

# TRACKS



May/June 2010

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On the web: <http://angeles.sierraclub.org/gls/>

## Liberty Canyon Wildflower Hike

By Jeff Johnson, story and photos

Nancy led us on her well-scouted Liberty Canyon hike on March 13. She did the same hike last year and found such good spring wildflowers that she wanted to do it again this year, but this time as a



more photographically-paced hike.

We started out with a group of more than a dozen GLS hikers on the Phantom Trail at the end of the Liberty Cyn. Road in Agoura Hills. Almost as soon as we left suburbia and were climbing up through the oak trees toward a ridge, we passed one of the most interesting flowers of the day, chocolate lilies (*Fritillaria biflora*, page 4). I had heard about them for years but had never seen them.

We also very soon had our first encounters with two other ubiquitous plants. If you hike in the LA-area mountains, you are familiar with poison oak and its “leaves of three” foliage (*Toxicodendron diversilobum*, page 3). Before the foliage emerges, you see only the bare and innocent-looking twigs. But brushing those twigs may have the same itchy effect as brushing the foliage. We pointed out the poison oak plants to hikers who didn’t recognize them and also noted the mugwort (*Artemisia douglasiana*), said to soothe the itchiness of poison oak. Mugwort and poison oak often grow next to each other because they like the same growing conditions.

(Continued on page 5)

## Antelope Valley Poppy Preserve

By Nancy Beverly, story and photos

The poppies were plentiful — and so were the GLS hikers on Saturday, April 17. Barb E. and S.K. led over two dozen happy hikers and a lot of smiling shutter

(Continued on page 4)



## Wildflowers Abound!

If you are a hiker in southern California, you know that 2010 has been very good for wildflowers so far. From Anza Borrego to the Antelope Valley to

Malibu to Orange County, there seem to be more things extravagantly in bloom than seen in recent years. And GLS hikers have been out enjoying them, and taking pictures, some of which appear in this issue of Tracks. Susan Campo has provided

some commentary on some of the flowers seen on recent GLS hikes.

And plenty of other flowers will be blooming on later trips to Santa Cruz Island and the San Bernardinios and Bishop Creek in the Sierra Nevada!

GLS Info .....	2, 3
Trip Reports .....	2, 4, 5
Conservation Notes.....	6
Outings & Events.....	6-9
Calendar .....	10
GLS Leader Contact Info	11
Important Outing Info .....	11



These sunflowers are anything but common! Remember that the Common Sunflower has a dark center and often grows in even drier spots. This beautiful Canyon Sunflower always has a yellow matching center and such luscious, big, heart-shaped leaves.

Yellow peas? Most of the wild varieties in various colors are deadly, so don't look for a meal here.

Read Susan Campo's flower notes in this issue of Tracks.

# Message from the Chair

Welcome to Humble Pie Corner. After asking leaders in the previous issue of Tracks to follow state park policy regarding dogs, I forgot to include the “dogs are not allowed in State

Parks” caveat in my *own* write-up for Liberty Canyon/Malibu Creek State Park. Sure enough, someone showed up with a couple of doggies. Compounding that, I didn’t include in the write-up the possibility of poison oak on the hike, although I did announce it at the trail head. The doggies and

owner started to do the first part of hike (that wasn’t in the state park), but the poison oak was right at dog level and the owner thought it best that she and her pups turn back. I apologized to her in person and then in writing after the hike. Moral of the story? If you’re a leader, apologize when needed and

learn from your goof-ups. If you’re a participant, offer constructive comments if you see a need arising, while realizing that leaders are human and sometimes fallible. On any given day, most of us are doing the best we can. Now, pass me the fork.

*Nancy Beverly*

# If You’re a Leader...

*By Nancy Beverly*

## Storage of Forms

All signed liability waivers and acknowledgement of risk forms must be kept on file. The paper version of the form must be maintained; a scanned image is not sufficient. The recommended retention period is 6.5 years. Our Outings Chair Mike Brostoff is willing to store them if you, the leader, decide you would prefer not to store them yourself. For restricted outings (challenge course, watercraft, international, mountaineering, youth-oriented), waivers must be sent to the Sierra Club Outings Department.

## Trip Guidelines & Expense Sheets

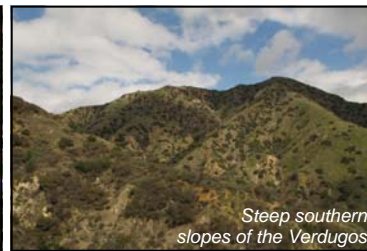
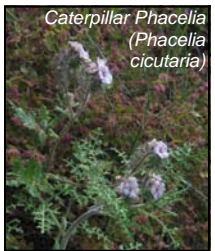
The GLS management committee has compiled easy-to-read trip guidelines and will soon be sending the document out via email. Please go over them and send any questions to Nancy Beverly. We will address the questions by answering in a group email to all leaders. Also, be sure to request the new expense sheet from Treasurer S.K. Chiou if you’re leading a trip. It will make keeping track of and reporting expenses and monies taken in much easier for all concerned.

## Give Back to GLS

Love our organization? Want to contribute in a fun way? Consider volunteering at Long Beach Gay Pride May

15<sup>th</sup> or 16<sup>th</sup>. We’ll pay both your entry and parking fees. All you have to do give us a little time out of your weekend (3 – 4 hours is average) to answer easy questions at our booth and hand out free copies of an abbreviated Tracks schedule. Then you’re free to enjoy the rest of the festival. Contact Jeff Johnson to let him know when you would like to work.

Additionally, do you hike on Wednesday nights with us? Consider becoming a leader – with injuries and busy schedules taking their toll, the Griffith Park weekly Wednesday night hike could use a few more leaders. April 10<sup>th</sup> was the most recent leadership training, but the next one, on October 2, will be here before you know it! Thanks in advance!



<h2>Information about GLS</h2> <p><b>General questions about GLS</b>, call Grace at 323-227-6444 or Mike at 818-763-5799</p> <p><b>Questions about a specific event</b>, please call the leaders listed in the schedule. Contact info is inside the back page.</p> <p><b>Sign up for the FREE GLS email list</b>, with a weekly email digest of GLS events, go to: &lt;<a href="http://angeles.sierraclub.org/news/MailingLists.asp">http://angeles.sierraclub.org/news/MailingLists.asp</a>&gt;. Your email address remains confidential and is not displayed to others.</p>		<h2>Next GLS Management Comm. Meeting</h2> <p>The next GLS management committee meeting is scheduled for <b>Thursday, June 24, 7 PM</b>, Committee members will meet by conference call.</p> <p>GLS management committee meetings are (usually) held about every two months, on weeknight evenings. All GLS members are welcome to attend.</p> <p>You may call one of the committee members to confirm meeting time or to ask about the agenda. Contact a committee member for the conference call number.</p>	
<h3>GLS Mission</h3> <p>The Gay &amp; Lesbian Sierrans Section of the Angeles Chapter fosters the purposes of the Sierra Club by making available a wide range of events for gays, lesbians, and their friends. These activities include conservation, education, hikes, bike rides, beach walks, car camps, boat trips, social gatherings and fundraising.</p>	<h3>GLS Newsletter</h3> <p>The GLS newsletter, TRACKS, is published six times a year. Annual subscriptions are \$15 for issues sent by US mail, \$10 for issues sent in PDF format by email, \$25 for both. Three year subscriptions are, respectively, \$35, \$20, and \$55. Send subscription requests and related membership correspondence to: GLS, P.O. Box 1300, South Pasadena CA, 91031-1300.</p>	<h3>Mgmt. Committee</h3> <p><b>Nancy Beverly</b>, Chair <b>Barbara Edwards</b>, Co-Chair <b>S.K. Chiou</b>, Treasurer <b>Jeff Johnson</b>, Secretary <b>Christy Varni</b>, Member at Large</p>	<h3>Other GLS Volunteers</h3> <p><b>Membership</b>, Jeff Cuevas <b>Conservation</b>, Tom Molloy <b>Webmaster</b>, Alan Schimpff <b>TRACKS Editor</b>, Jeff Johnson ..... <b>Our outing volunteers are listed on page 11.</b></p>

## GLS Management Committee Meeting, Mar. 3, 2010

On the phone: Nancy Beverly, Barbara Edwards, SK Chiou, Christy Varni, Jeff Johnson, Dawn Wilson.

The treasury handover from Karen to SK is mostly complete, the archives have not been transferred yet, but SK can now write GLS checks. The bank is unexpectedly charging us a bunch of fees. SK will try to resolve that.

SK has given to Tom a check for \$400 dollars, raised by the 2009 Channel Islands trip, to donate to the Sierra Club for conservation purposes.

We discussed what size donation to the Angeles Chapter would be appropriate for us, considering our expected annual expenses and current account balances. We decided to give \$2000 this spring. The earlier proposal of a gift to the State Park Foundation from the profit of the 2008-9 Grand Canyon trip was revisited.

We discussed Sierra Club guidelines suggesting that we should not, in current financial circumstances, give money to groups outside of the Sierra Club. Dawn volunteered to contact the Chapter office to get official guidance about donations, and

the best way to donate to the Chapter, and where the money would likely be spent.

We discussed SK's draft version of a form for expense reports. SK is planning to revise.

Nancy is dealing with the forms to be filled out for Long Beach Pride, including getting the insurance letter from the national office. We discussed marching in other parades, which GLS has done in the past, and the relative costs and benefits of participating in other events beside Long Beach Pride. We discussed making more picture banners to hang at the booth, to substitute for the well-aged posters we have used for the past several years. Jeff will work on that, expecting a budget of about \$250.

Nancy got a good article about GLS in the Lesbian News, with color pictures from the recent snowshoe outing. Some flyers with current outings were left at gay and lesbian centers in Los Angeles and Long Beach.

Nancy reported back about results from the test survey on Survey Monkey. We discussed possibilities for using surveys to come up with info

that we can use to pursue specific goals. Put off any decision until after Long Beach Pride.

We discussed the draft guidelines for trips and for handling trip finances that had been circulated. We discussed current Sierra Club guidelines that make restrictions on what we can collect relative to actual trip expenses, and the different guidelines for fundraising trips and non-fundraising trips. We referred to guidelines for outing finances found on the Sierra Club website, and decided we need to review these sources better before we publish guidelines for GLS leaders.

We discussed preparing some words to say about Kathy at the chapter awards banquet on May 2. Nancy will approach Mary to do that.

Nancy had only a few "top three tips for leaders" submitted.

There was a question about what exactly leaders are supposed to do with the waivers/sign-in sheet after their outings. Dawn was asked to get the official and current advice on this.

Next meeting on April 22, 7pm, weeks earlier than normal, so we can meet again before Long Beach Pride.

*Jeff Johnson, Secretary*

## GLS Management Committee Meeting, Apr. 22, 2010

On the phone: Nancy Beverly, Barbara Edwards, SK Chiou, Christy Varni, Jeff Johnson.

Papers for our booth at Long Beach Pride have been completed and sent in. Jeff is coordinating volunteers. It was suggested to have cash on hand during the festival to reimburse peoples' expenses on site rather than having to send checks later. We discussed plans for banners for the festival booth. Jeff is still looking for *really* good pictures, but has found a good banner maker whose price that will fit in the \$250 budget.

The \$2000 donation to the Angeles Chapter has been sent. Also, Susan says, via Barb, that it would be fine to donate \$200 (out of the profit from Susan's 2008-9 Grand Canyon trip) to the chapter instead of to other possible recipients we discussed in the past. We decided to wait to make that donation until after the Santa Cruz Island trip

this May, then make one consolidated gift.

We discussed a draft of a financial-guidelines-to-leaders document, which Dawn had prepared with input from others. We went over issues to do with trips that make a profit, how to manage them according to Sierra Club rules, and how to present these issues to GLS leaders. We referred to Sierra Club guidelines published on the Angeles Chapter website. We noted that we should encourage leaders to ask questions if unsure, and we should put questions to the chapter office if unsure. When Dawn has made the last changes to this draft document, she will submit it to the chapter for input.

We also discussed the latest revision of SK's new form for submitting outing expenses to the Treasurer. There were a couple small suggestions for changes.

We discussed our attendance at the chapter awards banquet, and who we should encourage to attend.

Nancy had done some research about saving waivers/sign-in sheets after outings are safely concluded. Leaders should save them. Mike is willing to hold onto them for leaders who do not want to.

Nancy has succeeded in getting more GLS info and pictures into the Lesbian News — color pictures! Some discussion ensued about flyers to distribute at gay and lesbian centers and at Long Beach Pride.

We discussed some other things we might mention in Tracks, such as the Long Beach AIDS Walk, or new restrictions for hikers in Yosemite.

SK reported that the unexpected fees on our bank accounts had finally been removed and credited back.

Next meeting scheduled Thurs., June 24, 7pm.

*Jeff Johnson, Secretary*

*A. Whenever I see this Fuchsia-Gooseberry bush, I think why don't I come back in the fall and get some berries for jam? Then I remember it is better to leave them to the birds. Anyway, the fruit is quite small and very prickly. There are 3 sharp thorns at the nodes of the stem, look out!*

*B. Deer seem to think that all Mt. Mahogany bushes are irresistibly delicious. I like to see and feel them in the fall when the seeds open and reveal a 2 or 3 inch long, spiral plume. You will see 4 plumes that look like soft feathers replacing the very small flowers. Can you resist touching them as you pass along a trail?*

*C. Every hiker needs to identify Poison Oak even if you have no interest in Botany. The itch has been known to cause sleepless nights, maybe even insanity. It blisters for 2 weeks unless you wash your exposed skin with strong soap very quickly after exposure. Calamine doesn't help, but a very hot bath can numb your nerves*

*for 20 minutes before it starts itching again!*

*D. Big Pod Ceanothus usually have a lillac like white flower, but they are more easily identified by their pods. These pods will ripen in summer and explode and are audible to any passing hiker. They send out seeds by the millions.*

*E. This plant draws a smile to every spring hiker's face! Who doesn't love the Sticky Monkey Flower (also Bush Monkey)? Feel the leaves, you'll see where it got its name. Unlike the Yellow Monkey flower (another species), here the flowers always grow in pairs. Monkey see and Monkey do!*





Poppies as far as the eye can see (*Eschscholzia californica*)



Owl's clover (*Castilleja exserta*) and goldfields (*Lasthenia burkei*)

## Poppy Preserve

(Cont. from page 1)

cup, fiddlenecks, blue dicks, owl's clover and bugs on two loops at the Antelope Valley Poppy Preserve at the height of the blooming bonanza. We were rewarded with acre after acre of California poppies, goldfields, cream

cup, fiddlenecks, blue dicks, owl's clover and lupine. A volunteer at the nature center said that 2008 was an even better year for the flowers — but no one in our group was disappointed in the current crop.



Consulting the flower guide.



Cream cups (*Platystemon californicus*)

A. I remember the first time I found a Star Lily, or *Zygadenia*, on a hill in Malibu. The stem was so full, a "compound flower" of many smaller light-green flowers, and that plant was an

unbelievable four feet tall. Go ahead, use the macro lens of your eye and just stare into one.

B. **DON'T EAT THIS ONE.** The Chocolate Lily is only

found in a few locations in the Santa Monica Mts. See it; protect it!

C. What a wonderful collection of Crimson Pitcher Sage! These plants can grow

from 1 to 2.5 feet high.

D. Fern leaf Phacelia: Note the stout, hairy stems and the leaf is distinctive as well compared with our other Phacelias.

E. Purple Nightshade was part of the early pharmacy...it contains a drug that can start the heart beating. Those with healthy hearts can get joy from just the sight of it.



A



B



C



D



E



## More Wildflowers!

One highly anticipated GLS event this spring was the series of hikes that Susan had planned meticulously to cover the length of the Backbone Trail in the Santa Monicas. Although Susan sadly couldn't

make the hikes herself, a number of other hikers came out to see the flowers and the ocean views. Some, like Grace above, even stopped to smell the roses along the way.

Another outing that did not quite come off as planned was the return to Wind Wolves Preserve in Kern County, below.

The threat of bad weather delayed the trip a week, but when we got there, the flowers were in absolutely peak bloom and the grass was green and growing.

Starting early, had a great walk up the canyon, up the hill to the pond and back, seeing few hikers until the end of the day.



## Liberty Canyon

(Continued from page 1)

The Phantom Trail follows a ridge and leads eventually down to Mulholland Drive and the Cistern Trail, heading into Malibu Creek State Park. Along the way we saw many of the spring flowers we all recognize, or think we do. Everyone recognizes California poppies (page 6), and we saw many along the way. We also saw various kinds of lupine, some bushy and some low, some pink and some purple. We saw the

first *Ceanothus* in bloom on the hillsides. We saw blue nightshade, which may have been the native *Solanum xanti* (page 3). Or maybe not. We saw red paintbrush, of the notoriously confusing genus *Castilleja*. (below, and page 6). We saw wishbone bush, with its many little pink flowers. We saw *Phacelia*... maybe, we weren't really sure... and Susan wasn't there to tell us.

From Malibu Creek State Park, the group reached the Grasslands Trail to connect to the Liberty Canyon Trail, by which the group returned to the cars.

March 13 is just the beginning of the spring wildflower season in the local mountains. We saw the straplike leaves of the *Calochortus*, and the segmented leaves of the larkspur (*Delphinium*), but no stems or buds on either of them yet. We saw the slightly prickly California rose bushes (*Rosa californica*, above), but only the smallest buds on the stems. We saw California buckwheat (*Eriogonum fasciculatum*), but without its dense heads of little pink flowers. So there's plenty more to see before the summer.

A. Coast Paintbrush....leaves feel rough to the touch, but the flower always pleases.

usually is found in moist places (compared with the Coastal Paintbrush). It stands up tall, even up to 4 feet.

C. You can find this common Prickly Phlox blooming from January to May. The prickly part is the small needle shaped leaves.

D. Lupine is a common beauty. To be more specific between Bush or Broad-leaf species, we need to see that 5 fingered compound leaf.

E. Summer Lupine...what a gem! Deep blue and the palmately compound leaves have 7-9 fingers each. that is a handful!



# Conservation Notes

By Tom Molloy

## New Zealand Mud Snail

We've been reading about it, and warned about spreading it for years, and now it's right upon us.

Despite about 400 warning signs being posted at trailheads and access points throughout the Santa Monica Mountains, the New Zealand mud snail has spread to most of the Santa Monica Mountain watersheds and to many other watersheds in southern California.

Typically spread by humans on wet boots, waders and gear, New Zealand mud snails reproduce by cloning. A single snail is capable of producing a colony of 40 million in the course of a single year. In large numbers, these algae-eating snails can completely cover a streambed and wreak havoc on local stream ecosystems, causing devastating impacts on local fish and amphibians. There is no known way to eradicate the snail.

*Trailhead warning signs describe some simple steps to prevent the spread of mud snails, including:*

- Do not transfer anything wet from stream to stream.
- Dry your belongings completely, and remove all mud and debris.

## Take Action to Preserve the Santa Clara River

The Santa Clara River is the last mostly wild river in Los Angeles County.

The Newhall Land Company is once again attempting to build 21,000 housing units on the river. The river is a wildlife corridor for bears, mountain lions and other animals, as well as hosting many other flora and fauna, including endangered species. Write to your County Supervisor at: 500 W. Temple St., LA,

90012, and cc the Regional Planning Dept. at 320 W. Temple St., LA, 90012. Ask them to withdraw this EIR until the review for the Santa Clara River alteration permit is complete, or extend the review period until after the river alteration permit is complete. Ensure the proposed project is in compliance with SB375.

Find your supervisor at : <http://bos.co.la.ca.us/>

## Help Preserve and Complete the Backbone Trail

Those of you who have completed the Santa Monica Mountains Backbone Trail may have noticed sections not yet completed, and also surveying poles for future homes along the trail. That is because much of the land on and near the trail is privately owned and ripe for urban development. Fortunately, local Congressman Brad Sherman has made a request that \$6 million be included in the Interior budget for 2011 to buy 29 available land parcels otherwise subject to development. This is a last ditch opportunity to acquire these tracts at fire sale prices before they get developed.

Please contact the House Appropriation Subcommittee and the House Budget Committee supporting Brad Sherman's request, contact information below, with a copy to local Senators and Congressmen.

House Appropriations Committee  
<http://appropriations.house.gov/>  
Staff Director, Beverly Pheto  
Room H 218, The Capitol  
Washington D.C. 20515

House Budget Committee  
<http://budget.house.gov/>  
Committee on the Budget  
Democratic Staff  
U.S. House of Representatives  
Room 207, Cannon House Office Bldg.  
Washington, DC 20515-6065

Phone: (202) 226-7200  
Fax: (202) 225-9905

Email:  
[Budget.Democrats@mail.house.gov](mailto:Budget.Democrats@mail.house.gov)

Find your senator and congressman at <http://www.usa.gov/Contact/Elected.shtml>

## What's in a First Aid Kit?

Some of us have to think a while to remember all of the Ten Essentials, but most of us can remember that one essential is a first aid kit. But what should be in a

first aid kit? Of course, that depends on where you are going, but here is what the Angeles Chapter LTC *Leader's Reference Book* suggests: "First Aid kit may contain sterile compresses, adhesive tape, adhesive bandages, triangular bandages, air splint,

moleskin, roll bandage, elastic bandage, scissors, aspirin, thermometer, soap, sunburn protection, windburn protection, tweezers, magnifying glass, insect repellent, First Aid book."

So what's in your first aid kit?

<p>A. Owl's Clover (<i>Castilleja densiflora</i>). It is worth getting down on your hands and knees with butt up in the air to see the faces of owls looking back at you. The face is a little cream colored part surrounded by the darker crimson. There are even little</p>	<p>spots for the eyes. This flower lasts quite a while and the owl faces move about the pink flower body as it blooms.</p> <p>B. Parry's Phacelia knocks off my socks! There aren't enough purple flowers in this world, but there are a total of</p>	<p>7 species of Phacelia in the Santa Monica mountains. Can you count the 5 cream colored stamen (male parts) on each flower?</p> <p>C. Blue Dicks (<i>Dichelostemma capitatum</i>). This spring favorite is noted</p>	<p>for its "tight umbel" at the top of a slender stem.</p> <p>D. The state flower of California. Everyone know this poppy! (<i>Eschscholzia californica</i>) But did you notice its friends? There are several fuzzy</p>	<p>Caterpillar Phacelia. Are those tiny flowers solitary blue Lianthus?</p> <p>E. Fiddlenecks (<i>Amsinckia</i>) have a curve at the top of the stem which reminded pioneers of the curve in the musical fiddle.</p>
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# Outings & Events

## May

**May 1, Saturday**

**O: Channel Island Day Hike**  
**Mike Brostoff, Tom Molloy**

The participant list is set for this year's Santa Cruz adventure. Questions? Call Mike, 818-763-5799. In case of poor weather, call 805-642-1393 after 5:30AM the day of the trip. A recording will indicate if the boat is canceled.

**May 8, Saturday**

**O: All GLS Trail Maintenance Day**  
**Anne Mullins, Mike Brostoff**

Here's a chance to give back to the environment, have fun with the rest of the GLS, and find something good to eat, too! All members are encouraged to come out and help. There will be a range of activities available, from picking up trash to hard digging; there's something for everyone. A potluck lunch follows, with a special treat from Porto's Bakery to be provided (please don't bring a dessert!) We hope to add an even deeper sense of purpose to the GLS section, so please take this opportunity to come out and make a difference. What to bring: work gloves (if you have them), water, lug soles, potluck item. We'll be working on the trails near Stough Canyon. Clean up starts at 9:00 and continues for 2-3 hours, followed by the potluck, and then a leaders meeting. RSVP to Anne Mullins, 323-522-6640, so she can tell the staff how many are attending. Park curbside outside the entrance to the Stough Canyon Nature Center, at 2300 Walnut Ave., Burbank.

**May 15 - May 16, Sat - Sun**

**O: Long Beach Pride**  
**Jeff Johnson, GLS volunteers**

Volunteer to staff our table, to meet and greet

festival goers, GLS pays/refunds your entrance fee and parking fee. Volunteer for four hours at our table, then come early or stay late and enjoy the festival. Contact Jeff Johnson for more information, 562-434-8473.

**May 23, Sunday**

**O: Matilija Canyon**  
**Tom Molloy, Alan Schimpff**

Highlights views of mountains, wonderful cascades and pools along stream. Distance: 6 miles round trip with only 600 feet elevation gain. Approx. time 3 hours. Difficulty: moderate. Some tricky stream crossings, a few areas with overgrown brush. The destination of this hike is a spectacular section of Matilija Creek that flows over unusual rock slabs. The last 1/2 mile of the trail follows beautiful cascades and pools of clear water. Trailhead: Because Adventure Passes are needed, we'll carpool to the trailhead from near Ojai at Foster Park. Meet at Foster Park at 10:00 a.m. Foster Park is at 438 Casitas Vista Road, Ventura. County right off of Hwy 33 as you exit at Casitas Vista Rd. Bring good hiking boots, lunch and at least 2 quarts of water and the 10 essentials. Bring Adventure Passes if you have them. If we don't have enough passes, we'll buy them on way to the trailhead. Bring swimsuits for when we find the right swimming hole. RSVP to <tomsmolloy@yahoo.com>.

**May 28 - May 31, Fri - Mon**

**O: Big Bear Lake**  
**Barbara Edwards, Heather Sargeant**

Serrano Campground is located in Big Bear Valley in the San Bernardino Mountains at elevation 6800 ft. It is situated in a pine forest on the north shore of beautiful Big Bear Lake. In late Spring, we can expect wildflowers. The National Forest surrounding the valley offers hundreds of miles of some of the most beautiful and serene hiking trails in all of Southern California. The Cougar Crest

trailhead leading to the PCT is within walking distance, and there is a paved 3 mile biking/hiking lakeside trail right out of our campground. If hiking and biking aren't your thing, there are lots of other activities to fill your Holiday weekend. Boat rentals are available for fishing, or just a tour on the lake. Or you can stroll a mile down to the Big Bear Discovery Center, a visitor center that can serve as a portal to your weekend adventures. Also, the resort town of Big Bear Lake is just a few miles away on the south side of the lake, offering cute shops and numerous restaurants. Free hot showers and flush toilets at our campground. Cost for 3 nights camping is \$55 per person. A few RV sites (no hook-ups) available. Please send email address and check (payable to GLS) to: Barbara Edwards, 1739 S. Sherbourne Dr., L.A. 90035. Questions to Barb, <greyhound@sbcglobal.net>.

## June

**June 6, Sunday**

**O: Urban Stair Walk - Silver Lake**  
**Nancy Beverly, Jeff Cuevas**

Elevation gain urban style! We're going to "hike" a five mile loop in Silver Lake by walking the hilly streets and climbing some of the famous stairs in that neighborhood - 2100 stair steps total, 1700 going up and approximately 400 going down. Bring: 2 liters of water, snacks, sunscreen, hat, good walking shoes or hiking boots. Meet at 9 a.m. sharp on Vendome, 1 block in (west) from Sunset at the famous Music Box Stairs - featured in the Laurel and Hardy 1932 short *The Music Box*. Park on Sunset between Westerly and Parkman (there are lights at those streets but none at Vendome). Questions? Contact Nancy at 818-379-9940.

**June 19, Saturday**

**O: Museum Day - Getty Villa**  
**Dora Olea, Robin Ridinger**

(Continued next page)

## Weekly Griffith Park Conditioning Hikes

**What:** Every Wednesday night, join us for a moderate (strenuous if you are out of shape) hike to Mt. Hollywood, 5 miles, 1145' gain/loss. This is a great mid-week workout. Lugsoled boots are best for traction, but some hikers wear sneakers. Bring a quart of water, snacks if you like, and a flashlight if not used to hiking in the dark. We have a few tiny breaks on the way up, stop at the top, gawk at the city lights until we get a chill, and then return to our

cars by approx. 9:30 PM  
Dogs are welcome; bring a leash and extra water. Rain cancels.

**When:** Every Wednesday, (except holidays) 7 PM sharp, end by 9:30 PM

**Where:** By the flagpole near the vending machines at the Crystal Springs Griffith Park HQ/Visitors Center, 4730 Crystal Springs Drive, LA. (Note: Mapquest, Google Maps, etc. may be misleading.)

**Directions:** (1) From I-5 north, exit at Griffith Park exit, 0.25 mi. beyond Los Feliz Bl. Make a right turn at the 3-way stop sign. Proceed 0.6 mi. and turn in the driveway just before the Ranger Station. If you miss the driveway, proceed 0.1 mi, turn right at the stop sign, drive 0.15 mi. to the parking lot. (2) From Los Feliz Bl., turn north on Crystal Springs Dr. Proceed 0.5 mi. to the 3-way stop sign, go straight, and then follow (1) above directions to the Ranger Station. (3) From Fwy. 134 East, exit Victory Bl. Turn

right at the stop sign, then immediately left onto Zoo Dr. Wind around about 2 miles and turn onto Crystal Springs Dr. south. There may be detours. Proceed approx 1 mi. Turn left at the 4-way stop sign at the Ranger Sta./ Crystal Springs area. Drive 0.15 mi and park. (4) From Fwy. 134 West, keep to your right coming out of Glendale. Exit at Zoo Dr, just past San Fernando Rd. Wind around past the Western Heritage Museum to Crystal Springs Dr. Turn left, and proceed as in (3) above.

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## Outings and Events

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The Aztec Pantheon explores the parallels between two great empires—the Aztec and Roman. Organized to celebrate the 2010 bicentennial of Mexican independence, the exhibition illuminates the ongoing dialogue between the Old and the New Worlds—a dual heritage that has shaped the modern contours of Mexico. The Aztec Pantheon includes masterworks of Aztec sculpture, largely from the collections of the National Museum of Anthropology and the Museum del Templo Mayor in Mexico City, as well as the Florentine Codex, an iconic chronicle of Aztec culture and history, returning to this continent for the first time in over 4 centuries. Meet at 10 a.m. Bring or buy lunch at Getty Villa café. Museum is free but parking cost \$15 per car. Carpooling is encouraged. You must reserve your own ticket ahead: <<http://www.getty.edu/visit/exhibitions/future.html>>. Questions? Contact Dora 818-765-7297.

### June 20, Sunday

#### O: Big Sycamore Trail & Wood Canyon Bike Loop

Tom Molloy, Alan Schimpff

Mountain bike ride. Join us for a 14 mile loop of some easy flats, some steep climbing (on pavement), some technical dips in the dirt, some speedy downhill. Meet at 9 a.m. at the Big Sycamore Canyon parking lot. Take Pacific Coast Highway 32 miles northwest of Santa Monica, cross the Ventura Co. line, then look for the “Big Sycamore Canyon Campground 800 feet” sign, and finally the “Pt. Mugu State Park” sign. Park here (there is a parking fee; some free parking available on PCH; additional paid parking available on the beach side). Bring mountain bike, helmet (you may not ride with the group without a helmet), water, and a spare inner tube. This is an intermediate ride – not for complete novices. The ride should take about 2.5 hours (1200’ of gain). Feel free to join us for a picnic lunch and optional boogie boarding, or relaxing at the beach afterwards. RSVP to <[tomsmolloy@yahoo.com](mailto:tomsmolloy@yahoo.com)>.

### Jul 1 - Jul 5, Thu – Mon

#### O: Bishop Carcamp

Laura Rainey, Karen Lovett

Come celebrate Independence Day weekend with us in the eastern Sierra! Bishop Park Group is 15 miles west of the town of Bishop, California, adjacent to Bishop Creek. Facilities include flush toilets, picnic tables, and fire rings. Popular activities include horseback riding, wildlife viewing, hiking, and fishing in a stocked trout stream. The campground is near John Muir Wilderness trailheads and is on the road to Lake Sabrina, just before North Lake Campground. Variety of activities, depending on people's interests.

Tent camping only. Sorry, no RV camping in parking lot. Maximum of 25 people on this group site. Room for only 8 vehicles on this group site. This site is not suitable for RVs or trailers. If you have an RV and still want to hang with us during the day, maybe we can work something out. Caution: Bears are frequent in this area. All food must be kept in approved containers. Two bear proof storage lockers are located on site. There will be a potluck Friday night, and we'll provide food for lunches and Saturday night dinner. We'll also provide firewood. Cost for trip - \$50. Please make check payable to “GLS” and mail to Laura Rainey at 2408 East 1st St, Long Beach CA, 90803. Getting there: Bishop Park Group Camp, 70519 Bishop Park Group, Inyo CA. From Highway 395 in the center of Bishop, turn west on Line Street (Highway 168) west for 15 miles to the campground on the left. Forest Service info: <<http://www.fs.fed.us/r5/inyo/recreation/camping/bishop-park-group.shtml>>. Questions? Contact leaders at 562-438-3418.

### July 11, Sunday

#### O: Sandstone Peak via Mishe Mokwa Loop

Tom Molloy, Alan Schimpff

6 miles RT, 1400 ft altitude gain/loss, approximately 4 hours hiking. This moderately paced hike takes us on a lovely loop through a shady canyon and past stunning sandstone rock formations then on to the highest peak in the Santa Monicas. Great views of the ocean, and a breezy cool location for the late summer. The middle part of this hike is shaded, but the rest of it is exposed so please bring plenty of water (3 liters at least), sunscreen, hat, snacks/lunch. Dogs on leash are welcome; remember to bring extra water for them too! Rain cancels. Meet at Sandstone Peak trailhead parking lot at 9 AM. From Malibu: take Pacific Coast Highway north past the Ventura County line. East on Yerba Buena. The Sandstone Peak trailhead parking lot is approximately 5.5 miles from PCH, on the left side, about 1/2 mile after Circle X Ranch. An alternate route from Westlake Village and the 101: exit on Westlake Blvd from the 101 Freeway, and follow it south for several miles as it merges with Mulholland Highway. Turn right onto Little Sycamore Canyon and it will become Yerba Buena Road as you cross the county line. Proceed on Yerba Buena Road for about 4+ miles to trailhead to the 2ND (!!!) parking lot on the right side. If you see the Circle X Ranch, you've gone too far. A note to those who suffer from motion sickness: the Malibu route is slightly less curvy than the Westlake Village route. Also, please be aware that there are 2 parking lots (!!!) for this loop trail. We will meet at the Sandstone Peak lot, which is the first parking lot on the left, (1/2

mile past Circle X Ranch) as you are coming up Yerba Buena from Malibu/PCH. RSVP to <[tomsmolloy@yahoo.com](mailto:tomsmolloy@yahoo.com)>.

### July 18, Sunday

#### O: Boogie Boarding at Crystal Cove Christy Varni, TBA

Spend a day at Crystal Cove in Laguna Beach. Lounge around on the beach or go snorkeling and even boogie boarding. Bring your beach gear, lunch, chairs and towels. Meet at 10:00 am. Take PCH, turn on Reef Pt., after you pay the parking fee, turn right and park at the far end of the parking lot. Walk down the ramp next to the bathrooms and look for us. Contact Christy if you have any questions, <[cvarni2001@yahoo.com](mailto:cvarni2001@yahoo.com)>.

### Aug 12 - Aug 16, Thu – Mon

#### O: Kings Canyon National Park Christy Varni, TBA

Many consider Kings to be a second place finish to Yosemite but King Canyon followers consider it be number one. Kings is a picturesque gateway to some of the High Sierra's finest scenery. There are numerous hikes and nature trails in Kings, one being Zumwalt Meadow Nature Trail which is not to be missed. Roads End is just down the street which is a starting point for many backpacking trails as well as day trails. We may spend a day up in Sequoia National Park for those wanting to take a daytrip into that park. We have group site “D” at Canyon View group campground. There are flush toilets, water, a store and coin showers near the group site. Bring a potluck dish for Friday night and a bundle of firewood. Cost is \$40 per person and checks can be made out to “GLS” and sent to 2449 E. 5th St #10, Long Beach, CA 90814. Questions, email <[cvarni2001@yahoo.com](mailto:cvarni2001@yahoo.com)>.

### August 22, Sunday

#### O: A Day At the Beach

Tom Molloy, Alan Schimpff

Come join us at Zuma Beach for the day. Optional activities will include volleyball, a walk to Point Dume, a walk to view tidepools at low tide at Little Dume Beach, a hike in Zuma Canyon, playing cards, boogie boarding, body surfing, ocean swimming. Optional lunch at Spruzzo's restaurant about a five minute walk away, or bring your own. Bring all of your beach toys, umbrellas, chair, drinks, cooler, games etc. Low tide is around 5:00 PM. So we'll probably do the optional tidepools towards late afternoon. We'll play most things "by ear", a largely unstructured day, so you can arrive late. Meet 10 am at Westward Beach, Malibu. Westward Beach is a road past the intersection of PCH and Kanan Dune, after Heathercliff, but before Busch and Zuma Beach, Turn L on Westward

(Continued next page)

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## Outings and Events

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if you are travelling on PCH in a NW direction. Park on Westward Beach Road in front of the volleyball nets. If you get there late, you may have to park at end of road to the parking lot where you pay, or park on PCH. RSVP to <tomsmolloy@yahoo.com>.

### Sept 3 - Sep 6, Fri – Mon

#### O: Morro Bay State Park

#### Barbara Edwards, Grace Hengst

Join us for an end-of-the-summer Labor Day camping trip. Details to follow.

### September 18 - 19, Sat. – Sun

#### O: Backpacking to Bishop Pass

#### Dora Olea, Robin Ridinger

Twenty miles west of Bishop, sits South Lake, the starting point for this adventure. Our overnight backpacking will begin there. The trailhead starts at 9800 feet, climbing and winding through beautiful alpine scenery. In about three miles and 1000 feet elevation gain, Long Lake, will come into view. That is where we will be staying, an absolutely gorgeous spot surrounded by magnificent mountain peaks. From there, it is another three miles to the summit at 12,000 feet with Kings Canyon on the other side. More information in the next issue but reserve your spot *now!* Questions, contact Dora, 818-765-7297.

### September 19, Sunday

#### O: Ojai Valley Bike Trip (Casitas Springs)

#### Tom Molloy, Alan Schimpff

Moderate 18 mile round-trip in the Ojai Valley vicinity Near Casitas Springs/Oak View. This is a wide, double-track dirt road, technically pretty easy with great views. Optional lunch at Buccolli's Italian restaurant (cash only). Meet at 10:00 AM. To get there: Take Highway 33 east off of the 101 freeway in Ventura, past the point where it turns into a two-lane road. Drive through Casitas Springs, past the right-hand turn for Nye Road, and look for the sign for Sulphur Mountain Road. Park along the road before the gate. This is where we will meet. Watch out for "no parking" signs. Bring appropriate clothing, helmet, bike lock, water, spare inner tube. Note that you must have a helmet to ride with the group. Rain cancels. RSVP to <tomsmolloy@yahoo.com>.

### September 25, Saturday

#### O: All GLS Trail Maintenance Day

#### Anne Mullins, Mike Brostoff

Here's a chance to give back to the environment, have fun with the rest of the GLS, and find something good to eat, too! All members are encouraged to come out and help. There will be a range of activities available, from picking up trash to hard digging; there's something for everyone. A potluck lunch follows, with a special treat from Porto's

Bakery to be provided (please don't bring a dessert!) We hope to add an even deeper sense of purpose to the GLS section, so please take this opportunity to come out and make a difference. What to bring: work gloves (if you have them), water, lug soles, potluck item. We will be doing trail maintenance at the Pines Area off the Angeles Crest Highway. We will be meeting at the La Canada rideshare point at 8:30 am, then carpool to our spot. Adventure Passes not needed to park at Pines Day Use Area. Clean up starts at 9:00 and continues for 2 -3 hours, followed by the potluck, and then a leaders meeting. RSVP to Anne Mullins, 323-522-6640, so she can tell the ranger how many are attending. From the 210 intersection with Hwy 2, Angeles Crest Highway, go 9 miles north to intersection of Angeles Crest Highway and Angeles Forest Highway. Left onto Angeles Forest Highway, 1/4 mile to Pines Day Use Area, on the left.

### October 17, Sunday

#### O: Leo Carillo State Pk to Nicholas Flats Tom Molloy, Alan Schimpff

This panoramic hike starts at PCH heads up to Nicolas Flats and Nicholas Pond, and then descends part way into the valley on the other side. On the return, the hike descends a different hillside overlooking the ocean offering one of the best sweeping views of the ocean. The descent is steep and can be slippery. Be prepared to fall on your butt a couple of times. 10 miles, 1800' We'll go through chaparral plus a beautiful oak forest at the top. This trip requires a car shuttle. Meet at 10 AM at the Sycamore grove along PCH, right past the Decker Canyon Road intersection with PCH. This is directly across the street from the house at 33148 Pacific Coast Highway. From there we'll carpool shuttle one mile down the road to our starting point at Leo Carillo. Bring two or more quarts water, lunch, good lug sole hiking boots, plenty of endurance. Trekking poles recommended but optional. RSVP to <tomsmolloy@yahoo.com>.

### November 6, Saturday

#### O: Stough Canyon

#### Marie Ammerman, Nancy Beverly

Info to come.

### Nov 25 - Nov 28, Thu – Sun

#### O: Thanksgiving Outing

#### Susan Lucille Campo, Alan Schimpff

*Currently, all hotel rooms are booked — wait list only for hotel rooms. A few camp sites are still available. Contact Susan promptly if you are interested.*

Enjoy Thanksgiving weekend, 3 nights at Panamint Springs, a private resort located near Death Valley National Park. We will begin our outing with a traditional buffet at noon on Thursday, turkey, all the trimmings and homemade pumpkin or apple pie. The first organized walk will be short but help our tummies. Susan has scouted and planned all

new hikes for GLS for every day, including Sunday. All hikes are rated I (off trail), but only require the ability to walk 6 miles with less than 1000 ft. gain/loss. The group will be doing similar hikes with 2 levels offered...a total of an easy 6 miles per day or the 7- 9 mile moderate option. Most participants will be leaving on Sunday morning, but there will be a final strenuous level hike on Sunday....16 miles, 2200 foot gain/loss offered to those capable and willing to drive home to LA later that day. Unlike Susan's past trips, this time we will try *two* cost options. If you go under the "hotel option", you will be in a room with private bath for two thru Sunday morning. There is a restaurant on the premises. For those wanting the "camping option" you will sleep in your van or tent. You can economize by bringing all your own food *except* for the Thanksgiving buffet which is for everyone. There is a gas station and store on the premises, but the supplies of healthy food are not dependable. It is 50 miles to Olancho and farther to a good grocery store. While daytime temps can be very enjoyable, if you chose to camp, you *must* have the *equipment* needed to stay warm and dry on cold nights. Remember daylight hours are short in Nov., but on a happy note, the campground has heated showers with indoor restrooms. In the evenings Susan has planned for both GLS campers and hotel guests to socialize together. Prices (check made out to GLS and sent to the leader) are: Hotel option \$190 each or Camping option \$42 each. Both include your lodging fees and Thanksgiving dinner. If you are 90% sure you want to attend and know which option you prefer, email Susan *now* to be put on the list. *Full payment for everyone due Oct. 1.* Full refund given until Nov. 1. This trip will be limited in size!!! If you are sure you can attend, email Susan promptly at <susanlucillecampo@yahoo.com>.



## Outside Events

*The following is a privately sponsored and administered trip. Sierra Club takes no responsibility and makes no representations or warranties about the quality, safety, supervision or management of this trip. It is published as a reader service because it may be of interest to recipients of this publication.*

### 6/27/2010, Kayaking and Snorkeling at La Jolla

We will kayak over to the Seven Sisters caves and jump out of the kayak and snorkel around the area. Sea lions like to hang out here and may come over to swim with us. We will then kayak back to the beach. Those who want can hang out on the beach and those who want can walk over to the Marine Room and snorkel with the Leopard Sharks. Leopard Sharks are harmless to us and like to be in the shallows in this particular area. Those who want can also bring beach gear to hangout on the beach and boogie board as well. Meet at 11:00 am in the parking lot at La Jolla Shores. Questions? Contact Christy at <cvarni2001@yahoo.com>.

## May and June 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>MAY 2</b>	<b>3</b>	<b>4</b>	<b>5</b> Griffith Park Marie, Dora	<b>6</b>	<b>7</b>	<b>MAY 1</b> Channel Isl. Day Hikes Mike, Tom <hr/> <b>8</b> Trail Maintenance Anne, Mike
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> Griffith Park Grace, Ginger	<b>13</b>	<b>14</b>	<b>15</b> Long Beach Pride Jeff J., GLS volunteers
<b>16</b> Long Beach Pride	<b>17</b>	<b>18</b>	<b>19</b> Griffith Park Dora, Marie	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b> Matilija Canyon Tom, Alan	<b>24</b>	<b>25</b>	<b>26</b> Griffith Park Dora, Grace	<b>27</b> <small>full moon</small> 	<b>28</b> Big Bear Lake Barb, Heather <i>through Monday</i>	<b>29</b>
<b>30</b>	<b>31</b> <i>end Big Bear Lake</i>	<b>JUNE 1</b>	<b>2</b> Griffith Park Marie, Amanda	<b>3</b>	<b>4</b>	<b>5</b>
<b>6</b> Urban Stair Walk in Silverlake Nancy, Jeff C.	<b>7</b>	<b>8</b>	<b>9</b> Griffith Park Amanda, Grace	<b>10</b>	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b> Griffith Park Marie, Nancy	<b>17</b>	<b>18</b>	<b>19</b> Getty Villa Museum Day Dora, Robin
<b>20</b> Big Sycamore/ Wood Canyon Bike Loop Tom, Alan	<b>21</b>	<b>22</b>	<b>23</b> Griffith Park Nancy, Grace	<b>24</b> GLS Mgmt Committee Meeting	<b>25</b>	<b>26</b> <small>full moon</small> 
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> Griffith Park Nancy, Dora	<b>JULY 1</b> Bishop Carcamp Laura, Karen <i>through Monday</i>	<b>2</b>	<b>3</b>

# GLS Leader Contact Information

Please call after 9 AM and before 9 PM

Alan Schimpff	310-589-9125	alanschimpff@netscape.net
Amanda Smith	323-646-0771	queenpin@earthlink.net
Anna Baum	310-990-0610	ambaum@dslextreme.com
Anne Mullins	323-522-6640	hike2thepeak@gmail.com
Asher Waxman	323-876-2889	amuirman@yahoo.com
Barbara Edwards	310-839-0593	greyhound@sbcglobal.net
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Teresa Nick	612-384-0421	nickx002@tc.umn.edu
Tom Molloy	310-589-9125	tomsmolloy@yahoo.com
Will McWhinney	323-221-0202	willmcw@gmail.com

## GLS Outings Volunteers

### Mike Brostoff, Outings Schedule

Contact Mike about scheduling outings, to check for available dates, and to submit writeups

### Dawn Wilson, Outings Liaison to Angeles Chapter

Contact Dawn about questions of leadership requirements and Sierra Club Outings Policy. Dawn is the primary person to read the communications from the Angeles Chapter regarding outings and inform the rest of the leaders.

### Laura Rainey, Weekly Reminder

Laura sends out the weekly email announcing upcoming events. If an event needs to be altered or canceled after publication, e-mail Laura and cc Mike.

### Dave Benson, Outings

#### Submission to Angeles Chapter

Outings to be published in the Angeles Chapter Schedule must adhere to Chapter formatting guidelines. Mike B. forwards outings for the chapter schedule to Dave, who ensures that they meet these guidelines before sending them to the Chapter.

#### Anne Mullins, Trail Maintenance/Leader Meetings

Three times a year, we volunteer for trail maintenance for one of the local parks. Afterward, we hold a potluck followed by a leaders meeting. Anne coordinates the trail maintenance work and the potluck. Mike facilitates the leaders meeting.

## Important Outing Information

### Waiver

To participate in a Sierra Club outing, you must sign a liability waiver. If you would like to read a copy of the waiver before the outing, go to: [<http://www.sierraclub.org/outings/chapter/forms/>](http://www.sierraclub.org/outings/chapter/forms/), or call 415-977-5630.

### Rating Codes

*These codes indicate the technical difficulty, not the strenuousness.*

**O** Applies to uncomplicated outings such as hikes on trails or the equivalent (with minimal navigation skills).

**I** Includes outings that involve cross-country travel where navigation is necessary. Rougher ground than "O" outings may be traversed, and use of hands for balance may be necessary. Climbing level: 2nd class terrain.

**C** Events under external control of a non-Sierra Club entity, (i.e. ranger, guide, concessionaire).

### Outing Reservations

Reservation fees of from \$5-\$15 are refunded only when you show up and if they aren't needed to offset costs.

Cancellation policy on more expensive trips is as follows: Cancellation within 30 days, no refund without replacement. If your spot is filled, 90% will be refunded. This policy is in effect unless the leader states otherwise in writing. Always send two SASEs, contact and drive/ carpool information. Make checks payable to "GLS".

### Dogs

For most people, the presence of a well-behaved dog can be entertaining, or at worst a mild annoyance. However, this is not true for everyone. Some people

suffer from various levels of fear of dogs. Because of this, and the potential intrusion on wildlife, the Sierra Club policy is that dogs are not allowed on Club outings unless the write-up states DOGS OK. Make sure you bring adequate food, water, a bowl, and a long leash.

### Seller of Travel Notice

CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

### Adventure Pass

National Forests in Southern California (Los Padres, San Gabriel, San Bernardino, and Cleveland) require parked cars to display an Adventure Pass. The pass is available from ranger stations, sporting goods stores, and other local merchants and costs \$5 per day or \$30 per year. Plan on getting it before your outing, as most outlets do not open early. Many

Sierra Club members dispute this user fee and protest it by not buying a pass, possibly incurring a ticket. The choice is yours.

### Carpooling

To facilitate the travel logistics for outings, participants often make carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride-sharing, or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

### Rideshare Points

Directions to all rideshare/ carpool points in the Angeles Chapter Schedule of Activities or at: [<http://angeles.sierraclub.org/pvsb/pages/rideshare.html>](http://angeles.sierraclub.org/pvsb/pages/rideshare.html)

#### La Canada Rideshare Point

Exit 210 at Rte 2 / Angeles Crest Hwy. Go N 1/4 mi on Rte 2, park at curb on right, on long uphill.

# TRACKS

SIERRA CLUB/GLS

P.O. BOX 1300

SOUTH PASADENA, CA 91031-1300

# TRACKS

Subscribe to TRACKS, the GLS newsletter, and find out about all the GLS outings and events every month. You do not need to be a Sierra Club member to subscribe.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

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Fill in this form and send it with a check made out to GLS to:  
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South Pasadena, CA 91031-1300



Contributions, gifts and dues to the Sierra Club are not tax-deductible; they support our effective citizen-based advocacy and lobbying efforts. Of your dues, \$7.50 goes for a subscription to *Sierra* magazine, and \$1 for your chapter newsletter.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Category:	Individual	Joint	Mail to:
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Supporting	\$75	\$100	P.O. Box 52968
Contributing	\$150	\$175	Boulder, CO 80322
Life	\$1000	\$1250	
Senior	\$24	\$32	
Student	\$24	\$32	
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When you join the Sierra Club, please use this form. The FRIP no. on the form brings part of your membership dues to GLS

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