

# TRACKS



March/April 2016

Volume 29, No. 2



## At Abalone Cove in Palos Verdes

By Jeff Johnson, story and photos

While you may have been in front of the TV on February 7 in the afternoon watching the Super Bowl, a big group of GLS walkers was at Abalone Cove State Park in Rancho Palos Verdes. Laura and Karen planned this outing to coincide with the lowest low tide of the season, when

more rocks and tide pools would be exposed than at any other time of the year.

There is a lot of geology going on in Palos Verdes, which was part of the point of this hike for Laura, our GLS geologist. Here is Laura's description of the local geology: "[T]he rocks in the area of Abalone Cove are associated with the

*Monterey Formation, an assemblage of sedimentary rock layers that extends through much of southern and central California. The layers in the formation were formed during the Miocene (8 to 15 million years ago - relatively young, geologically speaking). (These sedimentary*  
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## Checking In With...

### Tammie Barta

If you were at the GLS holiday party in December, you know that Tammie was named GLS **Sierran of the Year**. (Unfortunately the editor lost track of that fact when writing about the party in the last issue of Tracks.) The award was in recognition of the work that Tammie has

done for GLS recently, along with Kyla, but particularly the work Tammie did to create the new GLS Tracks website, [glstracks.org](http://glstracks.org) (see page 2).

Tammie and Kyla were first connected with GLS through a welcome package of information from the Angeles Chapter of the Sierra Club. Many of us got to know them at the GLS 25th anniversary weekend at Harwood Lodge, which they attended and  
*(Continued on page 3)*

## GLS Management Committee Meeting, Jan. 14, 2016

In attendance: S.K., Tim, Tammie, Kyla, Jen, (Barbara joined in also)

- Review of membership positions and

the role of the GLS board

- Discussed the importance of outings
- How to recruit new members/leaders -

decided to order business cards

- Discussed setting up a new PO Box
- Discussed the new TRACKS website and getting members signed up

## WWW.GLSTRACKS.ORG

As GLS continues on the way from the print-based past to the web-based future, more and more material that now appears in PDF and printed Tracks will appear at [glstracks.org](http://glstracks.org). This website is intended eventually to become the official Angeles Chapter GLS publication, replacing the bi-monthly PDF and print versions of Tracks.

**Do you have access to [glstracks.org](http://glstracks.org)?** A while ago, Tammie sent login information to all current Tracks subscribers. If you can't find those instructions or are a new Tracks subscriber, get in touch with Tammie at [tambarta@gmail.com](mailto:tambarta@gmail.com).

When you log in to [glstracks.org](http://glstracks.org), one of the features you will find is a calendar of upcoming outings. Click a month in the calendar, then click an outing in that month to see the full description of the outing.

If you have an article or a picture that you would like to share on [glstracks.org](http://glstracks.org), get in touch with Tammie.

Beside the new Tracks website, GLS will continue to have the weekly outing email that Laura sends out and the GLS Meetup group that Nancy manages.



After Tammie's presentation about [glstracks.org](http://glstracks.org) at the GLS holiday party last December, Tim (right) and Barb (center) present her with the 2015 Sierran of the Year Award.

## 25th Anniversary GLS T-Shirts!

The GLS 25th Anniversary logo has been printed on heather gray T-shirts, like the ones shown in the photo. T-shirts are \$15 each, available in unisex sizes Small/Medium/Large/X-Large.

To order a T-shirt, please make a check payable to "GLS" and mail to: Amanda Smith, 831 Kodak Drive, Apt. 1/2, Los Angeles, CA 90026. Please be sure to include the size of T-shirt you are

requesting along with your phone number and/or email address in case we need to get in touch with you. If you need the T-shirt shipped to you out-of-town, please contact Amanda with the details first so we can estimate shipping costs before you write a check.

Questions? Email Amanda at [amandajillsmith@gmail.com](mailto:amandajillsmith@gmail.com).



## Information about GLS

**General questions about GLS**, call Marie at 818-406-3529 or Mike at 818-399-4035. **Questions about a specific event**, please call the leaders listed in the schedule.

Contact info is inside the back page.

**GLS Tracks online:** <[glstracks.org](http://glstracks.org)>

Requires username/password, provided to GLS Tracks subscribers

**Sign up for the FREE GLS email list**, with a weekly email digest of GLS events, go to: <[http://angeles.sierraclub.org/mailling\\_lists](http://angeles.sierraclub.org/mailling_lists)>. Your email address remains confidential and is not displayed to others.

**On Meetup:** <[www.meetup.com/GLS-Gay-and-Lesbian-Sierrans](http://www.meetup.com/GLS-Gay-and-Lesbian-Sierrans)>

**On Facebook:** <[www.facebook.com/groups/87511347304](http://www.facebook.com/groups/87511347304)>

## Next GLS Mgmt. Comm. Meeting

The next management committee meeting is tentatively scheduled for April 18.

GLS management committee meetings are held about every two months, usually on evenings during the week, by conference call. All GLS subscribers are welcome.

You may call one of the committee members to confirm meeting time, how to call in, or ask about the agenda, or for other information.

### GLS Mission

The Gay & Lesbian Sierrans Section of the Angeles Chapter fosters the purposes of the Sierra Club by making available a wide range of events for gays, lesbians, and their friends. These activities include conservation, education, hikes, bike rides, beach walks, car camps, boat trips, social gatherings and fundraising.

### GLS Newsletter

The GLS newsletter, TRACKS, is published six times a year. Annual subscriptions are \$15 for issues sent by US mail, \$10 for issues sent in PDF format by email, \$25 for both. Three year subscriptions are, respectively, \$35, \$20, and \$55. Send subscription requests and related membership correspondence to: GLS, P.O. Box 1300, South Pasadena CA, 91031-1300.

### Management Committee 2016

- **SK Chiou**, Chair
- **Kyla Hjerstedt**, Co-Chair
- **Tim Vo**, Treasurer
- **Tammie Barta**, Secretary
- **Jen Dooley**, Member at Large

### Other GLS Volunteers

**Membership**,  
Tammie Barta and  
Kyla Hjerstedt  
**Conservation**,  
Tom Molloy  
**Webmaster**,  
Tammie Barta  
**TRACKS Editor**,  
Jeff Johnson

.....  
Outing volunteers listed page 11.

## Checking in with...

(Continued from page 1)

where they were volunteers. Some of Tammie's early memorable outings were GLS bike rides, Santa Cruz Island with Mike, and going up and down Los Angeles stairs with Nancy and Eva. For three years now they have hosted GLS for a winter weekend in Big Bear. And for something a little different, Tammie is particularly interested in future outings that involve geocaching.

Both Tammie and Kyla are now on the GLS management committee and both are active, O-rated leaders.

## Susan Campo

Susan has been active with GLS since its beginning in the 1980s and still leads new and interesting hikes. So where has she been in recent months? She's been in South Dakota.

Susan is originally from Rapid City, where she still owns her childhood home. Since Susan retired from teaching junior high school science, one of her bucket list

goals was to spend an entire season in South Dakota doing things she wanted to do but just hadn't been there long enough recently to do. This included having friends for Thanksgiving dinner at her house there, and having a snowy South Dakota Christmas with Diane.

Some of the things that Susan did during her extended South Dakota stay: repeat visits to Mt. Rushmore, Harney Peak and many other local peaks, a buffalo roundup, a powwow, museums, caves, rivers, badlands, visiting childhood friends and classmates, a buffalo kill, a Lakota sweat lodge, and many activities with Outdoor Women of South Dakota. When she left South Dakota, there were still plenty of things to do the next time she gets back there.

And then there were more adventures.

Susan is the GLS leader who has taken GLS many times to Phantom Ranch at the bottom of the Grand Canyon for New Year Eve. On the return trip from South Dakota after the new year, Susan and Diane went to the Grand Canyon to do that hike again on their own. It turned out that it was so snowy at the rim of the Grand Canyon that the Bright Angel Trail was closed to the mule packers who supply Phantom Ranch and hikers were not encouraged to hike down. Given the choice of their money back or an adventure, Susan and Diane put their grippers on their shoes and headed down. They made it down safely, had the trails more or less to themselves, and then made it safely back up as well.

Susan's first GLS hike after her return to Pasadena was on the Chaney Trail, which you can read about elsewhere in this issue. It was a day hike close to home, unlike the hike to Phantom Ranch, but, unfortunately, that did not mean that everyone on the trail made it home safely.

Soon after the Chaney Trail hike, Susan and Diane went skiing in the Sierras and Susan took a tumble on the slopes. She didn't think it was a big deal until she got home and found that she had actually cracked a vertebra! Which means that, after all her adventures, Susan is now resting restlessly at home in order to recover quickly. She still has a number of outings planned because she expects to be back on the trail in a few months.

## Barbara Edwards

Barb has been the queen of GLS car camps in recent years, as well as our most frequent urban walk leader. But Barb and SK are now leaving Los Angeles. We will never again have a Barb car camp in Anza Borrego or at Morro Bay. There is,

however, one last arboretum visit with Barb scheduled in this issue of Tracks.

Barb and SK are moving to Port Townsend in Washington. Barb sounds very happy with the friendly atmosphere in town, lots of retired gay people, lots of art in town. She says that she will miss familiar places in California like Morro Bay, Pismo Beach, Rock Creek, and Joshua Tree, but is looking forward to new bays, beaches, creeks, and trees. Mt. Baker and Mt. Rainier are within sight of town, Fort Warden State Park is a few minutes away, and Olympic National Park is about as far away as the Buckhorn trailhead was in L.A. Barb is already planning to hike around Lake Crescent and to ski above tree line on Hurricane Ridge in Olympic National Park.

Barb says that she and SK will miss all their GLS friends a lot and hope those friends will come visit. Barb says she is ready to make room in the driveway.



Susan's house in Rapid City at Christmas. Photo Susan.



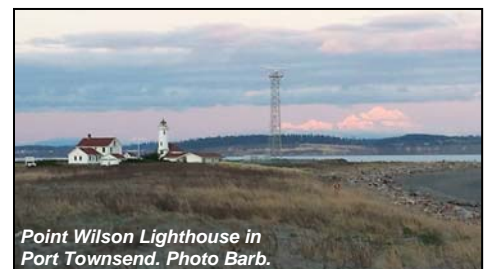
Susan & Diane at the rim of the Grand Canyon. Photo Susan.



Susan on the Missouri River. Photo Susan.



Mount Baker at sunset. Photo Barb.



Point Wilson Lighthouse in Port Townsend. Photo Barb.



Barb at Lake Crescent. Photo Barb.

## Abalone Cove

*(Continued from page 1)*

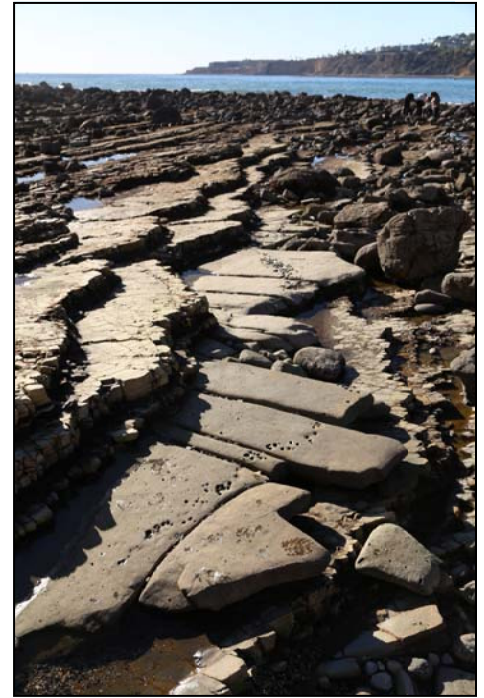
rocks were formed in a deep marine environment, and were subsequently uplifted by plate tectonic forces. Volcanic events also occurred during the Miocene (roughly during and after deposition of the Monterey Formation), and basalt can be seen at various locations around the Palos Verdes area. The presence of these volcanics within the Monterey Formation sediments can be seen along the coast. Pillow lava basalt is present at Abalone Cove, and may have formed when the basalt erupted into the ocean water. Rust-colored banding seen locally along rock fractures may be attributed to later hydrothermal activities. Landslides are present in the PV area, including the Abalone Cove landslide.”

We did see uplifted layers of yellowish rocks in cliffs above the beach as well as greyer, flatter layers in the tidal zone. Where rocks like that are up on a hill, sloping downhill with nothing to hold them back, and there’s water in the ground for lubrication, there are landslides. This part of Palos Verdes is famous for landslides. New residential development in the 1950s brought irrigation and septic systems that added water to the ground and aggravated the landslides. Drains were even installed in the hills to remove water.

We did get to see the tide pools we expected to see, with anemones and other tide pool creatures. Some areas were covered with barnacles growing in patterns that almost looked designed.

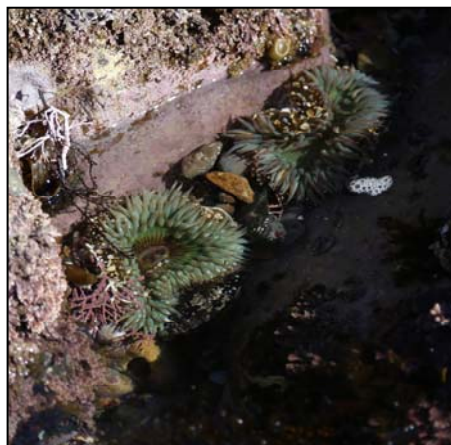
On the flat, horizontal areas of rocks that would normally be underwater, unseen creatures had bored rows of holes into the rocks. We saw the shells of tubeworms that may have been formed inside holes like those. When the rocks wear away and break up, the shells fall out of their holes.

This beach is difficult to walk on because the rocks above the tidal zone are all big lumpy cobbles. There’s nowhere to put your feet down that’s flat, not slippery, and not covered with barnacles. So I wanted to know what these cobble rocks are. Not sedimentary rocks, because they would be too soft to wear into round cobbles? Were they the pillow lava basalt that Laura mentioned? Or were they something else that rode down the hill in landslides, accumulated on the beach and eroded to roundness over the millennia while the soft shale beach beneath them steadily wore away? Unfortunately, Laura couldn’t make it there on the day, so I did not get to ask. Maybe next time.



**Above:** Layers of the Monterey Formation in the cliffs above the beach, left, and in the beach itself, right. **Below:** GLSers looking between the boulders

**on the beach for interesting things in the water. Bottom left:** anemones in a tide pool. **Bottom right:** Shells of tubeworms picked up on the beach.





Nancy Beverly

## On the Chaney Trail

By Jeff Johnson

On January 30, shortly after Susan and Diane returned from their far-flung western winter adventures, they took GLS hikers on a "we're back" hike on the Chaney Trail. The goal was a pleasant hike and lunch at a familiar spot with a view.

They started late in the morning and were just short of the lunch spot when they walked up on a Los Angeles County Sheriff's crew on the trail on ATVs. They heard that a biker had been missing since the night before and had just been found. The Sheriff's crew had been out early looking for the biker and had found him dead right by Susan's planned lunch spot. Apparently he died of natural causes. A County helicopter came in overhead and let down a crew to recover the body.

The group turned around and found another place for lunch, thinking that it would have been a very different morning if they had started earlier and had arrived there before the Sheriff. After a while, the Sheriff's ATVs passed by carrying the bicycle.

The hike ended on a happier note. If you know the area, you know that this is by Millard Canyon, much of which has been closed since the Station Fire in 2009. Some of the closed trails there have been rebuilt and are just being reopened. As Susan's group passed the turnoff to Millard Falls and found the trail open, Susan proposed a detour. All the hikers in the group hiked the extra mile and were happy to see a waterfall with water actually falling. That has been an unusual sight in the front range of the San Gabriels during the recent drought years.



Nancy Beverly



Susan Campo



Susan Campo



Susan Campo



Susan Campo



Susan Campo



Susan Campo



Susan Campo

Top: At the eventual lunch spot  
 Second to top: The helicopter recovery in progress.  
 Above: Running water at Millard Falls.  
 Wildflower pictures: Can you identify which (four) of these wildflowers seen along the trail are native plants and which (two) of them are not native?

# Conservation Notes

By Tom Molloy

## Three New CA Nat'l Monuments

In addition to the 265 million acres of land and water that Obama has already protected, on February 12 this year, he designated an additional 1.8 million acres of the Mojave Desert as three separate National Monuments.

Along 105 miles of old Route 66 between Ludlow and Needles, Mojave Trails National Monument (1.6 million acres) links Joshua Tree National Park and the Mojave National Preserve.

About 45 miles east of Riverside, Sand to Snow National Monument (154,000 acres), lies between Joshua Tree National Park and the San Bernardino National Forest and includes 24 miles of the Pacific Crest Trail, petroglyphs, and Big Morongo Canyon.

About 100 miles south of Las Vegas, Castle Mountains National Monument (20,920 acres) features a row of jagged peaks between Interstates 15 and 40, about 100 miles south of Las Vegas. The area includes the historic mining camp of Hart, about 10 miles from the Nevada border.

The 1906 Antiquities Act authorizes presidents to create national monuments on federal land to protect "objects of historic and scientific interest." National Parks are created through an Act of Congress.

Many GLSers are familiar with the Wildlands Conservancy. Over the years, we have had outings at Wind Wolves Preserve and Whitewater Preserve, both owned by the Wildlands Conservancy. Vast areas of desert land that are included



in these new National Monuments were acquired privately and donated to the Department of the Interior by the Wildlands Conservancy.



## Sullivan Canyon

By Jeff Johnson

Nancy's February 13 GLS walk in Sullivan Canyon was a good remedy for that too-long-staring-into-the-glowing-panel feeling I was having that day. Pleasant temperature, dappled shade under the oaks, easy path with no hazards beyond the cyclists, old friends and several new acquaintances. I got to hear about: Anna's new job; Nancy's shorter film scheduled for June; Ted's provisional leadership hike in May; Jen and the water of Orange County; Pedro's work providing services for seniors around Long Beach. I got to ask how the newcomers found out about GLS: Meetup and searching online for the Sierra Club. It often seems like things in GLS are not what they used to be, but this still felt like what's been keeping GLS going for almost 30 years now.



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## Outings & Events

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### March

**March 6, Sunday**

**O'Melveny Park to Mission Point  
Dora Olea, Jeff Johnson**

The second-largest park in L.A. County, second only to the expanses of Griffith Park on the opposite site of the Valley, offers the best view of the San Fernando Valley. We will take a stroll along citrus groves, grassy fields, and a riparian canyon in this tranquil park situated in Granada Hills. The first 0.9 mile explores the initial section of the well-maintained lawns shaded by oaks and eucalyptus trees extended over a quarter mile into Bee Canyon Trail. For a better view of the Valley and a good workout we will hike up the challenging Mission Point Trail that climbs over 1,000 ft in 1.5 miles. A moderate pace hike with approx. 4 miles round trip. 1,400 ft. elev. gain/loss. Short car shuttle. Bathrooms and water at the trailhead. K-9 welcome. Bring water, lug soles, sunscreen, and your lunch. Meet 9 a.m. From CA 118, exit at Balboa Blvd. and head north 2.3 miles to Sesnon Blvd. Make a left on Sesnon, following it for just over 0.5 miles to the entrance of O'Melveny Park on the right. Free parking, carpooling is recommended. Rain cancels. Questions leader Dora at (213) 200-0239 or [chamacasister@gmail.com](mailto:chamacasister@gmail.com).

**March 11-13, Friday-Sunday**

**O: Backpack: Eureka Peak + 1, Joshua Tree National Park  
Dora Olea, Jeff Johnson**

Backpack for well-conditioned beginners and above. Join us on this "welcoming Spring Backpack" in the western portion of the Joshua Tree National Park. This trip will cover approximately 9 miles and 2,500' of gain/loss over Sat. and Sun. On Friday, we will sleep at a National Park campground (optional). On Saturday, we will pack in about 3 miles and set up the camp in the middle of nowhere and then on to Eureka Peak (5518') for possible views of JTNP, and return to camp. On Sunday, we will day hike in the vicinity for more views and return to break camp and hike back to the cars. Most hiking routes will be on dry sandy streambeds. Leaders will stash water. Interested participants must provide a hiking resume by February 15 for consideration. Optional Mexican Feast on Sunday. Space is limited. For more info and RSVP, contact Dora at [chamacasister@gmail.com](mailto:chamacasister@gmail.com).

**March 13, Sunday**

**O: Los Angeles Arboretum and Botanical Garden  
Barbara Edwards, Grace Hengst**

Please join us in a very special birthday celebration for Grace and Barb. Occupying the heart of the historic Rancho Santa Anita, The Los Angeles County Arboretum & Botanic Garden is a unique 127-acre botanical garden and historical site. Home

to plant collections from all over the world, including many rare and endangered species, the Arboretum also houses outdoor historical landmarks that include Native American, Rancho Period, and late 19th century treasures. The Arboretum is also an animal sanctuary. In addition to The Arboretum's famous peacocks, visitors will see species of resident and migratory birds, aquatic creatures, as well as numerous species of small reptiles and mammals. Plan on a 3-mile stroll with 200 ft. gain. We will return to our cars for an early picnic, birthday cake, and then continue on our walk. If we are lucky, we will see the Pink Trumpet tree, a South American native that produces its brilliant display of color in early spring through early summer. Meet at 9:30 a.m. at the entrance. Bring lunch or money for the cafe. Rain or excessive heat cancels outing. Admission \$9 adults, \$6 seniors. Free parking. Please RSVP to leader if possible, in case of last minute changes [greyhound@sbcglobal.net](mailto:greyhound@sbcglobal.net). From the 210 heading east, Exit Baldwin, turn right (south); go for 1/4 mile. The Arboretum is on the right, 301 North Baldwin Avenue, Arcadia, CA, 91007. Across from the Santa Anita Racetrack. <http://www.arboretum.org/>

**March 19, Saturday**

**O: Serrano Canyon Loop  
Tom Molloy, Alan Schimpff**

This hike starts out moving north on the pleasant Sycamore Canyon trail for about a mile and a half, where you come to the

*(Continued next page)*

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### Weekly Griffith Park Conditioning Hikes

**What:** On Wednesday nights, join us for a moderate (strenuous if you are out of shape) hike to Mt. Hollywood, 6 miles, 1145' gain/loss. This is a great mid-week workout. Lug-soled boots are best for traction, but some hikers wear sneakers. Bring a quart of water, snacks if you like, and a flashlight if not used to hiking in the dark. We have a few tiny breaks on the way up, stop at the top, gawk at the city lights until we get a chill, and then return to our cars by approx. 9:30 p.m. Dogs are welcome;

bring a leash and extra water. Rain cancels.

**When:**

**March: 2, 16**  
**April: 6, 13, 20, 27**

7 p.m. sharp, end by 9:30 p.m.

**Where:** Near the flagpole and picnic tables at Crystal Springs Griffith Park HQ/Visitors Center/Ranger Station, 4730 Crystal Springs Drive, LA. ( Note: Mapquest, Google Maps, etc. may be misleading.)

**Directions:**

(1) From Los Feliz Blvd. (which you can reach from I-5 or coming from Hollywood), turn

north on Crystal Springs Dr. Proceed 0.5 mi. to the 3-way stop sign, go straight, and proceed 0.6 mi. and turn right in the driveway just after the Ranger Station. Drive around behind the Ranger Station to Park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda machine, big tree).  
(2) From Fwy. 134 East, exit Victory, turn right at bottom of ramp. Make immediate left onto Zoo Drive. Drive through the park, passing the zoo on your right and the Gene Autry Museum on your left. Curve

around and pass the golf course. You'll come to a stop sign at Griffith Park Drive & Crystal Springs Road (which is the road you're on now, it changes names). Proceed one more block to the next stop sign at the Ranger Station and turn left. Drive all the way around behind the Ranger Station to park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda machine, big tree).  
(3) From Fwy. 134 West, take the Zoo Drive exit, turn left onto Zoo Drive and proceed as above (directions 2).

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### Signal Hill Conditioning Walks

**What:** Up, over and around Signal Hill. 3-4 miles, 500-750 ft. gain/loss. Easy if you are in good shape, moderate and

maybe even strenuous if you are out of shape. Walking on pavement and gravel. Sensible walking shoes, water, layers for

cool evening breezes. Drizzle goes, rain cancels. Questions? Call Jeff 562-434-8473.

**When:** Every **last** Wednesday of the month (except holidays), at 7:00 pm. Back at the cars

around 8:30 pm.

**Where:** Meet on Industry, just west of intersection with Redondo, in Signal Hill. Plenty of street parking.

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## Outings and Events

junction with Serrano Canyon Trail. The Serrano trail takes you east into a densely wooded narrow canyon, with a lovely seasonal stream crisscrossing the trail numerous times, and abundant wildlife. As the trail begins to gain elevation and move north away from the stream, a stunning vista begins to emerge. The trail traverses gently rolling grasslands set against the steep outlines of Boney Mountain. You continue through the valley, eventually connecting up with Old Boney Trail, which drops back into Sycamore Canyon, forming a loop. 9 miles, 800' elevation gain. Meet at 9:00 AM in the parking lot in the Big Sycamore Canyon Campground, located about 5 miles south of Point Mugu on HWY 1 (PCH). Questions? Contact leaders at 310-589-9125.

**March 26, Saturday**

**O: Little Paul Hike**

**Susan Campo, Diane Zaepfel**

We will hike on a wide trail and back the same way through a lovely canyon to Little Paul Picnic area in the Angeles National Forest. It will be a leisurely and social pace with friendly dogs on leash welcome. Elevation gain/loss 300 feet and 5 miles RT. Be prepared to possibly wade through shallow streams in several places. Wear hiking shoes that can get wet. Bring lunch, 2 liters of drinking water or more, walking stick if you use one. Dress for changing weather. Meet at 9:30 a.m. at La Canada Sierra Club rideshare point on the right side of the road just north of the 210 Freeway on the Angeles Crest Hwy exit, north of Foothill and north of the 210 Fwy on Hwy 2). We will move the cars, but it won't be far. Questions? Contact the leader at susanlucillecampo@yahoo.com.

## April 2016

**April 9, Saturday**

**O: Sierra Madre to Orchard Camp via Mt. Wilson Trail**

**Nancy Beverly, Amanda Smith**

Moderate climb & pace, 7 miles round trip out and back, 2,000' elevation gain/loss. Approximately 4 hours. Starting early to beat the crowds and the heat, we'll take the historic Mt. Wilson trail to its half-way point, Orchard Camp. This shady stream-side location was originally used as a construction camp during the building of the trail to the summit in the 1860s, then later a mountain resort until it was abandoned in the 1940s. The first mile of

the hike is exposed, but the rest of the route is mostly shaded, especially Orchard Camp, which can be delightfully cool. This will be a steady climb, with some steep and narrow sections along the way. Hardy hiking dogs allowed, but keep in mind that it's a narrow single-file trail, there's a steady flow of foot traffic, and dogs must be kept on leash. Bring 10 essentials, lug soles, sun-protection, layers, several liters of water (more if it's a hot day) and snack/lunch. The only bathroom is at the trailhead, in Mt Wilson Trail Park. Meet at 8 a.m. at the corner of E Mira Monte Ave, near the intersection of Mt. Wilson Trail Rd. Driving Directions: From the Foothill Freeway (210) in Arcadia, exit on Baldwin Ave. and head north. Turn right on Mira Monte Ave. and park on street near the intersection with Mt. Wilson Trail Road, which is on your left. Plenty of street parking. Rain cancels, drizzle does not. Questions? Contact Amanda @323-646-0771

**April 16, Saturday, 7:30am – 4:00pm**

**Spring LTC Seminar; Eaton Canyon Nature Center, Pasadena**

**Angeles Chapter Leadership Training Committee**

***Take that first step to becoming a Leader!***

Offered just twice a year, the next Sierra Club Angeles Chapter's Leadership Training Seminar is scheduled for Saturday, April, 16, 2016. Come and learn all about the best leadership practices of our outings program. This all-day event covers group management, our ratings system, rules of conduct, safety and much more, from presentations, breakout groups and scenarios.

The all-day class costs \$25. Application and information available online at:

[http://angeles.sierraclub.org/ltc\\_leadership\\_seminar](http://angeles.sierraclub.org/ltc_leadership_seminar)

Mail the application and check, payable to "Sierra Club", to Steve Botan, LTC Registrar, 18816 Thornwood Circle, Huntington Beach 92646. You also can reach Botan by phone (714-321-1296) or email: [lcregistrar@hundredpeaks.org](mailto:lcregistrar@hundredpeaks.org).

Location: Eaton Canyon Nature Center, 1750 North Altadena Drive in Pasadena.

Time: Arrive at 7:30 a.m., done by 4 pm.

**April 17, Sunday**

**O: Josephine Peak (5558') Josephine Saddle (4720')**

**Dora Olea, Diane Zaepfel**

Does Josephine have a Peak? Siii. And a

Pass? Siiii. Come and hike both earthly features in an easy moderate pace with 2100' gain and 1900' loss in about 8 mi rt loop. We will hike Colby Cyn and an abandoned road to summit her saddle and her peak, and have lunch at the top. Even though the peak is not too high, it offers a 360° view of the Angeles National Forest. Bring National Forest Adventure Pass for parking if you have one. Dogs carry their own water. Bring 10 essentials, 2 liters water (more if it's hot out), lug soles, hiking poles (optional), sunscreen, sunglass, hat, snacks and lunch. Hike will take 4-5 1/2 hours. Dress in layers. Meet at 8:00 a.m. We will take off at 8:10 am sharp in carpools to the trailhead. Directions: Take the 210 freeway to Angeles Crest Hwy (SR 2), exit freeway and head north (toward mountains). Just north of the freeway is a median on the right, which begins at Milmda Drive. Park on either side of the median. Questions? Contact Dora at [chamacasister@gmail.com](mailto:chamacasister@gmail.com).

**April 23, Saturday**

**O: Occidental College / Eagle Rock Pub Crawl**

**Gail Wise, Nancy Beverly**

Join us on this neighborhood walk as we visit President Obama's old college stomping grounds and quench our thirst at a couple of Eagle Rock's craft beer standouts. We'll meet at Gail and Lynne's house. We'll then head over to Yosemite Park and up a fire trail where we will enjoy some nice views. As we approach campus, we'll hike past a large solar array that provides 11% of Occidental's electricity needs. We'll walk past some ball fields and past dorms while heading for the Coons Center, where there is a small exhibit of photos of President Obama from his student days. We'll walk back through Yosemite Park, and over to Colorado Ave. The first stop on the pub crawl will be the Craft Beer Cellar, where we will partake of some of the many delicious local beers on tap there. Our second stop will be The Public House on Colorado Blvd. There, we will sample the offerings of the Eagle Rock Brewery, which initiated the renaissance of microbreweries in Los Angeles. We will wind up back at Gail and Lynne's, where we'll have some snacks (maybe pizza?) and give everyone a chance to sober up before they head home. Total mileage will be approximately four or five easy miles, with about 300 feet of elevation gain. Bring sunscreen, appropriate clothing, walking shoes, an I.D. and means to pay for your

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## Outings and Events

beer. (Alas, it's not for free!) We will meet at 1:00 p.m. Since alcohol is involved, space is limited and participation is strictly on an RSVP basis. Contact Gail at 310-433-2298 or gailwise2@gmail.com or Nancy nancybeverly@sbcglobal.net by Thursday, April 21 you would like to join us.

**April 30, Saturday**

**O: American Museum of Ceramic Arts, in Pomona**

**Laura Rainey, Karen Lovett**

Please join us as we explore AMOCA, one of the few museums in the United States devoted exclusively to ceramic art and historic innovations in ceramic technology. It is located in an area abounding with ceramic history and internationally recognized clay artists from the Arts and Crafts Movement, the 60's Clay Revolution and the current Studio Pottery Era. Museum is located at 399 N. Garey Avenue, Pomona. Free parking onsite - \$7 museum admission. Meet at noon in parking lot. Questions? Contact Laura at geowmn@verizon.net.

## Future Outings

**May 14-15, Saturday-Sunday**

**O: Little Jimmy Backpack**

**Ted's provisional**

**Ted Hirscher, Dora Olea**

Join us for "Big Fun at Little Jimmy Camp" on Ted's Provisional. 7 mi rt, 1621' gain/loss in this easy to moderate backpack, with day hikes. Our hike starts in the Angeles National Forest at the Islip Saddle parking lot 6593' at 9 a.m. (optional carpool from La Canada Ridesharing Point at 7:30 a.m. SHARP). We pick up the Pacific Crest Trail and follow the well-graded trail 2.5 miles climbing through chaparral and then pines to the Little Jimmy Campground at 7500' elevation. The campground has 16 campsites and pit toilets are available. There is a year round spring with a pipe for a faucet 1/4 mile from camp that can be a source where we can filter water. If you plan on using a portable backpacking stove you need a California Campfire Permit. You can get one free and print it to bring at [www.fs.usda.gov](http://www.fs.usda.gov). After setting up camp we will day hike to the Windy Gap saddle 7588' for lunch and great views of Crystal Lake, the surrounding mountains such as Baden Powell, and the Los Angeles Basin below. Sunday's day hike will be to Mt. Islip 8214' and then returning to break

camp and hike back to cars. Bring food for your Saturday lunch, a Happy Hour snack to share and your dinner. For Sunday, breakfast, lunch and snacks. Let's play UNO under the stars Saturday night after our HAPPY Happy Hour!!! Interested participants please provide a Hiking Resume by April 14 for consideration to the leader: Ted12339@aol.com.

**May 27-30, Fri-Mon**

**O: Telescope Peak, Memorial Day Weekend**

**Susan Campo, Heather Sargeant**

This is the leader's favorite hike in S. California because from the top of Telescope Peak you can see the lowest point in our nation (Badwater in Death Valley) and at the same time swing around to see the highest point in the USA (Mt. Whitney)! There will be Primitive camping at the trail head for TELESCOPE PEAK which we will hike on Sunday. The hike is 14 miles RT with 3000 ft gain to top. The campground is at over 8000 ft. (cold at night). Telescope Peak is 11,049 feet elevation. Saturday we will hike WILDROSE PEAK as a beautiful warm-up! Wildrose peak is 9000 feet elevation. The trail for that begins 2000 feet lower in elevation and is an 8 mile RT day hike. (Disclaimer: The road up from the Charcoal Kilns to the trailhead at Mahogany Flats Campground is 2 miles and marked as 4x4 only....However most vehicles can make it since it was "improved". If you do not want to try it, I could pick up your gear on Saturday before or after the Wildrose hike which will begin and end at the tourist site called the Charcoal Kilns which every car can reach. IF needing a pick up you must bring 1 bag or backpack with all your gear and food plus several gallons of water jugs. Then you would camp with us for Sat. and Sun. nights. Monday we plan to leave, and we could drop you off back at the Kilns. Others driving up can get to the campsites by Friday afternoon.)

Bring all your own food, potluck on Saturday night and at least a gallon of water per day. Appropriate hiking clothes for all weather (rain or shine, windy or cold) Telescope Peak area is at high elevation and is not HOT like the low lands of Death Valley. You may even see some snow along the trail!

To reserve send a check made out to GLS for \$20 to Susan Campo, 308 Fillmore St., Pasadena, CA 91106....limited spaces available. IF YOU SHOW UP AND HIKE WITH US, YOUR CHECK WILL BE HANDED BACK TO YOU....IF YOU DO

NOT SHOW UP, YOUR CHECK WILL BE CASHED AND USED FOR GROUP SUPPLIES, thanks!..... When you reserve be sure to tell me if you need a pick up at the KILNS....those spaces will be limited as to how many need this service. Reserve soon when you are sure!

**August 5-8, Friday-Monday**

**O: Backpack: Cottonwood Lakes (11040'), New Army Pass Dora Olea, Jeff Johnson**

**September 4 – 10, Sunday-Saturday**

**O: New Mexico: North of Taos Mike Brostoff, Grace Hengst**

Spend a week in Northern New Mexico at Takoja Retreats. Nestled on 40 acres, 28 miles north of Taos, the Takoja Retreat Center is surrounded by tall mountains and wide expanses of sage and cedar. There are many activities to suit everyone from exploring unlimited hiking trails and mountains, (including Wheeler Peak, the highest mountain in New Mexico standing at over 13,000 feet) to Taos with its pueblo and diverse artist scene. The mountains offer much more wildlife viewing than we are accustomed to in California. Bighorn sheep, black bears, and marmots are common, with an occasional mountain lion or porcupine sighting for the off trail adventurer, and don't forget, the coyotes will sing you to sleep every star-filled night. There will be a few group activities, but most of the week is left free to spend the time as you wish. You have your option of camping on the property or staying in the two adobe domes complete with kitchen, bathrooms and showers. They've added authentic New Mexico cuisine to complement the full buffet breakfasts served every day. In addition, there are three complete evening dinners and one supper of gourmet leftovers. Price for the trip varies depending on the accommodations you choose:



- Dome: Two person loft with private bathroom: \$410 (per person)
- Dome: Communal sleeping area: \$375
- Camping: \$325

Since the acoustics of the domes can generate a lot of noise, we are encouraging people to camp. Campers will have access to the bathrooms and showers. Please send check payable to GLS, phone number, address and email address to Mike Brostoff 11220 Moorpark #110 North Hollywood, 91602. If interested in the loft, please contact Mike first to check for availability. The trip is open to 15 people.

**December 17, Saturday**

**O: Xmas Tree Count Hike in LA Susan Campo, Diane Zaepfel**

# March and April 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>FEB 28</b>	<b>29</b>	<b>MARCH 1</b>	<b>2</b> Griffith Park Dora, Jan	<b>3</b>	<b>4</b>	<b>6</b>
<b>6</b> O'Melveny Park to Mission Point Dora, Jeff J.	<b>7</b>	<b>8</b>	<b>9</b> No Griffith Park	<b>10</b>	<b>11</b> Joshua Tree Backpack Dora, Jeff J. <i>Through Sunday</i>	<b>12</b>
<b>13</b> L.A. Arboretum and Botanical Garden Barbara, Grace  <i>End Joshua Tree backpack</i>	<b>14</b>	<b>15</b>	<b>16</b> Griffith Park Mike, Dora	<b>17</b>	<b>18</b>	<b>19</b> Serrano Canyon Loop Tom, Alan
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b> <small>full moon</small>  No Griffith Park	<b>24</b>	<b>25</b>	<b>26</b> Little Paul Susan, Diane
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> No Griffith Park Signal Hill	<b>31</b>	<b>APR 1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b> Griffith Park Anne, Jan	<b>7</b>	<b>8</b>	<b>9</b> Sierra Madre to Orchard Camp Nancy, Amanda
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b> Griffith Park Dora, Mike	<b>14</b>	<b>15</b>	<b>16</b> Spring LTC Seminar, Pasadena Angeles Chapter Leadership Training
<b>17</b> Josephine Peak and Josephine Saddle Dora, Diane	<b>18</b>	<b>19</b>	<b>20</b> Griffith Park Anne, Dora	<b>21</b>	<b>22</b> <small>full moon</small> 	<b>23</b> Occidental College / Eagle Rock Pub Crawl Gail, Nancy
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> Griffith Park Mike, Dora Signal Hill	<b>28</b>	<b>29</b>	<b>30</b> American Museum of Ceramic Arts, Pomona Laura, Karen

# GLS Leader Contact Information

Please call after 9 AM and before 9 PM

Alan Schimpff	310-589-9125	alanschimpff@netscape.net
Amanda Smith	323-646-0771	amandajillsmith@gmail.com
Anna Baum	310-990-0610	ambaumlosangeles@gmail.com
Anne Mullins	323-522-6640	hike2thepeak@gmail.com
Asher Waxman	323-876-2889	amuirman@yahoo.com
Barbara Edwards	310-839-0593	greyhound@sbcglobal.net
Beth Epstein	562-439-0646	b.epstein@verizon.net
Carol Jeffcoate	562-985-1007	
Dawn Wilson	612-384-0180	dawnxwilson@gmail.com
Diane Ru	626-688-8642	zappydz@gmail.com
Dora Olea	213-200-0239	chamacasister@gmail.com
Gail Wise	310-433-2298	gailwise2@gmail.com
Gina Masequesmay	818-835-1059	masequesmay.gina@yahoo.com
Grace Hengst	323-697-6886	gracehikes@roadrunner.com
Heather Sargeant	909-336-2836	heathercsoo@aol.com
Jan McInnis		jan.mcinnis@gmail.com
Jeff Cuevas	626-644-9879	cuevas777999@yahoo.com
Jeff Johnson	562-434-8473	jjg@cheerful.com
Jim Angus	323-895-0001	jim@jimangus.com
Judith Demarah	818-451-8403	
Karen Lovett	562-438-3418	klovett2000@hotmail.com
Kirk Olsen	562-434-8675	kso@kirkolsen.com
Kyla Hjertstedt		khjertstedt@gmail.com
Laura Rainey	562-438-3418	geowmn@verizon.net
Marie Ammerman	818-406-3529	ammermanm@yahoo.com
Mary Conte	213-810-3939	

Mike Brostoff	818-399-4035	mbros4162@yahoo.com
Nancy Beverly	818-681-5192	nancybeverly@sbcglobal.net
S. K. Chiou	714-554-9513	skchiou@yahoo.com
Susan Campo	626-688-8642	susanlucillecampo@yahoo.com
Tammie Barta	626-354-2820	tambarta@gmail.com
Teresa Nick	612-384-0421	teresa.nick@me.com
Tom Molloy	310-589-9125	tomsmolloy@yahoo.com

## Outings Volunteers

### Mike Brostoff, Outings Schedule

Contact Mike about scheduling outings, to check for available dates, and to submit write-ups.

### Dawn Wilson, Outings Liaison to Angeles Chapter

Contact Dawn about questions of leadership requirements and Sierra Club Outings Policy. Dawn is the primary person to read the communications from the Angeles Chapter regarding outings and inform the other leaders.

### Laura Rainey, Weekly Reminder

Laura sends out the weekly email announcing upcoming events. If an event must be altered or canceled after publication, e-mail Laura and cc Mike.



## Important Outing Information

### Waiver

To participate in a Sierra Club outing, you must sign a liability waiver. To read a copy of the waiver before the outing, go to: <http://content.sierraclub.org/outings/local-outdoors>. Questions? Call 415-977-5528.

### Rating Codes

*These codes indicate the technical difficulty, not the strenuousness.*

**O** Applies to uncomplicated outings such as hikes on trails or the equivalent (with minimal navigation skills).

**I** Includes outings that involve cross-country travel where navigation is necessary. Rougher ground than "O" outings may be traversed, and use of hands for balance may be necessary. Climbing level: 2nd class terrain.

**C** Events under external control of a non-Sierra Club entity, (such

as a ranger, guide, or a concessionaire).

**SE** Social event.

### Outing Reservations

Reservation fees of from \$5-\$15 are refunded only when you show up and if they aren't needed to offset costs. Cancellation policy on more expensive trips is as follows: Cancellation within 30 days, no refund without replacement. If your spot is filled, 90% will be refunded. This policy is in effect unless the leader states otherwise in writing. Always send two SASEs, contact and drive/ carpool information. Make checks payable to "GLS".

### Dogs

For most people, the presence of a well-behaved dog can be entertaining, or at worst a mild annoyance. However, this is not true for everyone. Some people suffer from various levels of fear

of dogs. Because of this, and the potential intrusion on wildlife, the Sierra Club policy is that dogs are not allowed on Club outings unless the write-up states DOGS OK. Make sure you bring adequate food, water, a bowl, and a long leash.

### Seller of Travel Notice

CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

### Adventure Pass

National Forests in Southern California (Los Padres, San Gabriel, San Bernardino, and Cleveland) require parked cars to display an Adventure Pass. The pass is available from ranger stations, sporting goods stores, and other local merchants and costs \$5 per day or \$30 per year. Plan on getting it before your outing, as most outlets do not open early. Many Sierra Club members dispute this user fee and protest it by not

buying a pass, possibly incurring a ticket. The choice is yours.

### Carpooling

To facilitate the travel logistics for outings, participants often make carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride-sharing, or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

### Rideshare Points

Directions to all rideshare points in the Angeles Chapter Schedule of Activities or at: [http://angeles.sierraclub.org/get\\_outdoors/know\\_you\\_go/rideshare\\_meeting\\_places](http://angeles.sierraclub.org/get_outdoors/know_you_go/rideshare_meeting_places)

### La Canada Rideshare Point

Exit 210 at Rte 2 / Angeles Crest Hwy. Go N (uphill) 1/4 mi on Rte 2, park at curb on right, on the long, straight uphill section in a residential neighborhood.

# TRACKS

SIERRA CLUB/GLS  
P.O. BOX 1300  
SOUTH PASADENA, CA 91031-1300

# TRACKS

Subscribe to TRACKS, the GLS newsletter, and find out about all the GLS outings and events every month. You do not need to be a Sierra Club member to subscribe.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_

- New  Renewal  Gift  Change of Address
- Send print TRACKS by US mail \$15 - 1 yr; \$35 - 3 yr
- Send email TRACKS (pdf file) \$10 - 1 yr; \$20 - 3 yr
- Send print and email TRACKS \$25 - 1 yr; \$55 - 3 yr

Fill in this form and send it with a check made out to GLS to:  
GLS  
P.O. Box 1300  
South Pasadena, CA 91031-1300



Contributions, gifts and dues to the Sierra Club are not tax-deductible; they support our effective citizen-based advocacy and lobbying efforts. Of your dues, \$7.50 goes for a subscription to *Sierra* magazine, and \$1 for your chapter newsletter.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Category:	Individual	Joint	Mail to:
Introductory	\$25		Sierra Club
Regular	\$39	\$47	Membership Dept.
Supporting	\$75	\$100	P.O. Box 52968
Contributing	\$150	\$175	Boulder, CO 80322
Life	\$1000	\$1250	
Senior	\$24	\$32	
Student	\$24	\$32	
Limited Income	\$24	\$32	

When you join the Sierra Club, please use this form. The FRIP no. on the form brings part of your membership dues to GLS

FRIP#  
F94QW04721