

TRACKS



July/August 2017

Volume 30, No. 4



Take Action By July 10 to Save the San Gabriel Mountains National Monument

By John Monsen, Co-Chair, Sierra Club Forest Committee

The 346,000-acre San Gabriel Mountains National Monument (SGMNM) was established by President Obama in October 2014. This action was taken at the request of the Sierra Club and many other local groups who had been working for over a decade to develop an alternative designation for the San Gabriel Mountains that would help bring in new resources to improve recreational and environmental conditions.

The San Gabriel Mountain National Monument is now under threat from the Trump Administration as they "review" 27 National Monuments for possible reduction in scope or elimination. The public comment period ends July 10th and we need your help building a strong public record in support of our monument. It only takes a few minutes.

Go to <https://www.regulations.gov/comment?D=DOI-2017-0002-0001> and tell the Trump administration why you value our monument and the San Gabriel Mountains—and to leave our monument alone.

The San Gabriel Mountains National Monument has already begun to show its value, generating new summer ranger positions and over \$5,000,000 in private donations, reopening shuttered visitor centers, increasing trash pickup, and launching the East Fork Project. This project, now in the planning stages, will improve visitor services and education, encourage transit-to-trails, increase cultural awareness, and protect aquatic habitat along a 2.5 mile stretch of the often-visited East Fork of the San Gabriel River north of Azusa in the monument.

The not-so-hidden agenda is that the Trump Administration wants to open up

our public lands to fracking, coal mining, and downing of ancient trees for timber (think the Sequoia National Monument, which is also under review). Their special focus is Utah, on the Escalante Grand Staircase and the Bears Ears National Monuments that protect millions of acres of magnificent canyon country and plateaus between Utah's great national parks like Zion, Arches, Canyonlands, Capitol Reef and Bryce. The Administration has already proposed reducing the scope of Bears Ears, established by President Obama in 2016.

You can do your part by commenting right now using the link provided. Although our focus is on the San Gabriels, feel free to comment on any of the monuments mentioned above that you are familiar with. A strong public record will make it harder to the Trump Administration to take actions that damage our public lands.

Altadena to Idlehour

By Kyla Hjerstedt

Approaching Idlehour Camp felt a little like approaching an oasis in the desert.

The first leg of the hike up to Henniger Flats on May 23 felt a bit more like a So. Cal summer than spring and the trek past Henniger Flats caused our group of five to dwindle to a group of three.

(Continued on page 4)

Mount Baldy

By Pedro Carbajal-Madrid

First time hiking Mount Baldy; first time hiking this much elevation. Oh boy! It was definitely a challenge but a challenge I am glad I took.

A sizable group of us started hiking around 7:00 AM, June 18, led by Dora and with Ted keeping an eye on those of us strugglers in the back of the pack (thanks Dora and Ted). The hike was one of those hikes that gets more intense (steep) as you go on with the last mile being the most challenging (here is where I appreciated Dora's instructions to give small steps as you go up). And what a price when we got up there; amazing views of deserts on one side, mountain peaks on another and a distant glimpse of civilization somewhere way below. After a much needed lunch at the top, we headed back through the Devils'

(Continued on page 5)

Charmlee Park

By Karen Lovett

May had been a warm month so far so it was with some relief that this day started out overcast. On May 29, 18 of us and 4 dogs set out for a walk through meadows, narrow overgrown trails and fields of wildflowers at Charmlee Wilderness Park in Malibu. The recent rains really brought

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Mallow with a bee. Photo Heather McNaught.

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GLS Management Committee Minutes, May 10, 2017

Members in Attendance: Alan Schimpff, Carol Jeffcoate, Jen Dooley, Tammie Barta, Tim Vo
 Item 1 – Reviewed Current Finances

Reviewed annual expenses
 GLS received a generous donation from the estate of Peter Geissler, which will enable us to make a donation to the Angeles Chapter. Tim will contact the chapter to coordinate the donation.

Item 2 – Leader First Aid Certifications
 Many leader first aid certifications are due to

expire in November. Jeff Johnson researched current pricing for a group class from Red Cross.

Board to gauge interest among leaders in doing another group class to be held prior to November. GLS would pay course fees or reimburse for other courses up to the amount of the Red Cross course for certifications that are renewed this year.

Item 3 – Wednesday Night Griffith Park Hikes
 Due to leader scheduling difficulties, Board

to consider reducing Wednesday night Griffith Park hikes to 1st and 3rd Wednesdays of the month.

We will see how July scheduling is going when we meet in June and evaluate.

Item 4 – OARS (Online Sierra Club Schedule of Outings)

Tammie to contact Mike Brostoff to see if GLS currently posts any outings to OARS. The Board discussed potential advantages and possibility of gaining new members by posting some outings on OARS. Next meeting is scheduled for June 20th at 6:30pm

GLS Management Committee Minutes, June 20, 2017

Members in Attendance: Carol Jeffcoate, Jen Dooley, Tammie Barta, Tim Vo
 Item 1 – Donation to Sierra Club Angeles Chapter

Tim has contacted the chapter to coordinate a donation to the Angeles Chapter from GLS. He will issue a check for \$5,000 this weekend.

Item 2 – Leader First Aid Certifications
 Many leader first aid certifications are due to expire in November. Jeff Johnson researched current pricing for a group class from Red Cross. Alan to report back soon via email regarding

interest among leaders in doing another group class to be held prior to November. GLS would pay course fees or reimburse for other courses up to the amount of the Red Cross course for certifications that are renewed this year.

Item 3 – Wednesday Night Griffith Park Hikes
 Due to leader scheduling difficulties, Board was to consider reducing Wednesday night Griffith Park hikes to 1st and 3rd Wednesdays of the month.

Tammie followed up with Dora. Dora felt that it was best for GLS to continue doing

Wednesday night hikes every week.

Item 4 – OARS (Online Sierra Club Schedule of Outings)

Tammie confirmed that GLS currently does not post any outings to OARS. Jennifer and Alan to explore receiving training on OARS to post hikes on OARS at individual leaders' discretion.

Item 5 – GLS Car Camp Outings
 The Board discussed strategies to rekindle interest among leaders in leading car camping trips. Car camping has been a very popular activity in the past for GLS and we agreed that it would be fun to start having some of these outings again.

25th Anniversary GLS T-Shirts!

The GLS 25th Anniversary logo has been printed on heather gray T-shirts, like the ones shown in the photo. T-shirts are \$15 each, available in unisex sizes Small/Medium/Large/X-Large.

To order a T-shirt, please make a check payable to "GLS" and mail to: Amanda Smith, 831 Kodak Drive, Apt. 1/2, Los Angeles, CA 90026. Please be sure to include the size of T-shirt you are

requesting along with your phone number and/or email address in case we need to get in touch with you. If you need the T-shirt shipped to you out-of-town, please contact Amanda with the details first so we can estimate shipping costs before you write a check.

Questions? Email Amanda at amandajillsmith@gmail.com.



Information about GLS

General questions about GLS, call Tammie at 626-354-2820 or Mike at 818-399-4035. **Questions about a specific event**, please call the leaders listed in the schedule. Contact info is inside the back page.

GLS Tracks online: <glstracks.org>
 Requires username/password, provided to GLS Tracks subscribers

Sign up for the FREE GLS email list, with a weekly email digest of GLS events, go to: <http://angeles.sierraclub.org/mailling_lists>. Your email address remains confidential and is not displayed to others.

On Meetup: <www.meetup.com/GLS-Gay-and-Lesbian-Sierrans>

On Facebook: <www.facebook.com/groups/87511347304>

Next GLS Mgmt. Comm. Meeting

The next management committee meeting has not been scheduled.

GLS management committee meetings are held about every two months, usually on evenings during the week, by conference call. All GLS subscribers are welcome.

You may call one of the committee members to confirm meeting time, how to call in, or ask about the agenda, or for other information.

GLS Mission

The Gay & Lesbian Sierrans Section of the Angeles Chapter fosters the purposes of the Sierra Club by making available a wide range of events for gays, lesbians, and their friends. These activities include conservation, education, hikes, bike rides, beach walks, car camps, boat trips, social gatherings and fundraising.

GLS Newsletter

The GLS newsletter, TRACKS, is published six times a year. Annual subscriptions are \$15 for issues sent by US mail, \$10 for issues sent in PDF format by email, \$25 for both. Three year subscriptions are, respectively, \$35, \$20, and \$55. Send subscription requests and related membership correspondence to: GLS/Sierra Club, 65 Pine Ave. #326, Long Beach, CA 90802.

Management Committee

- Tammie Barta, Chair
- Alan Schimpff, Co-Chair
- Jen Dooley, Secretary
- Tim Vo, Treasurer
- Carol Jeffcoate, Member-at-Large

Other GLS Volunteers

- Membership,** Tammie Barta
- Conservation,** Tom Molloy
- Webmaster,** Tammie Barta
- TRACKS Editor,** Jeff Johnson
- Meetup** Nancy Beverly
-
- Outing volunteers listed page 11.

First Aid Refresher Class for O-Rated GLS Leaders

GLS is planning another group first aid refresher class Saturday, October 28 this year, close to when several GLS leaders are due for their every-four-years first aid certification renewal. GLS will cover the (expected) \$62 cost of this group class for people who are active with GLS. Others who are interested and can pay the same price themselves are welcome to attend with us. It's less than the price of a normal commercial first aid class.

We are planning to have the class at the Sierra Club office in L.A., with a Sierra

Club-oriented first aid instructor, rather than regular Red Cross first aid training, which is more work place-oriented. Plus, it's more fun to do it with your GLS friends. This will be the fourth or fifth time we have done a GLS group first aid class.

Chapter rules allow taking an online class every second time you do first aid certification training. So, if your last first aid training was in a group, you can meet the first aid requirement for leaders with a suitable online training class. GLS will cover the cost of that for active GLS

leaders.

To learn more about leadership requirements for hike leaders, see the Angeles Chapter Leadership Training Committee website, at http://angeles.sierraclub.org/ltc_become_a_leader.

If you don't know when you are due for a first aid refresher, check with Dawn Wilson, at dawnxwilson@gmail.com.

If you are interested in attending this class, contact Alan Schimpff at alanschimpff@netscape.net.

Mount Disappointment

Dora and Kyla led GLS hikers to Mount Disappointment, near Mount

Wilson, on May 13. Here are some pictures that Kyla took along the way.



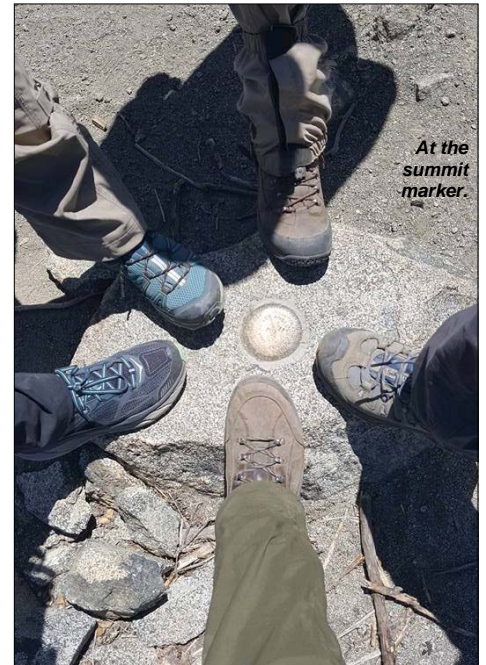
A bigcone spruce and the view over the cloud-covered Los Angeles Basin.



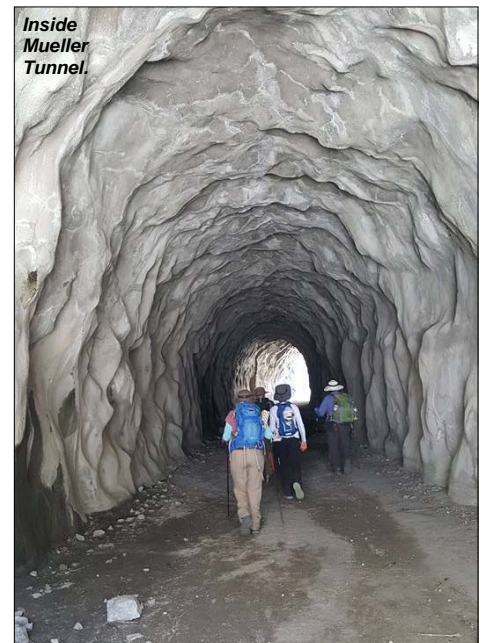
The steep slopes of Mount Markham seen from the side of San Gabriel Peak.



Approaching Mueller Tunnel on the way to Eaton Saddle.



At the summit marker.



Inside Mueller Tunnel.

Altadena to Idlehour Camp

(Continued from page 1)

But then it happened! The blistering hot trail started to become shaded and wildlife started to make itself known. Flowers and ladybugs became ever more frequent and finally we reached the downright chilly cascading pools of Idlehour Camp. The water was clear and cool and offered a perfect lunch spot and quick dip to cool off before we made our way back to the heat of Altadena.



Kyla Hjerstedt



Kyla Hjerstedt



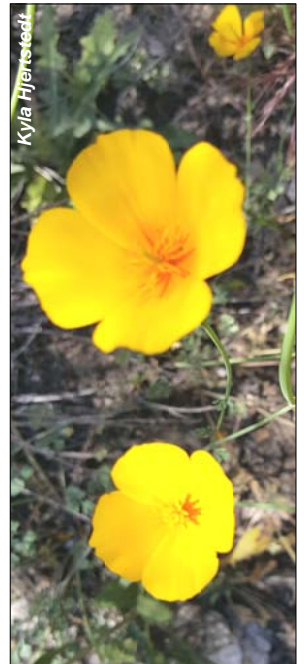
Kyla Hjerstedt



Kyla Hjerstedt



Kyla Hjerstedt



Kyla Hjerstedt

Mount Baldy

(Continued from page 1)

Backbone (my favorite part of the hike) and through a few patches of snow.

The descent was long and tiring but the sense of accomplishment has stayed with me long after the hike.



Charmlee Park

(Continued from page 1)

this area to life with plenty of monkey flower, Indian pink, sages of all kinds, including my favorite, hummingbird sage, wild cucumber, bush mallow and the beautiful, non-native yellow mustard. Our lunch spot was one of the premier Pacific Ocean viewing sites for which Charmlee is known but, unfortunately, May Gray did not release her grasp and we lunched in the fog imagining the gorgeous view ahead of us. On the last 1/2 mile up the hill and back to our cars the sun broke out but we had walked our four miles and it was time to leave.



Above: Karen with map, leading hikers.
Below: Green caterpillar eating fennel.



Trail Canyon Trail

By Jeff Johnson

Trail Canyon Trail used to be a good place to see Humboldt lilies. This wet year should have been good for lilies so we went there on June 3, the height of lily season, looking for lilies. And there weren't any. What happened? This canyon was so badly burned in the 2009 Station Fire that the trail was closed for years afterward. Lilies can usually survive fire since they grow from bulbs below the ground, but maybe that fire was too hot.

Some oaks in the canyon survived because, apparently, their bark protected them. You can see oaks there with lots of burned and dead branches but the trees are still alive and still sprouting twigs. You can now see dead black bark on their trunks being shed as new bark grows underneath and pushes it off.

One thing better this year is the waterfall two miles in from the trailhead. Other years it's been a humble dribble but this year it's pouring water. Most hikers on this trail go to see the waterfall.

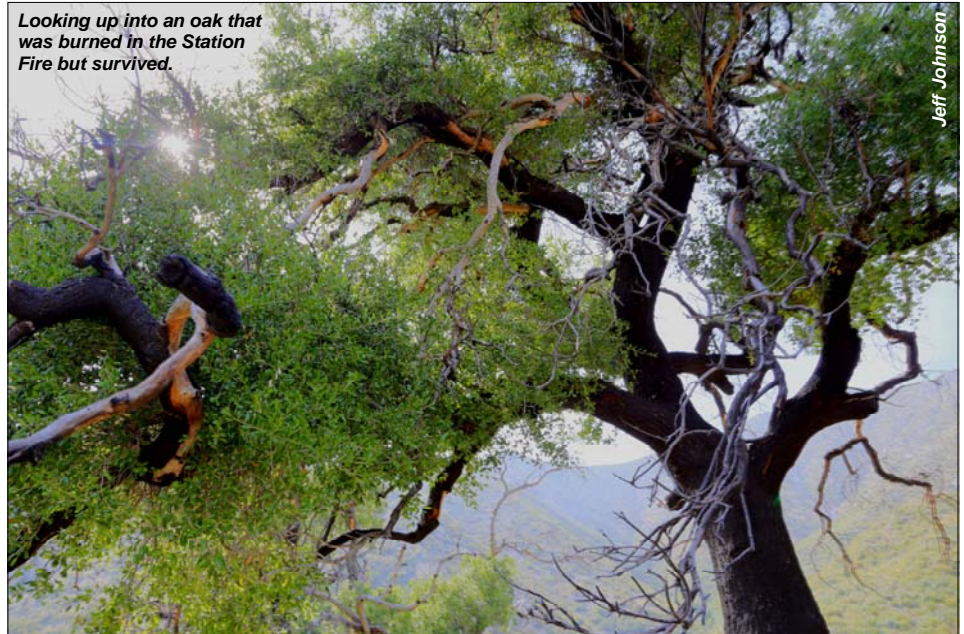
Our destination was the new Tom Lucas camp a mile beyond the waterfall. A rattlesnake by the trail before the camp refused to move so we retreated under some oaks for our lunch.

One of the hikers brought her very small daughter who was a pleasure for all on the hike and seemed perfectly content in the heat. We hope to follow her hiking progress in coming years.



Visiting the brink of the waterfall on the way back to the trailhead.

Nancy Beverly



Looking up into an oak that was burned in the Station Fire but survived.

Jeff Johnson



Looking up a side canyon toward Condor Peak.

Jeff Johnson



A burned oak growing around its injuries and shedding dead bark.

Jeff Johnson



Nancy Beverly

Outings & Events

July

July 15, Saturday

O: Mt. Hillyer

Nancy Beverly, Jeff Johnson

Looking for an introduction to the Angeles National Forest with a hike that will give you some great exercise but not knock you out? Then join us for our out 'n' back to Mt. Hillyer. This is a moderate hike amongst pretty panoramic views, Jeffrey pine trees (mmm, smell that butterscotch aroma) and giant boulders. It'll be 1000' of elevation gain, going up to 6162', six miles 'round trip. Bring 2 liters of water (more if it's hot out), snacks / lunch, lugsole boots, hiking poles if you use them, sunscreen and a hat. Dogs in good shape are welcome and must be on a leash. 'Tis the season: be aware of wildfire announcements and closures of forest areas. Meet at the La Canada Rideshare Point at 8 a.m., 4738 Angeles Crest Highway just off the 210. Tip: we do not check emails as we're about to carpool so please look up the rideshare spot before the morning of. Questions? Contact Nancy at 818-681-5192.

July 29, Saturday

O: Marathon Beach Bike Ride and Activities

Mike Brostoff, Nancy Beverly

A 45 mile round-trip bike ride along the coast from the Palisades to Palos Verdes. This trip is a series of beach activities

strung together by biking. We will meet at 8:00 AM in the Palisades. We will bike for one mile and eat a leisurely breakfast at Back to the Beach, a restaurant with tables outside on the sand. We will then bike 20 miles through many beach communities until we reach Torrance where we will relax, lay out in the sun, swim, or whatever. Afterwards we will turn back and head to El Segundo where we will catch a 2:30 matinee at the Old Town Music Hall. The Old Town Music Hall is like walking into a movie theater from the 1930s. They have a Wurlitzer Organ complete with a wall full of neon pipes and other instruments. The movie is usually preceded by a sing-a-long and a Laurel and Hardy short. After the film, we will head to Venice for dinner at the C&O Trattoria. Following dinner, we will ride the Ferris Wheel on the Santa Monica pier in memory of Kathy Brizzard who suggested adding this event to the journey. We will complete our final leg of the journey returning to the Palisades with a magnificent view of the sunset over the Pacific.

Bring: a bike; bike lock; spare tire and/or patch kit; bike pump; helmet; headlight; bathing suit and change of clothes if you plan to swim; beach towel; water (we can refill along the way); money for breakfast (about \$15.00), movie (\$12.00), dinner (about \$20.00) and extra for snacks along the way; library books you want to return (we pass the Marina Del Rey Public Library). For more information and to reserve a spot, contact Mike Brostoff, 818-399-4035.

August

August 6, Sunday

O: Bolsa Chica Preserve

Karen Lovett, Laura Rainey

This preserve is a rare ecosystem where salt water from the ocean and freshwater from the land meet and mix, forming an unusually rich diversity of habitats, including freshwater wetlands, coastal bluff scrub, grasslands, and a eucalyptus stand that provides critical nesting habitat for raptors and herons. Expect to see many of the migratory and permanent resident birds that have been sighted here in the past decade. We will walk approximately 5 miles, zero elev. gain/loss. Bring 2 quarts of water, snack or lunch, binoculars, comfortable walking shoes, sunscreen, hat and windbreaker/light jacket. Dogs are not allowed. Rain cancels. Meet at 10 AM in front of the Interpretive Center, 3842 Warner Ave., Huntington Beach. From the 405 or 22 Freeways, take the Bolsa Chica Rd exit south to Warner Ave. Turn right on Warner Ave., and then left into parking lot before PCH. Questions? Contact Karen at klovett2000@hotmail.com.

August 19, Saturday

O: Arroyo Seco

Dora Olea, Amanda Smith

The trail alternates between following the old road and stream-hopping where roadbed and bridges have washed out. The canyon closes in and the scenery becomes more woodsy—giant canyon oaks, alders,

(Continued next page)

Weekly Griffith Park Conditioning Hikes

What: On Wednesday nights, join us for a moderate (strenuous if you are out of shape) hike to Mt. Hollywood, 6 miles, 1145' gain/loss. This is a great mid-week workout. Lug-soled boots are best for traction, but some hikers wear sneakers. Bring a quart of water, snacks if you like, and a flashlight if not used to hiking in the dark. We have a few tiny breaks on the way up, stop at the top, gawk at the city lights until we get a chill, and then

return to our cars by approx. 9:30 p.m. Dogs are welcome; bring a leash and extra water. Rain cancels.

When: Every Wednesday (except holidays) 7 p.m. sharp, end by 9:30 p.m.

Where: Near the flagpole and picnic tables at Crystal Springs Griffith Park HQ/Visitors Center/ Ranger Station, 4730 Crystal Springs Drive, LA. (Note: Mapquest, Google Maps, etc. may be misleading.)

Directions:

(1) From Los Feliz Blvd. (which you can reach from I-5 or coming from Hollywood), turn north on Crystal Springs Dr. Proceed 0.5 mi. to the 3-way stop sign, go straight, and proceed 0.6 mi. and turn right in the driveway just after the Ranger Station. Drive around behind the Ranger Station to Park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda machine, big tree).
(2) From Fwy. 134 East, exit Victory, turn right at bottom of ramp. Make immediate left onto

Zoo Drive. Drive through the park, passing the zoo on your right and the Gene Autry Museum on your left. Curve around and pass the golf course. You'll come to a stop sign at Griffith Park Drive & Crystal Springs Road (which is the road you're on now, it changes names). Proceed one more block to the next stop sign at the Ranger Station and turn left. Drive all the way around behind the Ranger Station to park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda

Signal Hill Conditioning Walks

What: Up, over and around Signal Hill. 3-4 miles, 500-750 ft. gain/loss. Easy if you are in good shape, moderate and

maybe even strenuous if you are out of shape. Walking on pavement and gravel. Sensible walking shoes, water, layers for

cool evening breezes. Drizzle goes, rain cancels. Questions? Call Jeff 562-434-8473.

When: Every *last* Wednesday of the month (except holidays), at 7:00 pm. Back at the cars

around 8:30 pm.

Where: Meet on Industry, just west of intersection with Redondo, in Signal Hill. Plenty of street parking.

Outings and Events

(Continued from previous page)

willows, sycamores, and even eucalyptus. It is a short and easy hike, about 7 miles RT, about 5hrs. 500 ft gain/loss. Nearly obliterated by floods and fires, nature's stillness reigns supreme in the canyon, broken only by the sound of the arroyo (stream) and hikers' laughs. Our final destination is the Brown Canyon Debris Dam that might offer us a running waterfall. Bring lug soles and extra socks, sunscreen, hat and sunglasses as well as plenty of water. Dogs must bring their own

Timber Mountain

Dora led a group of hikers (blue wind-breakers required, apparently) up Timber Mt. on June 11. Lots of ladybugs!



Dora Olea



Dora Olea

water. Meet at the parking lot at 8:45am, we will leave at 9am sharp. From the 210 E. Freeway, take the Arroyo Blvd. off-ramp and drive North on Arroyo which promptly becomes Windsor Av. Continue N. 0.70 of a mile, a parking lot on lefthand side between W. Mountain View St. and Ventura St. Rain cancels. Questions? Contact Dora, chamacasister@gmail.com.

August 26, Saturday O: Newport Back Bay Bike Ride Kyla Hjertstedt, Tammie Barta

Join us for an easy/moderate paced, 17 mile (RT) bike ride; 300' elevation gain/loss. We will meet in the Rubio's parking lot in Irvine at 9 am. Our ride will start on the Mountains to the Sea multi-use path (MUP) and transition to the Newport Back Bay Loop. We will ride alongside Upper Newport Bay State Marine Conservation area past the Back Bay Science Center, Newport Dunes, Big Canyon Inlet, and the Peter and Mary Muth Interpretive Center were we will finish the loop and rejoin the Mountains to the Sea MUP to head back to Rubio's for lunch. What to bring: Multi-speed bicycle (mountain, hybrids, and road bikes are all fine – no beach cruisers), bike lock, patch kit/spare inner tube, money for dining, sunscreen, layered clothing, and water. Helmets are mandatory! Meet in Rubio's parking lot (17655 Harvard Ave. Irvine CA 92614) at 9 am; we will aim to start the ride by 9:15 am. Questions? Contact Tammie tambarta@gmail.com or (626) 354-2820.

Future Outings

September 1 – 4, Friday – Monday O: White Mountain. (14,252') Dora Olea, Carol Jeffcoate

This is a classic hike on a trail to a non-classic but very famous, majestic mountain – WHITE Mtn. Friday is optional for early acclimatizing and a short local hike searching for ancient Mines. On Saturday there will be an Open House at the USC Research Station which means we can drive up a bit more to the higher trailhead making this hike 10 mi RT and 2000 ft. gain/loss. DO NOT underestimate this hike as the elevation can make it extremely difficult. NO BEGINNERS!!! Please do not attempt this hike if you are inexperienced with altitude and its effects on your body!!!

Sept. 1, Friday: Drive up from LA and meet at a primitive site for camping. No water available at campsite.

Sept. 2, Saturday: we will acclimatize with a moderate hike in the interesting Bristlecone forest and re-group at a remote primitive location.

Sept. 3, Sunday: At dawn drive up the 13 mi gravel road to the gate of the research facility and start at the highest possible trailhead to climb WHITE MOUNTAIN!!! After the hike you are free to depart...or sleepover and drive back on Monday. Cost is of the trip \$15.00, carpooling is recommended. RSVP to Dora at chamacasister@gmail.com.

September 3 – 9, Sunday-Saturday O: New Mexico: North of Taos Mike Brostoff, Grace Hengst

Spend a week in Northern New Mexico at Takoja Retreats. Nestled on 40 acres, 28 miles north of Taos, the Takoja Retreat Center is surrounded by tall mountains and wide expanses of sage and cedar. There are many activities to suit everyone from exploring unlimited hiking trails and mountains, (including Wheeler Peak, the highest mountain in New Mexico standing at over 13,000 feet) to Taos with its pueblo and diverse artist scene. The mountains offer much more wildlife viewing than we are accustomed to in California. Bighorn sheep, black bears, and marmots are common, with an occasional mountain lion or porcupine sighting for the off-trail adventurer, and don't forget, the coyotes will sing you to sleep every star-filled night. There will be a few group activities, but most of the week is left free to spend the time as you wish.

You have your option of camping on the property or staying in the two adobe domes complete with kitchen, bathrooms and showers. They've added authentic New Mexico cuisine to complement the full buffet breakfasts served every day. In addition, there are three complete evening dinners and one supper of gourmet leftovers. Price for the trip varies depending on the accommodations you choose:

- Dome, two-person loft with private bathroom: \$410 (per person)
- Dome, communal sleeping area: \$375
- Camping: \$325

Since the acoustics of the domes can generate a lot of noise, we encourage people to camp. Campers will have access to the bathrooms and showers. Please send check payable to "GLS", phone number, address and email address to Mike Brostoff 11220 Moorpark #110 North Hollywood,

(Continued next page)

Outings and Events

(Continued from previous page)

91602. If interested in the loft, please contact Mike first to check for availability. The trip is open to 15 people.

September 17, Sunday

**O: Jen Dooley Provisional
Jennifer Dooley, Nancy Beverly**

Mark your calendar!

September 24, Sunday

**O: Mt. Lukens (5074')
Dora Olea, Ted Hirscher**

Mt. Lukens, aka Sister Elsie, offering spectacular views, is a challenging peak in the front range of the San Gabriel Mountains. At the top, you stand at the highest point in the city of Los Angeles, and peer over the vast urban plain. The view to the north and east is across the various ridges and peaks of the San Gabriels. We plan on moderate paced hike on a route that takes us 6 ½ miles rt., 3000' gain / loss. Bring lug soles, dress in layers,

extra pair of socks, sunscreen, sunglasses, hat and three liters of water. Meet promptly at 8 am. Directions to trailhead: From 210 freeway in La Crescenta, take the Pennsylvania Ave. exit N. to Foothill blvd. Turn left (west) on Foothill Blvd. to New York Ave. Turn right (north) on New York Ave., then left on Markridge, then turn right into the George Deukmejian Wilderness Park (city of Glendale), 3429 Markridge Rd., between New York and Frederic. Plenty of parking in a large parking area. Heavy rain cancels. Questions? Contact Dora at chamacasister@gmail.com.

October 15, Sunday

**O: Mt. Wilson (5710') via Orchard Camp
Dora Olea, Kyla Hjertstedt**

At a moderate pace we will trek the Mount Wilson trail up Little Santa Anita Canyon via Orchard Camp. 15mi. rt., 4500ft. gain/loss with some steep up and down sections. Enjoy its historical trails and crystalline streams where you can lean against an old

oak, cool your heels in the rushing water, relax and watch the river flow. At the peak, if time permits, we will visit the observatory, museum, and solar camera tower. Bring money for food and soft drinks at the Cosmic Café at the top where we will have our lunch. Bring lug soles, dress in layers, extra pair of socks, sunscreen, sunglasses, hat and three liters of water. Water at the top to refill bottles. Bathrooms at the TH and the top. Meet at Miramonte Ave. near the junction of Mt. Wilson Trail Rd. at 8 AM. Driving Directions: From the Foothill Freeway (210) in Arcadia, exit on Baldwin Ave. and head north. Turn right on Miramonte Ave. and park. Walk to the junction of Mt. Wilson Trail Road located on the left side of the street. Rain cancels. Questions? Contact Dora, chamacasister@gmail.com.

October 28, Saturday

First Aid Training, Sierra Club, L.A.

First aid refresher class for O-rated GLS hike leaders. **More info on page 3.**

Cottonwood Lakes

Dora led a small group of GLS hikers on a backpack at Cottonwood Lakes above Lone Pine starting on June 22. After the record snowfall last winter, there was still plenty of snow on the ground and on the surrounding peaks, lots of water running across the trails, and lots of mosquitoes. They found a good dry spot for a campsite near Lake One. Next day, there was a day hike all the way up to Long Lake, below Cirque Peak and New Army Pass.



Dora at Long Lake, with Cirque Peak and New Army Pass in the background.

July and August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5 Griffith Park <i>Canceled for the holiday</i>	6	7	JUL 1 8 <small>full moon</small> 
9	10	11	12 Griffith Park Nancy, Amanda	13	14	15 Mount Hillyer Nancy, Jeff
16	17	18	19 Griffith Park Ted, Mike	20	21	22
23	24	25	26 Griffith Park Mike, Nancy Signal Hill	27	28	29 Marathon Beach Bike Ride Mike, Nancy
30	31	AUG 1	2 Griffith Park Dora, Mike	3	4	5
6 Bolsa Chica Reserve Karen, Laura	7 <small>full moon</small> 	8	9 Griffith Park Mike, Dora	10	11	12
13	14	15	16 Griffith Park Dora, TBA	17	18	19 Arroyo Seco Dora, Amanda
20	21	22	23 Griffith Park Ted, Dora Signal Hill	24	25	26 Newport Back Bay Bike Ride Kyla, Tammie
27	28	29	30 Griffith Park Dora, Gail	31	SEPT 1 White Mountain Dora, Carol <i>Through Monday</i>	2

GLS Leader Contact Information

Please call after 9 AM and before 9 PM

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Tom Molloy	310-457-1884	tomsmolloy@yahoo.com

Outings Volunteers

Mike Brostoff, Outings Schedule

Contact Mike about scheduling outings, to check for available dates, and to submit write-ups.

Dawn Wilson, Outings Liaison to Angeles Chapter

Contact Dawn about questions of leadership requirements and Sierra Club Outings Policy. Dawn is the primary person to read the communications from the Angeles Chapter regarding outings and inform the other leaders.

Laura Rainey, Weekly Reminder

Laura sends out the weekly email announcing upcoming events. If an event must be altered or canceled after publication, e-mail Laura and cc Mike.



Right: *Calochortus plummerae* on Trail Canyon Trail this year.

Below: Humboldt lilies not in Trail Canyon this year but on Winter Creek.

Nancy Beverly



Carole Scurlock, Natural Sciences Section

Important Outing Information

Waiver

To participate in a Sierra Club outing, you must sign a liability waiver. To read a copy of the waiver before the outing, go to: <http://content.sierraclub.org/outings/local-outdoors>. Questions? Call 415-977-5528.

Rating Codes

These codes indicate the technical difficulty, not the strenuousness.

O Applies to uncomplicated outings such as hikes on trails or the equivalent (with minimal navigation skills).

I Includes outings that involve cross-country travel where navigation is necessary. Rougher ground than "O" outings may be traversed, and use of hands for balance may be necessary. Climbing level: 2nd class terrain.

C Events under external control of a non-Sierra Club

entity, (such as a ranger, guide, or a concessionaire).

SE Social event.

Outing Reservations

Reservation fees of from \$5-\$15 are refunded only when you show up and if they aren't needed to offset costs. Cancellation policy on more expensive trips is as follows: Cancellation within 30 days, no refund without replacement. If your spot is filled, 90% will be refunded. This policy is in effect unless the leader states otherwise in writing. Always send two SASEs, contact and drive/carpool information. Make checks payable to "GLS".

Dogs

For most people, the presence of a well-behaved dog can be entertaining, or at worst a mild annoyance. However, this is not true for everyone. Some people suffer from various levels of fear

of dogs. Because of this, and the potential intrusion on wildlife, the Sierra Club policy is that dogs are not allowed on Club outings unless the write-up states DOGS OK. Make sure you bring adequate food, water, a bowl, and a long leash.

Seller of Travel Notice

CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

Adventure Pass

National Forests in Southern California (Los Padres, San Gabriel, San Bernardino, and Cleveland) require parked cars to display an Adventure Pass. The pass is available from ranger stations, sporting goods stores, and other local merchants and costs \$5 per day or \$30 per year. Plan on getting it before your outing, as most outlets do not open early. Many Sierra Club members dispute this user fee and protest it by not buying a pass, possibly incurring

a ticket. The choice is yours.

Carpooling

To facilitate the travel logistics for outings, participants often make carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride-sharing, or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

Rideshare Points

Directions to all rideshare points in the Angeles Chapter Schedule of Activities or at: http://angeles.sierraclub.org/get_outdoors/know_you_go/rideshare_meeting_places

La Canada Rideshare Point

Exit 210 at Rte 2 / Angeles Crest Hwy. Go N (uphill) 1/4 mi on Rte 2, park at curb on right, on the long, wide, straight uphill section thru a residential neighborhood.

TRACKS

SIERRA CLUB/GLS
65 PINE AVENUE, #326
LONG BEACH, CA 90802

TRACKS

Subscribe to TRACKS, the GLS newsletter, and find out about all the GLS outings and events every month. You do not need to be a Sierra Club member to subscribe.

Name: _____

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- Send print and email TRACKS \$25 - 1 yr; \$55 - 3 yr

Fill in this form and send it with a check made out to GLS to:
GLS
65 Pine Avenue, #326
Long Beach, CA 90802



Contributions, gifts and dues to the Sierra Club are not tax-deductible; they support our effective citizen-based advocacy and lobbying efforts. Of your dues, \$7.50 goes for a subscription to *Sierra* magazine, and \$1 for your chapter newsletter.

Name: _____

Address: _____

City, State, Zip _____

Category:	Individual	Joint	Mail to:
Introductory	\$25		Sierra Club
Regular	\$39	\$47	Membership Dept.
Supporting	\$75	\$100	P.O. Box 52968
Contributing	\$150	\$175	Boulder, CO 80322
Life	\$1000	\$1250	
Senior	\$24	\$32	
Student	\$24	\$32	
Limited Income	\$24	\$32	

When you join the Sierra Club, please use this form. The FRIP no. on the form brings part of your membership dues to GLS

FRIP#
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