

TRACKS



September/October 2017

Volume 30, No. 5

Some Eclipse Stories



Alan (seated at right), Theresa, Rudy-Rudy (the dog), and friends watching the eclipse on the Pacific Crest Trail. Photo Mike Brostoff.

Eclipse at Pacific Crest Trail Mile 2062

By Alan Schimpff

Mike and Marco have been hiking sections of the PCT the last number of years (Mike will be ecstatic to enumerate all dates). Last year, Mike, Marco, Amy and I did Sections L & M in California, starting at Donner Pass and ending at Belden Town. Aware that a full solar eclipse was coming this year, Mike brought up the notion of jumping all the way to

Northern Oregon to view the eclipse while on the PCT.

That notion became reality this past August. Happy and relieved that my right knee had almost fully recovered from a meniscus tear that sorely limited my hiking trips this fall, I, with Amy, Dan, and Leon accompanied Mike and Marco in doing sections F&G in Oregon. We had planned

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What did you do to watch the solar eclipse on August 21?

GLS people did various things in the various places where they were they were at the time. Here are some examples. Alan's story, left, is about the backpack that he and Mike and some friends took on the PCT in Oregon to see the full eclipse.

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Some Eclipse Stories

SK Chiou, Port Townsend, WA

During the eclipse we stayed here in Port Townsend, WA. We went to the beach and used eclipse glasses to view the anticipated 90 percent blockage of the sun. At the climax I tried to take a photo of the sun directly by putting the glasses lens in front of the cell phone camera lens (the

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GLS Management Committee Minutes, August 29, 2017

Members in Attendance

Carol Jeffcoate, Jen Dooley, Tammie Barta, Tim Vo

Item 1 – Leaders’ Meeting

Leader first aid class is scheduled for 10/28 at Sierra Club Angeles Chapter office. To

coincide, leader meeting is tentatively planned for after the first aid class. Tammie to follow up with Alan re: meeting space details.

Item 2 – GLS Holiday Party

This year’s party will be held at Carol

Jeffcoate’s home in Long Beach the afternoon/evening of December 9th. Further details will follow. Save the date!

Next meeting

The next management committee meeting is scheduled for 9/26 at 6:30pm.

First Aid Refresher Class for O-Rated GLS Leaders

Saturday, October 28, 9:00 AM to 4:00 PM, at the Sierra Club Angeles Chapter office at **3250 Wilshire Blvd, Suite 106, Los Angeles, CA 90010**. The morning session will address CPR, the afternoon session first aid.

Parking: Weekend days is \$5 in the building garage with Sierra Club validation at scheduled meetings and events. Enter on New Hampshire Avenue. Street parking may also be available.

METRO Subway and Bus Lines:

The office is one block from the Wilshire/Vermont METRO Station on the Red and Purple Lines.

Several GLS leaders are due for their every-four-years first aid certification renewal this year. GLS will cover the (expected) \$62 cost of this group class for people who are active with GLS. Others who are interested and can pay the same price themselves are welcome to attend with us. It’s less than the price of a normal commercial first aid class.

We are planning to have a Sierra Club-oriented first aid instructor, rather than regular Red Cross first aid training, which is more work place-oriented. This will be the fourth or fifth time we have done a GLS group first aid class.

Chapter rules allow taking an online class every second time you do first aid

certification training. So, if your last first aid training was in a group, you can meet the first aid requirement for leaders with a suitable online training class. GLS will cover the cost of that for active GLS leaders.

To learn more about leadership requirements for hike leaders, see the Angeles Chapter Leadership Training Committee website, at

http://angeles.sierraclub.org/ltc_become_a_leader.

If you don’t know when you are due for a first aid refresher, check with Dawn Wilson, at dawnxwilson@gmail.com.

If you are interested in attending this class, contact Alan Schimpff at alanschimpff@netscape.net.

25th Anniversary GLS T-Shirts!

The GLS 25th Anniversary logo has been printed on heather gray T-shirts, like the ones shown in the photo. T-shirts are \$15 each, available in unisex sizes Small/Medium/Large/X-Large.

To order a T-shirt, please make a check payable to “GLS” and mail to: Amanda Smith, 831 Kodak Drive, Apt. 1/2, Los Angeles, CA 90026. Please be sure to include the size of T-shirt you are

requesting along with your phone number and/or email address in case we need to get in touch with you. If you need the T-shirt shipped to you out-of-town, please contact Amanda with the details first so we can estimate shipping costs before you write a check.

Questions? Email Amanda at amandajillsmith@gmail.com.



Information about GLS

General questions about GLS, call Tammie at 626-354-2820 or Mike at 818-399-4035.

Questions about a specific event, please call the leaders listed in the schedule.

Contact info is inside the back page.

GLS Tracks online: <glstracks.org>

Requires username/password, provided to GLS Tracks subscribers

Sign up for the FREE GLS email list, with a weekly email digest of GLS events, go to: <http://angeles.sierraclub.org/mailling_lists>. Your email address remains confidential and is not displayed to others.

On Meetup: <www.meetup.com/GLS-Gay-and-Lesbian-Sierrans>

On Facebook: <www.facebook.com/groups/87511347304>

Next GLS Mgmt. Comm. Meeting

The next management committee meeting is scheduled for September 26, 6:30 PM.

GLS management committee meetings are held about every two months, usually on evenings during the week, by conference call. All GLS subscribers are welcome.

You may call one of the committee members to confirm meeting time, how to call in, or ask about the agenda, or for other information.

GLS Mission

The Gay & Lesbian Sierrans Section of the Angeles Chapter fosters the purposes of the Sierra Club by making available a wide range of events for gays, lesbians, and their friends. These activities include conservation, education, hikes, bike rides, beach walks, car camps, boat trips, social gatherings and fundraising.

GLS Newsletter

The GLS newsletter, TRACKS, is published six times a year. Annual subscriptions are \$15 for issues sent by US mail, \$10 for issues sent in PDF format by email, \$25 for both. Three year subscriptions are, respectively, \$35, \$20, and \$55. Send subscription requests and related membership correspondence to: GLS/Sierra Club, 65 Pine Ave. #326, Long Beach, CA 90802.

Management Committee

- Tammie Barta, Chair
- Alan Schimpff, Co-Chair
- Jen Dooley, Secretary
- Tim Vo, Treasurer
- Carol Jeffcoate, Member-at-Large

Other GLS Volunteers

Membership,
Tammie Barta
Conservation,
Tom Molloy
Webmaster,
Tammie Barta
TRACKS Editor,
Jeff Johnson
Meetup
Nancy Beverly

.....
Outing volunteers listed page 11.

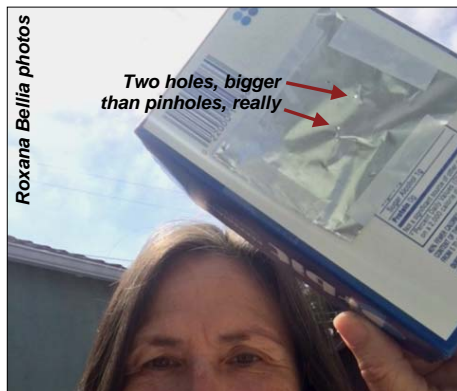
Eclipse Stories

(Continued from page 1)

only equipment we had). That was a failed experiment. So I captured the phenomenon indirectly. There were crescent-shaped sunrays in the tree shadows. This effect was similar to looking in a viewing box full of random small holes. At about ten percent sunlight, it was noticeably darker and colder. It felt like a 20 degree drop in temperature. We had to put on winter jackets for about 15 minutes.

Deanna, Long Beach

On the Signal Hill walk, Deanna said she first thought of using a colander to view the projections of the eclipse through the holes, but it didn't test well. So she made a pinhole camera, as recommended on the NASA website. That worked as expected. The two holes made these nice projections on a piece of paper.



Nancy Beverly, Los Angeles

I took the day off from work so I could enjoy the solar eclipse in nature, not at the office. I went to Griffith Park, where Marie Baca (in the picture to the right) joined me on a paint-over-graffiti morning while we awaited the eclipse. We took the "winter" route by the Old Zoo and did not go anywhere near the teeming crowds over by the Griffith Park Observatory. We had the place almost to ourselves and saw very few hikers. One nice gal loaned us her special glasses so we could look right at the sun, which was quite a treat. The eclipse was at its fullest when we were back down at Kathy's Bench. The shadows of the trees on the ground were all wobbly from the sun / moon action... and I tried to capture something by using two sheets of paper, the top one with pinholes in it.



Marie doing some pre-eclipse graffiti cover-up painting in Griffith Park.

Nancy Beverly

Jeff Johnson, Orange County

Where I work was, I think, like lots of places where people drifted out the door during the eclipse to look up through their eclipse glasses.

I remembered making a viewing box with pinhole to view a partial solar eclipse in the 1960s, so I made one like that at my desk before the eclipse.



I took it up to the parking garage roof and, no surprises, we could see the projection of the crescent of the sun shrinking, rolling to the other side, then growing again, interrupted a few times by clouds drifting in front of the sun. And before you know it, it was over, so back to work.

Carol Jeffcoate, Torrance

I took a bit of time from my work day and went out to the parking lot. Setting up binoculars on a tripod I was able to project the image of the sun onto some paper. At first I had the paper on the floor, which made the two images overlap, but I was surprised at the speed that the images of the sun scooted across the page. During the maximum coverage (70%?) I held the paper to get a closer look. The image shows the shadow of the binoculars, with the two images of the crescent sun.



Carol Jeffcoate

Mule Pack to Dingleberry Lake in the Sabrina Basin, Aug. 6-11

By Alan Schimpff

This year saw Sabrina Lake filled to capacity! With copious amounts of snow on the ground, streams and creeks making like they were rivers.

The Sabrina Basin is a well-known area accessed from Sabrina Lake, north of Bishop. The whole area is truly beautiful with the usual lakes, mountains, streams, trees and flowers. Our site from sits at around 10,500 feet by the inlet to Dingleberry Lake, 5 miles from the Sabrina Lake trailhead.

There were no bears in the area, nor any signs of recent presence, but mosquitoes were plentiful, especially when sitting around at camp. Mules carried 55 pounds of personal stuff to our basecamp, so we only had to hike in with daypacks. Our campsite at the south end of the lake afforded an ample communal area and more than ample choices for tent sites.

We had great service from the North Lake Pack Station. Our gear was at the site when we hiked in, and we did not have too long a wait for our gear to arrive at the pack station at the end of the trip. Note to self that they only provide the old-style bear barrels, and four barrels were not sufficient to handle the group.

We chose and set up our individual spots after everyone pitched in to set up our deluxe campsite—complete with potty and shower tents, an REI Alcove for the tables, two Noah's tarps for shade (we had no rain), a gravity filtration system, and a fully equipped kitchen, after with we settled down to fancy appetizers prepared by those responsible for that night's appetizers and the first night's requisite quesadilla dinner. Every person is asked to provide appetizers and desserts on certain nights, and two people (already known for their culinary skills) are asked to cook dinner for the whole group for each night, each night seeing two new chefs showing off their skills.

On our first layover day, the majority of the group wandered off to explore the Emerald Lakes, while the rest headed towards Hungry Packer.

The second layover day saw five different groups forming. The larger one went off to Donkey Lake, and a slightly smaller group off to Hungry Packer Lake. Four decided to do a hike close to camp, while another couple explored around Dingleberry Lake. One participant went off fishing.

The third layover day saw a different group headed to Donkey Lake and to a



Topsy-Turvy Lake. Alan Schimpff.

large Columbine patch on the main trail past Blue Lake. Another group headed off to Midnight lake, after which two from the group, on the way back to camp, headed down to the outlet of Topsy-Turvy Lake, then up a short ways to PeeWee Lake, then up to the top of the ridge where one had clear vistas of the Emerald Lakes, Sabrina Lake, the Owens Valley and the White Mountains on one side, and Topsy-Turvy Lake and beyond on the other. They even discovered a small lake/large pond (christened Top-Knot Lake) with warmish water for swimming on the descent from the ridge and quite close to camp.

The last layover day saw a group in the direction of Bottleneck Lake, with another group to Moonlight and Midnight Lakes. The more ambitious group headed towards the ridge between Hungry Packer Lake and Midnight Lake, with the destination of Lake 12,345', which sits right below Haeckel Col. Needless to say, the Col was attempted and bagged. The sanest group decided to look for Top-knot Lake for a swim.

Our chefs prepared three delicious dinners: fettuccine with fresh salmon and capers, spaghetti with clams, and pesto tortellini with pine nuts.

I've been on four mule packs with the Mule Pack Section (MPS) as a participant, and this was my first year as a leader. Maybe a joint MPS/GLS trip next year? Think about it and e-mail me if any of you are interested and I will bring it up with the MPS board.



Topknot Lake. Alan Schimpff.



The group, with its supplies. Alan Schimpff.



Dressed for bug resistance in camp

Arroyo Seco: A Walk into the Past

By Nancy Beverly

Hiking through the Arroyo Seco never fails to enchant, and because it's a fairly easy hike with very little elevation gain, it can appeal to outdoor enthusiasts of all levels. (So, if you're reading this and you don't have the stamina to do a steep mountain climb, please join us the next time we do this perennial favorite!)

My co-leader Amanda Smith and I had almost a dozen happy hikers on our August 19th jaunt in this lower section of the Angeles National Forest. We started out next to the Jet Propulsion Lab, but after a mile or so, we made it into the shady woods of sycamores and alders, where we encountered many stream crossings. Some in our group took the log route, some the stone route, and some just waded into the cool water. On at least one occasion, Gail gave doggie Libby a lift via the log route.

The Arroyo was once one of the most popular vacation spots in the San Gabriel range. Commodore Perry Switzer and his pals Bob and Liz Waterman crafted a "resort" up at the top (way beyond where we were on our hike) in 1884, and twice weekly, Switzer led his burros up the Arroyo to bring guests – wading through 60 stream crossings! Glad we didn't have that many!

There are still some stone remnants of by-gone era buildings along the way and the Gould Mesa Campground was in full swing, filled with tent campers (including a hefty man wearing only a kilt – but he did hand out toilet paper to some of our gals about to use the outhouse there!).

After 4.5 miles, we arrived at Brown Canyon Debris Dam, our lunch destination and turnaround spot. Winter's wet run-off was still sending a healthy spray of water over the damn creating refreshing a waterfall and pool below. After dining and taking group shots, it was time to head back to "civilization" (such as it is) and the present, but I love connecting with the hikers from long ago when I walk in their footsteps.



One of the stream crossings in the Arroyo Seco. Photo Nancy Beverly



Below Brown Canyon debris dam. Photo Nancy Beverly



Crossing a bridge in the Arroyo Seco. Photo Nancy Beverly



Again to Mount Hillyer

Jeff Johnson

By Nancy Beverly

July 15 we did another trek up to Mt. Hillyer, which tops out at just over 6200'. The forecast was for heat in the Valley but only in the mid-80s for the San Gabriel Mountain. Thank goodness we started fairly early and were done by a little after high noon because the thermometer climbed to over 90 degrees up in that neck of the woods. Once again, we saw rock climbers doing some "free climbing"—hanging by fingers and grippy toe shoes off of the rocks next to the trail. And once again we had clear views for miles up at the top. Something new this time: we saw a young man sitting cross-legged and meditating right off the trail—and he did not open his eyes as we passed by him on the way down. Well, done, sir. Come to think of it, we found peace and serenity on our outing as well.



Gina Masesquesmay



Gina Masesquesmay



Gina Masesquesmay

Newport Bay Bike Ride

Kyla and Tammie led a group of bikers on a 17-mile loop in and around the Newport Bay estuary on August 26. They rode on various trails including the Mountain to the Sea Trail and the Newport Back Bay Loop, leading to the Upper Newport Bay State Conservation Area and down to the ocean. Where there was construction, they found way through neighborhoods, which added interest.



Nancy Beverly

Outings & Events

September

September 3 – 9, Sunday-Saturday

O: New Mexico: North of Taos

Mike Brostoff, Grace Hengst

Spend a week in Northern New Mexico at Takoja Retreats. Nestled on 40 acres, 28 miles north of Taos, the Takoja Retreat Center is surrounded by tall mountains and wide expanses of sage and cedar. There are many activities to suit everyone from exploring unlimited hiking trails and mountains, (including Wheeler Peak, the highest mountain in New Mexico standing at over 13,000 feet) to Taos with its pueblo and diverse artist scene. The mountains offer much more wildlife viewing than we are accustomed to in California. Bighorn sheep, black bears, and marmots are common, with an occasional mountain lion or porcupine sighting for the off-trail adventurer, and don't forget, the coyotes will sing you to sleep every star-filled night. There will be a few group activities, but most of the week is left free to spend the time as you wish.

You have your option of camping on the property or staying in the two adobe domes complete with kitchen, bathrooms and showers. They've added authentic New Mexico cuisine to complement the full buffet breakfasts served every day. In addition, there are three complete evening dinners and one supper of gourmet leftovers. Price for the trip varies

depending on the accommodations you choose:

- Dome, two-person loft with private bathroom: \$410 (per person)
- Dome, communal sleeping area: \$375
- Camping: \$325

Since the acoustics of the domes can generate a lot of noise, we encourage people to camp. Campers will have access to the bathrooms and showers. Please send check payable to "GLS", phone number, address and email address to Mike Brostoff 11220 Moorpark #110 North Hollywood, 91602. If interested in the loft, please contact Mike first to check for availability. The trip is open to 15 people.

September 17, Sunday

O: Islip Saddle (6670') to Mt. Islip (8250') Jen Dooley's Provisional

Jennifer Dooley, Nancy Beverly

Join us for a moderate 7.4 mile RT / 1,500 ft gain/loss hike, beginning along a shady and picturesque portion of the Pacific Crest Trail. We'll start from the Islip Saddle trailhead and hike 2.6 miles to Windy Gap. Along the way, we'll pass Little Jimmy Trail Camp, which is a fantastic place for a weekend backpack outing. The camp was named after early-century newspaper cartoonist Jimmy Swinnerton, creator of the "Little Jimmy" comic strip, who summered there in 1909 while working on his cartoons. At Windy Gap, we'll leave the PCT and take the trail that leads up to Mt. Islip. From the summit, there are views of the High Desert to the north and Crystal Lake and Azusa to the

south. Mt. Baldy can also be glimpsed as can Mt. Waterman, Mt. Wilson, and Twin Peaks. On the summit are the stone remains of a fire lookout hut that provides nice shelter from the wind on a breezy day. We'll have a break and a bite to eat at the summit before heading back the way we came. Bring at least two liters of water, snacks / lunch, lugsole boots, sun protection, and the rest of the ten essentials. Meet at 7:45am at the La Canada Rideshare Point, located on the Angeles Crest Hwy (Hwy 2), just north of the Foothill Fwy (I-210). We will leave for the Islip Saddle trailhead (there are vault toilets at Islip Saddle) at 8am and will be back to the rideshare in the mid-afternoon. For questions, contact Jen at 949-939-3437 or jencdooley@gmail.com.

October 2017

October 7, Saturday

O: Islip Saddle (6,670') to Mount Williamson (8,214')

Gail Wise, Mary Pickert

From Islip Saddle, we'll head west and have a steep ascent up the Pacific Crest Trail. There will be lots of shade and beautiful vistas. After about 1.6 miles, we will come to a spur trail that will take us to the summit of Mt. Williamson, which many will agree is among the most attractive and welcoming summits in the San Gabriels. Broad and relatively flat, it has plenty of trees, like the top of Mt. Waterman, but with more expansive views. We'll have a

(Continued next page)

Weekly Griffith Park Conditioning Hikes

What: On Wednesday nights, join us for a moderate (strenuous if you are out of shape) hike to Mt. Hollywood, 6 miles, 1145' gain/loss. This is a great mid-week workout. Lug-soled boots are best for traction, but some hikers wear sneakers. Bring a quart of water, snacks if you like, and a flashlight if not used to hiking in the dark. We have a few tiny breaks on the way up, stop at the top, gawk at the city lights until we get a chill, and then

return to our cars by approx. 9:30 p.m. Dogs are welcome; bring a leash and extra water. Rain cancels.

When: Every Wednesday (except holidays) 7 p.m. sharp, end by 9:30 p.m.

Where: Near the flagpole and picnic tables at Crystal Springs Griffith Park HQ/Visitors Center/ Ranger Station, 4730 Crystal Springs Drive, LA. (Note: Mapquest, Google Maps, etc. may be misleading.)

Directions:

- (1) From Los Feliz Blvd. (which you can reach from I-5 or coming from Hollywood), turn north on Crystal Springs Dr. Proceed 0.5 mi. to the 3-way stop sign, go straight, and proceed 0.6 mi. and turn right in the driveway just after the Ranger Station. Drive around behind the Ranger Station to Park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda machine, big tree).
- (2) From Fwy. 134 East, exit Victory, turn right at bottom of ramp. Make immediate left onto

Zoo Drive. Drive through the park, passing the zoo on your right and the Gene Autry Museum on your left. Curve around and pass the golf course. You'll come to a stop sign at Griffith Park Drive & Crystal Springs Road (which is the road you're on now, it changes names). Proceed one more block to the next stop sign at the Ranger Station and turn left. Drive all the way around behind the Ranger Station to park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda

Signal Hill Conditioning Walks

What: Up, over and around Signal Hill. 3-4 miles, 500-750 ft. gain/loss. Easy if you are in good shape, moderate and

maybe even strenuous if you are out of shape. Walking on pavement and gravel. Sensible walking shoes, water, layers for

cool evening breezes. Drizzle goes, rain cancels. Questions? Call Jeff 562-434-8473.

When: Every *last* Wednesday of the month (except holidays), at 7:00 pm. Back at the cars

around 8:30 pm.

Where: Meet on Industry, just west of intersection with Redondo, in Signal Hill. Plenty of street parking.

Outings and Events

(Continued from previous page)

snack, continue along Pleasant View Ridge for more views, then come down the same way we came. The hike will be a total of approximately 5.5 challenging miles, as we will gain approximately 1,550 feet in that distance. Sun screen is a must, as are layers, appropriate footwear and two liters of water. Dogs welcome if on-leash. Snow/rain cancels. Meet at 8:00 AM at the La Canada rideshare point. The drive to the trailhead will be about an hour and 15 minutes. For questions contact Gail at gailwise2@gmail.com or 310-433-2298 or Mary Pickert at mmpick@yahoo.com or 213-705-2175.

October 15, Sunday **O: Ventura River Trail**

Kyla Hjertstedt, Tammie Barta

Join us for a bike ride on the Ventura River Trail, casually-paced, 32 miles round-trip with a very gradual uphill climb from downtown Ventura to downtown Ojai. The paved path is about 3-5% grade, with approximately 750' total gain/loss. Along the way, we'll enjoy the natural scenic beauty of the Ventura River watershed as well as some public art. Once we get into downtown Ojai, we'll stop at the Ojai Café Emporium for a yummy lunch. The ride, including pit-stop breaks & lunch, is expected to take approximately 4-5 hours.

Directions: The bike path starts in the city of Ventura at the west end of Rex Street, a couple of blocks north of Main Street and just east of the 33 freeway. There is parking on Main Street nearby, or in the paved lot 100 yards west of the 33 underpass on the south side. Meet at 9:15 a.m. sharp (we'll hit the trail no later than 9:30 a.m.) at the Ventura entrance to the bike path, the end of Rex Street at Dubbers Street. From Los Angeles, take the 101 North and exit in Ventura at California Street (exit 70A). Turn right on California, then left on Main Street, right on N. Olive and left on Rex, where you'll see the entrance to the bike path. From Santa Barbara, take 101 south, and exit in Ventura at Ventura Avenue (exit 70A), go straight on Ventura Avenue, left on Main St., right on N. Olive and left on Rex. What to bring: Along with a multi-speed bike (mountain bikes, hybrids and road bikes are all fine; beach cruisers are not), helmets are mandatory! Please also bring a bike lock, patch kit/spare inner tube, money for dining, and layered clothing, sunscreen, and plenty of water. RSVP required—Kyla

at khjertstedt@gmail.com.

October 21, Saturday **O: Waterman Traverse** **Nancy Beverly, Jeff Johnson**

This is a classic San Gabriel hike that we haven't done in a long, long time. It's 8 miles, or a smidge more, 1400' gain, 2250' loss, a moderate hike if you're in good shape, strenuous if you're not used to being at altitude (we're gonna get up to over 7000'). This is a one-way with car shuttle, and you'll need an Adventure Pass to park up in the mountains. We'll start near Buckhorn Campground on Angeles Crest Highway on the north side of Waterman, gradually climb to a shoulder and at 2 miles, pass "the big log" at the junction to Waterman peak (which we're skipping on this outing) and head down the south face of the mountain. At 3.5 miles, we'll pass the junction of the trail to Twin Peaks, and continue west along the south face of Waterman for a few miles, eventually descending to the Angeles Crest Highway where we've parked the other cars at Horse Flats. The trail is partly under trees, partly in the open (ahem, thanks to the Station Fire a few years ago...), heat and/or cool possible, dress appropriately.... and if it's warm out, bring bug spray and / or a bandana to shoo them away. Also bring 2-3 liters of water, lunch, snacks, sun protection, hiking shoes. Forest fires, snow, other crazy disasters will cancel. Meet at the La Canada rideshare point at 8:00 AM sharp, expect to be back mid-late afternoon. Questions? Contact Nancy at 818-681-5192.

October 28, Saturday, 9 AM—4 PM **O: First Aid Training for GLS Leaders** **Sierra Club Office, Los Angeles**

First aid refresher class for O-rated GLS hike leaders. **Full info on page 2.**

Future Outings

November 4, Saturday **O: Mt. Hollywood Evening Hike** **Ted Hirscher, TBA**

6 miles 1145' gain/loss moderate/strenuous. For those of you who cannot join us for our fabulously spectacular weekly Wednesday night hike, why not join us Saturday night? Lug-soled boots are best for traction, but some hikers wear sneakers. Bring a quart of water, snacks if you like, and a flashlight if you are not used to hiking in the dark. We have a few quick breaks on the way up, stop at the top,

gawk at the city lights until we get a chill, and then return to our cars by approx. 9:30 PM. Meet at 7:00 PM at the Griffith Park Merry-Go-Round (far parking lot) 4730 Crystal Springs Dr., Los Angeles, CA 90027. Optional no host dinner at 5:00 PM, Souplantation, 2921 Felix Blvd., Los Angeles, CA. 90039, www.souplantation.com. Questions: Ted12339@aol.com.

November 5, Sunday **O: Long Beach Walk** **Karen Lovett, Laura Rainey**

Join us for an easy 5 mile round trip urban walk (<100 ft. gain). We'll start out in the beautiful historic Bluff Park then walk along the beach and head up to 2nd Street in Belmont Shore to grab a bite and socialize. One of the restaurants, Simmzy's, has tables for large groups and a sidewalk and railing to park a tied dog; well-behaved dogs on leash are welcome on our walk and we may go to Rosie's dog Beach for the beach section of our walk if there is interest. Meet at 10:00am in Bixby Park, 130 Cherry Ave., at the stage. For more information, please contact Laura at geowmn@verizon.net.

December 9, Saturday **O: GLS Holiday Party** **Carol Jeffcoate**

This year the GLS Holiday Party will take place at the home of Carol Jeffcoate in Long Beach. This is a time to gather with other GLS members and share the holiday spirit. The festivities start at 4:00 PM and finish at 8:00 PM.

Please bring a favorite car camping potluck item to share, along with your trusty camp cup and plate. Also, bring along a camp chair if you'd like to rest a while by the firepit.

There will our annual silent auction, so bring to the party a new or used hiking/camping/other item, in good condition, that you are ready to pass along. The proceeds go to GLS. Please reclaim any unsold items at the end of the auction.

The entrants for the GLS photo contents will be viewed and voted upon. Other orders of business will include balloting for the GLS Management Committee election and the new board members will be announced at the party.

Send a check to "GLS" for the admission charge of \$5.00 or bring cash. Send to: Carol Jeffcoate, 2214 Ximeno Ave, Long Beach, CA 90815.

Eclipse at Mile 2062 of the PCT

(Continued from page 1)

on setting up camp at Upper Lake just south of Ollalie Lake Resort, but forest fires pushed us 50+ miles north of our planned trailhead. So, eclipse day found us in a forest clearing a couple of miles north of Warm Springs River (although there was nothing warm about the river), but still well within the path of totality.

We arrived at our clearing around 8 AM with Theresa (Cowpatty) and her dog Rudy-Rudy, who we had met a couple of days earlier at Ollalie Lake. Putting on our eclipse glasses at around 8:30 AM, we watched as the moon started nibbling away at the sun eventually taking bigger and bigger chunks until only what seemed like a toenail of the sun (Mike's description) remained. While this was occurring, we could definitely see the light becoming less severe, more golden, shadows less stark, and the temperature slightly cooler. After seeing what was described as a diamond effect, the sun fully disappeared behind the moon, enveloping my world in what I would describe as twilight. We then took off our viewing glasses and looked at a dark disk surrounded by a glowing corona. My eyes were then constantly shifting from the sun, to the sky where I saw a few stars pop out, to my fellow hikers to watch their reactions, and to the forest around me. After a minute and a half (Mike timed it on his video camera), the diamond effect of the eclipse reappeared, twilight disappeared, and the sun started reappearing. I realized that I had just witnessed a truly magical celestial machination (Marco's very apt phrase).

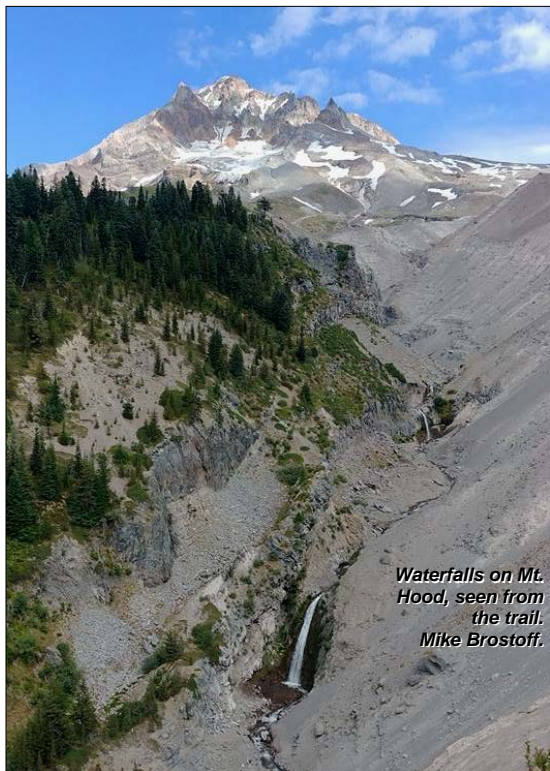
I'm hoping Mike plans another backpack around August 8, 2024. I'm 100% in.



Mt. Hood seen from the PCT. Mike Brostoff.



Alan Schimpff



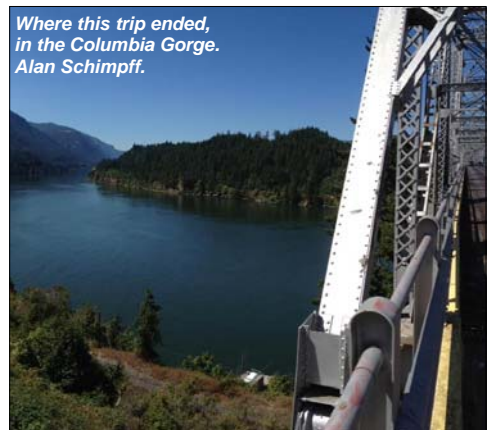
Waterfalls on Mt. Hood, seen from the trail. Mike Brostoff.



Alan Schimpff



Theresa and her dog Rudy-Rudy. Alan Schimpff.



Where this trip ended, in the Columbia Gorge. Alan Schimpff.

September and October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6 <small>full moon</small>  Griffith Park Ted, Jan	7	SEPT 1 8 _____	2 9 _____
10	11	12	13 Griffith Park Gail, Mike	14	15	16
17 Mount Islip Jennifer, Nancy <i>Jen's Provisional!!!</i>	18	19	20 Griffith Park Anne, Ted	21	22	23
24	25	26	27 Griffith Park Mike, Ted Signal Hill	28	29	30
OCT 1	2	3	4 Griffith Park Mike, Anne	5 <small>full moon</small> 	6	7 Mount Williamson Gail, Mary P.
8	9	10	11 Griffith Park Amanda, Mike	12	13	14
15 Ventura River Trail Kyla, Tammie	16	17	18 Griffith Park Anne, Mike	19	20	21 Waterman Traverse Nancy, Jeff J.
22	23	24	25 Griffith Park Mike, Jan Signal Hill	26	27	28 First Aid Training Class Sierra Club L.A. Chapter Office
29 5 _____ Long Beach Walk Karen, Laura	30	31	NOV 1 Griffith Park Dora, Gail	2	3	4 Mt. Hollywood Evening Walk Ted, TBA

GLS Leader Contact Information

Please call after 9 AM and before 9 PM

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Ted Hirscher	415-706-5923	ted12339@aol.com
Teresa Nick	612-384-0421	teresa.nick@me.com
Tom Molloy	310-457-1884	tomsmolloy@yahoo.com

Outings Volunteers

Mike Brostoff, Outings Schedule

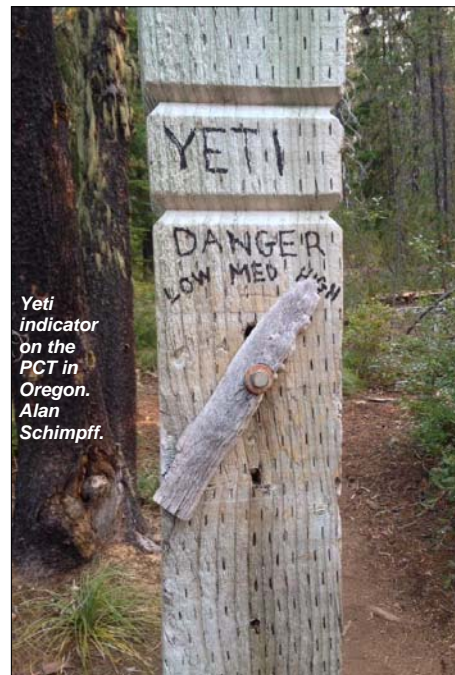
Contact Mike about scheduling outings, to check for available dates, and to submit write-ups.

Dawn Wilson, Outings Liaison to Angeles Chapter

Contact Dawn about questions of leadership requirements and Sierra Club Outings Policy. Dawn is the primary person to read the communications from the Angeles Chapter regarding outings and inform the other leaders.

Laura Rainey, Weekly Reminder

Laura sends out the weekly email announcing upcoming events. If an event must be altered or canceled after publication, e-mail Laura and cc Mike.



Yeti indicator on the PCT in Oregon. Alan Schimpff.

Important Outing Information

Waiver

To participate in a Sierra Club outing, you must sign a liability waiver. To read a copy of the waiver before the outing, go to: <http://content.sierraclub.org/outings/local-outdoors>. Questions? Call 415-977-5528.

Rating Codes

These codes indicate the technical difficulty, not the strenuousness.

O Applies to uncomplicated outings such as hikes on trails or the equivalent (with minimal navigation skills).

I Includes outings that involve cross-country travel where navigation is necessary. Rougher ground than "O" outings may be traversed, and use of hands for balance may be necessary. Climbing level: 2nd class terrain.

C Events under external control of a non-Sierra Club

entity, (such as a ranger, guide, or a concessionaire).

SE Social event.

Outing Reservations

Reservation fees of from \$5-\$15 are refunded only when you show up and if they aren't needed to offset costs. Cancellation policy on more expensive trips is as follows: Cancellation within 30 days, no refund without replacement. If your spot is filled, 90% will be refunded. This policy is in effect unless the leader states otherwise in writing. Always send two SASEs, contact and drive/carpool information. Make checks payable to "GLS".

Dogs

For most people, the presence of a well-behaved dog can be entertaining, or at worst a mild annoyance. However, this is not true for everyone. Some people suffer from various levels of fear

of dogs. Because of this, and the potential intrusion on wildlife, the Sierra Club policy is that dogs are not allowed on Club outings unless the write-up states DOGS OK. Make sure you bring adequate food, water, a bowl, and a long leash.

Seller of Travel Notice

CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

Adventure Pass

National Forests in Southern California (Los Padres, San Gabriel, San Bernardino, and Cleveland) require parked cars to display an Adventure Pass. The pass is available from ranger stations, sporting goods stores, and other local merchants and costs \$5 per day or \$30 per year. Plan on getting it before your outing, as most outlets do not open early. Many Sierra Club members dispute this user fee and protest it by not buying a pass, possibly incurring

a ticket. The choice is yours.

Carpooling

To facilitate the travel logistics for outings, participants often make carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride-sharing, or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

Rideshare Points

Directions to all rideshare points in the Angeles Chapter Schedule of Activities or at: http://angeles.sierraclub.org/get_outdoors/know_you_go/rideshare_meeting_places

La Canada Rideshare Point

Exit 210 at Rte 2 / Angeles Crest Hwy. Go N (uphill) 1/4 mi on Rte 2, park at curb on right, on the long, wide, straight uphill section thru a residential neighborhood.

TRACKS

SIERRA CLUB/GLS
65 PINE AVENUE, #326
LONG BEACH, CA 90802

TRACKS

Subscribe to TRACKS, the GLS newsletter, and find out about all the GLS outings and events every month. You do not need to be a Sierra Club member to subscribe.

Name: _____

Address: _____

City, State, Zip: _____

Email: _____

- New Renewal Gift Change of Address
- Send print TRACKS by US mail \$15 - 1 yr; \$35 - 3 yr
- Send email TRACKS (pdf file) \$10 - 1 yr; \$20 - 3 yr
- Send print and email TRACKS \$25 - 1 yr; \$55 - 3 yr

Fill in this form and send it with a check made out to GLS to:
GLS
65 Pine Avenue, #326
Long Beach, CA 90802



Contributions, gifts and dues to the Sierra Club are not tax-deductible; they support our effective citizen-based advocacy and lobbying efforts. Of your dues, \$7.50 goes for a subscription to *Sierra* magazine, and \$1 for your chapter newsletter.

Name: _____

Address: _____

City, State, Zip _____

Category:	Individual	Joint	Mail to:
Introductory	\$25		Sierra Club
Regular	\$39	\$47	Membership Dept.
Supporting	\$75	\$100	P.O. Box 52968
Contributing	\$150	\$175	Boulder, CO 80322
Life	\$1000	\$1250	
Senior	\$24	\$32	
Student	\$24	\$32	
Limited Income	\$24	\$32	

When you join the Sierra Club, please use this form. The FRIP no. on the form brings part of your membership dues to GLS

FRIP#
F94QW04721