. We will purchase our tickets and ride up together.

Limited number of snowshoes/poles available for rent at the top - bring your own or rent them locally to guarantee availability. Once situated we will hike for approximately 3 hours and then eat a warm meal at the Mountain Station cafeteria. Distance and elevation gain will depend on our speed - approx. 3 miles and 500 ft. Ticket, rental, weather and cafeteria information available at www.pstramway.com. Dress appropriately and bring water, snacks, etc.

Feb 12 - Feb 15, Fri – Mon

O: Joshua Tree National Park

Barbara Edwards, Grace Hengst

Join us President's Day weekend at the Black Rock Cyn. campground, elev. 4000', located in the northwest corner of the park, just 5 miles from Yucca Valley. Campsites are dispersed on the hillside at the mouth of the canyon, and surrounded by Joshua trees, junipers, cholla cacti, and desert shrubs. Trailheads to scenic hiking trails in the hills are easily accessible from the campground. They take hikers to ridgelines overlooking the snowy peaks of San Jacinto and San Gorgonio via Eureka Peak, Panorama Loop, and Warren Peak trails. If you get tired of scenic hikes, you can head into town... Yucca Valley offers restaurants, shopping and the Hi-Desert Nature Museum. Flush toilets and water are available at the campground. Expect daytime temperatures in the mid 60s and nighttime temps to dip into the 30s. Dogs permitted in campground, but not on most trails. Cost is \$30 per person for 3 nights camping. A few RV sites (no hook-ups) are available. Please send check and email address to: Barbara Edwards, 1739 S. Sherbourne Dr., L.A. 90035.

February 20, Saturday

O: Navigation Practice

Marie Ammerman, Nancy Beverly

Well, Marie "Naverman" and Nancy "Naverly" are at it again! Here's another opportunity to find out what those squiggly lines on the topo map really mean. Learn how to work a map and compass together. This one is for beginners or anyone wanting to brush up on navigation skills in a relaxed and friendly atmosphere. Meet at 9:00 a.m. at Stough Cyn. Nature Center in Burbank. You'll need to purchase a topo map and bring a compass. Please contact Marie via phone or e-mail for information, sign-up, and for advice if you're going to purchase a compass for the class. Bring snacks, water, lunch. Plan on about 4 hours; early sign-out can be accommodated. There will be a sit-down talk and a practice hike of no more than 4 miles, approx. 1000 feet of gain. Rain cancels; you may phone Marie before 9 a.m. on the day if the weather is "iffy."

February 28, Sunday

O: Escondido Falls

Tom Molloy, Alan Schimpff

Escondido Cyn. holds one of the natural treasures of the Santa Monica Mountains: a shimmering waterfall leaping more than 200

feet over a broken cliff. Streams, oaks, sycamores, willows and monkeyflower adorn the trail. This is a highly rated hike. Going North on PCH, at a point 1.7 miles west of Latigo Cyn. Road and 1.2 miles east of Kanan Dume Road, turn north on Winding Way East and look for a trailhead parking lot on the left. Park here since Winding Way is a private road with no parking. 3.4 miles round trip. 500'/500'. Call leader to RSVP. Meet at 10:30 a.m. at the trailhead. Bring water and lunch.

Future Outings

Mar 5 - Mar 7, Fri – Sun

O: Wind Wolves

Marie Ammerman, Jeff Cuevas

Another chance to enjoy the magic of Wind Wolves Preserve. We're going earlier than ever, in hopes of seeing more wildflowers and catching the sea of grass at its lush greenest. Our focus will be on seeing as much of the diverse wildlife, including tule elk, coyotes, owls, eagles, and more, as possible. We'll have a potluck dinner, hikes, and biking opportunities. Lounging and snoozing are encouraged, too. Please note that as in past years, we must all drive into the campsite at the same time and depart from the campsite at the same time- this is the Preserve's rule, and we cannot be flexible. If you cannot follow this schedule, please do not sign up. Arrival time: 2 p.m. Friday. Departure: 2 p.m. Sunday. To sign up, please contact Marie by e-mail to get a waiver emailed to you. Then, send your signed waiver and your \$20.00 check, made out to GLS, to Mary Conte, 445 1/2 S. Maple Dr. Beverly Hills CA 90212 by January 20, 2010. A waiver (required by the Preserve) is a must in order to go. Mary has agreed to collect these and to maintain the list of participants in order to keep Marie and Jeff from drowning in paperwork. Thanks, Mary! Most of your fee goes to the Preserve as a donation; the rest goes to GLS for any expenses. Please, no dogs, though we do love them.

March 13, Saturday

O: Liberty Canyon Photo Op

Nancy Beverly, TBA

We had such a good time doing this last year, let's do it again. This is a 7-mile loop that starts at the end of Liberty Cyn. and takes us through California Valley Oaks and up some sizable climbs (on a par with Griffith Park's Wed. night hikes). The emphasis this time will be on capturing wildflowers and fabulous views of the rugged mountains of Malibu Creek State Park with our cameras. We'll go at a moderate pace, slow enough for shutterbugs. Bring: two liters of water, lunch, hiking boots, sunscreen and layers for unpredictable March weather. Rain cancels. Directions: From the 101, exit Liberty Cyn. Road in Calabasas and head south, going less than a mile. Park near the end of Liberty Cyn. Road - do not park in the housing

(Continued next page)

Outings and Events

development. Meet at 9 a.m.

March 14, Sunday

Kathy Brizzard Memorial Bench Dedication in Griffith Park

Friends of Kathy plan to meet in the morning in the old zoo parking lot in Griffith Park and walk to the bench being installed in memory of Kathy by the path. Brunch may follow, and a hike in the park. More info in the next issue of Tracks.

March 27, Saturday

O: 1st Backbone and Wildflower Hike Susan Lucille Campo, Diane Ru

The Backbone Trail begins with a hike from Will Rogers State Historic Park to Topanga State Park, 10.5 miles, 1600 ft. gain and 800 ft. loss. A car shuttle will begin at Trippet Ranch in Topanga State Park. Meet in front of the entry kiosk at 8:30 a.m. You can park outside the park along the road, especially if you are going to be part of the voluntary shuttle. Bring some cash for parking fees, water, lunch, lug soles, appropriate clothing. Remember to please call or e-mail Susan with your contact info prior to this hike. Directions: Go south on Topanga Cyn. Blvd. from the 101 Fwy (or go north from Pacific Coast Hwy). Then go EAST up Entrada Rd. to Topanga State Park.

March 28, Sunday

O: Point Dume, Whale Watch, Tide Pool Walk, Giant Coreopsis Extravaganza, Brunch

Tom Molloy, Alan Schimpff

This year, I'm doing this popular event as a conservation fundraiser which includes Brunch at the Paradise Cove Beach Café, please join us in this 4 mile hike to help our club to wage the many battles to preserve our wildlands. This years event coincides with the probable new designation of our entire route as a state marine preserve. We will meet in front of the Sunset Restaurant on Westward Beach Road in Malibu

at 9:00 a.m. We'll hike at low tide along the beach, then ascend Point Dume to take in the annual Giant Coreopsis display (this time during its peak bloom season). From the viewing platform, we'll hopefully also take in the California gray whale migration back to Alaska. From there, we'll descend down the other side by staircase to the Point Dume St. Beach tidepools, to experience the kaleidoscope of marine life. We'll then walk several more coves until we get to the Paradise Cove Beach Cafe where we'll have brunch from the breakfast menu. On our way back from the restaurant, we'll return the way we came, but this time, we'll linger at the tidepools and whale viewing platform, and fully take in the Coreopsis bloom. I hope you can join us for this fundraiser. Reserve your spot by sending a \$45.00 (brunch included in the contribution) check payable to "GLS" to Tom Molloy at P.O. Box 2210 Port Hueneme CA 93044. Checks need to be received by March 25th so restaurant reservations can be made. Rain does not cancel since we will be walking on sand.

March 29, Monday

O: 2nd Backbone and Wildflower Hike Susan Lucille Campo, Diane Ru

This hike is through Dead Horse Cyn. And is only 6 miles, 300 foot loss, 1500 ft. gain. We will set up a shuttle BEFORE the hike begins so please e-mail leader with contact info at least one day prior to this hike. We will meet at Trippet Ranch (same directions as hike on March 27.) We will hike over to the Schureren Rd. saddle. Meet at 9:00 a.m. just outside the kiosk for Topanga State Park.

March 30, Tuesday

O: 3rd Backbone and Wildflower Hike Susan Lucille Campo, Diane Ru

This hike is especially delightful if you like gentle downhill. It is a moderate 7 miles, 200 foot gain and 2400 foot loss. Meet 9:30 a.m. at Tapia Park approximately half way thru Malibu Cyn. on the west side of the road. We will then shuttle up to the Schureren saddle to do the hike one way. Bring lunch, water, lug soles. Be sure

to contact leader prior to showing up.

March 31, Wednesday

O: 4th Backbone and Wildflower Hike Susan Lucille Campo, Diane Ru

This hike is 11 miles total, 1700 feet gain and 200 feet loss, in one direction, with a rather long car shuttle over to Topanga Cyn. Meet at 9:00 a.m. sharp at the Latigo Cyn. parking area. From the 101 Fwy, exit Kanan Dune Rd. and go south 6.7 mi. Turn east on Latigo Cyn. Road and go 3 mi. to the parking area pullout on the left. Or drive up PCH past Malibu Cyn. to Latigo, turn right into dirt lot (before road descends to Kanan)...allow enough time for coming up the windy road. Bring lunch, water, lug soles. Be sure you contact leader with your info. prior to showing up. *Remember*, there will be a good prize for *everyone* who completes all the Backbone Trail hikes with the leaders!

April 1, Thursday

O: 5th Backbone and Wildflower Hike Susan Lucille Campo, Diane Ru

There will be no April Fools or Tom Foolery on this fun hike. And we ain't foolin' when we say this hike is only 7 miles. We will be backtracking on the last half mile of the newest section of the trail to a more convenient shuttle spot. Meet 9:30 am at the Latigo Cyn. parking area described in the above (Mar 31) hike. Bring lunch, water, lug soles. Be sure to contact the leader prior so she knows who is coming.

April 2, Friday

O: 6th Backbone and Wildflower Hike Susan Lucille Campo, Diane Ru

Hey, we are just warming up for the weekend! Make your weekend a bit longer by joining the diehards for this Friday's day hike. We will do 10 miles (with shuttle), 884 feet elev. gain, 3000 feet loss. Meet at 9:00 a.m. at the entry kiosk for Sycamore Cyn. on PCH. We will then drive over to the trailhead at the first parking area on your left after you pass Circle X Ranch at the

(Continued next page)

Backbone Trail and Wildflowers

GLS will be offering the famous Backbone Trail near the end of March and beginning of April in a series of 7 hikes. Back in 1981 Assemblyman Berman sponsored a bill for funding to complete a trail running from Will Rogers State Historic Park to Point Magu State Park, making it the longest trail within a metropolitan area. The vision became a reality with the exception of a few miles that are still being negotiated through the remaining private property. When completed, there will be a full 65 miles for the trail. We started with 32 miles and land acquisition has resulted in 59 miles completed in 2009.

Susan Campo has led the complete Backbone Trail before for GLS back in 2000. Something new is that these 7 hikes will be consecutive (almost) within about a week. Unfortunately this means that you weekend warriors will only be able to attend two of the hikes. However, if you are having days off during the week, or need to de-stress from job-hunting, or if you are retired or if you simply want to hike for a full week, then this is the economical vacation for you. The pace will be moderate and the scenery should be spectacular in our spring wildflower season. We will hike at a steady pace, but will on occasion stop to appreciate the colorful fields of wild blooms.

While the hikes may seem moderate when compared to hikes done at other elevations,

there is still a challenge in doing them consecutively. There will definitely be a nice PRIZE given to every person COMPLETING THE FULL 7 HIKES WITH US. Also it is REQUIRED THAT YOU CALL OR E-MAIL the leader at least one day prior to the hike or hikes which you plan to attend in order to have a shuttle available, and so leader can contact you with more up-to-date and specific info. Rain may cancel or cause an alternate date to be chosen. PLEASE NOTE that you are welcome on one or all of this series of hikes...two of them happen on Saturdays (See list of Outings).



Outings and Events

top of Yerba Buena Rd in Malibu. We can have a "look-see" from Sandstone Peak and follow the Backbone Trail to where it leaves us in Sycamore Cyn. Then we finish hiking on down Sycamore Cyn. to the cars which isn't pure Backbone Trail. But hey, you got to go home sometime and sleep!

April 3, Saturday

O: Backbone and Wildflower Hike Gourmet Finale Susan Lucille Campo, Diane Ru

Come celebrate our spring wildflowers and do this moderate hike, 8 miles with shuttle, 1000 foot gain and loss. Come to the "I Can't Believe I Hiked The Whole Thing Celebration" even if you didn't! The gourmet potluck lunch will be worth it! Bring something delicious (like a special cheese) or other interesting items you can carry on this hike to share for lunch. Everyone bring their own plate and silverware. We will meet at the Ray Miller Trail Head at 9:00 a.m. and shuttle over to the hike's start at Big Sycamore Cyn. Bring water, lug soles and appropriate clothing plus yummy gourmet items. (The Ray Miller T.H. is located up a short road off the Pacific Coast Hwy. and is on the right about 1.5 miles north of Big Sycamore Campground.)

April 4, Sunday

O: Ojai Bike Trip Alan Schimpff, Tom Molloy

This is a moderate 20 mile round-trip via the Ojai Valley bike path (there's a little bit of street riding once we get to town). We will enjoy a very gradual uphill climb to Ojai (750' loss/gain), where we will have brunch before returning to Ventura. Meet at 10:30 a.m. at Foster Park (the 101 to 33 north towards Ojai, exit at Foster Park). Call Tom and Alan to RSVP. Bring appropriate clothing, helmet, bike lock, water, spare inner tube, money for brunch and parking. Note: *Helmets are mandatory*, you won't be allowed to participate without one. Rain cancels. This is a great time of year to do this ride, hope to see you there!

April 10, Saturday

Outdoor Leadership Training Class Angeles Chapter

Outdoor leadership training will be offered at the Eaton Canyon Nature Center in Pasadena. The all-day seminar costs \$25. The application is online at <angeles.sierraclub.org/ltc>. Mail the application and check, payable to Sierra Club, to Steve Botan, LTC Registrar, 18816 Thornwood Circle, Huntington Beach 92646. Applications and checks due March 27.

April 11, Sunday

O: Zuma Cyn Traverse, Mostly Downhill Tom Molloy, Alan Schimpff

Downhill ocean view extravaganza...with car shuttle. We'll do this hike going all downhill,

other than for the first part, which goes through a cool riparian oak forest. This is a unique mostly downhill, mostly ocean view hike, 8.5 mi., approx 600' gain, 2400' loss, 4.5 hrs. We'll go through beautiful oak and riparian terrain at the head of the canyon, and then again when we finish the hike at the mouth of Zuma Cyn. Most of time we'll wind our way down Zuma Ridge viewing panorama after panorama of ocean, island and mountain views, weather permitting. We'll meet at the end of Bonsall Road in Zuma Cyn., and then car shuttle 10 minutes up hill to our starting point. More directions in later issues of Tracks. Call leader to RSVP. Meet at 10:00 a.m. Bring water, lunch, and lug sole hiking shoes, and of course your 10 essentials! RSVP to leaders.

April 18, Sunday

O: Mugu Peak -- La Jolla Valley Tom Molloy, Alan Schimpff

A comprehensive trek through the western quadrant of Pt. Mugu State Park. The hike begins in La Jolla Cyn., then crosses a field to ascend Mugu Peak. The trail then descends into La Jolla Valley, a large grassy meadow, and then joins up with a well graded and scenic trek along the ridge dividing La Jolla Cyn. and Big Sycamore Cyn. Curving down the rounded slopes east of La Jolla Cyn., the trail takes in sweeping views of the Pt. Mugu coastline and the distant Channel Islands. Round-trip: 10 miles, 1950' elevation gain. Bring at least 2 quarts of water, lunch, and the 10 essentials. Call leader to RSVP. Meet at 9:30 a.m. at the parking area for the Ray Miller Trailhead. Drive north on PCH about 35 miles past Santa Monica. Take the first turn off to the right after passing the Big Sycamore Campground and "the great sand dune." Parking fee \$4 per car. Usually free parking can be found on PCH. Call leaders to RSVP. Rain Cancels.

May 1, Saturday

O: Channel Island Day Hike Mike Brostoff, Tom Molloy

For the past two years, over 25 people attended this outing. So we are offering it again this year. We will be taking a ferry to Santa Cruz Island where we will be offering two day hikes: an easy 4 mile hike or a challenging 10 -15 mile+ hike. Both hikes will offer spectacular views (depending on the May Gray). There is no drinking water or food on the island, so pack your pack like a normal outing. After returning to the mainland, we will head over to a nearby Mexican restaurant (optional). This event is being cohosted with Perfect Pace. We will meet at Island Packers, 1691 Spinnaker Drive Ventura Harbor, 93001, (805) 642-1393, at 7:15 a.m. The boat leaves at 8:00 a.m. The ride is an hour and we should return to Ventura Harbor by 6:30 p.m. The cost for the trip is \$55.00. Most of the fee pays for the ferry, the extra will be sent to Sierra Club conservation. We need to purchase our tickets in advance. So please send a check by April 1 made payable to GLS to:

Mike Brostoff, 11220 Moorpark #110, Studio City CA 91602. Please include a note indicating whether you are interested in dinner afterwards, your email address, and the best phone number to reach you. If you don't have email, include a SASE. Bring minimum 2 quart water, lugsole hiking boots, snacks, 10 Essentials. Note: in the rare case that weather may be poor, call 805-642-1393 after 5:30 a.m. on the day of the trip. A recording will indicate if the boat is canceled.

May 8, Saturday

O: All GLS Trail Maintenance Day Anne Mullins, Mike Brostoff

See the announcement for the January 9th trail maintenance day. By May, we may be back in our regular area at The Pines Day Use Area on the Angeles Forest Hwy, or we may again be going to some new and unexpected location! More info in later issues of Tracks and in the weekly announcements.

May 15 - 16, Sat - Sun

O: Long Beach Pride

We will once again have a table at Long Beach Pride. Plan to come staff the table, GLS pays your entrance fee to the festival. Details in later issues of Tracks.

May 23, Sunday

O: Matilija Canyon Tom Molloy, Alan Schimpff

Highlights views of mountains, wonderful cascades and pools along stream. Distance: 6 miles round trip with only 600 feet elevation gain. Approx. time 3 hrs. Difficulty: Moderate. Some tricky stream crossings, A few areas with overgrown brush. The destination of this hike is a spectacular section of Matilija Creek that flows over unusual rock slabs. The last 1/2 mile of the trail follows beautiful cascades and pools of clear water. Trailhead: Because Adventure Passes are needed, we'll carpool to the trailhead from near Ojai at Foster Park. Meet at Foster Park at 10:00 a.m. Foster Park is at 438 Casitas Vista Road, Ventura County right off of Hwy 33 as you exit at Casitas Vista Rd. Bring good hiking boots, lunch and at least 2 quarts of water and the 10 Essentials. Bring Adventure Passes if you have them. If we don't have enough passes, we'll buy them on way to trailhead. Bring swimsuits for if we find the right swimming hole. RSVP to leaders required!!!

May 28 - May 31, Fri - Mon

O: Big Bear Lake Barbara Edwards, Heather Sargeant

Enjoy 3 days of lakeside camping at the Serrano Campground. Details to follow.

June 20, Sunday

O: Big Sycamore Trail & Wood Cyn Bike Loop Tom Molloy, Alan Schimpff

Mountain Bike Ride. Join us for a 14 mile loop of some easy flats, some steep climbing (on

(Continued next page)

Outings and Events

pavement), some technical dips in the dirt, some speedy downhill. Meet at 9 a.m. at the Big Sycamore Cyn. parking lot. Take Pacific Coast Hwy 32 miles northwest of Santa Monica, cross the Ventura Co. line, then look for the "Big Sycamore Cyn. Campground 800 feet" sign, and finally the "Pt. Mugu State Park" sign. Park here (there is a parking fee; some free parking available on PCH; more paid parking available on the beach side). Bring mountain bike, helmet (you will not be allowed to ride with the group without one), water, and a spare inner tube. This is an intermediate ride – not for complete novices. The ride should take about 2.5 hours (1200' of gain). Feel free to join us for a picnic lunch and optional boogie boarding, or relaxing at the beach afterwards. RSVP to leaders.

July 1 - 5, Thu - Mon

O: Bishop Carcamp

Laura Rainey, Karen Lovett

Come celebrate Independence Day weekend with us in the eastern Sierra! Bishop Park Group is located 15 miles west of the town of Bishop, California. This campground is adjacent to Bishop Creek. Facilities provided include flush toilets, picnic tables, and fire rings. Popular activities include horseback riding, wildlife viewing, hiking, and fishing in a stocked trout stream. The campground is located near John Muir Wilderness trailheads and is on the road to Lake Sabrina, just before North Lake Campground. Variety of activities, depending on people's interests. Tent camping only. Sorry, no RV camping in parking lot. Maximum of 25 people on this group site. Room for only 8 vehicles on this group site. This site is not suitable for RVs or trailers. If you have an RV and still want to hang with us during the day, maybe we can work something out. Caution: Bears are frequent in this area. All food must be kept in approved containers. Two bear proof storage lockers are located on site. There will be a potluck Friday night, and we'll provide food for lunches and Saturday night dinner. We'll also provide firewood. Cost for trip \$50. Please make check payable to "GLS" and mail to Laura Rainey at 2408 East 1st St., Long Beach, CA, 90803. Forest Service info: <<http://www.fs.fed.us/r5/inyo/recreation/camping/bishop-park-group.shtml>>.

July 11, Sunday

O: Sandstone Pk via Mishe Mokwa Loop

Tom Molloy, Alan Schimpff

6 miles RT, 1400 ft altitude gain/loss, approximately 4 hours hiking. This moderately paced hike takes us on a lovely loop through a shady canyon and past stunning sandstone rock formations then on to the highest peak Mt. Allen (3,111) in the Santa Monicas. Great views of the ocean, and a breezy cool location for the late summer. The middle part of this hike is shaded, but the rest of it is exposed so please bring plenty of water (3 liters at least),

sunscreen, hat, snacks/lunch. Dogs on leash are welcome. Remember to bring extra water for them too! Rain cancels. Please RSVP. Meet at Sandstone Peak Trailhead parking lot at 9 AM. Directions in later issues of Tracks.

July 25, Sunday

O: Corral Canyon

Tom Molloy, Alan Schimpff

Corral Cyn. easy hike, fish lunch, and optional afternoon on the beach. We'll meet at the corral canyon trailhead at 10:00 am. The trailhead is next to Malibu Seafood (the restaurant with the lobster picture out front), between Kanan Dume and Malibu Cyn. road on Pacific Coast Hwy. We'll do this easy 2.5 mile ocean view loop trail with about 800 feet gain, looping up the ridge down to follow the creek with riparian trees and vegetation and ending at a salt marsh where we started. We'll have lunch at Malibu Seafood (bring cash), and then have an optional afternoon on the beach right across the street at Dan Blocker State Beach. Bring the 10 Essentials, lug soles shoes, cash and any toys you want for the beach.

Aug 12 - Aug 16, Thu - Mon

O: Sequoia Car Camp

Christy Varni, TBA

More info in later issues of Tracks.

August 22, Sunday

O: A Day At the Beach

Tom Molloy, Alan Schimpff

Come join us at Zuma Beach for the day. Optional activities will include volleyball, a walk to Point Dume, a walk to view tidepools at low tide at Little Dume Beach, a hike in Zuma Cyn., playing cards, boogie boarding, body surfing, ocean swimming. Optional lunch at Spruzzo's Restaurant about a five minute walk away, or bring your own. Bring all of your beach toys, umbrellas, chairs, drinks, coolers, games etc. Low tide is at 5:00 PM. So we'll probably do the optional tidepools towards late afternoon. We'll play most things "by ear", a largely unstructured day, so if you can arrive late. Further info in next issues of Tracks.

September 25, Saturday

O: All GLS Trail Maintenance Day

Anne Mullins, Mike Brostoff

More info in upcoming issues of Tracks.



Outside Events

The following are privately sponsored and administered trips, or are not being led by rated Angeles Chapter leaders. Sierra Club and/or Angeles Chapter takes no responsibility and makes no representations or warranties about the quality, safety, supervision or management of these trips. They are published here as a reader service because they may be of interest to recipients of this publication.

2/27/2010

Indoor Rock Climbing

Learn how to climb in an indoor rock gym. We will have a 2 hour instructional lesson and then we can stay all day and practice what we learned. Meet at 9:45 a.m. at The Rock Gym, 2599 East Willow, Signal Hill 90755. The cost is \$37 but if we have more than 5 people the cost will be \$30 per person (this includes all rental equipment). Let me know as soon as possible if you are going to come or think you would like to join us so I can let them know how many people will be showing up. cvarni2001@yahoo.com or 562 489-4599.

3/5/2010 - 3/8/2010

Death Valley Camping Trip

Loma Prieta GLS

Join Loma Prieta GLS for our thirteenth annual Death Valley Campout. We have reserved a group campsite at Furnace Creek and can accommodate up to 25 campers. Death Valley offers countless opportunities for exploration and adventure. Hike Golden Cyn., climb a peak, explore old mining sites, take a starlight stroll through the dunes or just hang out at the pool. We plan to offer a variety of hikes from easy to strenuous. The cost for three nights of camping is just \$30. Carpooling is strongly encouraged. Members of all GLS chapters are invited to join us. Certified hike leaders from any GLS chapter are welcome to lead or co-lead hikes. Sign up with Tina Schiffman, <bschiffy@yahoo.com>

7/16/2010 - 7/18/2010

Whitewater Rafting

This is going to be an awesome rafting season due to the large snow pack in the Sierras. Learn to whitewater raft on the South Fork of the American River. We'll be camping at Mariah Wilderness Campground on the American River. For those who are a little more adventurous, I will try to get one raft on Sat. to travel down the Middle Fork of the American River and then on Sunday that raft will join the others on the South Fork. All meals are provided and cooked by the guides, who will include all three meals on Saturday and breakfast and lunch on Sunday. You can come up on Fri. evening and camp for free. This trip is tentatively scheduled for July 16-18 2010; it can possibly be moved to June 18-20. If you would be interested please email me ASAP (by the end of Jan) so I can set the date and make the deposit. Email cvarni2001@yahoo.com, or cell 562-489-4599.

January and February 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DEC 27	28	29	30 Griffith Park Grace, Jeff C.	31 <small>full moon</small> Death Valley Christy, Grace <i>through Sunday</i>	JAN 1	2
3 <i>Death Valley end</i>	4	5	6 Griffith Park Dora, Jeff C.	7	8	9 Trail Maintenance Day Anne, Mike
10	11	12	13 Griffith Park Amanda, Ginger	14	15	16 Bolsa Chica Christy, Jeff J.
17 Backbone Trail from Malibu Cyn Tom, Alan	18	19	20 Griffith Park Amanda, Grace	21	22	23 Billiards in Glendale Nancy, Ginger
24 Topanga Cyn, Los Liones - Trippet Ranch Anna, Alan	25	26	27 Griffith Park Jeff C., Dora	28	29 <small>full moon</small>	30 Disc (Frisbee) Golf Christy, Nancy
31 Bedford Peak Susan, Jeff J.	FEB 1	2	3 Griffith Park Amanda, Eva	4	5	6 Wildacre/Fryman and Coldwater Cyns Barb, SK
7 San Jacinto Snowshoe Hike Kirk, Dora	8	9	10 Griffith Park Amanda, Ginger	11	12 Joshua Tree, Black Rock Cyn Campground Barb, Grace <i>through Sunday</i>	13
14 <i>end Joshua Tree</i>	15	16	17 Griffith Park Dora, Jeff C.	18	19	20 Navigation Practice Marie, Nancy
21	22	23	24 Griffith Park Dora, Grace	25	26	27
28 <small>full moon</small> Escondido Falls Tom, Alan					MAR 5 Wind Wolves Marie, Jeff C. <i>through Sunday</i>	

GLS Leader Contact Information

Please call after 9 AM and before 9 PM

Alan Schimpff	310-589-9125	alanschimpff@netscape.net
Amanda Smith	323-646-0771	queenpin@earthlink.net
Anna Baum	310-990-0610	ambaum@dslextreme.com
Anne Mullins	323-522-6640	hike2thepeak@gmail.com
Asher Waxman	323-876-2889	amuirman@yahoo.com
Barbara Edwards	310-839-0593	greyhound@sbcglobal.net
Beth Epstein	562-439-0646	b.epstein@verizon.net
Christy Varni	562-489-4599	cvarni2001@yahoo.com
Dawn Wilson		wilson-dawn@comcast.net
Diane Ru	626-578-1909	
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GLS Outings Volunteers

Mike Brostoff, Outings Schedule

Contact Mike about scheduling outings, to check for available dates, and to submit writeups

Dawn Wilson, Outings Liaison to Angeles Chapter

Contact Dawn about questions of leadership requirements and Sierra Club Outings Policy. Dawn is the primary person to read the communications from the Angeles Chapter regarding outings and inform the rest of the leaders.

Laura Rainey, Weekly Reminder

Laura sends out the weekly email announcing upcoming events. If an event needs to be altered or canceled after publication, e-mail Laura and cc Mike.

Dave Benson, Outings

Submission to Angeles Chapter
Outings to be published in the Angeles Chapter Schedule must adhere to Chapter formatting guidelines. Mike B. forwards outings for the chapter schedule to Dave, who ensures that they meet these guidelines before sending them to the Chapter.

Anne Mullins, Trail Maintenance/Leader Meetings

Three times a year, we volunteer for trail maintenance for one of the local parks. Afterward, we hold a potluck followed by a leaders meeting. Anne coordinates the trail maintenance work and the potluck. Mike facilitates the leaders meeting.

Important Outing Information

Waiver

To participate in a Sierra Club outing, you must sign a liability waiver. If you would like to read a copy of the waiver before the outing, go to: <http://www.sierraclub.org/outings/chapter/forms/>, or call 415-977-5630.

Rating Codes

These codes indicate the technical difficulty, not the strenuousness.

O Applies to uncomplicated outings such as hikes on trails or the equivalent (with minimal navigation skills).

I Includes outings that involve cross-country travel where navigation is necessary. Rougher ground than "O" outings may be traversed, and use of hands for balance may be necessary. Climbing level: 2nd class terrain.

C Events under external control of a non-Sierra Club entity, (i.e. ranger, guide, concessionaire).

Outing Reservations

Reservation fees of from \$5-\$15 are refunded only when you show up and if they aren't needed to offset costs.

Cancellation policy on more expensive trips is as follows: Cancellation within 30 days, no refund without replacement. If your spot is filled, 90% will be refunded. This policy is in effect unless the leader states otherwise in writing. Always send two SASEs, contact and drive/ carpool information. Make checks payable to "GLS".

Dogs

For most people, the presence of a well-behaved dog can be entertaining, or at worst a mild annoyance. However, this is not true for everyone. Some people

suffer from various levels of fear of dogs. Because of this, and the potential intrusion on wildlife, the Sierra Club policy is that dogs are not allowed on Club outings unless the write-up states DOGS OK. Make sure you bring adequate food, water, a bowl, and a long leash.

Seller of Travel Notice

CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

Adventure Pass

National Forests in Southern California (Los Padres, San Gabriel, San Bernardino, and Cleveland) require parked cars to display an Adventure Pass. The pass is available from ranger stations, sporting goods stores, and other local merchants and costs \$5 per day or \$30 per year. Plan on getting it before your outing, as most outlets do not open early. Many

Sierra Club members dispute this user fee and protest it by not buying a pass, possibly incurring a ticket. The choice is yours.

Carpooling

To facilitate the travel logistics for outings, participants often make carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride-sharing, or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

Rideshare Points

Directions to all rideshare/ carpool points in the Angeles Chapter Schedule of Activities or at: <http://angeles.sierraclub.org/pvsb/pages/rideshare.html>

La Canada Rideshare Point

Exit 210 at Rte 2 / Angeles Crest Hwy. Go N 1/4 mi on Rte 2, park at curb on right, on long uphill.

TRACKS

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P.O. BOX 1300

SOUTH PASADENA, CA 91031-1300

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Subscribe to TRACKS, the GLS newsletter, and find out about all the GLS outings and events every month. You do not need to be a Sierra Club member to subscribe.

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P.O. Box 1300

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Contributions, gifts and dues to the Sierra Club are not tax-deductible; they support our effective citizen-based advocacy and lobbying efforts. Of your dues, \$7.50 goes for a subscription to *Sierra* magazine, and \$1 for your chapter newsletter.

Name: _____

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City, State, Zip _____

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Contributing	\$150	\$175	Boulder, CO 80322
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Senior	\$24	\$32	
Student	\$24	\$32	
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