

TRACKS



November/December 2017

Volume 30, No. 6



Nancy Beverly

Islip Saddle to Mount Islip

Jen's Provisional

By Jen Dooley

There's something about provisional hikes that makes people come out when they otherwise might have stayed in bed, leisurely lounging and waiting for the coffeemaker to kick on. In this case, 20 (!) people joined us at the La Canada rideshare in anticipation of a fun, fabulous trek up to Mt. Islip from Islip Saddle.

After the usual talk at the trailhead, we

organized ourselves into cars and headed up the mountain. Along the way, I had to dodge no fewer than five kamikaze squirrels running across Hwy 2. Those little fuzzy-tailed critters were nuts!

After scouting the hike again the day before, I knew we'd be running into Boy Scouts on the trail. Like lots of them. Lots as in a few hundred...OMG. They were camping at Little Jimmy Campground, so

parking at the trailhead was tight, but we got it done!

We gathered the GLS troops at the trailhead and did introductions. After that, we hopped on the PCT going southbound on our way to our first major landmark: Little Jimmy Campground. The first section of switchbacks made us break a sweat, but we were quickly rewarded by

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Waterman Traverse

By Nancy Beverly

The Waterman Traverse hike is an oldie but goodie that we in GLS haven't done in a long, long time. I was introduced to it by Eric Sas when we needed Plan B on a VERY hot summer day and the Twin Peaks hike would've killed us.

Our recent Oct. 21 outing was a study in contrasts—starting with the temperature. It

was nowhere near what Eric and I experienced years ago. In fact, when we got out of the cars at Horse Flats to leave a vehicle for the car shuttle, it was so windy and cold, we all had to put on every layer we had (well, not Marie Baca, who was sans layers). As the day got warmer, though, we peeled down to shirt sleeves.

The next contrast was between personnel on the trail to Mt. Waterman and

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GLS Photo Contest

It's back! Submit your pictures from GLS hikes in the past year. We'll all be looking at the pictures at the **Holiday Party on Dec. 9** and voting for our favorites then.

- Any GLS subscriber may submit up to 10 photos taken on GLS outings between Dec. 1, 2016 and Nov. 30, 2017.
- Submit photos before December 5 to: <alanschimpff@netscape.net>.
- Submit photos as digital files, JPEG format (.jpg). Any size is all right, but very large photos may be resized smaller to work better online.
- Photos may be of any subject relevant to the mission of GLS.
- Consider whether the people in your pictures are OK with it.
- Holiday Party attendees will vote for their favorites at the party.
- Winners will be published in Tracks.
- Submit each photo with:
 - Your name
 - Name and date of the GLS outing when you took the picture
- Optional title for the picture
- Optional description, up to 50 words
- Optional contest category (or categories) for each picture
- Voters will vote for their favorites overall and in some categories:
 - Group shot
 - GLS people
 - On the trail
 - In camp
 - Flora (plants and trees)
 - Fauna (animals)
 - Landscape and scenery
 - Humor
- GLS will provide a slide show of the pictures at the Holiday Party, so we can view them there before voting.
- Photos will be posted for viewing online at: <<http://www.flickr.com/photos/43971315@N03/>> without your name but with the descriptive information you provide, and with an identifying number.
- In case of questions, GLS management committee members will decide how to proceed.

GLS Election

If you are GLS subscriber...

Please vote for management committee members who will serve for the next two years. You can vote by mail or by email—instructions on the ballot sent with this issue.

Holiday Party

Saturday, December 9
4 to 8 PM, at Carol's house in Long Beach

More info on page 8

← ← ← ← Photo Contest Info

GLS Management Committee Minutes – September 26, 2017

Members in Attendance: Alan, Schimpff, Carol Jeffcoate, Jen Dooley, Tammie Barta, Tim Vo

Item 1 – OARS: Jen spoke with Jane Simpson re: Alan and she receiving training on OARS. Jane will follow up to provide Alan and Jen with access to the system as well as training materials. Jane did indicate that OARS will be replaced with a new system. Jen to follow up with Jane re: timeline.

Item 2 – First Aid: The class is scheduled for Saturday, October 28, 9:00 AM to 4:00 PM, at the

Sierra Club Angeles Chapter office at 3250 Wilshire Blvd, Suite 106, Los Angeles, CA 90010. The morning session will address CPR, the afternoon session first aid.

Item 3 – Peter Geissler Estate: Board approved \$1,000 donation to national Sierra Club for the purpose of adhering to Sierra Club's bequest policy.

Item 4 – GLS Holiday Party: This year's party will be held at Carol Jeffcoate's home in Long Beach the afternoon/evening of December 9th. As with prior

years, the photo contest, awards, silent auction, and 50/50 raffle will be run. GLS to provide meat and vegetarian lasagnas. Other items to be potluck.

Item 5 – Leaders' Meeting: Leader first aid class is scheduled for 10/28 at Sierra Club Angeles Chapter office. Tammie to send email to leaders, asking for suggested discussion items. The next management committee meeting is scheduled for 11/1 at 6:30pm.

Jennifer Dooley, Secretary

Information about GLS

General questions about GLS, call Tammie at 626-354-2820 or Mike at 818-399-4035.

Questions about a specific event, please call the leaders listed in the schedule.

Contact info is inside the back page.

GLS Tracks online: <glstracks.org>

Requires username/password, provided to GLS Tracks subscribers

Sign up for the FREE GLS email list, with a weekly email digest of GLS events, go to: <http://angeles.sierraclub.org/mailling_lists>. Your email address remains confidential and is not displayed to others.

On Meetup: <www.meetup.com/GLS-Gay-and-Lesbian-Sierrans>

On Facebook: <www.facebook.com/groups/87511347304>

Next GLS Mgmt. Comm. Meeting

The next management committee meeting is not yet scheduled.

GLS management committee meetings are held about every two months, usually on evenings during the week, by conference call. All GLS subscribers are welcome.

You may call one of the committee members to confirm meeting time, how to call in, or ask about the agenda, or for other information.

GLS Mission

The Gay & Lesbian Sierrans Section of the Angeles Chapter fosters the purposes of the Sierra Club by making available a wide range of events for gays, lesbians, and their friends. These activities include conservation, education, hikes, bike rides, beach walks, car camps, boat trips, social gatherings and fundraising.

GLS Newsletter

The GLS newsletter, TRACKS, is published six times a year. Annual subscriptions are \$15 for issues sent by US mail, \$10 for issues sent in PDF format by email, \$25 for both. Three year subscriptions are, respectively, \$35, \$20, and \$55. Send subscription requests and related membership correspondence to: GLS/Sierra Club, 65 Pine Ave. #326, Long Beach, CA 90802.

Management Committee

- Tammie Barta, Chair
- Alan Schimpff, Co-Chair
- Jen Dooley, Secretary
- Tim Vo, Treasurer
- Carol Jeffcoate, Member-at-Large

Other GLS Volunteers

Membership,
Tammie Barta
Conservation,
Tom Molloy
Webmaster,
Tammie Barta
TRACKS Editor,
Jeff Johnson
Meetup
Nancy Beverly

.....
Outing volunteers listed page 11.

Islip Saddle to Mt. Islip – Jen’s Provisional

(Continued from first page)

the big, sweeping meadow just before the trail ascended up and into the pines. The day was beautiful and the temperature perfect.

We made our way at a moderate pace the two-plus miles to Little Jimmy, seeing lots of Boy Scouts on the trail, headed back down to the trailhead. It looked like they’d had a good weekend out backpacking and hiking.

We continued on to Windy Gap, where we could see toward Azusa to the south and toward the High Desert to the north. After stopping for a photo break to document the lovely views, we started up the semi-steep mile-long trail to the top of Mt. Islip, which measures out at 8,250 ft above sea level.

Once we made it to the peak, everyone was ready for lunch. During lunch, we were treated to white, puffy clouds blanketing the low-lying areas to the south. It was beautiful to be above it all, able to see for miles!

After sharing some stories and a bag of cookies, we headed back down the trail we came, chattering the entire way. All in all, we covered 7.4 miles and 1,500 feet of gain/loss. Also, thanks to Nancy Beverly for being an awesome co-lead!

What a great day’s stroll in the woods!



Nancy Beverly

Above: On the summit of Mount Islip.

Below left: Starting up the trail from Islip Saddle under blue skies.

Below right: Heading up a steeper part on the north side of Mt. Islip.

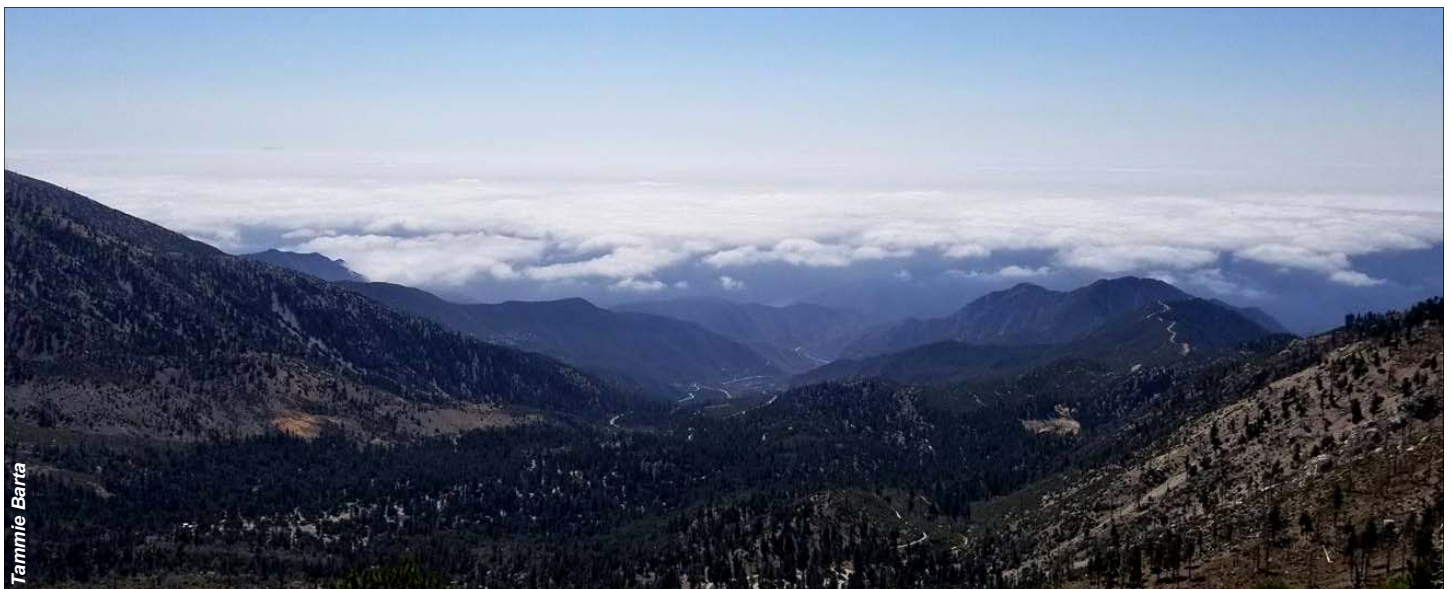
Bottom: Looking south over Crystal Lake, San Gabriel Canyon, and the marine layer blanketing the coastal basin below.



Nancy Beverly



Nancy Beverly



Tammie Barta

Waterman Traverse

(Continued from first page)

the “traverse” we were doing. We ran into a huge hiking group of close to two dozen on the trail that would eventually lead to the peak, but when we skipped the turn-off they took, we saw not one hiker on the rest of the traverse. Ahh, heaven!

Then there were the vegetation contrasts. The 2009 Station Fire did not get to Mt. Waterman itself, and so the Incense Cedars, Jeffrey Pines and Coulter Pines on the first part of our hike were all intact. But once we were on the trail towards Twin Peaks, we started to see dead trees everywhere. There was also a strange phenomenon I'd never noticed before: one side of the trees was still black from the fire—and the other side was bleached white!

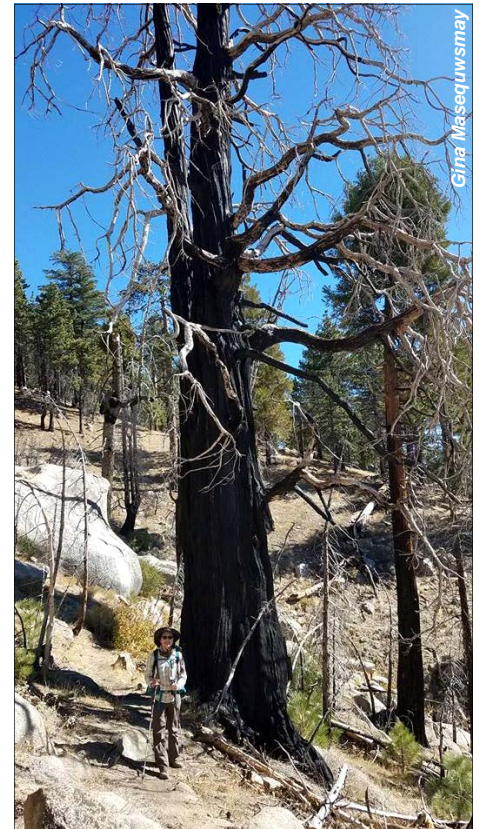
A big thanks to Jeff J. for being my co-lead, to Gina for helping scout the hike, and to Wendy, Karen, Ramona and Marie B. for joining us!



Nancy Beverly



Gina Masequismay



Gina Masequismay



Gina Masequismay

Top: Lined up by a downed tree by the trail. There were many areas of dead trees killed by the Station Fire.
Above left: Walking through a mountainside seep. Lilies bloom here in summer, but it was very dry in October.
Right: Gina by a standing dead cedar, burned and hollow.
Below left: On the bare southern side of Waterman.
Below: Scrub oaks that were top-killed by the fire and are now sprouting from the roots. Twin Peaks in the distance.
Below right: Nancy measures a big tree across the trail.



Jeff Johnson



Nancy Beverly

Ventura Bike Ride

By Nancy Beverly

There really isn't anything difficult about the Ventura to Ojai bike ride. Yeah, it's almost 15 miles one way, but it's flat, on a bike path, and has only a wee bit of an uphill grade to get to our destination, the Ojai Cafe Emporium. No cougars or bears to watch out for. No craggy boulders or steep cliffs to avoid. Oh, there are a few intersections to cross but generally, there's not too much traffic. And yet. And yet every time we do it (and GLS has done it a number of times over the years), Something Happens.

On previous rides we've had flat tires, bike brakes that were grabbing the wheel when they shouldn't, inexperienced riders

whose bottoms couldn't handle more than a few miles in the saddle and who had to turn around early... and then October 15 when Kyla and Tammie led it again, the Weird S*** Gods waved their magic wand... and this time, Amanda got a flat tire. It was not an easy fix.

Oh, we all pitched in to help. I had skinny metal tire irons, my pal Diane had a great hand pump, Dena offered assistance with just how much air to put in... but the first inner tube wouldn't hold air and we couldn't get the tire on over the second one.

A couple of men rode by on their very snazzy bikes and asked if we were okay, and of course, all capable women to a fault, we thanked them and said "Yes." But a few seconds later, they turned around, came back, and frankly, we needed them. Strong hands were in order and one of the guys supplied that and got the tire back on. Mission accomplished. Lesson learned: accept help.



Kyla Hjerstedt



Nancy Beverly

The heat was another challenge—it was over 90 degrees on our ride. I did some coaching with newcomer Jodi on the amazing benefits of using the front small sprocket on her bike (lower gears!). Much cheaper than buying a new bike, which she had started to contemplate.

Lunch at the Emporium was its usual delicious self... and then the (all downhill!!) ride back to our cars was (thankfully!) uneventful. I personally think we should do a ritual before the next time we do this ride to rid ourselves of the Weird S*** Gods... Just a thought.

GLS Leaders' First Aid Class

Here are some pictures from the first aid refresher class that 15 GLS leaders and soon-to-be leaders took with instructor Steve Goldstein at the Sierra Club office in Los Angeles on October 28.

Right: Susan in (pretend) agony because her sling has not been properly immobilized with a band tied around her torso. **Far right:** Gina, with nitrate gloves, about to breath into the resuscitation dummy through a mouth guard. **Below:** Karen standing clear as the (training) AED device charges up before zapping the dummy. **Below right:** Tammie demonstrating the universal sign for choking. **Below far right:** Susan's puncture wound that is being stabilized by wrapping carefully rather than pulling the thing out and making it worse.



Coyotes in Long Beach?

By Jeff Johnson

On October 12, the city of Long Beach held a meeting to talk about coyotes in Long Beach. Really, coyotes in Long Beach? That was news to me, so I went. The principle presenter was Eric Strauss from the Loyola Marymount Center for Urban Resilience (CURES). City officials spoke as well and answered questions. CURES is running a three year coyote assessment program in Long Beach. Here are some things we heard about.

Coyotes are everywhere now

There are coyotes in Long Beach now, and everywhere in southern California, and everywhere in the continental U.S.

When Lewis and Clark crossed the continent at the beginning of the 19th century, they had never seen a coyote, and they didn't see one until they were in the middle of where South Dakota is now. Coyotes were primarily in open western land until the 20th century. Coyotes expansion into new territory followed: forest clearing for agriculture; removal of other predators, particularly wolves; pressure from hunting, trapping, and poisoning in grazing land, putting pressure on them to go elsewhere; plentiful food around people.

Coyotes are very adaptable. Coyote population density in suburbs now is far greater than in wild areas because: so much more food is available in cities and suburbs; they are not hunted or poisoned; they don't compete with other predators; they have learned to live around people without upsetting urban life.

What do coyotes eat?

In the wild, coyotes eat mostly small animals, fruit, insects, crustaceans, and other critters they can find. They can gang up to hunt larger prey such as deer.

In the city and suburbs, they eat whatever is available, which is still mostly rodents, which are abundant around people, but also garbage, pet food, fruit that falls from trees and, occasionally, a cat or a dog. A study in southern California found human food—garbage—in 25% of coyote scat, which means that mostly they are eating wild animals, which does include urban pest animals. But it's the occasional dog or cat carried off by a coyote that gets people excited enough to go to community meetings asking for government action.

Government agencies solicit reports of



coyote sightings and attacks. Look on your city or county website to find maps of this citizen-reported coyote information.

Government agencies provide some guidance on what intervention they can take. In Long Beach, if a coyote attacks a person, the state Department of Fish and Wildlife can be called in to “locate and eliminate the responsible coyote(s).”

Mostly what government agencies provide online is advice on avoiding conflict with coyotes. Everyone's advice is about the same. It all seems grounded in three ideas about where coyotes go: where food is easiest to find; where competition is the least; where threats are the fewest.

Don't feed pets outdoors

This is the most repeated advice for discouraging coyotes and coyote-related problems.

According to a California “Harassment of Animals” law, it's illegal to feed “any... bird or mammal or fur bearing mammal. [Harassment is] defined as an intentional act which disrupts an animal's normal behavior pattern, which includes... feeding....”

A Long Beach city document describes “intentional feeding,” as “A resident or business actively and intentionally feeds coyotes, including intentionally providing food for animals *in the coyote food chain.*” Apparently, animals that eat pet food outdoors are “in the coyote food chain.”

If you leave pet food unattended outdoors, particularly at night, wild animals are eating it. In Long Beach, we were told that if wildlife can be photographed eating food you leave out, you can be reported and expect a visit from the police. If you must feed pets outdoors, put the food out

during the day, stay there while it's being eaten, then take it in before dark.

Coyotes eat garbage, so keep garbage in cans and keep them covered. Coyotes eat bird seed that's on the ground, so sweep it up. Coyotes eat fruit fallen from your backyard fruit trees, especially avocados, so pick them up. Coyotes also prey on the other animals that eat bird seed and fallen fruit, such as squirrels and raccoons. Coyotes drink any water that's available, including the water left out for your pet and in garden water features.

Don't leave your pets outdoors

This is the second-most repeated coyote advice.

Coyotes can jump or climb an 8-foot fence. You can put a roller attachment or barbed wire on the top of your fence, but zoning and fire regulations don't give much leeway for a really coyote-proof fence. Coyotes can also dig under your fence.

Having heard about coyotes and fences, it was no surprise to learn that the L.A. Zoo has had problems over the years with coyotes getting in and killing animals. The zoo has a very substantial 6-1/2 mile perimeter fence, but coyotes have found ways to get in. And now that fence has to be lion-proof as well—P-22 was there.

Walk your dog on a short leash

A dog on a long leash may be perceived as unrelated to the person holding the leash, which makes the dog prey. If you see a coyote while you are walking your dog, keep your dog close, pick it up, go indoors.

We were also reminded at this point that many more pets are run over by cars than are killed by coyotes, which is another reason to keep your dog on a leash.

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Outings & Events

November

November 4, Saturday

**O: Mt. Hollywood Evening Hike
Ted Hirscher, Nancy Beverly**

6 miles 1145' gain/loss moderate/strenuous. For those of you who cannot join us for our fabulously spectacular weekly Wednesday night hike, why not join us Saturday night? Lug-soled boots are best for traction, but some hikers wear sneakers. Bring a quart of water, snacks if you like, and a flashlight if you are not used to hiking in the dark. We have a few quick breaks on the way up, stop at the top, gawk at the city lights until we get a chill, and then return to our cars by approx. 9:30 p.m. Meet at 7pm at the Griffith Park Merry-Go-Round (far parking lot), 4730 Crystal Springs Dr., Los Angeles, CA 90027. Optional no host dinner at 5 pm, Souplantation, 2921 Felix Blvd., Los Angeles, CA. 90039, www.souplantation.com. Questions: Ted12339@aol.com

November 5, Sunday

**O: Long Beach Walk
Karen Lovett, Laura Rainey**

Join us for an easy 5 mile round trip urban walk (<100 ft. gain). We'll start out in the beautiful historic Bluff Park then walk along the beach and head up to 2nd Street in Belmont Shore to grab a bite and socialize. One of the restaurants, Simmzy's, has tables for large groups and a

sidewalk and railing to park a tied dog; well-behaved dogs on leash are welcome on our walk and we may go to Rosie's Dog Beach for the beach section of our walk if there is interest. Meet at 10:00am in Bixby Park, 130 Cherry Ave., at the stage by Junipero Street. For more information, please contact Laura at geowmn@verizon.net.

November 25, Saturday

**O: Inspiration Point (4531') via Echo Mountain (3210'):
Ramona Jervay, Nancy Beverly
Ramona's Provisional**

Come out, reconnect to nature and reset your system to fall. Your mind, body and spirit will thank you! A favorite city dwellers' hike on the edge of the Angeles National Forest where we can enjoy the fresh air and clear fall skies by hiking 10.5 miles with 2692' gain to Inspiration Point via Echo Mountain. We will meet and start at the gate of Cobb Estate. A stroll up the paved road will take us to Lower Sam Merrill Trail and up to Echo Mountain, which contains the foundations of the White City. We will spend a few minutes walking the ruins of Thaddeus S. C. Lowe's dream that could not withstand fire and windstorms. There are historical markers to gain more knowledge. A short stroll back to the Castle Canyon Trail Head will lead us up to Inspiration Point. Here we will have lunch. Clear weather permitting we will have great views of LA. Our trek back takes us on the amazingly shaded Sam Merrill Trail back down to

Echo Mountain. From there we double back on the Lower Sam Merrill Trail to the Cobb Estate Gate and our waiting cars. Meet at 7:30 AM and start at 8:00 AM. What to bring: Bring at least 2-3 liters of water, sturdy hiking shoes, the 10 essentials, lunch and layers. Dogs welcomed, on leash. Heavy rain cancels. Extreme heat (90+) cancels.

Getting to Cobb Estate Gate: From the 210 freeway, take the Lake Avenue exit north from Pasadena into Altadena. Continue on the road for about 3.8 miles as it climbs a hill and park near the sharp left hand turn outside the Cobb Estate, at the intersection of Lake Ave and E. Loma Alta. No permits are required to park in the neighborhood. Questions, contact Ramona 310.894.8491 or rajervay@gmail.com.

November

December 2, Saturday

**O: 30th Anniversary Gathering and Hike - La Jolla Canyon
Mike Brostoff, Jeff Johnson**

Thirty years ago, the first GLS group met for a hike up to La Jolla Canyon in Pt. Mugu State Park. Today we will celebrate by gathering in the same area again. We will meet at 9:00 AM at the Ray Miller Trailhead at La Jolla Canyon. We will spend some time visiting and reminiscing before the hike. Even if you don't plan to hike, come by and say hello. The official hike is 10 miles round trip up the Ray Miller Trail to the picnic area in the La

(Continued next page)

Weekly Griffith Park Conditioning Hikes

What: On Wednesday nights, join us for a moderate (strenuous if you are out of shape) hike to Mt. Hollywood, 6 miles, 1145' gain/loss. This is a great mid-week workout. Lug-soled boots are best for traction, but some hikers wear sneakers. Bring a quart of water, snacks if you like, and a flashlight if not used to hiking in the dark. We have a few tiny breaks on the way up, stop at the top, gawk at the city lights until we get a chill, and then

return to our cars by approx. 9:30 p.m. Dogs are welcome; bring a leash and extra water. Rain cancels.

When: Every Wednesday (except holidays) 7 p.m. sharp, end by 9:30 p.m.

Where: Near the flagpole and picnic tables at Crystal Springs Griffith Park HQ/Visitors Center/ Ranger Station, 4730 Crystal Springs Drive, LA. (Note: Mapquest, Google Maps, etc. may be misleading.)

Directions:

(1) From Los Feliz Blvd. (which you can reach from I-5 or coming from Hollywood), turn north on Crystal Springs Dr. Proceed 0.5 mi. to the 3-way stop sign, go straight, and proceed 0.6 mi. and turn right in the driveway just after the Ranger Station. Drive around behind the Ranger Station to Park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda machine, big tree).
(2) From Fwy. 134 East, exit Victory, turn right at bottom of ramp. Make immediate left onto

Zoo Drive. Drive through the park, passing the zoo on your right and the Gene Autry Museum on your left. Curve around and pass the golf course. You'll come to a stop sign at Griffith Park Drive & Crystal Springs Road (which is the road you're on now, it changes names). Proceed one more block to the next stop sign at the Ranger Station and turn left. Drive all the way around behind the Ranger Station to park. Then meet us in the courtyard in the center of the buildings (picnic tables, soda

Signal Hill Conditioning Walks

What: Up, over and around Signal Hill. 3-4 miles, 500-750 ft. gain/loss. Easy if you are in good shape, moderate and

maybe even strenuous if you are out of shape. Walking on pavement and gravel. Sensible walking shoes, water, layers for

cool evening breezes. Drizzle goes, rain cancels. Questions? Call Jeff 562-434-8473.

When: Every *last* Wednesday of the month (except holidays), at 7:00 pm. Back at the cars

around 8:30 pm.

Where: Meet on Industry, just west of intersection with Redondo, in Signal Hill. Plenty of street parking.

Outings and Events

(Continued from previous page)

Jolla Valley. Most likely, there will be additional leaders attending the event and we can offer hikes of different lengths. Take PCH to the La Jolla Campground (past the Big Sycamore Canyon Campground) in Pt. Mugu State Park (about 20 minutes north of Kanan Dune Road in Malibu). There is a parking fee inside the park so try to park on PCH and walk in. Bring photos, memories to share, food, water, appropriate clothes. Questions? Contact Mike at 818-399-4035.

December 9, Saturday, 4-8 PM

GLS Holiday Party

Carol Jeffcoate

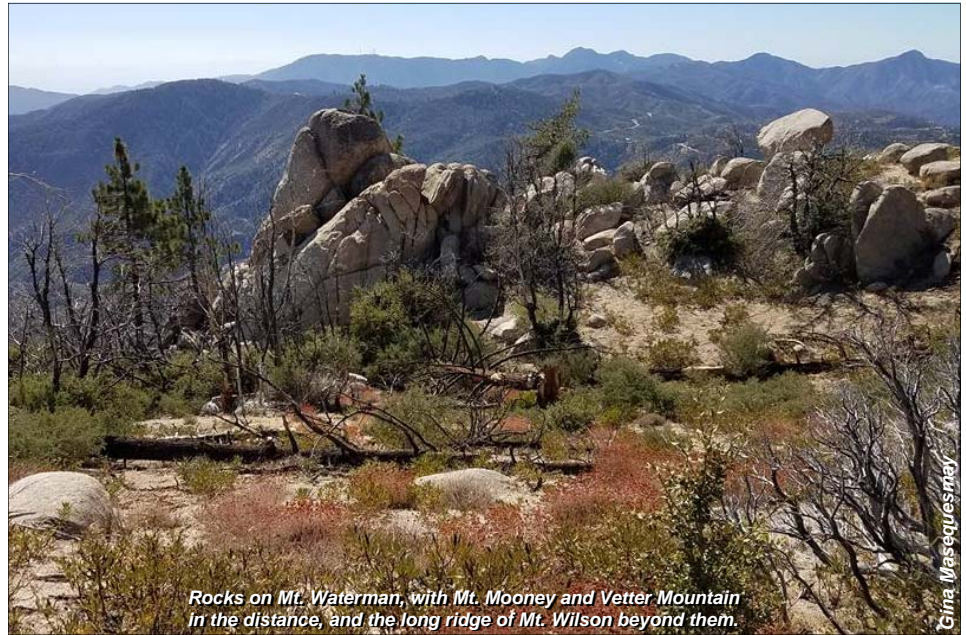
This year the GLS Holiday Party will take place at the home of Carol Jeffcoate in Long Beach. This is a time to gather with other GLS members and share the holiday spirit. The festivities start at 4:00 PM and finish at 8:00 PM. Please bring a favorite car camping potluck item to share, along with your trusty camp cup and plate. Also, bring along a camp chair if you'd like to rest a while by the firepit. There will be our annual silent auction, so bring to the party a new or used hiking/camping/other item, in good condition, that you are ready to pass along. The proceeds go to GLS. Please reclaim any unsold items at the end of the auction. The entrants for the GLS photo contents will be viewed and voted upon. Other orders of business will include balloting for the GLS Management Committee election and the new board members will be announced at the party. Send a check to "GLS" for the admission charge of \$5.00 or bring cash. Send to: Carol Jeffcoate, 2214 Ximeno Ave, Long Beach, CA 90815. Exit 405 in Long Beach at Lakewood, going south. After about 0.6 miles, at Stearns turn left, one block, at Ximeno turn left, fourth house on the right.

December 16, Saturday

O: Zuma Loop Trail

Alan Schimpff, Tom Molloy

This is a great workout rewarded by beautiful scenery. The trail includes a descent into Zuma Canyon, two major ascents, crossing a stream and a traverse along a ridge with beautiful ocean views. Round-trip: 11 miles, 2800 elevation gain and loss. Bring at least 2 quarts of water and the 10 essentials. Meet at the trailhead at 9:00 AM. If taking the 101 west, turn left on Kanan Road and head over the mountains to PCH. On PCH, head west for about ½ mile (or two stoplights) until you reach



Rocks on Mt. Waterman, with Mt. Mooney and Vetter Mountain in the distance, and the long ridge of Mt. Wilson beyond them.

Gina Wasequesney

Busch Road. Turn right on Busch and follow it to the end of the road which is the trailhead, park there. If taking PCH west, pass Kanan Road until you come to Busch Road about ½ mile (or two stoplights) later. Turn right on Busch and follow it to the trailhead at the end of the road. Questions? Contact leaders at 310-457-1884. ~

December 17, Sunday

O: Xmas Tree Count

Susan Campo, Diane Zaepfel

This is an annual walk in downtown LA., 6 miles, minimal loss or gain. Last year we walked the west side of downtown and counted 125 decorated, real or fake Holiday trees. This year we will be walking the east half of downtown. Meet at 9:30 a.m. inside the front doors of Union Station across from Alameda St. (I'll be getting there on the Gold Line Metro). Bring money for lunch at Central Market or treats. PLEASE RSVP at least 2 days in advance sending me your cell phone so that I can keep you posted if there are changes, and you can do likewise. Also it will be easier to find each other at the start. Susan Campo 626-688-8642.

January 7, Sunday

O: Point Vicente Park Walk, Rancho Palos Verdes

Karen Lovett, Laura Rainey

Join us for an easy and leisurely 5.7 mile round trip urban walk along the bluffs of Rancho Palos Verdes (<600 ft. gain). We'll meet at 9:30am at the Golden Cove trail head parking lot, located off Calle Entradero. The trail follows the bluff with great ocean views. We will stop at the Point Vicente Interpretive Center, which is

a natural history museum and an ideal whale watching spot. The museum exhibits highlight the Palos Verdes Peninsula's geology, flora and fauna. We'll then continue past the Point Vicente Lighthouse and through Pelican Cove Park and Terranea Resort to the trail's end and then turn back.

Directions to trail head: arriving from the south - take Palos Verdes Drive South in a westerly direction, which will curve into Palos Verdes Drive West. Proceed to the intersection of Hawthorne Boulevard (to the right) and Via Vicente (left). Turn left onto Via Vicente and go 0.2 miles to where the road curves to the right and becomes Calle Entradero. Continue about 0.6 mile along Calle Entradero, and the Golden Cove trail head parking lot will be on the left, just before the road takes a sharp curve. From the north: From Palos Verdes Drive West, turn right onto Calle Entradero and go 0.2 miles to the Golden Cove trail head parking which will be south (to the right) of the road. The address for Golden Cove is 19 Calle Entradero, Rancho Palos Verdes, but the parking lot is about 0.2 mile north of that location. For more information, please contact Laura at geowmn@verizon.net.

Future Outings

March 29, April 1: Thursday- Sunday

O: Carcamping/Hikes, Wonderland

Rocks, Joshua Tree National Park| Dora Olea, Heather Sargent, and Susan Campo

SAVE the DATE!

Coyotes in Long Beach

(Continued from page 6)

Coyote attacks on people

We were also told that though coyote attacks on people are much rarer than dog attacks on people, that they do happen.

There was a sensational case in 2009 of a woman who died after being attacked by coyotes while hiking alone on Cape Breton Island in Nova Scotia. It was suggested that it had been a bad year for coyotes' prey species and they ganged up on her.

Coyotes are usually skittish around people, which keeps them safe and keeps people safe too. When they get habituated to people and don't run away, that leads to attacks. Many coyote attacks can be traced back to people who fed the coyotes, intentionally or unintentionally. This reminded me of campers who feed the cute animals at their campsite and then are annoyed when critters won't go away.

Many coyote attacks are on children who are more likely than adults to be perceived as prey because they are small, and likely to act scared and run away.

Coyote breeding season

Coyotes are more likely to be aggressive in the early spring if they have young and if you or your pet goes near their den. Another reason to keep your pet on a leash.

What to do if you see a coyote?

Make it feel unwelcome. Do what is described as "hazing." Yell at it. Throw things at it. Squirt your hose at it. Swing a stick at it if it gets close. Don't retreat,

which is what prey animals do.

If you're walking your dog or with a child, keep it close, pick it up, go indoors.

Every government website with information about coyotes in neighborhoods seems to have information about hazing coyotes.

What about feral cats?

Coyotes can be expected to prey on feral cats. People who feed feral cats should not leave food out unattended to attract coyotes, especially not at night. City officials also reminded us that outdoor cats are the main killers of birds, and that feeding feral cats at all is close to illegal. This was not what TNR (Trap, Neuter, Return) people came to hear.

Trapping/poisoning/shooting?

Traps are rarely set for coyotes in Long Beach because, once trapped, coyotes cannot by state law be relocated, apparently, nor can they be killed unless they are aggressive or threatening. When coyotes are relocated, they compete with established coyotes and often do not survive. Also, relocated coyotes often manage to find their way back home anyway.

Coyotes can learn to avoid traps, so the ones that do get caught are usually young animals, not established ones. Traps set for coyotes are likely to catch many animals that are not coyotes. In Long Beach, even placing traps for coyotes is difficult because the surrounding property owners must give permission.

Apparently trapped coyotes are often tranquilized before they are handled or

released. The tranquilizer causes amnesia. So coyotes that were tranquilized are sometimes trapped again right away.

Poisoning coyotes is not government policy here because coyotes learn to avoid poison and because other animals eat the poison too. When a poisoned animal dies and is eaten by other animals, they in turn are poisoned. A common malady of urban coyotes is mange resulting from poisoning or second-hand poisoning after eating rats or other animals that were poisoned.

Shooting urban coyotes would be dangerous and illegal, particularly since urban coyotes are primarily nocturnal. What looks like a coyote in the shadows at night could be someone's dog, or a homeless person.

Does removing established coyotes makes problems worse?

This was an interesting proposition, based on a few observations.

If a coyote has been established in your neighborhood a long time, it knows its way around and it has learned how to live discreetly among people without being bothersome.

Coyotes are territorial. An established coyote defends its territory and keeps other coyotes out. Random coyotes do not wander through another coyote's territory.

When established coyotes are removed, other coyotes move in. While there is competition for territory, they are likely to be more numerous and more assertive.

If coyote population is reduced, coyote litter size increases quickly, resulting in many young coyotes without established territories.

Interesting reading

You can read the Long Beach Coyote Management Plan here: <http://www.longbeach.gov/globalassets/acs/media-library/documents/wildlife/living-with-urban-coyote/long-beach-coyote-management-final-11-3-15>.

You can read more about CUREs and the Long Beach study here: <http://cures.lmu.edu/our-programs/research/biogeophysical-research/coyotes/>

A study of coyotes recently arrived on the main islands of Rhode Island was particularly interesting: <http://theconservationagency.org/narragansett-bay-coyote-study/> and <http://www.dem.ri.gov/programs/bnatres/fishwild/pdf/coyotes.pdf>.

Look at the website of your city or county to see what they have to say about living with coyotes in your neighborhood.



November and December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OCT 29	30	31	NOV 1 Griffith Park Mike, Nancy	2	3 full moon 	4 Mt. Hollywood Evening Hike Ted, Nancy
5 Long Beach Walk Karen, Laura	6	7	8 Griffith Park Ted, Mike	9	10	11
12	13	14	15 Griffith Park Mike, Gina	16	17	18
19	20	21	22 No Griffith Park this week	23	24	25 Inspiration Point via Echo Mtn. Ramona, Nancy <i>Ramona's provisional</i>
26	27	28	29 Griffith Park Mary, Amanda Signal Hill	30	DEC 1	2 La Jolla Canyon 30th Anniversary GLS Gathering and Hike Mike, Jeff
3 full moon 	4	5	6 Griffith Park Ted, Mike	7	8	9 GLS Holiday Party Carol, GLS Mgmt. Committee
10	11	12	13 Griffith Park Dora, Mary	14	15	16 Zuma Loop Trail Alan, Tom
17 Xmas Tree Count Susan, Diane	18	19	20 Griffith Park Mike, Dora	21	22	23
24 <hr/>	25	26	27 Griffith Park Dora, Gail Signal Hill	28	29	30
31						

GLS Leader Contact Information

Please call after 9 AM and before 9 PM

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Teresa Nick	612-384-0421	teresa.nick@me.com
Tom Molloy	310-457-1884	tomsmolloy@yahoo.com

Outings Volunteers

Mike Brostoff, Outings Schedule

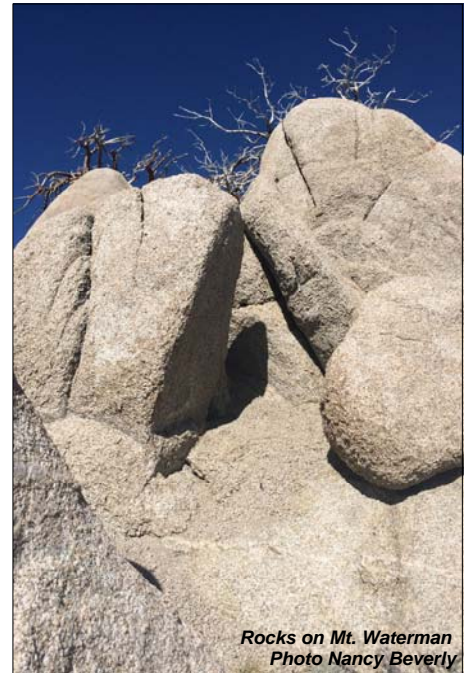
Contact Mike about scheduling outings, to check for available dates, and to submit writeups.

Dawn Wilson, Outings Liaison to Angeles Chapter

Contact Dawn about questions of leadership requirements and Sierra Club Outings Policy. Dawn is the primary person to read the communications from the Angeles Chapter regarding outings and inform the other leaders.

Laura Rainey, Weekly Reminder

Laura sends out the weekly email announcing upcoming events. If an event must be altered or canceled after publication, email Laura and cc Mike.



Rocks on Mt. Waterman
Photo Nancy Beverly

Important Outing Information

Waiver

To participate in a Sierra Club outing, you must sign a liability waiver. To read a copy of the waiver before the outing, go to: <http://content.sierraclub.org/outings/local-outdoors>. Questions? Call 415-977-5528.

Rating Codes

These codes indicate the technical difficulty, not the strenuousness.

O Applies to uncomplicated outings such as hikes on trails or the equivalent (with minimal navigation skills).

I Includes outings that involve cross-country travel where navigation is necessary. Rougher ground than "O" outings may be traversed, and use of hands for balance may be necessary. Climbing level: 2nd class terrain.

C Events under external control of a non-Sierra Club

entity, (such as a ranger, guide, or a concessionaire).

SE Social event.

Outing Reservations

Reservation fees of from \$5-\$15 are refunded only when you show up and if they aren't needed to offset costs. Cancellation policy on more expensive trips is as follows: Cancellation within 30 days, no refund without replacement. If your spot is filled, 90% will be refunded. This policy is in effect unless the leader states otherwise in writing. Always send two SASEs, contact and drive/carpool information. Make checks payable to "GLS".

Dogs

For most people, the presence of a well-behaved dog can be entertaining, or at worst a mild annoyance. However, this is not true for everyone. Some people suffer from various levels of fear

of dogs. Because of this, and the potential intrusion on wildlife, the Sierra Club policy is that dogs are not allowed on Club outings unless the write-up states DOGS OK. Make sure you bring adequate food, water, a bowl, and a long leash.

Seller of Travel Notice

CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

Adventure Pass

National Forests in Southern California (Los Padres, San Gabriel, San Bernardino, and Cleveland) require parked cars to display an Adventure Pass. The pass is available from ranger stations, sporting goods stores, and other local merchants and costs \$5 per day or \$30 per year. Plan on getting it before your outing, as most outlets do not open early. Many Sierra Club members dispute this user fee and protest it by not buying a pass, possibly incurring

a ticket. The choice is yours.

Carpooling

To facilitate the travel logistics for outings, participants often make carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride-sharing, or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

Rideshare Points

Directions to all rideshare points in the Angeles Chapter Schedule of Activities or at: http://angeles.sierraclub.org/get_outdoors/know_you_go/rideshare_meeting_places

La Canada Rideshare Point

Exit 210 at Rte 2 / Angeles Crest Hwy. Go N (uphill) 1/4 mi on Rte 2, park at curb on right, on the long, wide, straight uphill section thru a residential neighborhood.

TRACKS

SIERRA CLUB/GLS
65 PINE AVENUE, #326
LONG BEACH, CA 90802

TRACKS

Subscribe to TRACKS, the GLS newsletter, and find out about all the GLS outings and events every month. You do not need to be a Sierra Club member to subscribe.

Name: _____

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- Send email TRACKS (pdf file) \$10 - 1 yr; \$20 - 3 yr
- Send print and email TRACKS \$25 - 1 yr; \$55 - 3 yr

Fill in this form and send it with a check made out to GLS to:
GLS
65 Pine Avenue, #326
Long Beach, CA 90802



Contributions, gifts and dues to the Sierra Club are not tax-deductible; they support our effective citizen-based advocacy and lobbying efforts. Of your dues, \$7.50 goes for a subscription to *Sierra* magazine, and \$1 for your chapter newsletter.

Name: _____

Address: _____

City, State, Zip _____

Category:	Individual	Joint	Mail to:
Introductory	\$25		Sierra Club
Regular	\$39	\$47	Membership Dept.
Supporting	\$75	\$100	P.O. Box 52968
Contributing	\$150	\$175	Boulder, CO 80322
Life	\$1000	\$1250	
Senior	\$24	\$32	
Student	\$24	\$32	
Limited Income	\$24	\$32	

When you join the Sierra Club, please use this form. The FRIP no. on the form brings part of your membership dues to GLS

FRIP#
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