

TRACKS



November/December 2010

Volume 23, No. 6



On the web: <http://angeles.sierraclub.org/gls/>

Morro Bay Over Labor Day Weekend

~ Four Perspectives ~

By Cyndee Brown

Having come from a particularly stressful few weeks of work, everything in me was ready to "de-stress" and catch up with friends over the weekend at Morro Bay. After spending a wicked five hours in traffic and finally arriving at the camp ground, I could immediately feel the stress starting to fall off of me. I found the group camp site and quickly made work of setting up my weekend home. After that I made my rounds of saying hello to old friends and new then caught up with two very special friends "camp chair" and "Pacifco" and began to feel even better. Friday evening wound down gently with everyone around the fire pit. The weather was cool, misty and breezy but a welcome relief from the heat of central Orange County. Our Saturday night potluck spread had something for everyone as always...we even tried "grilling" avocados over the fire pit. We decided we needed to experiment a bit more with that recipe. The highlight of Saturday evening were friends of Mary and Grace, who joined us from San Francisco, one of which is a professional singer and for about an hour kept us entertained with her guitar playing and beautiful singing as we lingered around the evening camp fire. Perfect way to end the evening. Sunday, Jude, Julie, Lily and I were determined to

find SUN. We ventured off toward Avila Beach...pausing briefly to stop at The Farm to pick up some gastronomic treats. We stopped in San Luis Obispo at a quaint bar along the pier long enough to listen to a local blues band and slurp down oysters and drinks. Hmmmm - I see a theme developing here for this day. But we still hadn't found sun. Avila Beach was practically crawling with tourists and locals....but we were determined to find the pier and sit for a relaxing lunch. Which is just what we did. We sat at the end of the pier on the patio, listened to the harbor seals and soaking up the sun. Then we headed back to camp for our last night to wind down the weekend. Alas, Monday arrives and we must head home. Too soon we have to break camp, take down our perfect little temporary homes, pack up the gear, return to the freeways and back to real life. Catching up with old friends, meeting new friends, sitting quietly, enjoying the fire, watching a woodpecker on a tree just feet away, listening to the sounds of the night, marveling at the stars...I wouldn't trade that little piece of heaven on earth for anything. I returned to work completely refreshed, relaxed and a smile on my face. Many thanks again to



Photo Diane Rossiter

Barbara and Grace for yet another successful trip!!

By Virginia Castro

Saturday's heavy fog prevented us from hiking Valencia Peak as planned so a few of us walked along Morro Bay seeing brown pelicans along the water front.

Saturday morning the fog was thick but a group of us hiked along the bluffs of Montana de Oro. We ventured down to the tide pools where we saw starfish, anemones, and crabs. Morro Rock was not visible because of the thick fog but the waves crashing against the rocks was breathtaking.

We longed for some sunshine to warm us up. Our group headed to Avila Beach and walked along the boardwalk where the

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Kathy's Bench

See page 5



Photo Norma Vasquez

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GLS Chair Message

A big thank you to Anne, Dora, Winnie and Colleen for helping clean out the Big Tujunga Wash on September 25th as GLS participated in the 26th Annual Coastal Clean- Up Day and Nat'l Public Lands Day. We found empty spray cans galore from taggers, as well as assorted other crud. Our next cleanup / trail maintenance day / leaders' meeting is January 8th. You, too, could have a sense of accomplishment by joining us to spiff up a small section of our local outdoor recreation area.

In the meantime, please join us for the annual holiday party December 11th at Grace and Mary's (check for details in the Outings section). We'll be giving out awards both serious and humorous, so let any of us on the Board know your nominations before December 1st.

For you leaders, be sure to tally up the number of hikes you've led or co-led and pass them along to Marie Ammerman – we'll be commemorating those who've led 100+ hikes at the party, too.

Speaking of nominations, we also have two spots coming open on the GLS Board

in December. Please step up and let us know if you'd like to serve or nominate someone. Again, by pitching in and helping out, you'll feel that sense of accomplishment thing.

Finally, there's another fun-filled event at the fabulous holiday party: if you're a shutterbug, be sure to submit your best photos to Jeff Johnson for the photo contest (see details on page 3). The shot of Alan's wind-blown hair was a big hit at last year's contest – what will be the crowd-pleaser this year??

Nancy Beverly

GLS Management Committee Meeting Conference Call Minutes for Sept. 21, 2010

Present: Nancy, Barb, Christy, S.K.
Absent: Jeff J.

No further revisions for the Trip Guidelines for Leaders were made. It was agreed that the newest section regarding leaders being covered for their lodging expenses could go at the end of the document. Action item: Nancy will send the final version of the guidelines to all GLS leaders.

The GLS website seems to be working for people who have Outlook on their computers. Barb does not and still cannot click on the links and have an email address pop-up. Action item: Jeff & Alan need to make sure the emails are written out so non-Outlook users can copy and paste email addresses.

Board members discussed the pros and cons of Meet-Up.com again, weighing the influx of new hikers with the amount of

time it would take to maintain the site and answer emails. Christy has her own account that lasts for six months that goes through February. She volunteered to let GLS have one of the pages at no cost for a trial run Dec. - Feb. Nancy agreed to provide a write-up for the Wed. night Griffith Park hike for it and will monitor any questions to the site. Action item: Christy to provide board members with Meet-Up.com info.

The bulk of the meeting's discussion centered around the December holiday party – location; division of labor for set-up, clean-up, purchases; the 50/50 raffle and raffle prizes; tickets for the prizes; the silent auction; awards; buttons for 100 hikes. Action items: Nancy will check on the location and follow-up about what food and drink items will be purchased by hosts, whether Jeff C. can make buttons for 100 hike awards; if Diane is interested in selling

tix for the 50/50 raffle; Barb will see if Jude can oversee the silent auction again; everyone will think about awards, 50/50 raffle ticket distribution + collecting names for the general drawing; Jeff J. & S.K. to head up getting prizes?

At the party we could also put forth to the whole group the idea of nominees for Angeles Chapter Awards for the spring of 2012, as we are too pressed for time to make the Nov. 1st deadline for the May 2011 award nominations.

The final item was to discuss names of people who might be interested in sitting on the GLS board, as Christy and Barb's terms will be up this December. Action item: everyone will think of names for potential nominees and see who might be interested.

Next board meeting conference call: Tues. Nov. 16th from 7 to 9 p.m.

Nancy, secretary pro tem

Information about GLS

General questions about GLS, call Grace at 323-227-6444 or Mike at 818-763-5799

Questions about a specific event, please call the leaders listed in the schedule. Contact info is inside the back page.

Sign up for the FREE GLS email list, with a weekly email digest of GLS events, go to: <<http://angeles.sierraclub.org/news/MailingLists.asp>>. Your email address remains confidential and is not displayed to others.

Next GLS Management Comm. Meeting

The next GLS management committee meeting is scheduled for **Tuesday, November 16, 7 PM**, Committee members will meet by conference call.

GLS management committee meetings are (usually) held about every two months, on weeknight evenings. All GLS members are welcome to attend.

You may call one of the committee members to confirm meeting time or to ask about the agenda. Contact a committee member for the conference call number.

GLS Mission

The Gay & Lesbian Sierrans Section of the Angeles Chapter fosters the purposes of the Sierra Club by making available a wide range of events for gays, lesbians, and their friends. These activities include conservation, education, hikes, bike rides, beach walks, car camps, boat trips, social gatherings and fundraising.

GLS Newsletter

The GLS newsletter, TRACKS, is published six times a year. Annual subscriptions are \$15 for issues sent by US mail, \$10 for issues sent in PDF format by email, \$25 for both. Three year subscriptions are, respectively, \$35, \$20, and \$55. Send subscription requests and related membership correspondence to: GLS, P.O. Box 1300, South Pasadena CA, 91031-1300.

Mgmt. Committee

Nancy Beverly,
Chair
Barbara Edwards,
Co-Chair
S.K. Chiou,
Treasurer
Jeff Johnson,
Secretary
Christy Varni,
Member at Large

Other GLS Volunteers

Membership,
Jeff Cuevas
Conservation,
Tom Molloy
Webmaster,
Alan Schimpff
TRACKS Editor,
Jeff Johnson

.....
Our outing volunteers are listed on page 11.

If You're a Leader...

By Marie Ammerman

With the advent of the new O2 rating (backpacking trips on trail), there is a greater possibility of GLS having more backpacking trips. With that in mind, here are some reminders:

Most wilderness areas require backcountry camping permits, and these often cost money. Therefore, be sure to charge your participants accordingly, so GLS will have the money to reimburse you for paying those fees up front. Follow all the rules for handling money and expenses as for any other GLS trip. Call the ranger

station for the area you are considering to see if a permit is required, and to run your plans past them to see if there are any hazards, restrictions, or other things that might impact your trip. Rangers are a great resource. Try calling during the week when things aren't so busy. Also ask about the refund policy for permit fees. Some places charge per person, rather than a lump sum for the group, so if some folks cancel and you have unused permits, you might be able to return them to the ranger station and get your money back. Check to be sure. If you have extra money at the end of the trip, you will need to divvy it up between your participants, giving them a partial refund.

See GLS guidelines or ask your treasurer if you are not sure what you should do.

If you are planning an O2 provisional, keep in mind that you probably will need at least 6 participants for it to count, so give people plenty of advanced notice of your trip, and remember that people may have to cancel at the last minute. It's a good idea to sign up more folks than you need, but don't go over your permit limit, of course.

Don't forget that the Angeles Chapter website has links to the other sections' web pages, on which you can usually find trip reports for many different hikes and trips. It's another resource when planning your outing.

GLS Photo Contest

It's back! Submit your pictures from GLS hikes in the past year. We'll all be looking at them at the Holiday Party on December 11 and voting for our favorites then.

- Any GLS subscriber may submit up to 5 photos taken on GLS outings between the Dec. 1, 2009 and Nov. 30, 2010.
- Submit photos to our Webmaster before Dec. 4 to: alanschimpff@netscape.net
- Submit photos as digital files, JPEG format (.jpg). Any size is all right, but very large photos may be resized smaller to work better online.

- Submit each photo with your name, the name and date of the GLS outing when you took the picture, and an optional description up to 50 words long.
- Photos may be on any subject relevant to the mission of GLS, and submitted in one or more of these categories:
 - * **GLS in action** (people-oriented)
 - * **Flora and fauna**
 - * **Landscape and scenery**
 - * **Humor**
- Consider whether the people in your pictures are OK with it.
- Photos will be posted for viewing online, the address will be listed on our

- website: angeles.sierraclub.org/gls/.
- Photos will be posted on Flickr (<http://www.flickr.com/photos/43971315@N03/>) without your name but with the descriptive info you provide and an identifying number.
- Holiday Party attendees will vote for their favorites at the party, and winners will appear in Tracks.
- GLS will provide a slide show of submissions at the Holiday Party, so we can view them there before voting.
- In case of unforeseen questions, GLS management committee members will decide how to proceed.

Why wait for Spring cleaning?

If you have trail guides, travel books, bestsellers, field guides, camping or hiking gear in good/

clean condition (tents, sleeping bags, boots, poles, backpacks, etc), or anything else you

want out of the closet - come to the GLS holiday party and donate them to the silent auction

fundraiser. All proceeds will go to GLS. Jude Demarrah will be our auction coordinator.



Hiking in Eaton Canyon, October 23.

Photos Nancy Beverly



At the waterfall in Eaton Canyon.



...and then I told him "Don't even THINK about getting in that waterfall..."



Hiking to Nicholas Flats, October 17.



Fog by the lake at Nicholas Flats.



Photos Alan Schimpff.

Dora's Bishop Pass Provisional

By Dora Olea

Wow, Dora's 02 Provisional to Bishop Pass exceeded all expectations. The group summited the Pass at 11,972 ft. We were blown away, figuratively and literally by the 30 mile an hour winds and incredible views. Marie made Dora study harder than she wanted to. Jeanine was concerned in having enough participants to qualify the trip that she volunteered her friend Teri. Sharon bought extra gear and kept her word in going with us. Mauricio did not bring his motorcycle instead he brought a lot of food. Jeff took good care of Kent. Marco - "Oh my goodness"- really enjoyed the scenery and his jump in the bitter cold Long Lake. Kent, last but not least, sold the trip to Dora and there we all went. Altitude sickness slowed down 3 but the remaining 5 conquered the mountain and all of them lived to tell the tale! THANK YOU VERY MUCH HIKERS OF THE WORLD!



Left, starting the backpack at the South Lake trailhead, photo Marco L. Above, the windblown hikers resting at Bishop Pass, photo Marco L.. Right, view over Long Lake from the campsite below Bishop Pass, photo Dora.



his adventures in the Navy, and with a large group of Boy Scout parents who were learning how to keep their kids safe on future wilderness trips. In spite of the presence of other folks, the night was peaceful, and we spent time searching for constellations and comets. Hopefully, there will be many more such backpacking opportunities, so if you haven't gone backpacking but really want to try it, keep an eye on this newsletter and come on out!

Left: In the roofless shelter hut below the summit of Mount Islip, a pleasant hike from Little Jimmy campground. Below, Islip Ridge, on the south side of Mount Islip summit, seen from the trail, still showing the effects of the Curve Fire that burned the area in 2002.



Little Jimmy Backpacking Trip

By Marie Ammerman, photos Carrie Todd

Of the seven people who started off on a very windy Saturday, three were completely new to backpacking. In the end, they loved it. The short distance to camp, the sheltered campsite, the great weather, congenial companions, and beautiful scenery all conspired together to make it an enjoyable trip for all involved. We shared the campground with a young man who joined us for our Saturday evening gathering and told us about

Dedicating Kathy's Bench in the Park

By Nancy Beverly

It was a day marked by smiles, laughs, tears, hugs, sun, clouds and a few sprinkles. On Saturday, October 2, 2010, more than 30 friends and family members witnessed and celebrated the dedication of the Griffith Park bench in Kathy Brizzard's honor. Moments like this pay tribute to a loved one who has passed on — in this case, Kathy in August of 2009 — but they are very much for we, the living as well. The day allowed us to remember our connection to Kathy and to remember how we are all still connected, still part of the GLS family.

Her partner Mary Conte, Isaac Burks (Deputy of Arts and Culture from Councilman Tom LaBonge's office), Kathy's Mom Lynette Straley, Outings Chair Mike Brostoff, and myself all spoke briefly as we stood at the new bench that marks the first rest stop when GLS hikes

the winter route in Griffith Park. Afterwards the entire group met for a potluck picnic back down at the old Zoo area (along with a large contingent of bees who loved the Mexican food Mary brought as much as we did). After stuffing ourselves, some headed out of the park and a dozen or so of us started the traditional hike up towards Mt. Hollywood. The clouds made way for us... and that made for a hot hike. Some of us turned back at the water tower — the traditional bail-out point if hikers can't make it to the top. As we approached the bench on the way down, we saw Jeff Cuevas was now there. He'd had to work in the morning, but it was wonderful he got to be part of the day because he'd put so much time and energy into getting the bench installed. Special thanks to Eric Sas and Mary Conte who also were instrumental in the bench project... and to everyone who joined us for the event, in person... or in spirit.



Photo Norma Vasquez



Mary cutting the rainbow ribbon. Photo Nancy Beverly.



Photo Norma Vasquez



Kathy's family at the bench, with Mary. Photo Nancy Beverly.



Watching Mike's video featuring Kathy. Photo Nancy Beverly

On Bishop Peak. Photo Mel Coleman.



company, we enjoyed people watching, reading the memorial benches, and taking a "sneak peak" at some of the private cabins/ lodges of the Sycamore Springs Resort, which were nestled in the woods just off of the Bob Jones Trail. On Sunday, a group of us went on a hike with Grace to Bishop Peak. The hike started on Felsman Loop, which took us through sprawling grasslands, cow pies, views of rock climbers

Morro Bay on Labor Day

(Continued from page 1)

sun was shining brightly. Darlene led us on a beautifully-maintained hiking and biking trail near Avila Beach nestled among the trees.

In town adjacent to Morro Rock, we saw sea otters frolicking before our eyes, putting on quite a show. What an amazing experience.

scaling Bishop Peak and views of the surrounding valley. Some of the ladies had a field day kicking some of the cow pies around. We passed through Oak woodlands where we were able to catch some shade. After the Felsman Loop, the bold and the brave decided to take the Butt Burner trail, or the trail that goes to Bishop Peak.

The Butt Burner trail was a series of switchbacks that lead us up, and up, and up

some more. This part of the trail ran the flank of the mountain and from this vantage point, we had sweeping views of the valley, beautiful views of some of the other Sisters that are part of this volcanic chain,

Top of the rise. Photo Diane Rossiter



By Kathy Jonas

On Saturday, a group of us went to the seaside town of Avila in search of sun. While there we walked a part of the Bob Jones City to the Sea Trail, which is a beautifully paved pedestrian and bike trail that is surrounded and canopied with trees. In addition to enjoying each other's

views of various raptors and we got to see the fog layer being held at bay in the distance. Whilst dodging the raptors, I scaled boulder after boulder...well, not really...I just hiked around them. I crawled through the desert...I mean the trail...in the heat of the day...praying that the next switchback that was in my line of sight was

Conservation Notes

By Tom Molloy

Do you have a community garden in your neighborhood. Check it out at: communitygarden.org

Live in the city and want to grow your own? Do you live in the suburbs but the pests keep getting your fruits and vegetables? Consider the balcony...get great tips from: Lifeonthebalcony.com

Do you want to can or preserve what you grow? Consult the National center for home food preservation: uga.edu/nchfp

just mirage and that we were really coming to the Peak. Mary the Sweep kept me motivated to keep on keeping on...and before I knew it...there we were...on top of the mountain. After eating lunch and admiring the views from the top, I felt very accomplished and I am glad that I had the opportunity of enjoying the hike with the GLS.

By Marie Baca

Here is my humble stream of consciousness report which may or may not be suitable for publication:

29 hours and 220 miles away from home (plus 6 hours travel time)...

Result: Wild turkeys, juncos (a bird), sea stars, sea urchins, anemones, hermit crabs, cormorants and lots of fog, followed by sunshine at the beach and live entertainment - with requests - around the campfire.

Next day: Sunny, rocky climb to Bishop Peak where I was able to bend poor Grace's ear a bit.

Also a lot of good food -- and people. Home by dark.



Dinnertime in camp. Photo Diane Rossiter



Still dinnertime. Photo Diane Rossiter

Outings & Events

November

November 6, Saturday

O: Mount La Tuna

Marie Ammerman, Nancy Beverly

It's not on any lists, but it does exist: Mt. La Tuna here we come! Join us for an up-and-down hike that rolls along the Verdugo hills and enjoy good company and great views of the San Fernando Valley, Griffith Park, and even the ocean if we're lucky.

We'll start at 9 a.m. Bring lugsoles or good trail runners, snacks, 2 liters water, lunch, and clothes for any weather. Approx. 6.5 miles RT, 1800' gain/loss. Well-behaved dogs are welcome; local regulations require leashes at all times. Rain cancels. Please RSVP to leader Marie Ammerman to sign up and get meeting point, other information: ammermanm@yahoo.com.

November 13, Saturday

O: Mt. Pinos to Mt. Abel (aka Cerro Noroeste) and Back

Tom Molloy, Alan Schimpff

Hike is above 8000 ft. elevation the whole time. Dress for all weather conditions. 12 miles roundtrip. 3800 Ft elevation gain. Bring 10 essentials, lunch and 2 liters of water. We'll meet at the Sylmar carpool point at 8:00am. Rain and snow cancels. RSVP to tomsmolloy@yahoo.com.

November 21, Sunday

O: Little Tokyo Walk

Barbara Edwards, S.K. Chiou

Meet at 10 am at the Little Tokyo Galleria Shopping Center (333 S. Alameda) at the corner of Alameda and 3rd St. All day free street parking available in the neighborhood. We will eat our way

through Little Tokyo sampling traditional desserts, such as a wide variety of mochi (both the ice cream and non-ice cream versions), and admiring historical sights. Then we will break for an optional authentic Japanese lunch (around 11:30am), or you can bring your own. After lunch, we will stroll through Olvera Street and historic Union Station before returning to our cars. Entire walk is 4.5 miles, 200 ft gain, approximately 4-5 hours including lunch. Bring cash for food. Heavy rain cancels. Questions? Contact Barb at greyhound@sbcglobal.net.

Nov 25 - Nov 28, Thu -

O: Thanksgiving Outing 2010

Susan Lucille Campo, Alan Schimpff

This trip is now fully reserved, but space may become available as the time approaches. If you are interested in participating, email Susan right away, at susanlucillecampo@yahoo.com.

Enjoy Thanksgiving week-end, 3 nights at Panamint Springs, a private resort located near Death Valley National Park. We will begin our outing with a traditional buffet at noon on Thursday, Turkey, all the trimmings and homemade pumpkin or apple pie. The first organized walk will be short but help our tummies.

Susan has scouted and planned all NEW hikes for GLS for every day, including Sunday. All hikes are rated I (off trail), but only REQUIRE the ability to walk 6 miles with less than 1000' gain/loss. The group will be doing similar hikes with 2 levels offered...a total of an easy 6 miles per day or the 7-9 mile moderate option. Most participants will be leaving on Sunday morning, but there will be a final strenuous level hike on Sunday...16 miles, 2200' gain/loss offered to those capable and willing to drive home to LA later that day. Unlike Susan's past trips, this time we will

try TWO cost options. If you go under the "hotel option", you will be in a room with private bath for two through Sunday morning. There is a restaurant on the premises. For those wanting the "camping option" you will sleep in your van or tent. Questions? Contact Susan at susanlucillecampo@yahoo.com

December

December 4, Saturday

O: Sycamore Canyon to Overlook Trail Mountain Bike Loop

Tom Molloy, Alan Schimpff

This is an intermediate mountain bike loop, approx 12 miles with 1500 feet elevation gain. We'll ascend Sycamore Canyon, then Wood Canyon cutting up to the Overlook Trail via the Guadaluca Trail. We'll have spectacular views of the Canyons, Boney Ridge, the La Jolla Valley, ocean and if clear, the Channel Islands. A helmet is required, you will not be able to ride without a helmet. Bring a sand chair and lunch for a meal on the beach after the ride. Bring 10 essentials, a liter of water and lunch. Rain cancels RSVP to tomsmolloy@yahoo.com.

December 11, Saturday

O: Holiday Party

Grace Hengst, Mary Adair

This year the GLS Holiday Party is again at Grace and Mary's Mount Washington home. This is a time to talk with other GLS members and just have fun sharing the holiday spirit! The festivities start at 2pm and finish at 6pm. Please bring a potluck item to share, and let Grace know what item you plan on bringing. GLS provides plates, silverware, some beverages, and lasagna (vegetarian and meat).

(Continued next page)

Weekly Griffith Park Conditioning Hikes

What: Every Wednesday night, join us for a moderate (strenuous if you are out of shape) hike to Mt. Hollywood, 5 miles, 1145' gain/loss. This is a great mid-week workout. Lugsoled boots are best for traction, but some hikers wear sneakers. Bring a quart of water, snacks if you like, and a flashlight if not used to hiking in the dark. We have a few tiny breaks on the way up, stop at the top, gawk at the city lights until we get a chill, and then return to our

cars by approx. 9:30 PM
Dogs are welcome; bring a leash and extra water. Rain cancels.

When: Every Wednesday, (except holidays) 7 PM sharp, end by 9:30 PM

Where: By the flagpole near the vending machines at the Crystal Springs Griffith Park HQ/Visitors Center, 4730 Crystal Springs Drive, LA. (Note: Mapquest, Google Maps, etc. may be misleading.)

Directions: (1) From I-5 north, exit at Griffith Park exit, 0.25 mi. beyond Los Feliz Bl. Make a right turn at the 3-way stop sign. Proceed 0.6 mi. and turn in the driveway just before the Ranger Station. If you miss the driveway, proceed 0.1 mi, turn right at the stop sign, drive 0.15 mi. to the parking lot. (2) From Los Feliz Bl., turn north on Crystal Springs Dr. Proceed 0.5 mi. to the 3-way stop sign, go straight, and then follow (1) above directions to the Ranger Station. (3) From Fwy. 134 East, exit Victory Bl. Turn right

at the stop sign, then immediately left onto Zoo Dr. Wind around about 2 miles and turn onto Crystal Springs Dr. south. There may be detours. Proceed approx 1 mi. Turn left at the 4-way stop sign at the Ranger Sta./Crystal Springs area. Drive 0.15 mi and park. (4) From Fwy. 134 West, keep to your right coming out of Glendale. Exit at Zoo Dr, just past San Fernando Rd. Wind around past the Western Heritage Museum to Crystal Springs Dr. Turn left, and proceed as in (3) above.

Outings and Events

There will be 2 door prizes, a "Half & Half" raffle in which there will be 30% to first winner, 20% to second winner, and half goes to the GLS treasury. There will also be a silent auction, so please bring a new or used hiking/camping/other item, in good condition, to the party. The proceeds go to GLS. Please reclaim any unsold items at the end of the auction. Also, view and vote on photos submitted for the GLS photo contest.

We will count the ballots for election to the GLS Mgmt. Committee and announce the new board members at the party.

Send a check to "GLS" for the admission charge of \$5.00. Send to: Grace Hengst, 1717 Burnell Drive, Los Angeles, CA 90065. Enclose SASE if you need directions to the house. Caution: Mapquest can get you lost in this area, so call Grace at 323-697-6886 in the days before the party if you need clarification. Parking: you may need to park on the surrounding streets, as there is no legal parking on Burnell.

December 12, Sunday

O: Wilacre and Coldwater Canyons Barbara Edwards, S.K. Chiou

Nestled between Beverly Hills and Studio City is a network of hiking trails through lush canyons and ridges. We will hike a 3.5 mile loop, 500 ft gain/loss, on wide trails, with sweeping views of the San Fernando valley, the Verdugos and the San Gabriel Mountains, and finally a yurt village. Yes, yurts!! As an added bonus, the leader will even point out a few celebrity homes! Bring lunch, water, hat and hiking boots. Dogs on leash welcome. Meet at 9:30 a.m. for bagels, coffee and leftovers from the holiday party at the "TreePeople" headquarters in Coldwater Canyon Park (not the little park on Beverly Dr), located on the ridgeline between Beverly Hills and Studio City. The entrance is at the intersection of Coldwater Cyn Ave, Franklin Canyon Dr and Mulholland Dr (West). 12601 Mulholland Drive, Beverly Hills, CA 90210, (818) 753-4600. Our hike will start promptly at 10 AM. Rain cancels. Questions ? Barb at greyhound@sbcglobal.net.

December 19, Sunday

O: Topanga Canyon: Los Liones-Trippet Ranch Anna Baum, Nancy Beverly

After a short, steep, 1.5-mile climb up lovely shaded switchbacks through chaparral (including ceanothus), we'll follow a steep winding fire road that affords

stunning coastline vistas and beautiful views of Santa Ynez and Topanga Canyons on either side. We'll pass the turnoff to the Parker Mesa Overlook (hikers may walk out to the Overlook, another half-mile), then continue on East Topanga Fire Road another 2.6 miles, mostly level, to Trippet Ranch Visitor Center. We'll eat lunch there and return the way we came.

Directions: -From Highway 1/Pacific Coast Highway in Pacific Palisades: turn north on Sunset Boulevard. Drive 0.3 mile and turn left on Los Liones Drive. Follow Los Liones Drive to its end in about a half-mile and park in the lot across from a church or on the street. -From the 405 and Sunset: Travel west out Sunset Blvd., past Temescal Canyon, and a block past Palisades Dr, turn right up Los Liones. Hike begins at 9 a.m. sharp. Wear sturdy shoes, bring at least two quarts water, 10 essentials, lunch, snacks, sunscreen. Heavy rain cancels. Questions? Contact Nancy at 818-379-9940.

Future Outings

January 2, Sunday

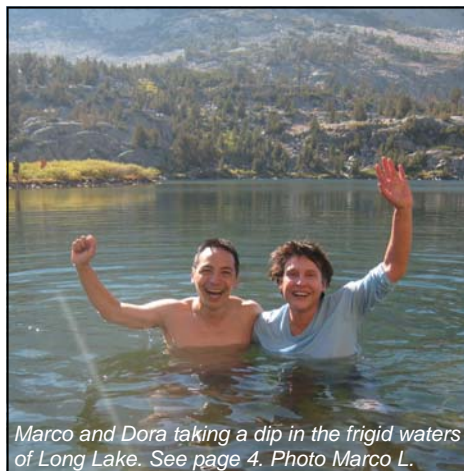
O: Laguna Coast Wilderness Park Jeff Johnson, Grace Hengst

A ridgetop walk in Laguna Coast Wilderness Park, 7 miles, 1100' gain/loss, on fire roads. Ocean view, very exposed, bring layers for any weather, trail footwear, lunch, water. Meet 10 a.m. at the Big Bend Staging Area, approx. 6.2 miles south of 405 on 133, in Laguna Beach. *Trailheads may be closed on short notice* due to bad conditions — call Jeff the day before to find out changes in plans, 562-434-8473.

January 8, Saturday

O: Trail Maintenance Anne Mullins, Mike Brostoff

Here's a chance to give back to the environment, have fun with the rest of the



Marco and Dora taking a dip in the frigid waters of Long Lake. See page 4. Photo Marco L.

GLS, and find something good to eat, too! All members are encouraged to come out and help. There will be a range of activities available, from picking up trash to hard digging; there's something for everyone. A potluck lunch follows, with a special treat from Porto's Bakery to be provided (please don't bring a dessert!) We hope to add an even deeper sense of purpose to the GLS section, so please take this opportunity to come out and make a difference. What to bring: work gloves (if you have them), water, lug soles, potluck item. We may be working on the trails near Stough Canyon or in the Angeles Forest. Clean up starts at 9:00 and continues for 2-3 hours, followed by the potluck, and then a leaders meeting. RSVP to Anne Mullins, so she can tell the ranger how many are attending and give you directions to the meeting spot. Questions? Anne, hike2thepeak@gmail.com.

January 23, Sunday

O: Mugu Peak – La Jolla Valley Tom Molloy, Alan Schimpff

A comprehensive trek through the western quadrant of Pt. Mugu State Park. The hike begins in La Jolla Canyon, then crosses a field to ascend Mugu Peak. The trail then descends into La Jolla Valley, a large grassy meadow, and then joins up with a well-graded and scenic trek along the ridge dividing La Jolla Cyn. and Big Sycamore Cyn. Curving down the rounded slopes east of La Jolla Canyon, the trail takes in sweeping views of the Pt. Mugu coastline and the distant Channel Islands. Round-trip: 10 miles, 1950' elevation gain. Bring at least 2 quarts of water, lunch, and the 10 essentials. Meet at 9:30 AM at the parking area for the Ray Miller Trailhead. Drive north on PCH about 35 miles past Santa Monica. Take the first turn off to the right after passing the Big Sycamore Campground and "the great sand dune." Parking fee \$4 per car. Usually free parking can be found on PCH. Rain cancels. RSVP to leaders, tomsmolloy@yahoo.com.

February 12, Saturday

O: Ventura To Ojai Bike Ride Amanda Smith, Mary Conte

Following the Ventura River Trail, this casual paced bike ride is 32 miles round-trip with a very gradual uphill climb from downtown Ventura to downtown Ojai. The paved path is about 3-5% grade, with approximately 750' gain/loss. Along the way, we'll enjoy the natural scenic beauty of the Ventura River watershed as well as some well-placed public art. Once we get to Ojai, we'll stop at the Ojai Café Emporium

(Continued next page)

Outings and Events

for a yummy lunch. The trail starts in Ventura at the west end of Rex Street, a couple of blocks north of Main St and just east of the 33 freeway. There is parking on Main Street nearby, or in the paved lot 100 yards west of the 33 underpass on the south side. Meet at 9:00 a.m. at the Ventura entrance to the bike path, the end of Rex Street at Dubbers Street. From Los Angeles, take the 101 North and exit in Ventura at California Street (exit 70A). Turn right on California, then left on Main Street. Right on N. Olive and left on Rex, where you'll see the entrance to the bike path. From Santa Barbara, take 101 South, and exit in Ventura at Ventura Avenue (exit 70A), go straight on Ventura Avenue, left on Main St., right on N. Olive and left on Rex. This bike ride, with lunch, is expected to take approximately 5+ hours. Along with a multi-speed bike (mountain bikes, hybrids and road bikes are all good), helmets are mandatory. Please also bring a bike lock, water, spare inner tube, money for dining, and layered clothing. It may be cooler in Ventura than up in Ojai, so be prepared for both. Heavy rain (but not sprinkles) cancels. RSVP required!!! RSVP to Amanda 323-646-0771 or queenpin@earthlink.net.

Feb 18 - Feb 21, Fri – Mon

O: Afton Canyon

Jeff Johnson, Laura Rainey

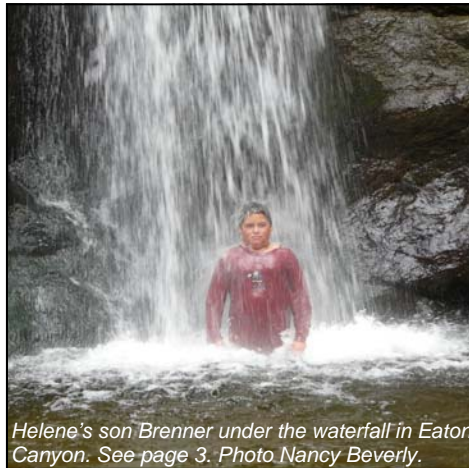
Our return to the area around Afton Canyon, off I-5 between Barstow and Baker, on the Mojave River. We are staying again at the BLM Afton Canyon campground. We are planning a longer ridgetop walk than we were able to do last time, and a visit by car to interesting minerals sites in the Cady Mountains. More info in the next issue of Tracks. Questions? Call Jeff, 562-434-8473.

February 19, Saturday

O: Snowshoe Hike

Dora Olea, Kirk Olsen

Join us for a leisurely snowshoe hike on groomed trails near the Palm Springs Aerial Tramway Mountain Station (elevation 8,516 ft.). Meet at the Valley Station at 10:30 am with snowshoes in hand - they can be rented at any good sports shop if you do not own them. Please allow time to park and ride the bus. We will purchase our tickets and ride up together. Once situated we will hike for approximately 3 hours and then eat a warm meal at the Mountain Station cafeteria. Distance and elevation gain will depend on our speed - approx. 3 miles and 500 ft. Ticket, weather and cafeteria information available at www.pstramway.com. Note:



Helene's son Brenner under the waterfall in Eaton Canyon. See page 3. Photo Nancy Beverly.

We have learned though experience that renting snowshoes at the top is not a viable option. Dress appropriately and bring water, snacks, snowshoes and money for the tram & cafeteria. RSVP to Dora (213) 200-0239 or doraolea@yahoo.com so we know to expect you.

February 26, Saturday

O: Point Dume, Whale Watch, Tide Pool Walk, Giant Coreopsis Extravaganza, Brunch

Tom Molloy, Alan Schimpff

This year, I'm doing this popular event as a conservation fundraiser, including brunch at the Paradise Cove Beach Café, please join us in this 4 mile hike to help our club to wage the many battles to preserve our wildlands. This year's event coincides with the probable new designation of our entire route as a state marine preserve. We will meet in front of the Sunset Restaurant on Westward beach road in Malibu at 9:00am. We'll hike at low tide along the beach, then ascend Point Dume to take in the annual Giant Coreopsis display (this time during its peak bloom season). From the viewing platform, we'll hopefully also take in the California gray whale migration back to Alaska. From there, we'll descend down the other side by staircase to the Point Dume State Beach tidepools, to experience the kaleidoscope of marine life. We'll then walk several more coves until we get to the Paradise Cove Beach Cafe where we'll have brunch from the breakfast menu. On our way back from the restaurant, we'll return the way we came, but this time, we'll linger at the tidepools and whale viewing platform, and fully take in the Coreopsis bloom. I hope you can join us for this fundraiser. Reserve your spot by sending a \$45.00 (brunch included in the contribution) check payable to GLS to Tom Molloy at P.O. Box 2210 Port Hueneme CA 93044. RSVP by phone or email up to day of hike, a check can be sent in advance, or brought on the

day of the hike. Rain does not cancel as we'll be walking on sand. Questions and RSVP, Tom at tomsmolloy@yahoo.com.

March 5, Saturday

O: Placerita Canyon

Dora Olea, Judith Demarah

Come and help us celebrate the March Birthdays at Placerita Canyon in Santa Clarita Valley. Explore the broad, expansive oak woodlands and chaparral-covered hillsides making the canyon a popular hiking destination. The canyon trail follows the creek to Walker Ranch and then to Placerita Falls. Watch out for wildlife! Approx. 5.20 miles round trip. 400 ft elev. gain/loss. Bathrooms and water on trail. K-9 welcome. Bring water, lug soles, sunscreen, and a potluck lunch item to share upon return to picnic area at the trailhead. Meet 9 a.m. From I-5 North to Antelope Freeway (14) towards Pamdale, exit onto the Placerita Canyon Rd. and turn right. About two miles the Placerita County Park is on your right hand side. Plenty free parking. Meet at the Nature Center. Questions? Contact Dora at 818-765-7297.

March 13, Sunday

O: Descanso Gardens

Barbara Edwards, TBA

More info in the next issue.

March 19, Saturday

O: Docent-led Tour of Bailey Canyon, San Gabriel Mtns, and Jones Peak Hike
Nancy Beverly, Marie Ammerman

Learn some of the rich natural history of the San Gabriel range, hear about the Gabrieleno Indians who lived in the canyon, and straddle an earthquake fault that stretches for miles. The 1-hour tour will be led by Bailey Canyon trail docent and GLS member Wendy Thermos. For those who are interested, it will be followed by a moderate hike to the top of Jones Peak, elev. 3375 ft., 6.6 miles round trip, 2100-foot elevation gain, with panoramic views in 3 directions. Poles recommended for final 100 feet. Dress in layers, bring lunch and 2 quarts of water. Dogs welcome but must be on leash. Meet at 10 a.m. at the Bailey Canyon parking lot, just north of 500 Grove St. in Sierra Madre. From the 210 Fwy, exit at Baldwin, go north 1.2 miles on Baldwin to Grand View and turn left, go a half-mile to Grove, turn right, go to the end of the street. Rain cancels. Question? Contact Nancy at 818-379-9940.

April 16, Saturday

O: Poppy Preserve Outing

Barbara Edwards, TBA

November and December 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	NOV 1	2	3 Griffith Park Amanda, Dora	4	5	OCT 30 Vasquez Rocks Grace, Dora <hr/> 6 Mount La Tuna Marie, Nancy
7	8	9	10 Griffith Park Marie, Amanda	11	12	13 Mts. Pinos & Abel Tom, Alan
14	15	16	17 Griffith Park Nancy, Marie	18	19	20
21 <small>full moon</small> Little Tokyo Walk Barb, SK	22	23	24 Griffith Park Dora, Grace	25 Thanksgiving Outing, Panamint Susan, Alan <i>through Sunday</i>	26	27
28 <i>end Thanksgiving outing</i>	29	30	DEC 1 Griffith Park Marie, Grace	2	3	4 Sycamore Cyn. to Overlook Bike Loop Tom, Alan
5	6	7	8 Griffith Park Nancy, Dora	9	10	11 Holiday Party Grace, Mary
12 Wilacre Park, Coldwater Canyon Barb, SK	13	14	15 Griffith Park Dora, Marie	16	17	18
19 Topanga, Los Liones, Trippet Ranch Anna, Nancy	20	21 <small>full moon</small>	22 Griffith Park Dora, Eva	23	24	25
26 <hr/> 2 Laguna Coast Jeff J., Grace	27	28	29 Griffith Park Nancy, Grace	30	31	JAN 1

GLS Leader Contact Information

Please call after 9 AM and before 9 PM

Alan Schimpff	310-589-9125	alanschimpff@netscape.net
Amanda Smith	323-646-0771	queenpin@earthlink.net
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Anne Mullins	323-522-6640	hike2thepeak@gmail.com
Asher Waxman	323-876-2889	amuirman@yahoo.com
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Diane Ru	626-578-1909	
Dora Olea	818-765-7297	chamaca1954@att.net
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Susan Campo	626-578-1909	susanlucillecampo@yahoo.com
Teresa Nick	612-384-0421	nickx002@tc.umn.edu
Tom Molloy	310-589-9125	tomsmolloy@yahoo.com
Will McWhinney	323-221-0202	willmcw@gmail.com

GLS Outings Volunteers

Mike Brostoff, Outings Schedule

Contact Mike about scheduling outings, to check for available dates, and to submit writeups

Dawn Wilson, Outings Liaison to Angeles Chapter

Contact Dawn about questions of leadership requirements and Sierra Club Outings Policy. Dawn is the primary person to read the communications from the Angeles Chapter regarding outings and inform the rest of the leaders.

Laura Rainey, Weekly Reminder

Laura sends out the weekly email announcing upcoming events. If an event needs to be altered or canceled after publication, e-mail Laura and cc Mike.

Dave Benson, Outings

Submission to Angeles Chapter

Outings to be published in the Angeles Chapter Schedule must adhere to Chapter formatting guidelines. Mike B. forwards outings for the chapter schedule to Dave, who ensures that they meet these guidelines before sending them to the Chapter.

Anne Mullins, Trail Maintenance/Leader Meetings

Three times a year, we volunteer for trail maintenance for one of the local parks. Afterward, we hold a potluck followed by a leaders meeting. Anne coordinates the trail maintenance work and the potluck. Mike facilitates the leaders meeting.

Important Outing Information

Waiver

To participate in a Sierra Club outing, you must sign a liability waiver. If you would like to read a copy of the waiver before the outing, go to: [<http://www.sierraclub.org/outings/chapter/forms/>](http://www.sierraclub.org/outings/chapter/forms/), or call 415-977-5630.

Rating Codes

These codes indicate the technical difficulty, not the strenuousness.

O Applies to uncomplicated outings such as hikes on trails or the equivalent (with minimal navigation skills).

I Includes outings that involve cross-country travel where navigation is necessary. Rougher ground than "O" outings may be traversed, and use of hands for balance may be necessary. Climbing level: 2nd class terrain.

C Events under external control of a non-Sierra Club entity, (i.e. ranger, guide, concessionaire).

Outing Reservations

Reservation fees of from \$5-\$15 are refunded only when you show up and if they aren't needed to offset costs.

Cancellation policy on more expensive trips is as follows: Cancellation within 30 days, no refund without replacement. If your spot is filled, 90% will be refunded. This policy is in effect unless the leader states otherwise in writing. Always send two SASEs, contact and drive/ carpool information. Make checks payable to "GLS".

Dogs

For most people, the presence of a well-behaved dog can be entertaining, or at worst a mild annoyance. However, this is not true for everyone. Some people

suffer from various levels of fear of dogs. Because of this, and the potential intrusion on wildlife, the Sierra Club policy is that dogs are not allowed on Club outings unless the write-up states DOGS OK. Make sure you bring adequate food, water, a bowl, and a long leash.

Seller of Travel Notice

CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

Adventure Pass

National Forests in Southern California (Los Padres, San Gabriel, San Bernardino, and Cleveland) require parked cars to display an Adventure Pass. The pass is available from ranger stations, sporting goods stores, and other local merchants and costs \$5 per day or \$30 per year. Plan on getting it before your outing, as most outlets do not open early. Many

Sierra Club members dispute this user fee and protest it by not buying a pass, possibly incurring a ticket. The choice is yours.

Carpooling

To facilitate the travel logistics for outings, participants often make carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride-sharing, or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

Rideshare Points

Directions to all rideshare/ carpool points in the Angeles Chapter Schedule of Activities or at: [<http://angeles.sierraclub.org/pvsb/pages/rideshare.html>](http://angeles.sierraclub.org/pvsb/pages/rideshare.html)

La Canada Rideshare Point

Exit 210 at Rte 2 / Angeles Crest Hwy. Go N 1/4 mi on Rte 2, park at curb on right, on long uphill.

TRACKS

SIERRA CLUB/GLS

P.O. BOX 1300

SOUTH PASADENA, CA 91031-1300

TRACKS

Subscribe to TRACKS, the GLS newsletter, and find out about all the GLS outings and events every month. You do not need to be a Sierra Club member to subscribe.

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GLS

P.O. Box 1300

South Pasadena, CA 91031-1300



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Name: _____

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City, State, Zip _____

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Senior	\$24	\$32	
Student	\$24	\$32	
Limited Income	\$24	\$32	

When you join the Sierra Club, please use this form. The FRIP no. on the form brings part of your membership dues to GLS

FRIP#
F94QW04721