

TRACKS



May/June 2017

Volume 30, No. 3

By Nina Burokas, photos Jeff Johnson

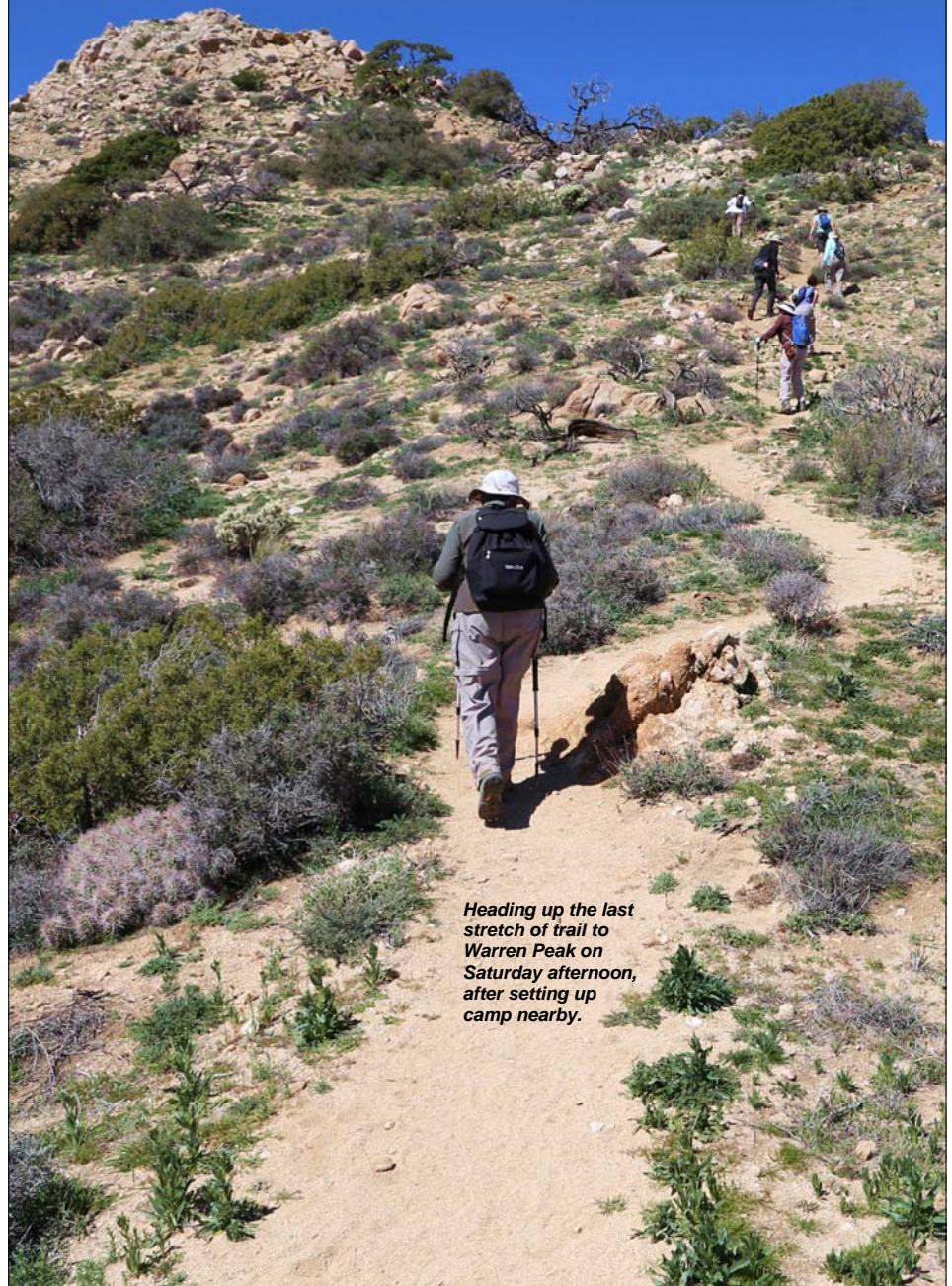
Nature is a study in contrasts; so too, human nature. Our backpack to Warren Peak was an experience on both points.

Those of us who started the trip with an overnight camp at Black Rock Canyon Campground were subjected to the ravings & music of a group of sober living residents on a acid-fueled road trip/campout. But we also shared the camaraderie of friends old and new, a delightful meal, a well-curated selection of red wines and a remarkable (almost) full moon. Later research indicated that the first full moon of March is variously referred to as the “full worm” or “full sap” moon. There are a number of wonderful traditions and practices associated with this moon - known in the Celtic tradition as the “moon of winds”. The ring we saw around the moon is termed a “22-degree halo”. According to meteorologist Dr. Graham, the halo is composed of ice crystals falling randomly rather than in alignment as is usual.

Saturday AM: It’s amazing what the break of a beautiful day and a few cups of coffee can do for one’s spirits. Although we were all a bit worse for lack of sleep, everyone rallied with the promise of a gorgeous day, a new (for most) trail and sights to be seen. After much debate about how much water to pack, how many fluid ounces in a gallon (for future reference: 128 fl oz or 3.78 liters) and whether to jettison water for wine (or was that just me?), we finished packing and left camp. At the trailhead, we picked up our

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Weekend Backpack to Warren Peak in Joshua Tree



Heading up the last stretch of trail to Warren Peak on Saturday afternoon, after setting up camp nearby.

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Central San Gabriel Hikes in April

The last three weekends of April, Dora, Gail, Nancy and Diane led hikers to three peaks in the center of the San Gabriels: Strawberry Peak, Mt. Lowe, and Josephine Peak. Here are some pictures.



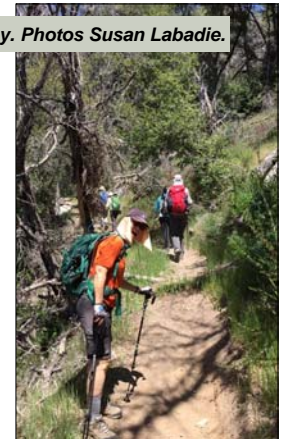
Climbing Josephine Peak on April 29 with Gail and Dora. Photo above, Nancy Beverly. Photo right, Susan Labadie.



Climbing Strawberry Peak on April 15 with Dora and Diane. Photo Dora Olea.



On the trail to Mt. Lowe on April 23 with Dora and Nancy. Photos Susan Labadie.



25th Anniversary GLS T-Shirts!

The GLS 25th Anniversary logo has been printed on heather gray T-shirts, like the ones shown in the photo. T-shirts are \$15 each, available in unisex sizes Small/Medium/Large/X-Large.

To order a T-shirt, please make a check payable to "GLS" and mail to: Amanda Smith, 831 Kodak Drive, Apt. 1/2, Los Angeles, CA 90026. Please be sure to include the size of T-shirt you are

requesting along with your phone number and/or email address in case we need to get in touch with you. If you need the T-shirt shipped to you out-of-town, please contact Amanda with the details first so we can estimate shipping costs before you write a check.

Questions? Email Amanda at amandajillsmith@gmail.com.



Information about GLS

General questions about GLS, call Tammie at 626-354-2820 or Mike at 818-399-4035. **Questions about a specific event**, please call the leaders listed in the schedule.

Contact info is inside the back page.

GLS Tracks online: <glstracks.org>

Requires username/password, provided to GLS Tracks subscribers

Sign up for the FREE GLS email list, with a weekly email digest of GLS events, go to: <http://angeles.sierraclub.org/mailling_lists>. Your email address remains confidential and is not displayed to others.

On Meetup: <www.meetup.com/GLS-Gay-and-Lesbian-Sierrans>

On Facebook: <www.facebook.com/groups/87511347304>

Next GLS Mgmt. Comm. Meeting

The next management committee meeting is planned for May.

GLS management committee meetings are held about every two months, usually on evenings during the week, by conference call. All GLS subscribers are welcome.

You may call one of the committee members to confirm meeting time, how to call in, or ask about the agenda, or for other information.

GLS Mission

The Gay & Lesbian Sierrans Section of the Angeles Chapter fosters the purposes of the Sierra Club by making available a wide range of events for gays, lesbians, and their friends. These activities include conservation, education, hikes, bike rides, beach walks, car camps, boat trips, social gatherings and fundraising.

GLS Newsletter

The GLS newsletter, TRACKS, is published six times a year. Annual subscriptions are \$15 for issues sent by US mail, \$10 for issues sent in PDF format by email, \$25 for both. Three year subscriptions are, respectively, \$35, \$20, and \$55. Send subscription requests and related membership correspondence to: GLS/Sierra Club, 65 Pine Ave. #326, Long Beach, CA 90802.

Management Committee

- Tammie Barta, Chair
- Alan Schimpff, Co-Chair
- Jen Dooley, Secretary
- Tim Vo, Treasurer
- Carol Jeffcoate, Member-at-Large

Other GLS Volunteers

- Membership**, Tammie Barta
- Conservation**, Tom Molloy
- Webmaster**, Tammie Barta
- TRACKS Editor**, Jeff Johnson
- Meetup**, Nancy Beverly
-
- Outing volunteers listed page 11.

Topanga Hike to Eagle Rock

By Karen Lovett, pictures from Laura Rainey

A couple of weekends ago I went to Death Valley in search of the “super bloom” and did not find it. I think that’s because it was right in my own backyard (relatively speaking). On April 9, nineteen women met at Trippet Ranch in Topanga State Park and headed out the Eagle Rock fire road. We had a number of people who had not hiked with GLS before so that was great to welcome newcomers. Along the way to Eagle Rock we saw some beautiful bush lupine, morning glory, pearly everlasting and wild cucumber vines and fruit. We munched on the miner’s lettuce along the trail and it was almost as good as a salad at a 4 star restaurant. We climbed up Eagle Rock to have a snack and the windy conditions at the rock caused us to leave sooner than we might have wanted but it was chilly up there! We made our way down the Musch Trail and it was gorgeous. I can recall at least 16 different varieties of wildflowers. We turned a corner and the meadow blossomed in front of us with hundreds of mariposa lilies. In the 30 years I have been hiking Topanga State Park, I have never experienced such abundant blooms. Tasha and I had a game going to see how many flower names she could remember and Grace was brought in as the botany expert, naming the plants I didn’t remember. We also had our own geology expert, Laura, who talked about the gabbro and spheroidal weathering we



were seeing. I don’t know for sure if Barbara and S.K. drove 18 hours and 1,184 miles JUST for this hike, but I’d like to believe that’s true. Back at the cars, everyone said it was a great hike and I’d like to believe that was true, also.

Laura’s Geology Notes

Eagle Rock in Topanga is part of the Fernwood member of the middle Miocene Topanga Group. The Fernwood member is composed of non-marine sandstone (interfingering marine and continental sediments with river sediments), with minor tuff and limestone. The nearby intrusive gabbro is also middle miocene. The cool spheroidal weathering and coarse granular texture of the rock looked to me like its compositional equivalent of gabbro. The dykes, however, are of the anthropocene epoch (informal term for now).

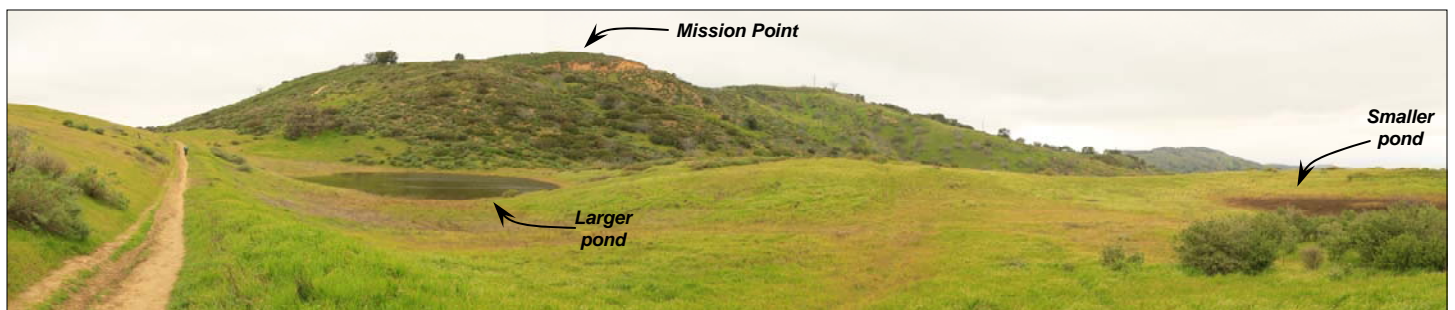


O’Melveny Park to Mission Point

By Jeff Johnson

We’ve been going to O’Melveny Park in Granada Hills, climbing up to Mission Point, every year in March for years. A little below the top, there are two vernal pools or, depending how you look at it, stock ponds from the cattle ranch days here. We had never seen water in them as we walked by, even the years when it was raining on hike day. But on March 5 this year, they both had water in them...as we walked by in the rain. This more than made up for being a couple weeks too early for the big blooming season on these grassy hills.

Hunkering in the rain. If you walked to the left through that gate, you’d be heading toward the Aliso Canyon gas field, the site of the infamous 2015-16 methane gas leak.



Joshua Tree Backpack

(Continued from page 1)

Co-Leader Jeff, and Ted, and weighed packs—average weight 40#, if I recall correctly—took a before picture and were off, to the sounds and sight of quails.

Our hike in was a meditative and companionable walk through sand that absorbed some of the weight of the packs. Roughly an hour in, we arrived at a fork in the trail that lead to either Panorama Loop or Warren Peak and decided to make camp in the area. We set up tents and packed a lunch for the next leg: a 3? mile hike to the Peak. After setting up camp, we set off, keeping eyes peeled for the smattering of wildflowers that were starting to bloom. I think our final count was 30+/- different species, including some of my favorites: chicory, poppy and lupine. Of particular note: the size of the Joshua Trees in the area, including a few with magnificent clusters of buds a week or two from bloom.

At an elevation of 5,103', the view from Warren Peak was breath-taking, ranging from the Mojave Desert floor to Mt. San Gorgonio, at 11,499', the highest Southern California peak. Both San Gorgonio and San Jacinto still had snowcover—good news after years of drought. After lunch, we continued to Warren Vista and a bit more exploring before heading back to camp.

Of course, no Sierra Club trip is complete without an element of environmental education or advocacy. Apropos for a trip where water was a central topic, Heather discussed Nestle's operations in the San Bernardino mountains and made a pitch for boycotting Arrowhead water. Briefly, residents and activists hold that Nestle is exploiting a regional resource and endangering the health of a sensitive environmental area in the San Bernardino National Forest.

According to the San Bernardino Sun, Nestle tapped 36 million gallons of water from Strawberry Creek in 2015, bottling it as Arrowhead Spring Water. Activists argue that Nestle's permit—for which they pay \$524 annually—expired in 1988. Nestle has refused to respond to press requests for comment or community outreach. A search on "Strawberry Peak Nestle" brings up a number of articles on the issue. Interestingly, I recently saw an article on Sustainable Brands where Nestle was touting their sustainability credentials: "Nestle Waters: Working Towards Sustainability through Better Governance, Engagement". There's an opportunity there

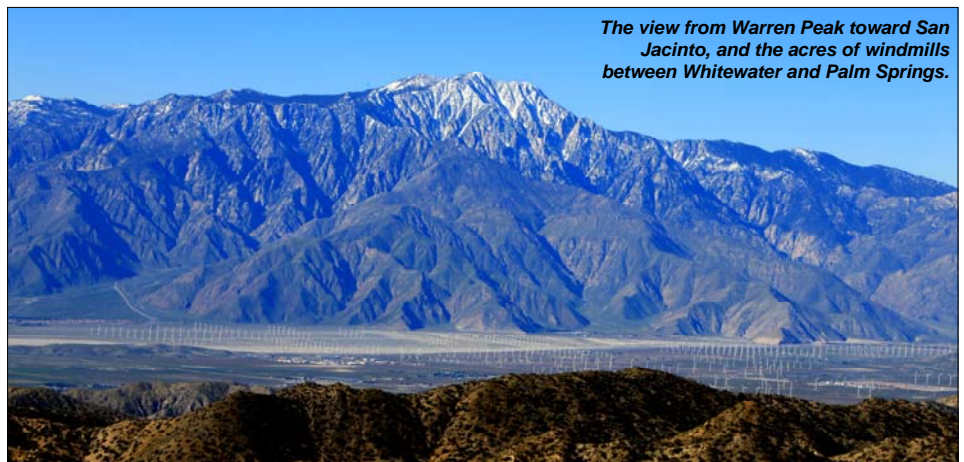
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Starting down the Black Rock Canyon Trail on Saturday morning.



Admiring the view from Warren Peak.



The view from Warren Peak toward San Jacinto, and the acres of windmills between Whitewater and Palm Springs.



Relaxing in our back country camp.

Vasquez Rocks

By Laura Rainey, photos Karen Lovett

In the last issue of Tracks, we had a report about our January 15 visit to the Devil's Punchbowl, a spot of geological interest out in Pearblossom, near the San Andreas Fault. Here is Laura's report on another site of geological interest near the San Andreas Fault, where Dora and Laura led a hike on April 2.

Based on a new study available online at <http://escholarship.org/uc/item/5d86229k>, Laura answers a perennial geological puzzler:

Why do the Transverse Ranges in southern California run east-west (transverse) rather than north-south, like other California mountains?

The Vasquez Rocks Natural Area Park is a beautiful location to visit and explore the steeply dipping "hogbacks" comprised of non-marine sandstone and conglomerate beds. These sediments were deposited in ancient alluvial fans along the flanks of ancient mountains in a basin that formed during a time of crustal extension (pulling apart). These rocks formed when southern California was undergoing complex changes in its structural framework. *The similarity of these rocks with those seen elsewhere in Southern California has inspired geologists to study the area to better understand the sedimentary record that spans from 26 to 6 million years ago.*

A recent study (2015) from UCLA provides a cool summary of the area's history. Up until around 30 million years ago, ocean crust subducted (dove under) the continental North American crust. At some point, the ocean spreading ridge (volcanic area where ocean crust is generated) on the ocean plate got caught up in the subduction zone, creating a new Pacific-North American Plate boundary. This was accompanied by a change in the movement of the plates with respect to each other from subduction to right lateral (sideways) movement. Starting around 20 million years ago, this complex interaction between plates resulted in the pulling apart of a *section of continental crust which rotated clockwise from a north-south trend to an east west trend*, and is known as the western transverse ranges block. These transverse ranges include the northern Channel Islands, the Santa Monica, Santa Ynez and western San Gabriel Mountains. The distance of separation of these rocks from their point of origin is rather amazing. Lots of other complex plate to plate interactions continued, and starting around 6 million years ago, the Pacific-North American transform boundary stepped east to the southern San Andreas fault accompanied by lateral slip and vertical uplift motion. The Punchbowl Fault is a splay of the southern San Andreas fault.

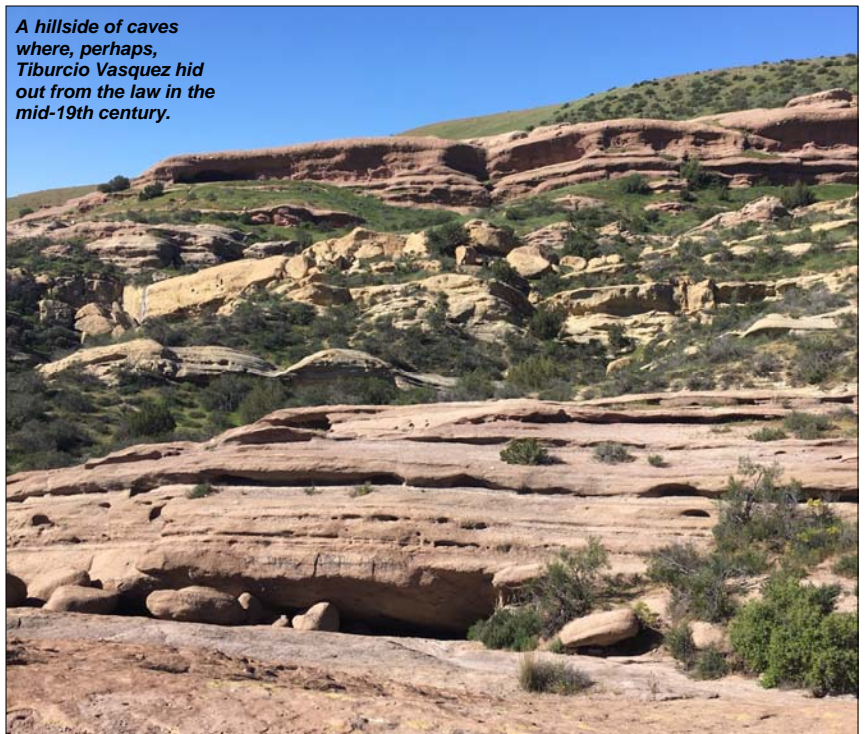
This complex history of plate boundary movement has resulted in separation of geologic structures and rocks that were once in proximity to each other. Study of rocks nearby and similar to the Vasquez provides important insight into the amazing and complex geologic processes that have created the beautiful landscape we see today.



Laura "geologying" to the group in one of the caves at Vasquez Rocks.



A hillside of caves where, perhaps, Tiburcio Vasquez hid out from the law in the mid-19th century.



Conservation Notes

By Tom Molloy

Alert: Global Environment Under Attack Take Action

All conservation news pales to the direct weekly attacks we see to our environment from the current administration. From news this week on Trumps attack on the effective and benign Energy Star program that certifies appliances, computers and buildings for energy efficiency, approval of keystone, his general rollback on federal environmental programs and defunding of EPA to his promised renaissance for the oil, gas and coal industries we can do nothing less than put a daily focus on what can be done to fight the insanity. Don't complain or just give a thumbs up on Facebook, do something!

Get connected: sign up for newsletter at www.indivisiblesb.com.

Download the indivisible guide. Google "indivisible guide". You can find a local indivisible group in your area.

Joshua Tree Backpack

(Continued from page 4)

for someone who wants to present the alternate view ("fact").

We closed the day with Dora's signature "garbage salad," an extravagant feast that included ingredients ranging from artichoke hearts to sliced peppers and a choice of dressings, with Green Goddess the clear favorite. A few of us wandered off to enjoy a full moon stroll before tucking in early and layering for a cold desert night. Siting lesson learned: what may appear to be an insignificant slant when placing your tent will become an annoyance when you find yourself smushed into the downhill edge of the tent or repeatedly shifting clothing and gear in an attempt to create a level sleeping plane. My poor choice of

Get app for phone called "daily action" at dailyaction.org.

Rare Frog Found Breeding in Santa Monica Mountains

A species of frog that all but disappeared from the Santa Monica Mountains nearly 100 years ago has been found breeding again.

Rangers and scientists who surveyed creeks on March 14 found nine egg masses belonging to the California red-legged frog, (Mark Twain's Jumping Frog of Calaveras County) The egg masses were likely laid by mature frogs that were part of eggs that the Park Service started releasing yearly in the wild in 2014 coming from a known population of red-legged frogs in the Simi Hills. The egg masses found last week are the first sign the population is sustaining itself.

The California red-legged frog vanished from the Santa Monica Mountains in the 1920s and 1930s when ranchers introduced the invasive crayfish, used as fish bait. In 1999, the first population was found in the Simi hills. The Park Service hopes to

camping spot notwithstanding, what I was most aware of was the quality of silence. Waking during the night, I stepped out into a dramatic scene: a landscape of deep shadows and moonlight and was struck with a sense of being both out of my element and yet at home.

I don't know whether it was nature working on me or my cold, but Sunday was a bit of a blur. What I do remember: waiting, patiently—with a thermos of coffee neither warm nor cold—for the sun to rise over the surrounding hills. The group rather lazily making breakfast and packing for the Panorama Loop hike. Smatterings of conversations...many of us are working through life transitions and dealing with related issues such as how to liquidate a life-time of possessions—ours,

continue the reintroduction process, funding permitting. Thank you Park Service!

Rare Southern Steelhead Trout Seen in Local River

Two weeks after completion of a project to remove two barriers and replacing with bridges on Arroyo Sequit Creek in Leo Carrillo State Park, a large steelhead was spotted upstream, the first time since 2011. The steelhead's ability to hatch in a creek, going out to the ocean, and then coming back to a creek — not necessarily the same creek, has been key to their survival. This Arroyo Sequit trout was one of only four adults found so far this year between San Luis Obispo and the Mexican border, the only area where they live. Despite nearly 900 young fish being tagged almost 10 years ago none of the ones that went out to sea have returned. The Southern California fish were identified as unique and genetically different from the Northern California trout.

or parents/partners/friends. No easy answers. As Saturday, a companionable pace and conversations, with all alert for wildflowers and attuned to the views. And what views! 360 degrees of mountain ranges, peaks and valleys, with visibility to the Salton Sea.

Returning to camp, we began packing. There's a certain momentum to a return trip and leave no trace ethics—pack it in, pack it out—means there are no packing decisions to be made. On the hike out, I found myself suspended between two worlds: walking the trails and yet thinking ahead to the drive home.

On returning to the trailhead, we were once again confronted with the downside of human nature. Jeff's window had been shattered and a duffel of clothing stolen. The group lunch—a gentle transition to "civilization"—was put on hold. I headed off in search of cold medicine and a hot bath, but a core group hung in there with Jeff and put a positive close on the weekend.

The reasons I hike are simple and complex, personal and universal. I find joy in both stillness and shared discovery. I believe that to leave "civilization" behind and tread a new path is to experience, as the monk David Steindler-Rast put it, "the type of happiness that doesn't depend on what happens."



Walking along a ridge with snow-covered San Gorgonio in the distance.

Outings & Events

May

May 7, Sunday

O: Cloudburst to Cooper Canyon Falls to Buckhorn Campground
Mary Pickert, Amanda Smith

Come join us for a moderate hike in the Angeles Forest, alongside Douglas Firs, Jeffrey Pines and “Little Rock” creek. We’ll start along the PCT (Pacific Crest Trail) as we enjoy a hiking a rolling path of gains and losses with great vistas of the Forest.

We’ll pass by Cooper Canyon campground, hike alongside a gurgling creek and for those with a bit of adventure, we can downclimb to view Cooper Canyon Falls. After a lunch break, we’ll begin our hike back through more forests to Buckhorn Campground along the Burkhardt trail, before hiking back to our cars along the Angeles Crest Highway. Hike is approximately 9 miles, approximately 1500’ change in elevation. Must bring 2 liters of water, lug soles, sunscreen, your lunch, hiking poles if you desire, hat, sunglasses and dress in layers as temperatures may vary. Dogs on leash are welcome. Adventure Pass is required on your parked vehicle.

We will meet at La Canada to rideshare to carpool. Meet at 7:30 am and ready to take off at 7:45 am. Questions: Contact Mary @ mmpick@yahoo.com

May 13, Saturday

O: Mt. Disappointment (5994’), San Gabriel Peak (6161’) and Mueller Tunnel
Dora Olea, Kyla Hjertstedt

Let’s start with the name: Why is this mountain called “Disappointment”? Why such a weird odd name for a mountain – disappointment? Indeed, it was a disappointment for the government surveys who lugged their equipment to the top of the mountain in 1875, but the mountain was not high enough, so they had to continue to the higher summit of San Gabriel Peak to do their surveying.

The reward was and still is that the views from both summits are panoramic. A moderate-pace 7 miles round trip loop with 1400’ elevation gain and 1019’ loss. Last but not least, we will hike the famous Cliff Trail between Eaton Saddle and Markham Saddle, now bypassed by the Mueller Tunnel. This trip requires a shuttle and a National Forest Adventure Pass for parking. Dogs carry their own water. Bring 10 essentials, 3 quarts of water (more if it’s hot out), lug soles, hiking poles (optional), sunscreen, sunglasses, hat, snacks and lunch.

Meet 8:20 am because we will take off at 8:30 am sharp. Directions: exit 210 at Angeles Crest Highway, take Angeles Crest Highway north a couple blocks, La Canada rideshare point, park at curb just past Milmada Dr. Questions? Contact Dora at chamacasister@gmail.com.

May 21, Sunday

O: Altadena to Idlehour Trail Camp
Dora Olea, Kyla Hjertstedt

Bring your bathing suit for this local hike. In a moderate easy pace, we will reach a secluded spot of unusual natural charm, the canyon bottom at Idlehour Trail Camp. Here the creek experiences one of its few serene moods, and a fine forest of oaks, bay and big-cone spruce provides cover. In this woodsy haunt once stood Camp Idle Hour, a small trail resort of the Great Hiking Era. The name signified the quiet, restful mood of the place, and throughout its existence (1915 – 1929) the camp was a favorite of lovers of sylvan seclusion.

The trailhead starts at 1006 ft., we will hike up to Henninger Flats (2550 ft.) toward our destination at 2680 ft. 5.4 miles each way with 1674 ft. loss and gain. Bring lug soles, sunscreen, sunglasses, hat, three liters of water and your lunch. Dogs must bring their own water. Bathrooms at Henninger Flats or bushes everywhere.

Meet at the corner of Pinecrest Dr. 2300 E. and Crescent Dr. 2100 E. at 8 am. Driving directions: from the 210 E., exit on 28 / Altadena / Sierra Madre Blvd. Turn left onto N. Altadena Dr., then turn right onto Crescent Dr., last, turn right on the first right that becomes Pinecrest Dr. Rain cancels. Questions? Contact Dora at chamacasister@gmail.com.

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Weekly Griffith Park Conditioning Hikes

What: On Wednesday nights, join us for a moderate (strenuous if you are out of shape) hike to Mt. Hollywood, 6 miles, 1145’ gain/loss. This is a great mid-week workout. Lug-soled boots are best for traction, but some hikers wear sneakers. Bring a quart of water, snacks if you like, and a flashlight if not used to hiking in the dark. We have a few tiny breaks on the way up, stop at the top, gawk at the city lights until we get a chill, and then

return to our cars by approx. 9:30 p.m. Dogs are welcome; bring a leash and extra water. Rain cancels.

When: Every Wednesday (except holidays) 7 p.m. sharp, end by 9:30 p.m.

Where: Near the flagpole and picnic tables at Crystal Springs Griffith Park HQ/Visitors Center/ Ranger Station, 4730 Crystal Springs Drive, LA. (Note: Mapquest, Google Maps, etc. may be misleading.)

Directions:

(1) From Los Feliz Blvd. (which you can reach from I-5 or coming from Hollywood), turn north on Crystal Springs Dr. Proceed 0.5 mi. to the 3-way stop sign, go straight, and proceed 0.6 mi. and turn right in the driveway just after the Ranger Station. Drive around behind the Ranger Station to Park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda machine, big tree).
(2) From Fwy. 134 East, exit Victory, turn right at bottom of ramp. Make immediate left onto

Zoo Drive. Drive through the park, passing the zoo on your right and the Gene Autry Museum on your left. Curve around and pass the golf course. You’ll come to a stop sign at Griffith Park Drive & Crystal Springs Road (which is the road you’re on now, it changes names). Proceed one more block to the next stop sign at the Ranger Station and turn left. Drive all the way around behind the Ranger Station to park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda

Signal Hill Conditioning Walks

What: Up, over and around Signal Hill. 3-4 miles, 500-750 ft. gain/loss. Easy if you are in good shape, moderate and

maybe even strenuous if you are out of shape. Walking on pavement and gravel. Sensible walking shoes, water, layers for

cool evening breezes. Drizzle goes, rain cancels. Questions? Call Jeff 562-434-8473.

When: Every *last* Wednesday of the month (except holidays), at 7:00 pm. Back at the cars

around 8:30 pm.

Where: Meet on Industry, just west of intersection with Redondo, in Signal Hill. Plenty of street parking.

Outings and Events

May 27, Saturday

O: Long Beach Coastline Commute via Aqualink and Museum of Latin American Art
Laura Rainey, Karen Lovett

Please join us for two events this day as we hop on board Long Beach's colorful catamaran Aqualink for a roughly 45 minute coastline ride from Alamitos Bay to the Aquarium of the Pacific landing in Long Beach. After the ride and lunch, we will meet at the Museum of Latin American Art to enjoy their wonderful current exhibit "Dreamland - a Frank Romero Perspective". Meet at 10:45 am at the Aqualink dock located at Berth 3 Alamitos Bay Landing (190 North Marina Drive), adjacent to Boathouse on the Bay's outdoor patio. Parking at Alamitos Bay is free. Aqualink cost is \$5 each way/person. After lunch, we will meet at 1:30 pm at the museum, located at 628 Alamitos Avenue. Parking is free and adjacent to the museum. Museum admission is \$10/\$7 seniors and students. People will be responsible for obtaining their own transport from the Aqualink's aquarium landing to the museum and from the museum back to the parking lot at Alamitos Bay landing. Questions? Contact Laura at geowmn@verizon.net.

May 29, Monday

O: Charmlee Wilderness Park
Karen Lovett, Laura Rainey

This park, currently operated by the Mountains Restoration and Conservation Authority (MRCA), covers over 532 acres within the Santa Monica Mountains. It offers beautiful ocean views and oak woodlands. We will traverse approximately 4 miles of the 8 miles of trails with no more than 400 feet of elevation gain and loss to experience the views and oaks. This is a perfect hike for beginners or those who want to follow John Muir's sentiment: "Hiking - I don't like either the word or the thing. People ought to saunter in the mountains - not hike!" Hopefully there will still be a nice wildflower display we can saunter through. Dogs are welcome on the trails. Meet at 11:00 am at the Nature Center (just off the parking lot) and bring water and snacks. The park is located at 2577 Encinal Canyon Road, Malibu.

Driving directions: Take PCH to the west side of Malibu. Drive 4 miles west of Zuma Beach to Encinal Canyon Road (pass El Matador State Beach on your left). Turn inland and drive another 3.8 miles up into



Hillsides of flowers in Silverado Canyon, on the way to Bedford Peak March 4.

the mountains. The park entrance is on the left on the outside of a horseshoe bend in the road (Carmichael Road). If you see Lulu Carr Rd. on your left, you have passed the entrance. Drive a quarter mile into the park to the trailhead parking area. There is a \$4 cash only fee for parking. Leader's phone number for calls or texts is: 310.310.0179.

June

June 3, Saturday

O: Trail Canyon Trail to Tom Lucas Camp
Jeff Johnson, Nancy Beverly

Starting just off Big Tujunga Road and walking up Trail Canyon, we'll be passing the waterfall, which should be falling impressively this year. Then we're hiking on through shady sections and exposed sections to the "new" Tom Lucas Trail Camp for lunch, coming back the way we came (John Robinson's Trails of the Angeles hike #9). Total trip: 8 miles RT, 2000' gain/loss. In past years, this trail has been good for Humboldt lilies. This ought to be a very good year for lilies—and could be the peak moment here. Bring lunch, perhaps something to share, 2 quarts+ of water, layers for sun or shade, sun hat, trail shoes. Possibility of frolicking in the stream if it's hot and you have appropriate attire. Meet 8:00 AM in the Ralph's parking lot at 10455 Sunland Blvd. in Sunland-Tujunga, just east of 210, exit at Sunland Blvd. Meet between the Sizzler at the western end of the parking lot and the Ralph's in the middle of the parking lot, and carpool from there to Trail Canyon.

Questions, or if you need to locate us in the parking lot, call Jeff at 562-338-3539.

June 11, Sunday

O: Mt. Timber (8303')
Dora Olea, Heather Sargeant

With a moderate pace, we will trek Mt. Timber trail up Icehouse Saddle via Icehouse Canyon trailhead. 9mi. rt., 3303ft gain / loss with some steep up and down sections. We will pass through a forest of Incense Cedar, Ponderosa and Sugar Pines. From the saddle, we will look into the inviting Cucamonga Wilderness country and down over the Lytle Creek drainage. The boulder strewn floodplain of Icehouse Cyn bears testimony to nature's torrential fury. Bring lug soles, dress in layers, sunscreen, sunglasses, hat, and three liters of water. Dogs must bring their own water. Bathrooms at the trailhead. Driving directions: Drive to Icehouse Canyon parking area, 1.5 miles above Mt. Baldy Village just off Mt. Baldy Road. Meet at the parking lot at 7:30 am. Display Adventure Pass on your parked vehicle. Rain cancels. MUST RSVP to Dora at chamacasister@gmail.com.

June 18, Sunday

O: Mt. Baldy (10064') in a loop
Dora Olea, Ted Hirscher

Yes, we are hiking Mt. Baldy!!! We will hike at a moderate pace, 8.5 mi. rt., 3900' gain/loss. We will go from Manker Flat trailhead to summit via Sierra Club Ski Hut and return via the Backbone Trail to Baldy Notch and the fire road under the ski lift. Optional descent from Baldy Notch uses the ski lift (\$15 or less for seniors).

Outings and Events

Meet 7:20 am at Marker Flat trailhead to start the hike promptly at 7:30 am. Bring 10 essentials, 3 liters of water (more if it's hot out), lunch, snacks, lugsoles, sunscreen, hiking poles. USFS Adventure Pass required for parking. Bathrooms at trailhead, Ski Hut and Baldy Notch. Directions: 210 E. exit on Baseline Rd. Turn left, next light turn right on Padua Av., right onto Mt. Baldy Rd. Go past Mt. Baldy Village 2 mi. and stay on Mt. Baldy Rd. as it curves left at Icehouse Cyn Rd. Continue driving 2 mi. to Manker Flat Trailhead on your left-hand-side. Questions? Contact Dora at chamacasister@gmail.com.

June 22-25, 6/22, Thursday - Sunday O: Cottonwood Lakes Dora Olea, Heather Sargeant

Backpacking to Cottonwood Lakes is easy; however, altitude and 6.5 miles into the Cottonwood Basin provide the challenging factor. Cottonwood Lakes Trail provides a scenic romp through the Southeastern Sierra with alpine lakes and mountain views. Located south of Mount Whitney and west of the city of Lone Pine, the trail travels through the Golden Trout Wilderness and the John Muir Wilderness to end at the border of Sequoia National Park. This is a superb trail for day hikers and backpackers alike. We will set up our camp encircled by Clear Crystalline Lakes (11,143'), Majestic Circle Peak (12,900'), Impressive Mt. Langley (14,027') and Challenging Navy Army Pass (12,310'). To get acclimated before the hike, you must arrive the day before and sleep over at the campground next to the trailhead. Cost not exceed \$40.00 per person for 4 days and 3

nights. Carpooling is strongly recommended. Space is limited. For more info and RSVP, email Dora at chamacasister@gmail.com.

Future Outings

September 3-9, Sunday - Saturday O: New Mexico: North of Taos Mike Brostoff, Grace Hengst

Spend a week in Northern New Mexico at Takoja Retreats. Nestled on 40 acres, 28 miles north of Taos, the Takoja Retreat Center is surrounded by tall mountains and wide expanses of sage and cedar. There are many activities to suit everyone from exploring unlimited hiking trails and mountains, (including Wheeler Peak, the highest mountain in New Mexico standing at over 13,000 feet) to Taos with its pueblo and diverse artist scene. The mountains offer much more wildlife viewing than we are accustomed to in California. Bighorn sheep, black bears, and marmots are common, with an occasional mountain lion or porcupine sighting for the off trail adventurer, and don't forget, the coyotes will sing you to sleep every star-filled night. There will be a few group activities, but most of the week is left free to spend the time as you wish.

You have your option of camping on the property or staying in the two adobe domes complete with kitchen, bathrooms and showers. They've added authentic New Mexico cuisine to complement the full buffet breakfasts served every day. In addition, there are three complete evening dinners and one supper of gourmet leftovers. Price for the trip varies depending on the accommodations you choose:

- Dome: Two person loft with private bathroom: \$410 (per person)
- Dome: Communal sleeping area: \$375
- Camping: \$325

Since the acoustics of the domes can generate a lot of noise, we are encouraging people to camp. Campers will have access to the bathrooms and showers. Please send check payable to GLS, phone number, address and email address to Mike Brostoff 11220 Moorpark #110 North Hollywood, 91602. If interested in the loft, please contact Mike first to check for availability. The trip is open to 15 people.

Other Events

The following is a privately sponsored and administered event. The Sierra Club takes no responsibility and makes no representations or warranties about the quality, safety, supervision or management of the event. This is published here as a reader service because it may be of interest to recipients of this publication.

June 17 & 18, Saturday and Sunday Screening: SHELBY'S VACATION - a lesbian dramedy

Saturday, June 17: The San Gabriel Valley LGBT Center
Gather: 6:30, showtime 7:15 p.m.
2607 S. Santa Anita Ave, Arcadia, CA 91006, located behind the Arcadia Congregational Church

Sunday, June 18: Akbar (bar in the Sunset Junction 'hood)
Gather: 6:30, showtime 7:15 p.m.
4356 W. Sunset Blvd. 90029
a little parking in back, mostly street parking, though

Writer/producer Nancy Beverly and director/editor Vickie Sampson have completed their 40 minute film, SHELBY'S VACATION. If you contributed to the project already, thank you, and for others, we will have a "donation" box at the door to help pay our post production costs. There is no cover charge, so please support the LGBT Center and Akbar by purchasing refreshments from them. Thank you!

The story in brief: Shelby sets out from L.A. on a much-needed vacation to mend her heart from its latest unrequited crush and ends up at a rustic mountain resort where she meets manager Carol, who has her own fantasies that are getting in the way of creating a real relationship. Their casual vacation encounter turns into something more profound than either of them had bargained for as they learn what holds them back from living life fully in the present.



May and June 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
APRIL 30	MAY 1	2	3 Griffith Park Nancy, Mike	4	5	6
7 Cloudburst Summit to Buckhorn Mary, Amanda	8	9	10 <small>full moon</small>  Griffith Park Ted, Dora	11	12	13 Mt. Disappointment, San Gabriel Peak Dora, Kyla
14	15	16	17 Griffith Park Dora, Kyla	18	19	20
21 Altadena to Idlehour Trail Camp Dora, Kyla	22	23	24 Griffith Park Dora, Anne	25	26	27 Long Beach Coastline Commute and MOLAA Laura, Karen
28	29 Charmlee Wilderness Park Karen, Laura	30	31 Griffith Park Nancy, Dora Signal Hill	JUNE 1	2	3 Trail Canyon Trail Jeff, Nancy
4	5	6	7 Griffith Park Dora, Ted	8	9 <small>full moon</small> 	10
11 Timber Mountain Dora, Heather	12	13	14 Griffith Park Dora, Gail	15	16	17
18 Mt. Baldy Dora, Ted	19	20	21 Griffith Park Gail, Mary	22 Cottonwood Lakes backpack Dora, Heather <i>Through Sunday</i>	23	24
25 <i>End Cottonwood Lakes backpack</i>	26	27	28 Griffith Park Dora, TBA Signal Hill	29	30	JULY 1

GLS Leader Contact Information

Please call after 9 AM and before 9 PM

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Teresa Nick	612-384-0421	teresa.nick@me.com
Tom Molloy	310-457-1884	tomsmolloy@yahoo.com

Outings Volunteers

Mike Brostoff, Outings Schedule

Contact Mike about scheduling outings, to check for available dates, and to submit write-ups.

Dawn Wilson, Outings Liaison to Angeles Chapter

Contact Dawn about questions of leadership requirements and Sierra Club Outings Policy. Dawn is the primary person to read the communications from the Angeles Chapter regarding outings and inform the other leaders.

Laura Rainey, Weekly Reminder

Laura sends out the weekly email announcing upcoming events. If an event must be altered or canceled after publication, e-mail Laura and cc Mike.



Bigcone spruce seen on the way to Josephine Peak. Photo Susan Labadie.

Important Outing Information

Waiver

To participate in a Sierra Club outing, you must sign a liability waiver. To read a copy of the waiver before the outing, go to: <http://content.sierraclub.org/outings/local-outdoors>. Questions? Call 415-977-5528.

Rating Codes

These codes indicate the technical difficulty, not the strenuousness.

O Applies to uncomplicated outings such as hikes on trails or the equivalent (with minimal navigation skills).

I Includes outings that involve cross-country travel where navigation is necessary. Rougher ground than "O" outings may be traversed, and use of hands for balance may be necessary. Climbing level: 2nd class terrain.

C Events under external control of a non-Sierra Club

entity, (such as a ranger, guide, or a concessionaire).

SE Social event.

Outing Reservations

Reservation fees of from \$5-\$15 are refunded only when you show up and if they aren't needed to offset costs.

Cancellation policy on more expensive trips is as follows: Cancellation within 30 days, no refund without replacement. If your spot is filled, 90% will be refunded. This policy is in effect unless the leader states otherwise in writing. Always send two SASEs, contact and drive/carpool information. Make checks payable to "GLS".

Dogs

For most people, the presence of a well-behaved dog can be entertaining, or at worst a mild annoyance. However, this is not true for everyone. Some people suffer from various levels of fear

of dogs. Because of this, and the potential intrusion on wildlife, the Sierra Club policy is that dogs are not allowed on Club outings unless the write-up states DOGS OK. Make sure you bring adequate food, water, a bowl, and a long leash.

Seller of Travel Notice

CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

Adventure Pass

National Forests in Southern California (Los Padres, San Gabriel, San Bernardino, and Cleveland) require parked cars to display an Adventure Pass. The pass is available from ranger stations, sporting goods stores, and other local merchants and costs \$5 per day or \$30 per year. Plan on getting it before your outing, as most outlets do not open early. Many Sierra Club members dispute this user fee and protest it by not buying a pass, possibly incurring

a ticket. The choice is yours.

Carpooling

To facilitate the travel logistics for outings, participants often make carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride-sharing, or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

Rideshare Points

Directions to all rideshare points in the Angeles Chapter Schedule of Activities or at: http://angeles.sierraclub.org/get_outdoors/know_you_go/rideshare_meeting_places

La Canada Rideshare Point

Exit 210 at Rte 2 / Angeles Crest Hwy. Go N (uphill) 1/4 mi on Rte 2, park at curb on right, on the long, wide, straight uphill section thru a residential neighborhood.

TRACKS

SIERRA CLUB/GLS
65 PINE AVENUE, #326
LONG BEACH, CA 90802

TRACKS

Subscribe to TRACKS, the GLS newsletter, and find out about all the GLS outings and events every month. You do not need to be a Sierra Club member to subscribe.

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Fill in this form and send it with a check made out to GLS to:
GLS
65 Pine Avenue, #326
Long Beach, CA 90802



Contributions, gifts and dues to the Sierra Club are not tax-deductible; they support our effective citizen-based advocacy and lobbying efforts. Of your dues, \$7.50 goes for a subscription to *Sierra* magazine, and \$1 for your chapter newsletter.

Name: _____

Address: _____

City, State, Zip _____

Category:	Individual	Joint	Mail to:
Introductory	\$25		Sierra Club
Regular	\$39	\$47	Membership Dept.
Supporting	\$75	\$100	P.O. Box 52968
Contributing	\$150	\$175	Boulder, CO 80322
Life	\$1000	\$1250	
Senior	\$24	\$32	
Student	\$24	\$32	
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When you join the Sierra Club, please use this form. The FRIP no. on the form brings part of your membership dues to GLS

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