

TRACKS



March/April 2017

Volume 30, No. 2



Devil's Punchbowl and Pallet Creek

Walking out to the Devil's Chair, the goal of our hike at the Devil's Punchbowl. Faults run left to right beyond the first and second ridges. Photo Jeff J.

By Jeff Johnson

I've lived in southern California for decades without ever getting to the Devil's Punchbowl, on the San Andreas Fault in Pearblossom, in remotest Los Angeles County. And I'd heard about the Pallet Creek trenches nearby, from which geologists learned when in history there has

been movement along the San Andreas Fault. On January 15, I went out there with GLS and we saw it all.

We arrived to an empty parking lot at the Devil's Punchbowl visitor center and a dusting of snow on the north-facing slopes of the San Gabriels above us. Gina and Susan led us on the 3.5 mile hike out to the

Devil's Chair in the Devil's Punchbowl. The punchbowl is a sort of basin surrounded by dramatically angled layers of rock. The chair is a prominent high point that sticks out into the middle of the punchbowl.

Some of us may have thought this was

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Remembering Rick Mitchell

By Grace Hengst

Sadly, Rick passed away on Feb 6. He was an active, strong, helpful, knowledgeable, bright, sweet, patient, kind, leader for GLS for many years, and also served on the management committee. He led many Wed night hikes and other outings until he became ill. I have many fond memories of hiking with Rick,

especially on Wed nights. His life-mate, Dale, would often join the hikes, too. Rick helped me scout future hikes, too, most notably the Mt Pinos area with a couple cross-country peaks. He was a good resource to consult for route-finding. We saw grouse at the base of the aptly named Grouse Mountain.

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GLS Management Committee Minutes, Feb. 27, 2017

Members in Attendance: Alan Schimpff, Carol Jeffcoate, Jen Dooley, Tammie Barta, Tim Vo

Item 1 – Committee Responsibilities

Chair: Tammie Barta
Co-chair: Alan Schimpff
Secretary: Jen Dooley
Treasurer: Tim Vo
Member-At-Large: Carol Jeffcoate

Item 2 – Review of 2016 Financials

Balance in GLS accounts stayed consistent for 2016. Expenditures were just slightly more than revenue, but GLS is in a good financial position.
Tim to look into whether there are more

cost-effective P.O. Box options.
Board to review recent years' balance sheets prior to next meeting in order to evaluate possible donation to Angeles Chapter.

Item 3 – Outreach Events

Board decided against having a booth at the 2017 Long Beach Pride Festival because of relatively low subsequent participation in the past from individuals contacted via the festival.
Board will continue to consider outreach events as they come up, such as last year's Los Angeles Gay and Lesbian Center's Women's Health and Wellness Fair.

Next Meeting

Next meeting to be scheduled in May

Celebrating the Life of Rick Mitchell

Saturday, March 11

The Neighborhood Church

(Unitarian Universalist)
301 North Orange Grove Blvd.
Pasadena, CA 91103

<http://neighborhooduu.org/>

The Memorial Service will held in the Sanctuary, beginning promptly at 2 P.M. ASL Interpreter will be present

A Reception will follow at 3:30 P.M. in the Chapel

Champagne and hors d'oeuvres will be served

Please let Dale know if you will attend so he can get a count for the catered reception. Please email Dale at your earliest convenience palmer_dale@att.net or text at 626-243-8746

Sierra Club Angeles Chapter Office is Moving to...

Sierra Club Angeles Chapter
3250 Wilshire Blvd. #1106
Los Angeles, CA 90010

Telephone: 213-387-4287

Main email address: info@angeles.sierraclub.org

25th Anniversary GLS T-Shirts!

The GLS 25th Anniversary logo has been printed on heather gray T-shirts, like the ones shown in the photo. T-shirts are \$15 each, available in unisex sizes Small/Medium/Large/X-Large.

To order a T-shirt, please make a check payable to "GLS" and mail to: Amanda Smith, 831 Kodak Drive, Apt. 1/2, Los Angeles, CA 90026. Please be sure to include the size of T-shirt you are

requesting along with your phone number and/or email address in case we need to get in touch with you. If you need the T-shirt shipped to you out-of-town, please contact Amanda with the details first so we can estimate shipping costs before you write a check.

Questions? Email Amanda at amandajillsmith@gmail.com.



Information about GLS

General questions about GLS, call Marie at 818-406-3529 or Mike at 818-399-4035.
Questions about a specific event, please call the leaders listed in the schedule.

Contact info is inside the back page.

GLS Tracks online: glstracks.org

Requires username/password, provided to GLS Tracks subscribers

Sign up for the FREE GLS email list, with a weekly email digest of GLS events, go to: http://angeles.sierraclub.org/mailling_lists. Your email address remains confidential and is not displayed to others.

On Meetup: www.meetup.com/GLS-Gay-and-Lesbian-Sierrans

On Facebook: www.facebook.com/groups/87511347304

Next GLS Mgmt. Comm. Meeting

The next management committee meeting is planned for May.

GLS management committee meetings are held about every two months, usually on evenings during the week, by conference call. All GLS subscribers are welcome.

You may call one of the committee members to confirm meeting time, how to call in, or ask about the agenda, or for other information.

GLS Mission

The Gay & Lesbian Sierrans Section of the Angeles Chapter fosters the purposes of the Sierra Club by making available a wide range of events for gays, lesbians, and their friends. These activities include conservation, education, hikes, bike rides, beach walks, car camps, boat trips, social gatherings and fundraising.

GLS Newsletter

The GLS newsletter, TRACKS, is published six times a year. Annual subscriptions are \$15 for issues sent by US mail, \$10 for issues sent in PDF format by email, \$25 for both. Three year subscriptions are, respectively, \$35, \$20, and \$55. Send subscription requests and related membership correspondence to: GLS/Sierra Club, 65 Pine Ave. #326, Long Beach, CA 90802.

Management Committee

- Tammie Barta, Chair
- Alan Schimpff, Co-Chair
- Jen Dooley, Secretary
- Tim Vo, Treasurer
- Carol Jeffcoate, Member-at-Large

Other GLS Volunteers

Membership,
Tammie Barta
Conservation,
Tom Molloy
Webmaster,
Tammie Barta
TRACKS Editor,
Jeff Johnson
Meetup
Nancy Beverly

.....
Outing volunteers listed page 11.

Remembering Rick Mitchell

(Continued from page 1)

Mary and I were fortunate enough to go on an exciting camping trip with Rick and Dale to the beautiful Utah's Escalante/Grand Staircase wilderness. We did some on trail and cross country hiking, exploring slot canyons, noting differences between the different plants and creatures from ones here in Southern California, such as really small rattlesnakes and really huge Black Widow spiders. One morning when Rick was leading the way down a wash, he turned a bend and stepped right into quicksand! Wow, that was a close one! He tried to jump out quickly and he nearly slammed into a wall as I grabbed his arm with sudden super strength to pull him safely out. Ever curious, we walked back to get a 5-6 ft stick we had



Grace, Rick, Karen and Leonard Colombo, and Elisabeth Leja at the beginning of a five day trip in Havasupai in the Grand Canyon in the early 1990s. Photo from Dale Palmer.



Above: Rick (left) and Dale (right), with Teresa and Grace, by the campfire at the 2006 White Mountain trip. Below: Rick in the group shot at the end of that trip. Photos Jeff J.



seen, and stuck it into the quicksand where it completely sank in. I had never seen quicksand before and haven't since.

One evening as we sat around a campfire we made with a firelog in a round barbeque pan, (no campfires allowed on the ground there) Rick was stung on his famously big calf by a scorpion. It was a dark night, and we couldn't find the scorpion. None of us had experience with scorpions, but we knew that there were deadly ones. We were able to call 911 on a cell phone, and after being disconnected 3 times, found that any emergency rescue was a few hours away. We were told that if the scorpion was a deadly variety, the sting victim would have neurological symptoms including mental changes, within 1 hour and then not be able to breathe. There was no way we could get out fast enough the 30 miles down the "Hole in the Rock" road. So we applied cold compresses, gave Rick

Benadryl, and stayed up keeping an apprehensive eye on him for a couple hours. We observed no symptoms beside pain at the sting site, so we all went to bed. In the morning when Rick and Dale came out of their tent, they weren't exactly chipper! Come to find out, all through the night, Dale kept waking Rick up when he didn't hear him breathe. Yes, it was a memorable trip!

Rick and I backpacked together a number of times - once to the Havasupai Campground, exploring the various lovely waterfalls with the gorgeous blue-green water. We also joined Will McWhinney on his I-rating provisional backpack above Lake Sabrina in the High Sierra. I found out that Rick sure could snore! Good thing I brought earplugs! But mostly I so enjoyed his company, his intelligence, his knowledge, and the wonderment of all life and beauty in nature. I miss him.



Photo from Dale Palmer

Devil's Punchbowl

(Continued from page 1)

going to be an “old lady hike,” maybe because that’s how we thought of it when we were 25 years less old than we are now. We found instead that it had enough ups and downs to eliminate trail chatter for minutes at times. Our co-leader Susan, who has been hiking for more than 25 years, was better prepared than some of us: here’s how we could tell. The sign-in sheet slipped from her pocket somewhere after we left the trailhead. Discovering it missing, Susan doubled back to retrieve it. After going all the way back to the trailhead, looking in bushes and trash cans and asking everyone met on the trail, she eventually found the hikers who had picked it up and were looking for its owner. Then Susan took off after us and caught up before we got to the Devil’s Chair, doing probably double the distance the rest of us did. If this is what retirement does for you, I’m ready.

On the trail, some of us discussed why the Devil’s Punchbowl and Chair and so many other odd geological features are supposed to be devilish. And if they are, couldn’t they come up with a snappier name, something more alliterative? Goblin’s Gallery? Evildoer’s Easychair? Beelzebub’s Basin? Throne of Thanatos? Satan’s Circle of Sin? And so forth. But we’re a little late to do anything about that.



Gina Masequesmay

We returned from the Devil’s Chair the way we came and were back at the visitor center for a ranger talk about the local geology. From the visitor center, we looked right down into a syncline that’s one of the distinctive features of the area. A syncline is what happens when layers of rock are deformed to make a formation that

has younger layers in the middle and older layers on the sides so that (inaccurate, non-geologist description) what you see is layers that slope toward the middle from both sides. That’s what we could see right in front of us. The ranger also pointed out that the highest peak we could see right up there above us was familiar Mt. Baden-

The view from the visitor center during the ranger’s talk. You can see it’s a syncline right there—the rocks on the right and on the left sloping down into the middle. The highest peak on the right is Mt. Baden-Powell.



Jeff Johnson

Devil's Punchbowl

(Continued from previous page)

Powell, but seen from the back. And right below it to the left, where we park our cars at Vincent Gap to climb the switchbacks to the peak, is where the San Andreas Fault crosses the ridge of the San Gabriels.

Then we got in our cars and followed the ranger to a spot on Pallet Creek Road where the San Andrea Fault crosses the road. After some picture-taking at the sign there, we continued a little farther to the famous trenches by Pallet Creek. This is where geologist Kerry Sieh did his famous early work in the 1970s, digging trenches through streamside sediments lying across the San Andreas Fault. Because movements along the fault created offsets in the layers, and radiocarbon dating of sediments in



Leaders Gina and Susan

Gina
Masequesmay



Dora with one foot on each side of the San Andreas Fault.

Susan Campo



The ranger pointing out a fault line in the wall

those layers allowed Sieh to figure out when those movements occurred, Sieh could state in 1981 in a report of his work there to date (pubs.usgs.gov/of/1981/0887/report.pdf) that "9 large earthquakes which occurred between 500 and 1857 A.D. had an average recurrence interval of about 160 years." This was new information to people

who wanted to know how often the fault moves in this area. This still has us counting the years from the 7.9 Fort Tejon earthquake in 1857, the last "big one," to... what is it now...2017?

It was a very interesting day of geology after all these years of not going there. Thanks, Gina and Susan!



Walking down to one of the trenches by Pallet Creek. The San Andrea fault goes right through here. Even after 30+ years, you can still see some of the layers that were exposed, and how they do not match across the fault.

Jeff Johnson

Three Los Angeles Hikes

By Nancy Beverly

Every hike is unique, of course, especially if a hiker is paying attention to the details and living in the moment. That said, having been on a million hikes (that's a ballpark estimate), I was pleasantly surprised by the fresh and unexpected moments on some recent GLS treks.

At the end of January, Amanda Smith led us to the top of Mt. Lukens from a trailhead in Tujunga – and as many times as I've summited Lukens, I'd never done it from Haines Canyon Ave. (thumbs up, it's now my new favorite way). This was also a day of extremes in temperature – very cold at the trailhead and at the peak with strong winds buffeting us constantly. Those gusts



Nancy Beverly

Walking in the fog on the Canyonback hike



Nancy swinging

Ted Hirscher



Nancy Beverly

cleared the air, though, making Catalina seem mere spitting distance off the coast and the snow-topped San Gabriels just a shout away. Then on the way down: the winds stopped. I'd say "stopped cold" except it actually got hot out. Temperature whiplash!

Our next hike at the beginning of February was a surreal, ghostly affair thanks to low-hanging clouds and mist. Leaders Anna Baum and Mary Pickert took Canyonback trail and ridge to get us to the top of Kenter in the Santa Monica mountains. The air was so dense with moisture we couldn't see the surroundings hills, much less the ocean or the Getty Museum. Part way through the hike we went up a steep slope to a park bench and a tree swing (yup, yours truly took a ride on it – wheee!) and kept up our running jokes about the great vistas spread before us. Actually, it looked more like the scene from a scary movie where ghosts could rise out of the fog and cling to our clothes.

A week later, Anna and I led a group of GLSers on a sunset / full moon hike one ridge over from Canyonback, using the Westridge fire road as our route to San Vicente Mountain Park. We'd had rain in previous hours and there was a chance of lingering showers (a familiar weather pattern in this wet winter of 2017). As we started our seven-mile jaunt, there were still some threatening clouds – but instead of adding moisture, they painted the sky orange and pink as the sun went down.

And when the sun set, my goodness, the trail got mighty dark; unlike at Griffith Park on our Wednesday night hikes, there was no bounce from the city lights and I



Sunset clouds on the Westridge sunset full moon hike. Westridge photos Jeff Johnson.



had to get out my flashlight. In fact, Sullivan Canyon to our west was so dark, we wondered what entities might call to the full moon. With amazing synchronicity, we made it to the picnic tables at the turnaround point just in time to watch the moon – also orange – rise slowly amongst the clouds.

After dinner, the clouds had fun playing hide and seek with the moon during our return trip but giving us just enough light to find our way back to the cars.



Snack break at the Nike missile site overlooking the valley



Full moon appearing through the clouds over L.A. for a moment

Outings & Events

March

March 5, Sunday

O: O'Melveny Park to Mission Point Dora Olea, Jeff Johnson

The second-largest park in L.A. County, second only to the expanses of Griffith Park on the opposite site of the Valley, offers the best view of the San Fernando Valley. We will take a stroll along citrus groves, grassy fields, and a riparian canyon in this tranquil park situated in Granada Hills. The first 0.9 mile explores the initial section of the well-maintained lawns shaded by oaks and eucalyptus trees extended over a quarter mile into Bee Canyon Trail. For a better view of the Valley and a good workout we will hike up the challenging Mission Point Trail that climbs over 1,000 ft in 1.5 miles. A moderate pace hike with approx. 4 miles round trip. 1,400 ft. elev. gain/loss. Short car shuttle. Bathrooms and water at the trailhead. K-9 welcome. Bring water, lug soles, sunscreen, and your lunch. Meet 9 am. From CA 118, exit at Balboa Blvd. and head north 2.3 miles to Sesnon Blvd. Make a left on Sesnon, following it for just over 0.5 miles to the entrance of O'Melveny Park on the right. Free parking, carpooling is recommended. Rain cancels. Questions? Contact Dora at chamacasister@gmail.com.

March 10-12, Friday-Sunday, O: Backpack: Warren Peak (5,103') + Panorama Loop (5,023'), Joshua Tree National Park Dora Olea, Jeff Johnson

At 5,103 feet, Warren Peak is the 10th highest peak in Joshua Tree National Park. This backpack is for well-conditioned beginners and above hikers. Join us on this moderate "Welcoming Pre-Spring Backpack" to the western portion of JTNP. This trip will cover approximately 8 miles and about 1,149' of gain/loss over Sat. and Sun. On Friday, we will sleep at a specific campground (optional). On Saturday, we will pack in about 2.5 miles and set up the camp in the middle of nowhere and then on to Warren Peak (5,103') for possible views of Little San Bernardino Mountains, Eureka Peak (5,518'), San Jacinto Mt. (10,834'), and of JTNP, and then return to camp. On Sunday, we will hike Panorama Loop in 2.8 miles, which offers fantastic 360-degree views, including (on clear days) views of the Salton Sea to the southeast and return to break camp and hike back to the cars. Most hiking routes will be on dry sandy streambeds. This time, there isn't stashed water, so every participant MUST carry their own water for Sat. and Sun. Interested hikers must contact Dora for consideration. Optional Mexican Feast on Sunday. Space is limited. For more info\cost\ and RSVP, contact Dora at chamacasister@gmail.com.

March 18, Saturday O: Bedford Peak Jeff Johnson, Ted Hirscher

Bedford Peak is in the central Santa Ana Mountains, 3800 ft. elevation. Our very moderately-paced hike will be 7 mi. RT, approx. 2000' gain and loss, on old fire road closed to traffic. From the ridges that we will climb to, views north to three southern California mountain ranges and south to Santiago Peak and the ocean. Easy stream crossing to reach the trailhead. Meet 9 AM at the end of Silverado Canyon Road, at the gate. Bring water, lunch, layers for weather possibilities, trail footwear. To trailhead: Exit 55 at Chapman Ave. in the city of Orange, head east 11 miles to Silverado Canyon Rd. Chapman Ave. turns into Santiago Canyon Rd. as it crosses Jamboree. Santiago Canyon Rd. passes over the 241 toll road. At Silverado Canyon Rd., turn left and go up the canyon through the old mining town of Silverado, a little over 5 miles to the locked gate and the Maple Springs Visitor Center (old fire station garage). If there's space in that small parking lot, park there (with Adventure Pass). If the gate is open (unlikely), you can drive 200 yards further, cross the stream, trailhead parking just beyond the stream on the left (with Adventure Pass). If no space in the parking lot and the gate is closed, go back down the road until you find an appropriate spot to park beside the road (no Adventure Pass required), then walk back up to the visitor center. To

(Continued next page)

Weekly Griffith Park Conditioning Hikes

What: On Wednesday nights, join us for a moderate (strenuous if you are out of shape) hike to Mt. Hollywood, 6 miles, 1145' gain/loss. This is a great mid-week workout. Lug-soled boots are best for traction, but some hikers wear sneakers. Bring a quart of water, snacks if you like, and a flashlight if not used to hiking in the dark. We have a few tiny breaks on the way up, stop at the top, gawk at the city lights until we get a chill, and then

return to our cars by approx. 9:30 p.m. Dogs are welcome; bring a leash and extra water. Rain cancels.

When: Every Wednesday (except holidays) 7 p.m. sharp, end by 9:30 p.m.

Where: Near the flagpole and picnic tables at Crystal Springs Griffith Park HQ/Visitors Center/ Ranger Station, 4730 Crystal Springs Drive, LA. (Note: Mapquest, Google Maps, etc. may be misleading.)

Directions:

(1) From Los Feliz Blvd. (which you can reach from I-5 or coming from Hollywood), turn north on Crystal Springs Dr. Proceed 0.5 mi. to the 3-way stop sign, go straight, and proceed 0.6 mi. and turn right in the driveway just after the Ranger Station. Drive around behind the Ranger Station to Park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda machine, big tree).
(2) From Fwy. 134 East, exit Victory, turn right at bottom of ramp. Make immediate left onto

Zoo Drive. Drive through the park, passing the zoo on your right and the Gene Autry Museum on your left. Curve around and pass the golf course. You'll come to a stop sign at Griffith Park Drive & Crystal Springs Road (which is the road you're on now, it changes names). Proceed one more block to the next stop sign at the Ranger Station and turn left. Drive all the way around behind the Ranger Station to park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda

Signal Hill Conditioning Walks

What: Up, over and around Signal Hill. 3-4 miles, 500-750 ft. gain/loss. Easy if you are in good shape, moderate and

maybe even strenuous if you are out of shape. Walking on pavement and gravel. Sensible walking shoes, water, layers for

cool evening breezes. Drizzle goes, rain cancels. Questions? Call Jeff 562-434-8473.

When: Every *last* Wednesday of the month (except holidays), at 7:00 pm. Back at the cars

around 8:30 pm.

Where: Meet on Industry, just west of intersection with Redondo, in Signal Hill. Plenty of street parking.

Outings and Events

carpool from Long Beach rideshare point at 5900 E Atherton between Britton and Fanwood, in Long Beach: Exit 405 at Palo Verde, go .5 mi. south to Atherton, turn right, go .5 mi. west to Minnie Gant school playground. Park at curb on north side of street. Be there 7:45 AM to carpool. RSVP (so you can be notified in case weather causes a change of plans) and questions to Jeff, jgj@cheerful.com.

April

April 2, Sunday

O: Vasquez Rocks

Dora Olea, Carol Jeffcoate

Amazing what 25 million years of earthquake activity can do! A beautiful outcropping landscape of rocks' history that began in prehistoric times when the sandstone rocks were uplifted at a picturesque angle, showing their jagged red features. In 1874, Tiburcio Vasquez, one of California's most notorious bandits, used these rocks to elude capture by law enforcement. It has been a popular filming location for movies, television shows and commercials. We'll hike up to the Sanctuary Cave, over the Bandito Trail and the Geological Trail. About four miles with elevation gain / loss of less than 1000 ft. Great opportunities for taking pictures as well as identify many species of flora and perhaps fauna. K-9s welcome. Bring lug soles, lunch, sunscreen, hat, sunglasses and plenty water. Meet 9 am. at the parking lot on your left. From the 210, take Antelope Freeway (14) north near Canyon Country/ Santa Clarita. Exit on Agua Dulce Road. Head north 1.5 miles. Agua Dulce swings west and joins Escondido Canyon Road, proceeding 0.25 miles to the signal. Vasquez Rocks Country Park entrance on your right. Rain cancels. Questions? Contact Dora at chamacasister@gmail.com.

April 9, Sunday

O: Eagle Rock Loop

Karen Lovett, Laura Rainey

This hike through the Santa Monica Mountains begins in Topanga State Park at Trippet Ranch. On this 4.5 mile, 1000 foot gain and loss, we will hike on a fire road through grasslands and oaks with mountain vistas as we go. Two miles later we arrive at Eagle Rock, where we can explore the caves and hollows of this sandstone formation. We then descend on the Musch Trail through chaparral, then riparian

woodland, passing the walk-in campground at Musch Ranch. Meet at 9 am near the bathrooms in the Trippet Ranch parking lot. Bring lugsole shoes (for climbing up Eagle Rock) and plenty of water.

Questions? Contact Karen at klovett2000@hotmail.com.

April 15, Saturday

O: Strawberry Peak (6164') from Red Box (4640')

Dora Olea, Diane Zaepfel

Highest of all summits of the front range of San Gabriels is Strawberry Peak, a lump-shaped mass of granite boulders rising 6164' above sea level. With slopes tapering precipitously on all sides, it is easy to get that top-of-the-world feeling. The peak was labeled by wags at Switzer's Camp back in the 1880s, who fancied a resemblance to a strawberry standing on its stem. This delightful trail trip will take us over the mountains from Red Box to Strawberry Meadow - three small meadows close below the great north cliff of Strawberry Peak. After reaching a saddle, the trail serpentine its way along the mountainside; and we, then, start our steep scramble up to the summit. This moderate hike is around 8 miles rt. with 1400' elevation/loss gain. Dogs welcome on a leash. Must bring 2 liters of water, lug soles, sunscreen, your lunch, hiking poles, hat, sunglasses and dress in layers. Adventure Pass is required on your parked vehicle. Willing to drive or ride for carpooling? Meet at La Canada rideshare point at 7:45 am and ready to take off at 8:00 am. Rain or snow cancels. Questions? Contact Dora at chamacasister@gmail.com.

April 23, Sunday

O: Mt. Lowe (5603')

Dora Olea, Nancy Beverly

Join us for a hike up Mt. Lowe, site of what was once known as "Railway to the Sky," Los Angeles' first funicular. Only a few foundations exist today! A moderate-paced hike. We will pass a beautiful waterfall in the distance, nice trees and views of the city. Gain/loss 3,798 ft. in 13 miles RT. From the summit we will see Mt. Markham, Brown Mountain, Mt. Disappointment and San Gabriel Peak. Dogs welcome on a leash. Must bring Adventure Pass to park, at least 2 liters of water (more if it's hot out), lug soles, sunscreen, and your lunch. Meet at 8:45 am in the Millard Campground parking lot. We will take off at 9:00 sharp. Directions: from the 210 East exit on Lincoln Av. Head

north 1.9 miles. Turn right on W. Loma Alta Dr., make a left on Chaney Trail (flashing red light) 1.5 miles to the parking lot. Rain Cancels. Questions? Contact Dora at chamacasister@gmail.com.

April 29, Saturday

O: Josephine Peak (5,538') via Colby Canyon (3,480')

Gail Wise, Dora Olea

We'll follow a creek up Colby Canyon for a steep mile or so, and, with any luck, we'll see a couple of waterfalls along the way. We'll then switchback up to Josephine Saddle for another steep mile or so, where we'll pick up a fire trail and walk along a ridge for about a level half mile. From there, we'll head up again for a mile and a half to bag Josephine Peak, then come back down to the fire trail, and then we'll meander down to Clear Creek Station, where we'll car shuttle for a mile back up to where we began at Colby Canyon. So the whole thing won't quite be a loop - more like a crooked open lollipop. Or we can figure out a name for our hike's shape along the way. 8 miles, 2,200' elevation gain. Bring layers, snacks and water. Well-mannered dogs are welcome and must stay on leash. Meet at the La Canada rideshare point at 8 a.m. The ride to the trailhead will be about a half hour, and the hike should take about four or five hours, so we should be back at around 2:00 p.m., give or take. Questions? Contact Gail at 310-433-2298 or gailwise2@gmail.com.

Future Outings

May 6, Saturday

O: Mishe Mokwa Trail to Sandstone Peak

Dawn Wilson, Teresa Nick

Join us for a 6.1 mile hike to Sandstone Peak in the Santa Monica mountains via the Mishe Mokwa trail. This trail is located near the border of Los Angeles and Ventura County, with views of the valley, the Pacific Ocean, and the mountains to the east, not to mention Balancing Rock, Split Rock and other interesting features. This will be a moderately-paced hike with 1,600 ft. elevation gain. Wear sturdy hiking shoes and layers; bring 2 liters of water, the Sierra Club's 10 Essentials, and snacks. Meet at the Mishe Mokwa Trailhead parking lot at 8:00 am sharp. The parking lot is 1 mile east of the Circle X Ranch, which is located 5 miles from Pacific Coast Highway on Yerba Buena Road in Malibu. Sorry, no dogs allowed. Rain cancels. Contact Dawn with any questions at dawnxwilson@gmail.com or 612-384-0180.

Outings and Events

May 13, Saturday

O: Mt. Disappointment (5994'), San Gabriel Peak (6161') and Mueller Tunnel

Dora Olea, Kyla Hjertstedt

Let's start with the name: Why is this mountain called "Disappointment"? Why such a weird odd name for a mountain – disappointment? Indeed, it was a disappointment for the government surveys who lugged their equipment to the top of the mountain in 1875, but the mountain was not high enough, so they had to continue to the higher summit of San Gabriel Peak to do their surveying. The reward was and still is that the views from both summits are panoramic. A moderate-pace 7 miles round trip loop with 1400' elevation gain and 1019' loss. Last but not least, we will hike the famous Cliff Trail between Eaton Saddle and Markham Saddle, now bypassed by the Mueller Tunnel. This trip requires a shuttle and a National Forest Adventure Pass for parking. Dogs carry their own water. Bring 10 essentials, 3 quarts of water (more if it's hot out), lug soles, hiking poles (optional), sunscreen, sunglasses, hat, snacks and lunch. Meet 8:20 am because we will take off at 8:30 am sharp. Directions: exit 210 at Angeles Crest Highway, take Angeles Crest Highway north a couple blocks, La Canada rideshare point, park at curb just past Milmada Dr. Questions? Contact Dora at chamacasister@gmail.com.

May 21, Sunday

O: Altadena to Idlehour Trail Camp
Dora Olea, Kyla Hjertstedt

Bring your bathing suit for this local hike. In a moderate easy pace, we will reach a secluded spot of unusual natural charm, the canyon bottom at Idlehour Trail Camp. Here the creek experiences one of its few serene moods, and a fine forest of oaks, bay and big-cone spruce provides cover. In this woody haunt once stood Camp Idle Hour, a small trail resort of the Great Hiking Era. The name signified the quiet, restful mood of the place, and throughout its existence (1915 – 1929) the camp was a favorite of lovers of sylvan seclusion. The trailhead starts at 1006 ft., we will hike up to Henninger Flats (2550 ft.) toward our destination at 2680 ft. 5.4 miles each way with 1674 ft. loss and gain. Bring lug soles, sunscreen, sunglasses, hat, three liters of water and your lunch. Dogs must bring their own water. Bathrooms at Henninger Flats or bushes everywhere. Meet at the corner of Pinecrest Dr. 2300 E. and Crescent Dr. 2100 E. at 8 am. Driving directions: from the 210 E., exit on 28 / Altadena / Sierra Madre Blvd. Turn left onto N. Altadena Dr., then turn right onto Crescent Dr., last, turn right on the first right that

becomes Pinecrest Dr. Rain cancels.

Questions? Contact Dora at chamacasister@gmail.com.

June 11, Sunday

O: Mt. Timber (8303')

Dora Olea, Heather Sargeant

With a moderate pace, we will trek Mt. Timber trail up Icehouse Saddle via Icehouse Canyon trailhead. 9mi. rt., 3303ft gain / loss with some steep up and down sections. We will pass through a forest of Incense Cedar, Ponderosa and Sugar Pines. From the saddle, we will look into the inviting Cucamonga Wilderness country and down over the Lytle Creek drainage. The boulder strewn floodplain of Icehouse Cyn bears testimony to nature's torrential fury. Bring lug soles, dress in layers, sunscreen, sunglasses, hat, and three liters of water. Dogs must bring their own water. Bathrooms at the trailhead. Driving directions: Drive to Icehouse Canyon parking area, 1.5 miles above Mt. Baldy Village just off Mt. Baldy Road. Meet at the parking lot at 7:30 am. Display Adventure Pass on your parked vehicle. Rain cancels. MUST RSVP to Dora at chamacasister@gmail.com.

June 18, Sunday

O: Mt. Baldy (10064') in a loop

Dora Olea, Ted Hirscher

Yes, we are hiking Mt. Baldy!!! We will hike at a moderate pace, 8.5 mi. rt., 3900' gain/loss. We will go from Manker Flat trailhead to summit via Sierra Club Ski Hut and return via the Backbone Trail to Baldy Notch and the fire road under the ski lift. Optional descent from Baldy Notch uses the ski lift (\$15 or less for seniors). Meet 7:20 am at Marker Flat trailhead to start the hike promptly at 7:30 am. Bring 10 essentials, 3 liters of water (more if it's hot out), lunch, snacks, lugsoles, sunscreen, hiking poles. USFS Adventure Pass required for parking. Bathrooms at trailhead, Ski Hut and Baldy Notch. Directions: 210 E. exit on Baseline Rd. Turn left, next light turn right on Padua Av., right onto Mt. Baldy Rd. Go past Mt. Baldy Village 2 mi. and stay on Mt. Baldy Rd. as it curves left at Icehouse Cyn Rd. Continue driving 2 mi. to Manker Flat Trailhead on your left-hand-side. Questions? Contact Dora at chamacasister@gmail.com.

June 22-25, Thursday-Sunday

O: Cottonwood Lakes

Dora Olea, Heather Sargeant

Backpacking to Cottonwood Lakes is easy; however, altitude and 6.5 miles into the Cottonwood Basin provide the challenging factor. Cottonwood Lakes Trail provides a scenic romp through the Southeastern Sierra with alpine lakes and mountain views. Located south of Mount Whitney and west of

the city of Lone Pine, the trail travels through the Golden Trout Wilderness and the John Muir Wilderness to end at the border of Sequoia National Park. This is a superb trail for day hikers and backpackers alike. We will set up our camp encircled by Clear Crystalline Lakes (11,143'), Majestic Circle Peak (12,900'), Impressive Mt Langley (14,027') and challenging Navy Army Pass (12,310'). To get acclimated before the hike, you must arrive the day before and sleep over at the campground next to the trailhead. Cost not exceed \$40.00 per person for 4 days and 3 nights. Carpooling is strongly recommended. Space is limited. For more info and RSVP, email Dora at chamacasister@gmail.com.

September 3-9, Sunday-Saturday

O: New Mexico: North of Taos


Mike Brostoff, Grace Hengst

Spend a week in Northern New Mexico at Takoja Retreats. Nestled on 40 acres, 28 miles north of Taos, the Takoja Retreat Center is surrounded by tall mountains and wide expanses of sage and cedar. There are many activities to suit everyone from exploring unlimited hiking trails and mountains, (including Wheeler Peak, the highest mountain in New Mexico standing at over 13,000 feet) to Taos with its pueblo and diverse artist scene. The mountains offer much more wildlife viewing than we are accustomed to in California. Bighorn sheep, black bears, and marmots are common, with an occasional mountain lion or porcupine sighting for the off trail adventurer, and don't forget, the coyotes will sing you to sleep every star-filled night. There will be a few group activities, but most of the week is left free to spend the time as you wish. You have your option of camping on the property or staying in the two adobe domes complete with kitchen, bathrooms and showers. They've added authentic New Mexico cuisine to complement the full buffet breakfasts served every day. In addition, there are three complete evening dinners and one supper of gourmet leftovers. Price for the trip varies depending on the accommodations you choose:

- Dome: Two person loft with private bathroom: \$410 (per person)
- Dome: Communal sleeping area: \$375
- Camping: \$325

Since the acoustics of the domes can generate a lot of noise, we are encouraging people to camp. Campers will have access to the bathrooms and showers. Please send check payable to "GLS", phone number, address and email address to Mike Brostoff, 11220 Moorpark #110, North Hollywood, 91602. If interested in the loft, please contact Mike first to check for availability. The trip is open to 15 people.

March and April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FE26	27	28	MAR 1 Griffith Park Dora, Gina	2	3	4
5 O'Melveny Park Dora, Jeff	6	7	8 Griffith Park Ted, Dora	9	10 Joshua Tree Backpack Dora, Jeff <i>Through Sunday</i>	11
12 <small>full moon</small>  <i>End Joshua Tree backpack</i>	13	14	15 Griffith Park Anne, Dora	16	17	18 Bedford Peak Jeff, Ted
19	20	21	22 Griffith Park Dora, Jan	23	24	25
26	27	28	29 Griffith Park Dora, Ted Signal Hill	30	31	APR 1
2 Vasquez Rocks Dora, Carol	3	4	5 Griffith Park Ted, Dora	6	7	8
9 Eagle Rock Loop Karen, Laura	10 <small>full moon</small> 	11	12 Griffith Park Anne, Jan	13	14	15 Strawberry Peak Dora, Diane
16	17	18	19 Griffith Park Nancy, Dora	20	21	22
23 Mt. Lowe Dora, Nancy	24	25	26 Griffith Park Dora, Nancy Signal Hill	27	28	29 Josephine Peak Gail, Dora
30						

GLS Leader Contact Information

Please call after 9 AM and before 9 PM

Alan Schimpff	310-457-1884	alanschimpff@netscape.net
Amanda Smith	323-646-0771	amandajillsmith@gmail.com
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Dora Olea	213-200-0239	chamacasister@gmail.com
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Mary Conte	213-810-3939	

Mike Brostoff	818-399-4035	mbros4162@yahoo.com
Nancy Beverly	818-681-5192	nancybeverly@sbcglobal.net
S. K. Chiou	714-554-9513	skchiou@yahoo.com
Susan Campo	626-688-8642	susanlucillecampo@yahoo.com
Tammie Barta	626-354-2820	tambarta@gmail.com
Ted Hirscher	415-706-5923	ted12339@aol.com
Teresa Nick	612-384-0421	teresa.nick@me.com
Tom Molloy	310-457-1884	tomsmolloy@yahoo.com

Outings Volunteers

Mike Brostoff, Outings Schedule

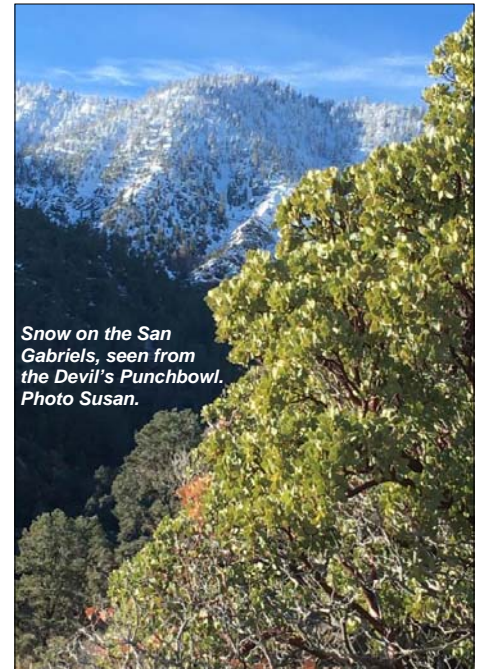
Contact Mike about scheduling outings, to check for available dates, and to submit write-ups.

Dawn Wilson, Outings Liaison to Angeles Chapter

Contact Dawn about questions of leadership requirements and Sierra Club Outings Policy. Dawn is the primary person to read the communications from the Angeles Chapter regarding outings and inform the other leaders.

Laura Rainey, Weekly Reminder

Laura sends out the weekly email announcing upcoming events. If an event must be



Important Outing Information

Waiver

To participate in a Sierra Club outing, you must sign a liability waiver. To read a copy of the waiver before the outing, go to: <http://content.sierraclub.org/outings/local-outdoors>. Questions? Call 415-977-5528.

Rating Codes

These codes indicate the technical difficulty, not the strenuousness.

O Applies to uncomplicated outings such as hikes on trails or the equivalent (with minimal navigation skills).

I Includes outings that involve cross-country travel where navigation is necessary. Rougher ground than "O" outings may be traversed, and use of hands for balance may be necessary. Climbing level: 2nd class terrain.

C Events under external control of a non-Sierra Club

entity, (such as a ranger, guide, or a concessionaire).

SE Social event.

Outing Reservations

Reservation fees of from \$5-\$15 are refunded only when you show up and if they aren't needed to offset costs.

Cancellation policy on more expensive trips is as follows: Cancellation within 30 days, no refund without replacement. If your spot is filled, 90% will be refunded. This policy is in effect unless the leader states otherwise in writing. Always send two SASEs, contact and drive/carpool information. Make checks payable to "GLS".

Dogs

For most people, the presence of a well-behaved dog can be entertaining, or at worst a mild annoyance. However, this is not true for everyone. Some people suffer from various levels of fear

of dogs. Because of this, and the potential intrusion on wildlife, the Sierra Club policy is that dogs are not allowed on Club outings unless the write-up states DOGS OK. Make sure you bring adequate food, water, a bowl, and a long leash.

Seller of Travel Notice

CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

Adventure Pass

National Forests in Southern California (Los Padres, San Gabriel, San Bernardino, and Cleveland) require parked cars to display an Adventure Pass. The pass is available from ranger stations, sporting goods stores, and other local merchants and costs \$5 per day or \$30 per year. Plan on getting it before your outing, as most outlets do not open early. Many Sierra Club members dispute this user fee and protest it by not buying a pass, possibly incurring

a ticket. The choice is yours.

Carpooling

To facilitate the travel logistics for outings, participants often make carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride-sharing, or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

Rideshare Points

Directions to all rideshare points in the Angeles Chapter Schedule of Activities or at: http://angeles.sierraclub.org/get_outdoors/know_you_go/rideshare_meeting_places

La Canada Rideshare Point

Exit 210 at Rte 2 / Angeles Crest Hwy. Go N (uphill) 1/4 mi on Rte 2, park at curb on right, on the long, wide, straight uphill section thru a residential neighborhood.

TRACKS

SIERRA CLUB/GLS
65 PINE AVENUE, #326
LONG BEACH, CA 90802

TRACKS

Subscribe to TRACKS, the GLS newsletter, and find out about all the GLS outings and events every month. You do not need to be a Sierra Club member to subscribe.

Name: _____

Address: _____

City, State, Zip: _____

Email: _____

- New Renewal Gift Change of Address
- Send print TRACKS by US mail \$15 - 1 yr; \$35 - 3 yr
- Send email TRACKS (pdf file) \$10 - 1 yr; \$20 - 3 yr
- Send print and email TRACKS \$25 - 1 yr; \$55 - 3 yr

Fill in this form and send it with a check made out to GLS to:
GLS
65 Pine Avenue, #326
Long Beach, CA 90802



Contributions, gifts and dues to the Sierra Club are not tax-deductible; they support our effective citizen-based advocacy and lobbying efforts. Of your dues, \$7.50 goes for a subscription to *Sierra* magazine, and \$1 for your chapter newsletter.

Name: _____

Address: _____

City, State, Zip _____

Category:	Individual	Joint	Mail to:
Introductory	\$25		Sierra Club
Regular	\$39	\$47	Membership Dept.
Supporting	\$75	\$100	P.O. Box 52968
Contributing	\$150	\$175	Boulder, CO 80322
Life	\$1000	\$1250	
Senior	\$24	\$32	
Student	\$24	\$32	
Limited Income	\$24	\$32	

When you join the Sierra Club, please use this form. The FRIP no. on the form brings part of your membership dues to GLS

FRIP#
F94QW04721