

# TRACKS



January/February 2016

Volume 29, No. 1

By Nancy Beverly

I was telling Jen that hiking can be a Zen exercise for me. I have a goal (in this case, Sugarloaf Peak -- AGAIN)... and then I do what I can to get there... bearing in mind I have to have no attachment to the goal.

Last year, as we attempted this goal and stood on a very tall peak, some mountain bikers told us, "Oh, no, this isn't Sugarloaf, THAT is," as they pointed across the way. It was the third week of November and I was concerned we'd be out of daylight if we attempted to summit it. So we turned around. I took some solace in the fact that Ed Viesturs and other climbers have stopped just short of Mt. Everest when conditions turned bad.

*(Continued on page 4)*



Jeff Johnson



Above: On the way to Sugarloaf Mountain, at a sunny spot on the long ridge before the last stretch up to the summit, Jen and Nancy check the map against their GPS devices. The variance between the three GPS devices on the trip was over 10%.

Left: We found some photogenic snow on north-facing slopes under trees this year but not much snow on the trails.

Jeff Johnson

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## GLS Holiday Party

Again in 2015, we met for our holiday party at Grace and Mary's house in L.A.

Though SK and Barb leave Los Angeles soon for the frozen north, Barb ran the silent auction for us one more time. We may have heard a mention of our first Washington State GLS event shortly.

The results of the election for the management committee were announced. The management committee for 2016, with some last minute rearrangements, will be SK, Tim, Kyla, Tammie, and Jen. Remember, all GLSers are welcome to attend the GLS management committee meetings/conference calls, which are announced in Tracks. *(Continued on page 3)*

# GLS Photo Contest Winners

People at the holiday party on December 5 viewed the photos entered in the contest and voted for their favorites. The other winners are printed on page 9.



**In Camp Favorite**  
Nancy  
Beverly  
Kearsarge  
Pass  
backpack

**GLS People Favorite,**  
Nancy  
Beverly  
Malibu Crk  
State Park

**Humor Favorite**  
Susan  
Campo  
Strawberry  
Potrero  
hike

**Group Shot Favorite**  
Nancy  
Beverly  
Malibu Crk  
State Park



## Management Committee Meeting, November 17, 2015

The board met on Nov. 17th at 6:30 PM; all in attendance except for Dawn.

The board discussed graffiti removal scheduled for Nov. 21 and the upcoming

holiday party on Dec. 5th.  
*Kyla and Tammie*

## Information about GLS

**General questions about GLS**, call Marie at 818-406-3529 or Mike at 818 399-4035. **Questions about a specific event**, please call the leaders listed in the schedule.

Contact info is inside the back page.

**GLS Tracks** online: <glstracks.org>

Requires username/password, provided to GLS Tracks subscribers

**Sign up for the FREE GLS email list**, with a weekly email digest of GLS events, go to: <[http://angeles.sierraclub.org/mailling\\_lists](http://angeles.sierraclub.org/mailling_lists)>. Your email address remains confidential and is not displayed to others.

**On Meetup:** <[www.meetup.com/GLS-Gay-and-Lesbian-Sierrans](http://www.meetup.com/GLS-Gay-and-Lesbian-Sierrans)>

**On Facebook:** <[www.facebook.com/groups/87511347304](http://www.facebook.com/groups/87511347304)>

## Next GLS Mgmt. Comm. Meeting

The next management committee meeting is scheduled on Thursday, Jan. 14, at 6:30 PM.

GLS management committee meetings are held about every two months, usually on weeknight evenings, by conference call. All GLS subscribers are welcome.

You may call one of the committee members to confirm meeting time, how to call in, or ask about the agenda, or for other information.

### GLS Mission

The Gay & Lesbian Sierrans Section of the Angeles Chapter fosters the purposes of the Sierra Club by making available a wide range of events for gays, lesbians, and their friends. These activities include conservation, education, hikes, bike rides, beach walks, car camps, boat trips, social gatherings and fundraising.

### GLS Newsletter

The GLS newsletter, TRACKS, is published six times a year. Annual subscriptions are \$15 for issues sent by US mail, \$10 for issues sent in PDF format by email, \$25 for both. Three year subscriptions are, respectively, \$35, \$20, and \$55. Send subscription requests and related membership correspondence to: GLS, P.O. Box 1300, South Pasadena CA, 91031-1300.

### Management Committee 2016

- Jen Dooley
- Kyla Hjertstedt
- SK Chiou
- Tammie Barta
- Tim Vo

Specific responsibilities of the committee members to be decided.

### Other GLS Volunteers

**Membership,**  
Jeff Cuevas  
**Conservation,**  
Tom Molloy  
**Webmaster,**  
Tammie Barta  
**TRACKS Editor,**  
Jeff Johnson

.....  
**Our outing volunteers are listed on page 11.**



One of several award winners at the party, Nancy receives her 300 hikes award

## GLS Holiday Party

(Continued from page 1)

After meeting and greeting and feasting a while, we gathered around the sofas for some presentations.

Mike's cousin Michelle Saucedo was there from Takoja Retreats, near Taos, which has hosted GLS for a summer week over the last couple of years. She described the place in the mountains of northern New Mexico, some of its history, and some of

the hiking and recreational opportunities in the area. Mike is planning another GLS week there in the summer of 2016.

We then had a much-anticipated presentation from Tammie Barta about the new GLS Tracks website ([glstracks.org](http://glstracks.org)). This website presents the contents of Tracks, the GLS publication, plus leaders' and members' forums, an outing calendar, and last minute news about outings. Tracks subscribers can sign up for an email announcement whenever the website is updated. As GLS follows the trend away from print-oriented content toward online content, this website is set to become a welcome part of our official presence.

Then Tim and Dawn then presented awards to GLSers who made important contributions to GLS over the last year.

- Outgoing Chair: Marie Ammerman
- Many Years of Services: Barbara and SK – (Bookends custom made by Marie A.)
- Party Hostesses: Grace & Mary
- 300 Hikes Award: Nancy Beverly
- 200 Hikes Award: Mike Brostoff
- 100 Hikes Award: Barbara Edwards
- GP Hike Leaders: Nancy Beverly, Dora Olea, Gail Wise and Mike

Brostoff, who all led 10 or more Griffith Park hikes in 2015

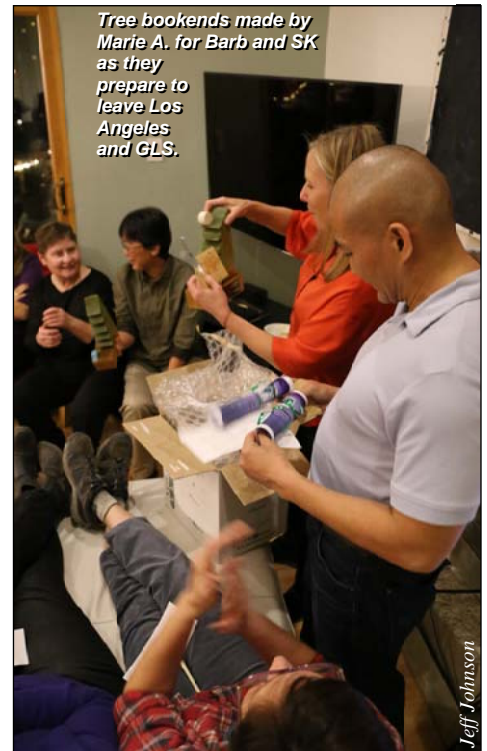
- New Leaders: Tammie Barta, Kyla Hyerstedt, Gina Masequesmay, and Jan M.
- Over the course of the afternoon, we viewed the entries to this year's photo contest and voted for our favorites, which are printed on pages 2 and 9 of this issue.
- Overall Favorite: Heather McNaught
  - Overall Favorite runners up: Mary Pickert and Susan Campo
  - GLS People Favorite: Nancy Beverly
  - Landscape & Scenery Favorite: Mike Brostoff
  - Fauna Favorite: Heather McNaught
  - Flora Favorite: Heather McNaught
  - On The Trail Favorite: Jeff Johnson
  - In Camp Favorite: Nancy Beverly
  - Humor Favorite: Susan Campo
  - Group Shot Favorite: Nancy Beverly



Tammie shows us [www.glstracks.org](http://www.glstracks.org).



People brought lots of great potluck items to share, as usual.



Tree bookends made by Marie A. for Barb and SK as they prepare to leave Los Angeles and GLS.



Arriving at the summit of Sugarloaf Mountain.

Jeff Johnson



Nancy Beverly

## Big Bear Weekend

(Continued from page 1)

So THIS year, our third annual trip to Big Bear -- hosted once again by gracious Tammie & Kyla -- I was of a similar mind -- be focused on the goal, do everything I could to get there (start earlier, take shorter breaks, walk a little faster...), and then see what happens. The hiking gods were with



On the return from Sugarloaf Mountain, looking northwest over Big Bear toward the Mojave Desert.

Jeff Johnson



Jeff Johnson

Choosing our Sunday hike on Sunday morning over scones and coffee at Kyla and Tammie's place.

us -- and by us, I mean Jen D. and Mike B. again, plus Jeff J. With such a small (and very capable team), the odds were in our favor. The weather gods chipped in, too; what a glorious day, 20s in the early morning hours, but approaching 50 degrees in the afternoon sunshine. We got started at 9:10 a.m., and even though our hearts were pounding on the steep sections, we safely made it to the 9950' summit of Sugarloaf at 1 p.m. We took a lot of snow-dusted pictures along the way as well as some spectacular vistas. At the top, after a short

lunch break and more pix, we headed back down. It was turning cold again by late afternoon but we completed the 10 mile trip and were back to my yellow sunbeam car at 4 p.m.

We continued our Big Bear traditions by having Mexican food in town that night and then doing an easy hike on Sunday. Jen had headed for home but Devorah S. joined us as Mike took us to a relatively flat section of the Pacific Crest Trail, where we were rewarded with vistas of the desert instead of the mountains.



At a sunny spot above Big Bear and the Mojave Desert on our Sunday hike.

Nancy Beverly



The view northeast from the PCT above Big Bear, over the Johnson Valley out into the Mojave Desert.

Jeff Johnson

# Griffith Park Graffiti Removal

By Nancy Beverly

I've been hiking at Griffith Park since the late 1990s and just this year graffiti appeared, much to my disappointment and anger. I phoned Griffith Park and other city entities to ask if it could be taken care of, but the lack of manpower and time seemed to get in the way of an "official" solution. Consequently, I hatched a plan to have GLS take care of the tagging and actually got approval from The Powers That Be. To pull off this scheme, I took a day off from work and went over to the Paint Dept. on

the other side of Griffith Park from Interstate 5 to pick up a 40 lb. bucket (5 gallons) of "Antler Brown" paint along with brushes, rollers, handles and assorted other supplies. Fortunately nearly a dozen GLSers showed up on November 21 to carry out the plan — Marie A. (who helped with logistics and brought cupcakes), Grace (who provided her truck and drove up the summer route with supplies), Jeff C. (who carried one of the VERY heavy buckets of paint up to Cardiac Hill — what a workout!), along with the hardy painters Amanda, Diane, Dora, the two Jans, Kiwi, and Tim. We tackled the metal wall on the winter route and the stone bridge, picnic tables and the iron bridge on the summer



Nancy Beverly

route, along with various rocks, trees and signage. There was still more graffiti to be covered even with all of that work, but it felt good to give back to Griffith Park after all the benefits we've reaped from hiking there for so many years.



Nancy Beverly



Nancy Beverly



Nancy Beverly

# Halloween Cemetery Visit

On October 31, Laura and Karen took us to the historic cemeteries on Willow in Long Beach where each Halloween the Historical Society of Long Beach has actors interpreting the lives of people buried there.



A crowd of cemetery visitors watching a performance.



Jeff Johnson

# Rancho Los Alamitos



The adobe ranch house.

On November 15, Karen and Laura took us to Rancho Los Alamitos in Long Beach where we toured the historic adobe ranch house, some of the farm buildings, and the grounds and gardens.



A mature garden of bamboo, palm, and yucca.

Jeff Johnson

## Hiking in Malibu after Christmas



Jeff Johnson

By Jeff Johnson

After several months of no Malibu hikes with Alan and Tom, they were back on the trail right after Christmas.

On Saturday, Dec. 26, they led a GLS hike in Solstice Canyon, the site of many GLS leaders' provisional hikes over the years. Skipping some of the strenuous possible extra side paths, it was not too challenging for the day after Christmas, with beautiful weather and a small cheerful small group who made the loop through canyons and over hillsides in good time.

On Sunday, Dec. 27, a larger group showed up for a longer loop hike starting at the Zuma Ridge trailhead, descending into Zuma Canyon, climbing and crossing the ridge to the east, then crossing



Nancy Beverly

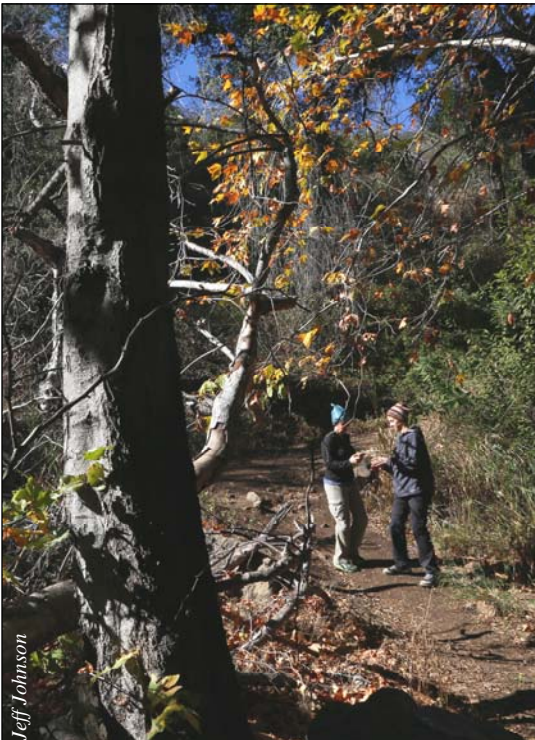


Jeff Johnson



Alan Schimpff

back and descending into Zuma Canyon again. But this was not just any GLS day hike in Malibu, it was also Nancy's birthday. So, at the stream crossing in the Canyon, we had a birthday potluck and some birthday cake. From there, we climbed back up to Zuma Ridge, then made the long descent on the fire road toward the ocean, warmed by the winter afternoon sun, with a view of the Channel Islands.



Jeff Johnson



Jeff Johnson

# Outings & Events

## January

**January 2, Saturday**

**O: Los Lions to Parker Mesa Overlook**  
**Gina Masesmay, Gail Wise**

This is a wonderful, moderate 7.3 mile roundtrip hike from Los Lions Trailhead to the popular Parker Mesa Overlook (1525 ft.) that offers a spectacular view of LA. On a clear day, you can see Downtown LA, the San Gabriel Mountains, Catalina Island, and Palos Verdes. Elevation gain is 1292 ft. The trail begins with a 1.3 mile shady ascent that then meets with the main fire road. The next 2 miles on the fire road is exposed with that first mile being steep uphill. Make sure you bring a hat, sunscreen, 2 L of water, shoes with good traction, snacks, waterproof/water-resistant shell, and layers in case the weather gets cold. Rain cancels; drizzle does not. Estimated hike and rest time totals 4 hours. Meet at 8:30 AM at the Los Lions Trailhead in Pacific Palisades, CA 90272. Contact Gina at 818.835.1059 or Masesmay.gina@yahoo.com.

**Jan 17, Sunday**

**Beverly Hills Urban Walk**  
**Barbara Edwards, S.K. Chiou**

Join us for a brisk walk through the shady quiet streets of Beverly Hills. On our way, we will stop briefly, to admire some former homes of celebrities (including stories of

their sordid past). Bring lunch and water. Plan on 4 hours. 5 miles r/t, 300 ft gain. Well behaved, leashed dogs OK. Meet at 9:30 am at Beverly Gardens Park, on the northeast corner of Santa Monica Blvd and Beverly Dr. We will be near the "Beverly Hills" sign under the huge fig tree. Plenty of FREE parking in residential area, north of Santa Monica Blvd. RAIN CANCELS. Email leader, if questions. greyhund@sbcglobal.net.

**January 24, Sunday**

**O: Mugu Peak**  
**Alan Schimpff, Tom Molloy**

9-mile loop hike starting from Chumash Trail trailhead across from the rifle range on PCH close to Mugu Rock, about 10.8 miles north of Decker Road. If you're coming from Ventura, this turnoff is 2.3 miles south of the intersection between the PCH and Las Posas Road. After an 875 ft climb in .7 miles, the trail stays somewhat level until we start the climb to Mugu Peak. Moderate to strenuous. No dogs. Hike starts at 8:30 a.m. Rain cancels. Questions? Contact Tom or Alan, 310-589-9125.

**January 30, Saturday**

**O: Chaney Trail Lunch Hike**  
**Susan Campo, Diane Zaepfel**

Come welcome Susan and Diane back to GLS and the Angeles Crest! 6 mile, moderate hike to enjoy lunch with a view. Meet at 9:45 am at the Chaney Cyn trailhead parking area in Altadena (forest parking permit required). Dogs welcome. Bring lunch, water, good walking shoes

AND A BIG SMILE! Question? Contact Susan, susanlucillecampo@yahoo.com.

## February

**February 7, Sunday**

**O: Abalone Cove Reserve Nature Walk,**  
**Rancho Palos Verdes**  
**Laura Rainey, Karen Lovett**

This ecological reserve has tide pools, beautiful bluff-top viewing areas, and dramatic trails. Join us as we explore Abalone Cove at low tide. We'll be walking less than 2 miles (40' gain/loss) round trip from the parking lot down to the beach below and back. Park in lot at Abalone Cover Shoreline Park at 5970 Palos Verdes Drive South, across from Wayfarer's Chapel. Parking fee for less than 2 hours is \$6, and goes up to \$12 for more than 2 hours. Meet at Abalone Cove Trail Head at east side of parking lot at 2:00PM. Walk will end by 4:00PM, when the park closes. Bad weather cancels. Questions? Please contact Laura at geowmn@verizon.net.

**February 13, Saturday**

**O: Sullivan Canyon**  
**Nancy Beverly, Anna Baum**

For those of you who would like an easy to moderate hike, this is it! Join us as we walk Sullivan Canyon, in the Santa Monica Mts., a flat 9-mile roundtrip hike (last ½ mile is uphill). Completely shaded and filled with greenery, the canyon is an urban oasis. Heads up: if we've had a lot of rain, we will be hiking through and around a creek

*(Continued next page)*

## Weekly Griffith Park Conditioning Hikes

**What:** On Wednesday nights, join us for a moderate (strenuous if you are out of shape) hike to Mt. Hollywood, 6 miles, 1145' gain/loss. This is a great mid-week workout. Lug-soled boots are best for traction, but some hikers wear sneakers. Bring a quart of water, snacks if you like, and a flashlight if not used to hiking in the dark. We have a few tiny breaks on the way up, stop at the top, gawk at the city lights until we get a chill, and then return to our cars by approx. 9:30 p.m. Dogs are welcome; bring a leash and

extra water. Rain cancels.

**When: WINTER 2015-16**

**January: 6, 20**

**February: 3, 17**

**March: 2, 16**

7 p.m. sharp, end by 9:30 p.m.

**Where:** Near the flagpole and picnic tables at Crystal Springs Griffith Park HQ/Visitors Center/ Ranger Station, 4730 Crystal Springs Drive, LA. (Note: Mapquest, Google Maps, etc. may be misleading.)

**Directions:**

(1) From Los Feliz Blvd. (which you can reach from I-5 or coming from Hollywood), turn

north on Crystal Springs Dr. Proceed 0.5 mi. to the 3-way stop sign, go straight, and proceed 0.6 mi. and turn right in the driveway just after the Ranger Station. Drive around behind the Ranger Station to Park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda machine, big tree).  
(2) From Fwy. 134 East, exit Victory, turn right at bottom of ramp. Make immediate left onto Zoo Drive. Drive through the park, passing the zoo on your right and the Gene Autry Museum on your left. Curve around and pass the golf

course. You'll come to a stop sign at Griffith Park Drive & Crystal Springs Road (which is the road you're on now, it changes names). Proceed one more block to the next stop sign at the Ranger Station and turn left. Drive all the way around behind the Ranger Station to park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda machine, big tree).  
(3) From Fwy. 134 West, take the Zoo Drive exit, turn left onto Zoo Drive and proceed as above (directions 2).

## Signal Hill Conditioning Walks

**What:** Up, over and around Signal Hill. 3-4 miles, 500-750 ft. gain/loss. Easy if you are in good shape, moderate and

maybe even strenuous if you are out of shape. Walking on pavement and gravel. Sensible walking shoes, water, layers for

cool evening breezes. Drizzle goes, rain cancels. Questions? Call Jeff 562-434-8473.

**When:** Every **last** Wednesday of the month (except holidays), at 7:00 pm. Back at the cars

around 8:30 pm.

**Where:** Meet on Industry, just west of intersection with Redondo, in Signal Hill. Plenty of street parking.

## Outings and Events

(as will local mountain bikers), so bring your waterproof boots and perhaps hiking poles (along with layers of appropriate clothing, lunch and a liter of water). Heavy rain cancels, drizzle does not. Meet at 9 a.m. at the end of Queensferry. Directions: From Sunset Boulevard, go 2.3 miles west of the 405, turn north at the light onto Mandeville Canyon Road. After barely a third of a mile, turn left onto Westridge Road. Drive uphill on Westridge Road for 1.2 miles and turn left on Bayliss Road. Drive two blocks and make another left on Queensferry Road and find a place to park. The trailhead is at the bottom of the road (meet there), note that street parking is not allowed right next to the trailhead. Trailhead address: 2120 Queensferry Road, Los Angeles, CA 90049. Questions? Nancy B., 818-681-5192.



## Future Outings

### March 6, Sunday O'Melveny Park to Mission Point Dora Olea, Jeff Johnson

The second-largest park in L.A. County, second only to the expanses of Griffith Park on the opposite side of the Valley, offers the best view of the San Fernando Valley. We will take a stroll along citrus groves, grassy fields, and a riparian canyon in this tranquil park situated in Granada Hills. The first 0.9 mile explores the initial section of the well-maintained lawns shaded by oaks and eucalyptus trees extended over a quarter mile into Bee Canyon Trail. For a better view of the Valley and a good workout we will hike up the challenging Mission Point Trail that climbs over 1,000 ft in 1.5 miles. A moderate pace hike with approx. 4 miles round trip. 1,400 ft. elev. gain/loss. Short car shuttle. Bathrooms and water at the trailhead. K-9 welcome. Bring water, lug

soles, sunscreen, and your lunch. Meet 9 am. From CA 118, exit at Balboa Blvd. and head north 2.3 miles to Sesnon Blvd. Make a left on Sesnon, following it for just over 0.5 miles to the entrance of O'Melveny Park on the right. Free parking, carpooling is recommended. Rain cancels. Questions leader Dora at (213) 200-0239 or [chamacasister@gmail.com](mailto:chamacasister@gmail.com).

### March 11-13, Friday-Sunday O: Backpack: Eureka Peak + 1, Joshua Tree National Park Dora Olea, Jeff Johnson

Backpack for well-conditioned beginners and above. Join us on this "welcoming Spring Backpack" to the western portion of the Joshua Tree National Park. This trip will cover approximately 9 miles and 2,500' of gain/loss over Sat. and Sun. On Friday, we will sleep at specific

campground (optional). On Saturday, we will pack in about 3 miles and set up the camp in the middle of nowhere and then on to Eureka Peak (5518') for possible views of JTNP, and return to camp. On Sunday, we will day hike in the vicinity for more views and return to break camp and hike back to the cars. Most hiking routes will be on dry sandy streambeds. Leaders will stash water. Interested participants must provide a hiking resume by February 15 for consideration. Optional Mexican Feast on Sunday. Space is limited. For more info and RSVP, contact Dora at [chamacasister@gmail.com](mailto:chamacasister@gmail.com)

### May 14-15, Saturday-Sunday O: Little Jimmy Backpack – Ted's provisional Ted Hirscher, TBA

### May 27-30, Friday-Monday O: Telescope Peak Susan Campo, TBA

### June 16-19, Thursday-Sunday O: Boundary Peak Susan Campo, TBA

### August 5-8, Friday-Monday O: Backpack: Cottonwood Lakes (11040'), New Army Pass Dora Olea, Jeff Johnson

### September 4 – 10, Sunday-Saturday O: New Mexico: North of Taos Mike Brostoff, Grace Hengst

Spend a week in Northern New Mexico at Takoja Retreats. Nestled on 40 acres, 28 miles north of Taos, the Takoja Retreat Center is surrounded by tall mountains and wide expanses of sage and cedar. There are many activities to suit everyone from exploring unlimited hiking trails and mountains, (including Wheeler Peak, the highest mountain in New Mexico standing at over 13,000 feet) to Taos with its pueblo and diverse artist scene. The mountains offer much more wildlife viewing than we are accustomed to in California. Bighorn sheep, black bears, and marmots are common, with an occasional mountain lion or porcupine sighting for the off trail adventurer, and don't forget, the coyotes will sing you to sleep every star-filled night. There will be a few group activities, but most of the week is left free to spend the time as you wish.

You have your option of camping on the property or staying in the two adobe domes complete with kitchen, bathrooms and showers. They've added authentic New Mexico cuisine to complement the full buffet breakfasts served every day. In addition, there are three complete evening dinners and one supper of gourmet leftovers. Price for the trip varies depending on the accommodations you choose:

- Dome: Two person loft with private bathroom: \$410 (per person)
- Dome: Communal sleeping area: \$375
- Camping: \$325

Since the acoustics of the domes can generate a lot of noise, we are encouraging people to camp. Campers will have access to the bathrooms and showers. Please send check payable to GLS, phone number, address and email address to Mike Brostoff 11220 Moorpark #110 North Hollywood, 91602. If interested in the loft, please contact Mike first to check for availability. The trip is open to 15 people.

### December 17, Saturday O: Xmas Tree Count Hike in LA Susan Campo, Diane Zaepfel

### December 31, Saturday O: Potluck and Midnight Walk to the Rose Parade Lineup Susan Lucille Campo, Diane Zaepfel

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## More Photo Contest Winners

(Continued from page 2)



**Overall Favorite and Flora Favorite**  
Heather McNaught, Descanso Gardens outing



**Fauna Favorite**  
Heather McNaught, Bolsa Chica walk



**Overall Favorite runnerup**  
Susan Campo, Strawberry Potrero hike



**Landscape and Scenery Favorite**  
Mike Brostoff, New Mexico outing



**Overall Favorite runnerup**  
Mary Pickert, Kearsarge Pass backpack



**On the Trail Favorite**  
Jeff Johnson, Whitewater Canyon hike

# January and February 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6 Griffith Park Mike, Jan	7	JAN 1 _____	2 Los Liones to Parker Mesa Gina, Gail _____
					8	9
10	11	12	13 No Griffith Park	14	15	16
17 Beverly Hills Urban Walk Barbara, SK	18	19	20 Griffith Park Nancy, Mike	21	22	23 full moon 
24 Mugu Peak Alan, Tom	25	26	27 No Griffith Park Signal Hill	28	29	30 Chaney Trail Lunch Hike Susan, Diane
31	FEB 1	2	3 Griffith Park Dora, Jan	4	5	6
7 Abalone Cove, Rancho Palos Verdes Laura, Karen	8	9	10 No Griffith Park	11	12	13 Sullivan Canyon Nancy, Anna
14	15	16	17 Griffith Park Dora, Jan	18	19	20
21	22 full moon 	23	24 No Griffith Park Signal Hill	25	26	27
28 _____	29	MAR 1	2 Griffith Park TBA	3	4	5
6 O'Melveny Park to Mission Pt. Dora, Jeff J.						

## GLS Leader Contact Information

Please call after 9 AM and before 9 PM

Alan Schimpff	310-589-9125	alanschimpff@netscape.net
Amanda Smith	323-646-0771	amandajillsmith@gmail.com
Anna Baum	310-990-0610	ambaumlosangeles@gmail.com
Anne Mullins	323-522-6640	hike2thepeak@gmail.com
Asher Waxman	323-876-2889	amuirman@yahoo.com
Barbara Edwards	310-839-0593	greyhound@sbcglobal.net
Beth Epstein	562-439-0646	b.epstein@verizon.net
Carol Jeffcoate	562-985-1007	
Dawn Wilson	612-384-0180	dawnxwilson@gmail.com
Diane Ru	626-688-8642	zappydz@gmail.com
Dora Olea	213-200-0239	chamacasister@gmail.com
Gail Wise	310-433-2298	gailwise2@gmail.com
Gina Masequesmay	818-835-1059	masequesmay.gina@yahoo.com
Grace Hengst	323-697-6886	gracehikes@roadrunner.com
Heather Sargeant	909-336-2836	heathercsoo@aol.com
Jan McInnis		jan.mcinnis@gmail.com
Jeff Cuevas	626-644-9879	cuevas777999@yahoo.com
Jeff Johnson	562-434-8473	jgj@cheerful.com
Jim Angus	323-895-0001	jim@jimangus.com
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Mary Conte	213-810-3939	

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Susan Campo	626-688-8642	susanlucillecampo@yahoo.com
Tammie Barta	626-354-2820	tambarta@gmail.com
Teresa Nick	612-384-0421	teresa.nick@me.com
Tom Molloy	310-589-9125	tomsmolloy@yahoo.com

## Outings Volunteers

### Mike Brostoff, Outings Schedule

Contact Mike about scheduling outings, to check for available dates, and to submit write-ups.

### Dawn Wilson, Outings Liaison to Angeles Chapter

Contact Dawn about questions of leadership requirements and Sierra Club Outings Policy. Dawn is the primary person to read the communications from the Angeles Chapter regarding outings and inform the other leaders.

### Laura Rainey, Weekly Reminder

Laura sends out the weekly email announcing upcoming events. If an event must be altered or canceled after publication, e-mail Laura and cc Mike.



## Important Outing Information

### Waiver

To participate in a Sierra Club outing, you must sign a liability waiver. To read a copy of the waiver before the outing, go to: <http://content.sierraclub.org/outings/local-outdoors>. Questions? Call 415-977-5528.

### Rating Codes

*These codes indicate the technical difficulty, not the strenuousness.*

**O** Applies to uncomplicated outings such as hikes on trails or the equivalent (with minimal navigation skills).

**I** Includes outings that involve cross-country travel where navigation is necessary. Rougher ground than "O" outings may be traversed, and use of hands for balance may be necessary. Climbing level: 2nd class terrain.

**C** Events under external control of a non-Sierra Club entity, (such

as a ranger, guide, or a concessionaire).

**SE** Social event.

### Outing Reservations

Reservation fees of from \$5-\$15 are refunded only when you show up and if they aren't needed to offset costs. Cancellation policy on more expensive trips is as follows: Cancellation within 30 days, no refund without replacement. If your spot is filled, 90% will be refunded. This policy is in effect unless the leader states otherwise in writing. Always send two SASEs, contact and drive/ carpool information. Make checks payable to "GLS".

### Dogs

For most people, the presence of a well-behaved dog can be entertaining, or at worst a mild annoyance. However, this is not true for everyone. Some people suffer from various levels of fear

of dogs. Because of this, and the potential intrusion on wildlife, the Sierra Club policy is that dogs are not allowed on Club outings unless the write-up states DOGS OK. Make sure you bring adequate food, water, a bowl, and a long leash.

### Seller of Travel Notice

CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

### Adventure Pass

National Forests in Southern California (Los Padres, San Gabriel, San Bernardino, and Cleveland) require parked cars to display an Adventure Pass. The pass is available from ranger stations, sporting goods stores, and other local merchants and costs \$5 per day or \$30 per year. Plan on getting it before your outing, as most outlets do not open early. Many Sierra Club members dispute this user fee and protest it by not

buying a pass, possibly incurring a ticket. The choice is yours.

### Carpooling

To facilitate the travel logistics for outings, participants often make carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride-sharing, or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

### Rideshare Points

Directions to all rideshare points in the Angeles Chapter Schedule of Activities or at: [http://angeles.sierraclub.org/get\\_outdoors/know\\_you\\_go/rideshare\\_meeting\\_places](http://angeles.sierraclub.org/get_outdoors/know_you_go/rideshare_meeting_places)

### La Canada Rideshare Point

Exit 210 at Rte 2 / Angeles Crest Hwy. Go N (uphill) 1/4 mi on Rte 2, park at curb on right, on the long, straight uphill section in a residential neighborhood.

# TRACKS

SIERRA CLUB/GLS  
P.O. BOX 1300  
SOUTH PASADENA, CA 91031-1300

# TRACKS

Subscribe to TRACKS, the GLS newsletter, and find out about all the GLS outings and events every month. You do not need to be a Sierra Club member to subscribe.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_

- New  Renewal  Gift  Change of Address
- Send print TRACKS by US mail \$15 - 1 yr; \$35 - 3 yr
- Send email TRACKS (pdf file) \$10 - 1 yr; \$20 - 3 yr
- Send print and email TRACKS \$25 - 1 yr; \$55 - 3 yr

Fill in this form and send it with a check made out to GLS to:  
GLS  
P.O. Box 1300  
South Pasadena, CA 91031-1300



Contributions, gifts and dues to the Sierra Club are not tax-deductible; they support our effective citizen-based advocacy and lobbying efforts. Of your dues, \$7.50 goes for a subscription to *Sierra* magazine, and \$1 for your chapter newsletter.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Category:	Individual	Joint	Mail to:
Introductory	\$25		Sierra Club
Regular	\$39	\$47	Membership Dept.
Supporting	\$75	\$100	P.O. Box 52968
Contributing	\$150	\$175	Boulder, CO 80322
Life	\$1000	\$1250	
Senior	\$24	\$32	
Student	\$24	\$32	
Limited Income	\$24	\$32	

When you join the Sierra Club, please use this form. The FRIP no. on the form brings part of your membership dues to GLS

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